+ No Cost Services

Individuals not insured or under insured are eligible for no-cost services according to personal preference of mobile, in person, or via telehealth.

+ Eligibility by IL County

Moultrie, Edgar, Clark, Cumberland, Coles, Douglas, and Shelby county.

+ Get Started Today

Call the LifeLinks Access Center at (217) 238-5700 today to schedule a consultation or learn more about how the COVID-19 Aftermath Program can help you. For immediate needs, call the Regional Behavioral Health Network Crisis Line at 1-866-567-2400.

Program funded by the federal Substance Abuse and Mental Health Services Administration program in partnership with the Illinois Department of Human Services' Division of Mental Health.

LifeLinks is an equal opportunity provider and employer.

+ Treatment of New or Worsening Symptoms

- Health fears
- Unmanageable stress
- Altered sleep patterns
- Changes in appetite
- Difficulty concentrating
- Increased social isolation
- Behavioral changes
- Depression
- Irritability
- Anxiety

+ Our Program

A trained clinician will utilize evidence-based treatment practices to help identify, reduce, and manage the emotional impacts of COVID-19.

lifelinksinc.org