

BACHELOR OF SCIENCE IN KINESIOLOGY, SPORT, & RECREATION

PHYSICAL EDUCATION TEACHER

LICENSURE OPTION K-12



BE READY TO FIND YOUR PASSION.

There are several benefits of being a physical education major. First, you will be immersed in a major where other students are passionate about movement and working with students in a K-12 setting. Second, physical education majors are a close-knit group of students who push each other to be the best teachers they can be. Lastly, students engage in both classroom and school-based experiences to fully prepare them to teach physical education in K-12 settings. Once a student begins their teaching career, they are one of the few teachers who get to teach ALL students at the school and watch them grow in various aspects of their education experiences. A physical education degree prepares a student to teach physical education at the K-12 level, and allows an individual to explore other career paths if they desire related to the health and fitness field.

This well-rounded degree can prepare you for careers such as:

- K-12 Physical Education Teacher
- Physical Education Department Chair
- Sports Coach
- Athletic Director
- Adaptive Physical Education Specialist
- College Instructor/Professor
- Adventure/Outdoor Educator
- Nutritionist
- Fitness Instructor
- Curriculum Design Specialist
- And many more...

ADDITIONAL OPPORTUNITIES

- EIU Physical Education Teacher Education Club
- Volunteer Opportunities – Students can select various volunteer opportunities offered through EIU and those off campus. Several physical education majors take advantage of coaching opportunities throughout the school districts close to campus. The EIU Newman Center and other local non-profit organizations have valuable opportunities to volunteer for students.

DEPARTMENT OF KINESIOLOGY, SPORT, & RECREATION

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eiu.edu/pe

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SUGGESTED 4-YEAR SEQUENCE

This is a generic semester-by-semester guide to completing your degree requirements. Please consult your academic advisor to determine whether this plan meets your particular academic needs and interests.

BS IN KINESIOLOGY, SPORT, AND RECREATION--PHYSICAL EDUCATION TEACHER LICENSURE OPTION K-12

FALL		YEAR 1		SPRING		
ENG 1001G		3		ENG 1002G		3
CMN 1310G		3		BIO 2001G		4
Gen Ed Physical Science		3-4		KSR 1500		2
Gen Ed Social/Behavioral Science		3		Gen Ed Mathematics		3
Gen Ed Humanities/Fine Arts		3		Gen Ed Humanities		3
Total		15-16		Total		15
FALL		YEAR 2		SPRING		
KSR 2000		1		KSR 2101		2
KSR 2102		2		Gen Ed Fine Arts		3
KSR 2400		2		KSR 2860		2
KSR 2440		3		PLS 1153G		3
KSR 2850		3		EDF 2555G		3
EDP 2330		3		Elective		3
KSR 2450		3				
Total		17		Total		16
FALL		YEAR 3		SPRING		
KSR 2360		2		KSR 2220		2
KSR 4320		3		KSR 3400		4
KSR Coaching Course		2		KSR 3401		4
EDF 4550		3		KSR 4470		3
Foreign Language or Elective		3-4		Foreign Language or Elective		3-4
Total		13-14		Total		16-17
FALL		YEAR 4		SPRING		
KSR 4340		3		STG 4000		1
SED 3330		4		STG 4001		12
SED 4330		3				
Senior Seminar		3				
Elective		2-3				
Total		15-16		Total		13

TOTAL MAJOR COURSEWORK:120-124 HRS

- For a listing of General Education courses, see catalog.
- Students must receive a "C" or better in all courses toward their degree.
- Students can take either PLS 1153G or HIS 3600G.
- See catalog for information regarding university approval to take teacher education courses.