

# HEALTH SCIENCES OPTIONS

This interdisciplinary major prepares students for careers in health care, patient care and family support, client advocacy and assistance, health care-related sectors, and for advanced study in allied health. Students develop a diverse range of skill sets and core knowledge to better serve others in health science associated industries.

Beyond the core, three options exist to provide students with different opportunities to structure their interdisciplinary program in areas of their professional interest: Policy and Ethics, Diversity and Equity in Health, and Generalist Option.

## REQUIRED COURSEWORK: 23-24 HRS

### ALL COURSES 3 CREDIT HOURS UNLESS OTHERWISE NOTED.

\*Students hoping to enroll in professional health programs (such as Medicine, Dentistry, Podiatry, Chiropractic, Pharmacy, Optometry, Veterinary, Physician Assistant, Occupational Therapy, Physical Therapy, Pathologists' Assistant) should take CHM 1310G & 1315G (CHM 1390G & 1395G) and BIO 1500 in their first semester or as early as possible.

**BIO 1001G** - Biological Principles and Issues

OR **\*BIO 1550G** - General Biology II (4 cr.)

OR **BIO 2210** - Anatomy & Physiology I (4 cr.)

OR **BIO 2005G** - Human Biology (4 cr.)

**NUR 1511** - Health & Human Services Pathways (1 cr.)

**NUR 2613** - Medical Terminology

**\*CHM 1310G & 1315G** - General Chemistry I

OR **CHM 1040G** - The World of Chemistry

**PSY 1879G/1890G** - Introductory Psychology

**PUBH 2270** - Community Health

**SOC 1838G** - Introductory Sociology

**PUBH 4275** - Internship

## PROFESSIONAL OPTIONS: 21-22 HRS

STUDENTS COMPLETE ONE OF THE FOLLOWING THREE OPTIONS:

### DIVERSITY & EQUITY IN HEALTH

**HSL 4850** - Human Services Programs:

Community, Culture, & Intersectionality

OR **SOC 4820** - Sociology of Health and Health Care

**PUBH 2700** - Found. in Health Literacy

**PUBH 3050** - Cultural Diversity in Health

**SOC 2840** - Race & Ethnic Relations

### REQUIRED RESEARCH METHODS COURSE

OPTIONS (SELECT ONE):

**PSY 3905** - Neuroscience Research Methods

**PUBH/HSL 2800** - Health Education Research Methods I

**SOC 3620** - Research Methods for Collecting Social Data

### ELECTIVE OPTIONS (SELECT 6 HOURS FROM COURSES LISTED BELOW):

**CMN 3220** - Rhetoric of Race and Class

**CMN 3903** - Rhetoric of Gender & Sexuality

**HSL 3831** - Women in Contemporary Society

**HSL 4845** - Family Stress & Resilience

**HSL 4846** - Aging & the Family

**HSL 4850** - Human Services Programs:

Community, Culture, & Intersectionality

**NTR 3756** - Community & Nutrition Interventions

**PSY 3525** - Psychology of Maturity & Old Age

**PSY 3780** - Abnormal Psychology

**PUBH 2200G** - Health Citizenship

**PUBH 3560G** - Women's Health

**PUBH 4890** - Health & Aging

**PUBH 3430** - Health Disparities of Gender &

Sexually Diverse Populations

**SOC 2721** - Social Stratification

**SOC 2840** - Race & Ethnic Relations

**SOC 4131** - Sociology of Poverty & Social

Welfare

**SOC 4820** - Sociology of Health & Health Care

**WLS 1112** - Spanish for the Health Professions

**WLS 1101** - American Sign Language I

**WLS 1102** - American Sign Language II

### GENERALIST OPTION

**HCM 3910** - Communication in Health Professions

OR **SOC 3600** - Intro. to Social Work

**HSL 4850** - Human Services Programs:

Community, Culture, & Intersectionality

OR **SOC 4820** - Sociology of Health & Health Care

**PUBH 2700** - Foundations of Health Literacy

### REQUIRED RESEARCH METHODS COURSE

OPTIONS (SELECT ONE):

**PUBH/HSL 2800** - Health Education Research Methods I

**PSY 3905** - Neuroscience Research Methods

**REC 4740** - Research & Evaluation in Leisure Studies

**SOC 3620** - Research Methods for Collecting Social Data

**SOC 3691** - Social Statistics, Honors (4 cr.)

### ELECTIVE OPTIONS (SELECT 9 HOURS FROM COURSES LISTED BELOW):

**CDS 2000** - Intro to Comm. Disorders & Sciences

**CDS 2800** - Speech & Hearing Science

**CMN 2630** - Intro to Interpersonal Comm.

**CMN 4765** - Communication in Families

**HCM 3910** - Comm. in Health Professions

**HSL 2200** - Intro to Human Services Programs

**HSL 2300G** - Personal and Family Literacy

**HSL 4770** - Family Budgeting & Debt Mgmt

**HSL 4820** - Death & Dying

**HSL 4850** - Human Services Programs:

Community, Culture, & Intersectionality

**KSR 2850** - Fitness for Life

**NTR 2100** - Personal Nutrition

**PUBH 2500** - Intro to Motivational Interviewing

**PUBH 4800** - Drugs & Society

**PUBH 3420** - Introduction to Medical Cannabis

**SOC 4820** - Sociology of Health & Health Care

**SOC 2830** - Family & Society

**SOC 3600** - Introduction to Social Work

**SOC 3650** - Social Psychology

**SOC 4820** - Sociology of Health & Health Care

**WLS 1112** - Spanish for the Health Professions

### POLICY & ETHICS

**PHIL 3080** - Medical Ethics

**PLS 2703** - Intro to Public Policy

**PLS/PUBH 4783** - Health Politics & Policy

**PUBH 3750** - Health Care Delivery Systems

### REQUIRED RESEARCH METHODS COURSE

OPTIONS (SELECT ONE):

**MAT 2250G** - Elementary Statistics (4 cr.)

**PLS 2033** - Research Methods in Political Science

**PSY 3905** - Neuroscience Research Methods

### ELECTIVE OPTIONS (SELECT 6 HOURS FROM COURSES LISTED BELOW):

**CMN 2920** - Introduction to Public Relations

**CMN 4820** - Political Communication

**ECN 2800G** - Economics of Social Issues

**ECN 3875** - Health Economics

**PHI 2500G** - The Good life: An Introduction to Ethics

**PLS 3253** - Human Rights & International Law

**PLS 3703** - African American Politics

**PLS 3733** - Interest Groups & Lobbying

**PLS 3903** - Women & Politics

**PLS 4823** - Comparative Public Policy

**PUBH 2200G** - Health Citizenship

**SOC 4820** - Sociology of Health & Health Care



### DEPARTMENT OF PUBLIC HEALTH & NUTRITION

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