

EIU Department of Psychology Internships

Updated: 2/17/2026

Big Brothers/Big Sisters-Effingham County

Location: 10421 N US Hwy 45, Effingham, IL 62401

Contact: Christy Mesnard, (217) 540-1413, christy@joinsomethingbig.org

Description

Provide children facing adversity with strong individual relationships that change their lives for the better by connecting mentors and mentees who can learn about each other and participate in a variety of activities together. Services are both community-based and school-based.

Duties

Interns would be assisting with program activities as needed, which would include interviews and enrollments with volunteers, children, and parents, processing volunteers through the screening process (handling documentation, paperwork, data entry, speaking with references, etc.), match support and casework, documentation of all contacts and interactions with participants, assisting with fundraisers and community outreach activities, attending monthly staff meetings.

Big Brothers/Big Sisters-Charleston

Location: 825 18th Street, Charleston, IL 61920

Contact: Stacey Rios, (217) 348-8741

Description

Mid-Illinois Big Brothers Big Sisters volunteers help children realize their potential and build their futures. The agency provides one-to-one mentoring services to children who face adversity. The organization matches them with carefully screened, trained volunteers in a professionally supported one-to-one mentoring relationship. We provide mentoring programs in the school setting as well as in the community.

Duties

The role of an intern within the Big Brothers Big Sisters organization is a very valuable facet of the organization's development. Interns will be tasked with helping at agency fundraisers, assisting in the intake, recruitment and screening of children, families and volunteers, disseminating monthly mailings, social media, and volunteer training, maintaining confidentiality of all clients, volunteer and consumers of the program.

"Hour House" Central East Alcoholism and Drug Counsel (CEAD Council)

Location: 635 Division St., Charleston, IL 61920

Contact: Janna Overstreet, 217-348-8108, tmpcead@hotmail.com

Description

Specializes in prevention, intervention, and treatment services for substance use disorders. Programs include detoxification, residential treatment, outpatient treatment, assessment services, DUI evaluation, adolescent services, men's services, women's services, and many others.

Duties

Interns will be placed in a specific program and point on our continuum of care where they will; review agency regulations, policy and procedures and confidentiality laws, observe clinical services with the opportunity to ask questions and clarify clinical approaches, participate in staff meetings, in services, team meetings and trainings and learn the expectations regarding documentation of counseling services.

Illinois Coalition for Community Services (ICCS) Charleston Teen Reach

Location: 719 West Lincoln, Suite A, Charleston, IL 61920

Contact: Claude Magee, 217-549-2106

Description

Work with community agencies to create lasting programs to support children and families, with special emphasis on low-income populations. This is done through advocacy, education, and organization of helpful programs.

Duties

To provide crisis assistance, teen services, and be responsible for accurate completion of all associated duties.

HOPE of East Central Illinois

Location: 701 6th St., PO Box 732, Charleston, IL 61920

Contact: Rachel Heicher, 217-348-5931, Rachelh@hope-eci.org

Note: Always call the business line, not crisis line

Description

Develop and implement programs that serve to eliminate barriers faced by victims of domestic violence. Programs offered include housing for victims, advocacy for victims and children, counseling, a 24-hour crisis line, as well as many others.

Duties

Answer 24-hour crisis line, provide supportive services within the housing program for various age groups (children through the elderly), help with networking, fundraisers, awareness, and daily operations. Services include supportive counseling, safety planning, goal planning, etc. Once trained, interns perform the same duties as staff.

Sexual Assault Counseling and Information Services (SACIS)

Location: Coles & outlying counties, www.sacis.org

Contact: Donna Hudson, 217-348-5033, sacisch@consolidated.com

Description

Serving victims of sexual violence and significant others through counseling services; medical and legal advocacy; education in schools, professional environments, and out in the community. Give preference to individuals who have done their 40-hour training.

Duties

Fundraising, awareness events, resource tables, shadowing community preventionist, administrative tasks, crisis hotline.

Treatment and Learning Centers (TLC)

Locations: Humboldt, Kansas, Effingham www.eiase.com

Contact: Dave Logsdon (Principal), 217-856-2223

Description

School-based behavior disorder psycho-educational and therapeutic service:
tutoring, groups, 1:1 counseling & supervision by teachers and counselors

Note: Four counselors are potentially looking for interns. Operated through EIASE (Eastern Illinois Area of Special Education).