



# St. Mary's Hospital

Decatur, IL



# HSHS St. Mary's Hospital

- Decatur, IL
- Part of Hospital Sisters Health System (HSHS) health care system
- Catholic Hospital
- Opened in 1878
- 138 years on November 19th



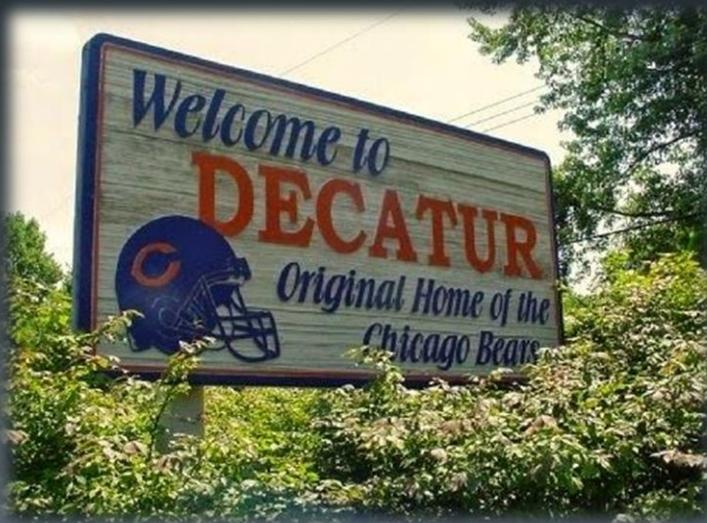
# St. Mary's Hospital

- 244 bed – all private room healthcare facility
- 21-acre campus overlooking Lake Decatur
- Average census 120 patients



# Decatur, IL

- Population: 75,000
- Manufacturing town
- Surrounded by farmland
  - 2 largest employers are ADM and Caterpillar
- Colleges
  - Millikin University
  - Richland Community College
- Need a car



# Food Service

- Spacious kitchen facilities
- Experienced employees



# Food Service

- Updated retail facilities
- Cafeteria seats 100+



# Food Service

- Operated by Sodexo
- New “Mindful” program



# Food Service Experiences

- Work 1-on-1 with every position
- Catering events
- Themed meal in cafeteria



# Catering Event



# Clinical



# Clinical

## Inpatient units:

- 14 bed ICU
- Surgical care unit
- Maternal/child care OB floor
- Intermediate care unit
- Cardiovascular unit
- Advanced Rehabilitation Center (ARC)
- Behavioral Health
  - Adult
  - Adolescent
  - Geriatric
  - Psychiatric Intensive Care



# Clinical

## Outpatient Services:

- Athleticare
- Cancer Care Center
- Prairie Heart Institute
- Neurology and Orthopedic Medicine
- Occupational Health and Wellness
- Pain Medicine Center
- Outpatient Rehabilitation Services
- Shoreline Joint Center
- Sleep Medicine Center



# Community Opportunities

- University Extension Office
- Eastern Illinois Foodbank
- Presentations in community
- Camp Connection
- Special Olympics
- Macon County Heart Walk
- 4-H Food Challenge
- Farmer's Market



UNIVERSITY OF ILLINOIS  
EXTENSION





# Tops 5 things learned through MSND experience

- ASK QUESTIONS
- The freezer will be your worst day
- Be flexible
- You are the nutrition advocate
- Time management

# Questions?



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