

St. Anthony's Memorial Hospital

Effingham, IL

Fall 2014

St. Anthony's service area consists of Effingham County and other surrounding communities, serving a population of 175,000 people



Hospital Sisters



- St. Johns in Springfield
- St. Mary's in Decatur



Southeast Building

- Cardiac Cath Lab/Expanded Cardiac Services
- Sleep Lab
- Expanded Surgical Procedure Suites
- Pain Management Center
- Wound Care Center
- Women's Wellness Center



New Center of Advanced Imaging

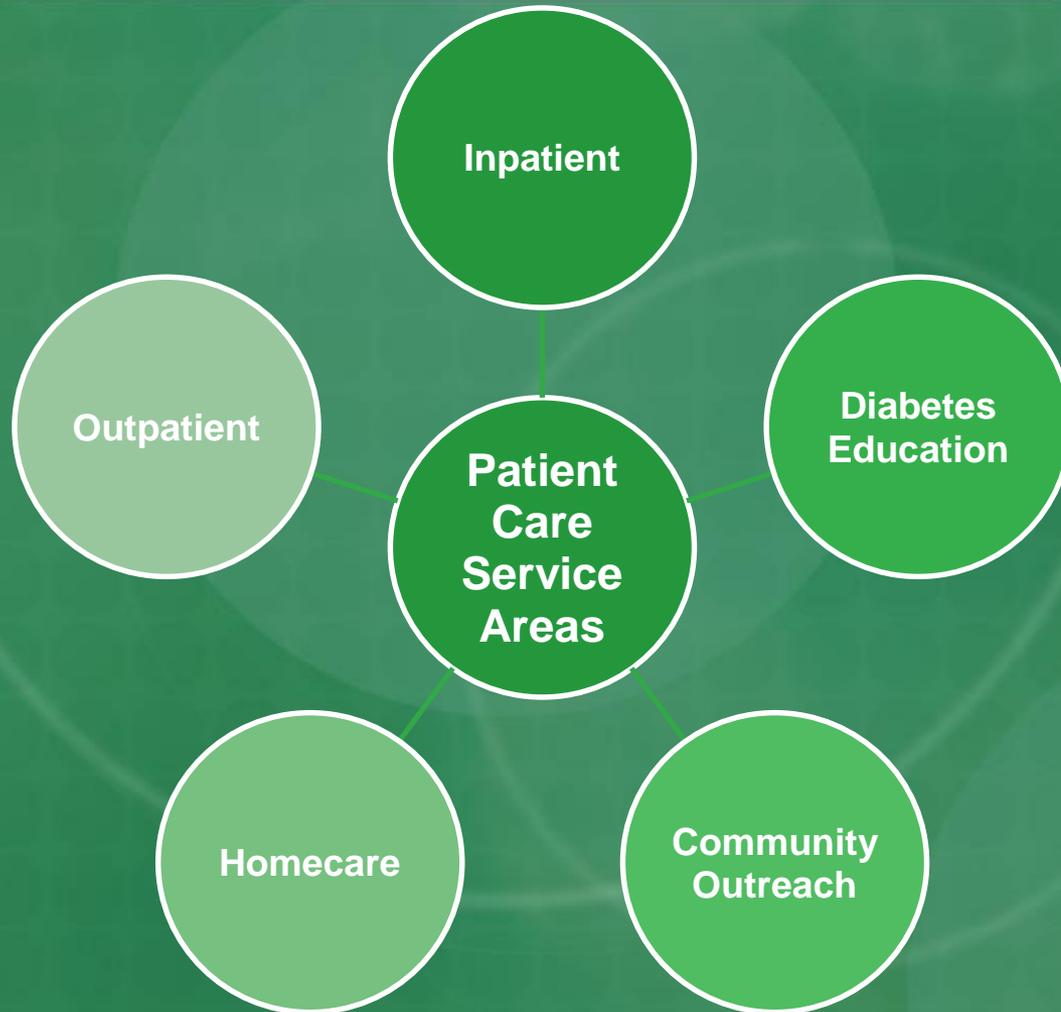
- Enhance patient comfort and privacy and accurately identify life-threatening disease at earlier stages.
 - CT Scanner
 - Channel MRI Unit
 - Nuclear Medicine Suite for heart imaging
 - Mammograms and breast biopsy

Healing Garden

- For our patients, visitors, and staff to be used as a therapeutic environment.
- The winding pathway has different size bricks called pavers, bordering the path that can be engraved to honor or memorialize a family member, friend, or loved one.



Patient Care Service Areas



Inpatient

- 24 hour nutrition risk screening
- In depth, age appropriate nutritional assessments
- Care plan Meetings
 - Skilled Care Unit
 - Homecare
- Patient Education
- Computerized EMR
 - Meditech
- Patient Satisfaction



Outpatient Services

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graph TD; A[Outpatient Services] --- B[Patient Education And Follow Up]; A --- C[Cardiovascular]; A --- D[Weight Management]; A --- E[Eating Disorders]; B --- F[Diabetes]; B --- G[Renal]; B --- H[Cancer]
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**Patient
Education
And Follow Up**

Diabetes

Cardiovascular

Renal

**Weight
Management**

Cancer

**Eating
Disorders**

Community Programs

- Weight Loss Programs
- Health Fair Screenings
- Employee Walking Routes
- Nutrition Month Activities
- Diabetes Month Programs
- Hold the Holidays
- Fitness 8 Wellness Program
- Relay for Life
- Various Presentations



Nutrition & Fitness Task Force Committee

- Summer Lunch Program
- Newspaper articles
- Development of Effingham County Web Site
 - Resources/Tips on Fitness/health/nutrition
- Plant a Row for the Hungry
- American Cancer Society – Active for Life Program

3rd Annual 5K RUN/WALK EVENT

ALLIANCE FOR A HEALTHIER EFFINGHAM CO. & THE EFFINGHAM CO. CHAMBER OF COMMERCE

A race for **everyone!**
BECAUSE THE HARDEST PART IS...

Gettin' Out the Door

PRIZES
Must be present to win

Location:
North parking lot
900 W. Temple Ave.
Effingham, IL

**Before Sept 26 - Adults \$12
14 yrs & under \$8**

**After Sept 26 - Same price,
just no guarantee of shirt / medal**

Website info:
www.gettinoutthedoor.com

OCT 4TH, 10AM

This is not a fundraiser...
**THIS IS YOUR 1st
CHANCE TO
GET HEALTHY**

This 5k Fun Run/Walk is a great way To "Get Out The Door" and spend the day with friends and family.
To learn how to walk or run a 5k, visit www.gettinoutthedoor.com

All participants will receive a medal and long sleeve tech T-shirt IF registered by 9/26/14

Design by: Hey, I like that! Graphics

Diabetes Self Management Education Program

- Nationally Recognized ADA Program
 - Certified Diabetes Educator
- Diabetes Self Management Ed Classes
 - Type 1/Type 2 DM
- Diabetes Support Group – Monthly
- Gestational Diabetes Education
- Continuous Glucose Monitoring System
- Insulin Pump Education and Management

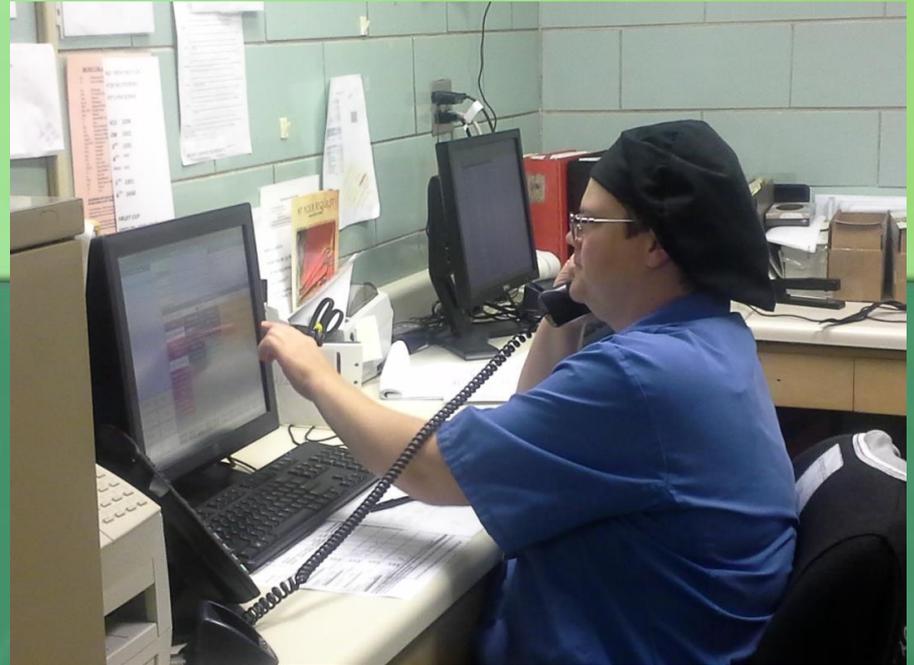


Candy Camp!

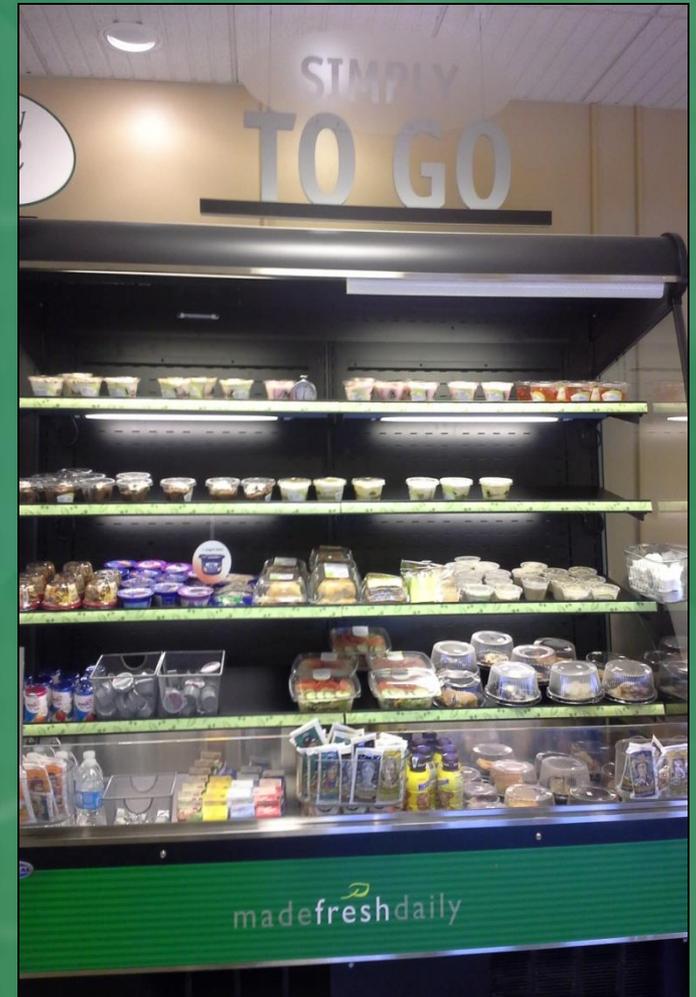


Foodservice

- Patient and Cafeteria Food Service
- Home Delivered Meals (Meals on Wheels)
- Special Functions/Catered Events
- Sodexo Service
- 5 day cycle menus



Café



Special Functions

- Variety of Events
- Medical Staff Monthly Meetings
- Special Guest



Tips for Interns

- Don't be afraid to ask questions!
- Do as much as you can before you start!
- Time management/organization skills!
- Use all of the staff to your advantage!
- Do not be afraid to get involved and get dirty!

