

HSHS St. John's Hospital Dietetic Internship



Hospital Sisters
HEALTH SYSTEM

Springfield, Illinois



There is **a lot** to do in Springfield!
Central Location



Food Service Management

- ▶ New switch to Compass Morrison
- ▶ Room service open 23 hours/day
- ▶ Catered Meal: Administration Meeting
- ▶ Theme Meal: Doctor's Lounge
- ▶ Café in Women/Children's Center
- ▶ Patient-Services Manager + Food Service Director give hands-on experience
- ▶ Critical component of food service team in a fast-paced environment
- ▶ Experience tray line, cooking, cafeteria, catering, management, purchasing, and more!



St. John's Values Mission

- ▶ To reveal and embody Christ's healing love for all people through our high quality Franciscan health care ministry.

▶ Values

- ▶ Respect
- ▶ Care
- ▶ Competence
- ▶ Joy



- ▶ Fun fact: St. John's used to have their own dietetic internship before partnering with EIU.

Major Units of St. John's

- ▶ Prairie Heart Institute
- ▶ Children's Hospital
- ▶ Women and Infant Center
- ▶ Cancer Center (Newly Renovated)
- ▶ Orthopedic Services
- ▶ New Psych Unit Coming Soon
- ▶ Regional Wound Care Center
- ▶ 402- Bed hospital



Why Choose St. John's Hospital?

- ▶ Central Location for majority of rotations
 - ▶ Renal (Davita in Springfield)
 - ▶ Weight Management
 - ▶ Diabetes (1 week off-site – Joslin Diabetes Center/SIU Endocrinology)
 - ▶ Large maternal/pediatric unit at St. John's
 - ▶ A lot of nutrition support opportunities
 - ▶ Newly renovated units
- ▶ Unique Experiences
 - ▶ Nutrition Education at Contact Ministries
 - ▶ Cardiac/Pulmonary Rehab Outpatient Experience



Tips for DI



- Reach out to dietitians in your area
- Go in with an open mind for each rotation
- Say yes to any opportunity you get at the hospital
- Be humble and willing to learn from all health professionals at the hospital
- The dietetic internship goes by FAST!
- Fun Fact #2:
 - 6 of the 8 dietitians at St. John's have a connection to EIU

