

# Indirect Service Project Guide



*Volunteers ROCK!*  
*Reaching Out Connected in Kindness*

Student  
Community Service   
EASTERN ILLINOIS UNIVERSITY™

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# Awareness Ribbons

You can pass these out at any event to raise awareness for a cause.

In order to make 200 ribbons, you will need:

200 safety pins—\$3.92

33 yards of ribbon—6 yards of Offray for 97¢

At least one pair of scissors—\$1.00

At least one ruler—46¢

**All supplies can be bought at Wal-Mart for a total of about \$15.00**

Instructions:

1. Cut 6-inch strips of ribbon
  2. Make a single loop from the ribbon
  3. Insert safety pin through the center of the ribbon where the two ends cross
- Ta-Da! Awareness ribbons!



Different colored ribbons have different significances:

Black: Suicide, POW-MIA, Melanoma, Anti-Gang

Blue: Child Abuse Prevention, Colon Cancer, Domestic Violence, Drunk Driving

Gold: Childhood Cancer

Orange: Leukemia, Lupus, Hunger Awareness

Pink: Breast Cancer, Birth Parents

Purple: Alzheimer's disease, Animal Abuse, Cancer Survivor, Pancreatic Cancer  
Domestic Violence, Crohn's Disease

Red: DUI, Heart Disease, HIV/AIDS, MADD/DARE, Substance Abuse

Teal: Ovarian Cancer, Sexual Abuse

White: Adoption, Bone Cancer, Bone Disease

Yellow: Adoptive Parents, Deployed Soldiers, Missing Persons

Black and White: Anti-Racism

# Beaded Key Chain: Gecko

Examples of Donations Sites include: [Big Brother Big Sisters](#), [Teen Reach](#)

In order to make 30 key chains, you will need:

1,500 various colors of pony beads—500 beads per bag for \$1.97

30 lanyard hooks—Assorted Findings for \$3.97

60 yards of craft lace—200 ft for \$4.97

**All supplies can be bought at Wal-Mart for a total of about \$15.00**

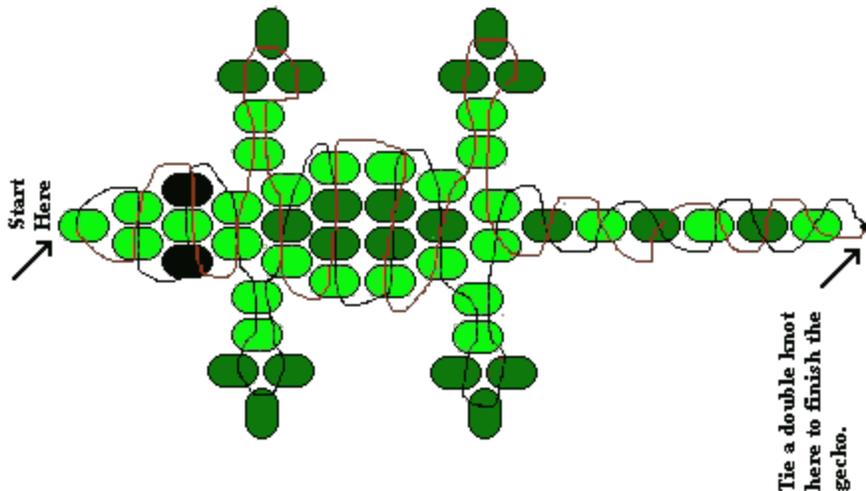
## Instructions

1. To make one gecko, start with 50 various colors of beads, 2 yards of cord, and 1 lanyard hook
2. Tie the satin cord to the lanyard hook so equal amounts of cord are left hanging on either side
3. Start by putting 1 bead on one side of the cord, then take the other side of the cord and feed it through the opposite side of the bead

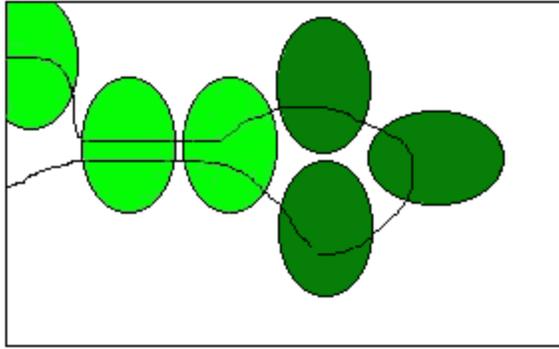


The first line will look something like this and you will continue this way through the rest of the gecko

4. Use the pattern to place eyes in the proper place



5. The legs are the tricky part! String 1 side of the string through 2 beads of 1 color, then through 3 beads of a different color. Then string it back through the 2 beads of the other color



**This is a close up of what the leg will look like**

6. Do this step on each side of the gecko and continue with the body as before. The lower legs are the same process
7. To make the tail, repeat the same process as the body using 1 bead instead of multiple beads
8. Tie off the end of the tail with a double knot

Voila! You have a pony bead gecko that will make someone really happy to receive.

# Beaded Key Chain: Monkey

Examples of Donations Sites include: Big Brother Big Sisters, Teen Reach

In order to make 30 key chains you will need:

2490 pony beads—500 beads per bag for \$1.97

Suggested colors=1,830 brown pony beads

540 tan pony beads

120 black pony beads

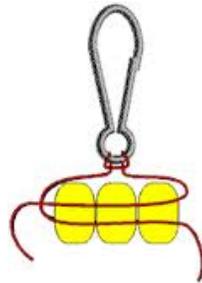
30 lanyard hooks—Assorted Findings for \$3.97

60 yards of craft lace—200 ft for \$4.97

**All supplies can be bought at Wal-Mart for about \$19.00**

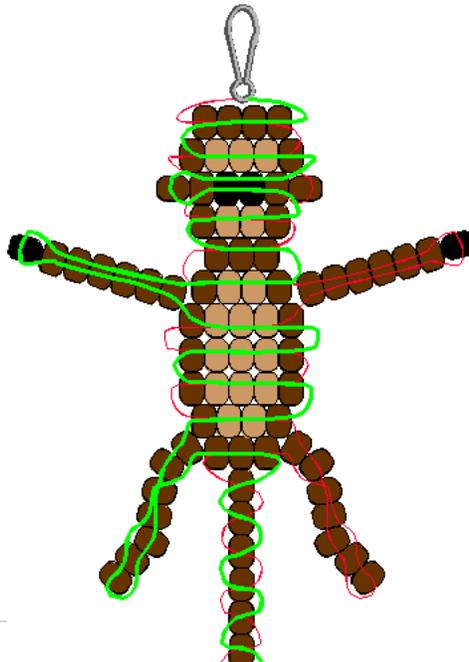
Instructions:

1. For 1 monkey you will need 61 brown beads, 18 tan beads, 4 black beads, 2 yards of cord and 1 lanyard hook.
2. Tie the satin cord to the lanyard hook so equal amounts of cord are left hanging on either side
3. Start by putting 4 beads on one side of the cord, then take the other side of the cord and feed it through the opposite sides of the beads



The first line of the monkey will look something like this, and you will continue this way through the rest of the monkey

4. Follow the pattern below to place the differently colored beads



5. The arms and legs are fairly simple, all you have to do is string 6 brown beads on one side of the cord, then add a black bead on the end. After that feed the cord back through the 6 brown beads and continue with the pattern. The legs are the same process.
6. The tail is made just like the rest of the body, only using 1 bead per row instead of multiple

Ta Da! You have a fully formed monkey to give to someone.

# Beaded Key Chain: Puppy

Examples of Donations Sites include: Big Brother Big Sisters, Teen Reach

In order to make 30 key chains, you will need:

1560 pony beads—500 beads per bag for \$1.97

Suggested colors=330 black pony beads

120 white pony beads

60 blue pony beads

1,050 brown pony beads

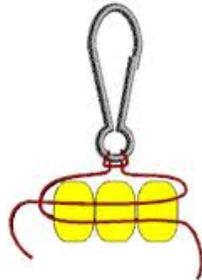
30 lanyard hooks—Assorted Findings for \$3.97

60 yards of craft lace—200 ft for \$4.97

**All supplies can be bought at Wal-Mart for about \$17.00**

Instructions:

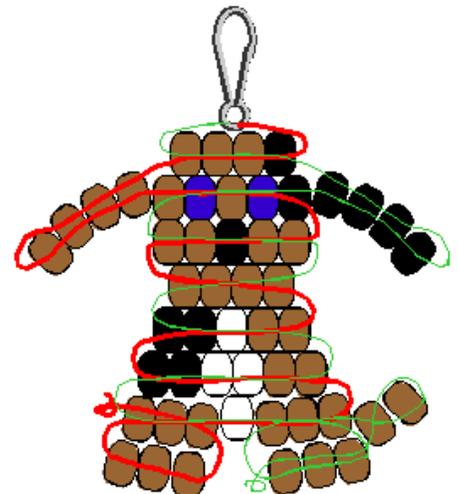
1. For 1 puppy, you will need 11 black beads, 4 white beads, 2 blue beads, 35 brown beads, 1 lanyard hook, and 2 yards of satin cord.
2. Tie the satin cord to the lanyard hook so equal amounts of cord are left hanging on either side
3. Start by putting 4 beads on one side of the cord, then take the other side of the cord and feed it through the opposite sides of the beads



The first line of the monkey will look something like this, and you will continue this way through the rest of the puppy

4. The ears are very simple to make. String 4 brown beads on one side of the cord, then take the loose end and skipping the bead on the end, thread it through 3 brown beads.
5. Continue on the with body pattern. The tail will be threaded in the same way as the ears.

And there you have it! A cute little puppy to be someone's new best friend



# Bird Seed Cones

Examples of Donations Sites include: Douglas Hart Nature Center

In order to make 30 bird feeders, you will need:

- 30 pinecones—get off the ground
- 2 jars of smooth peanut butter—Algood for \$2.28
- 1 bag of birdseed (7 lbs.)—\$8
- 30 feet of yarn—Peaches and Crème for \$1.77
- Scissors—Westcott 3 pack for \$3.44
- Craft sticks—Jumbo 75 for \$2.47
- Baggies—Great Value 50 pack for \$2.48

**Birdseed can be bought at Rural King for \$8.00, Pinecones can be found wherever there are pine trees and all other supplies can be bought at Wal-Mart for around \$12.00**

Instructions:

1. To make 1 bird feeder, you will need 1 pinecone, 4 tablespoons of peanut butter, a bowl of birdseed, some yarn and a pair of scissors  
**This project can get messy, so you may want to work outside**
2. Tie the yarn around the pinecone close to the top, leaving both ends loose so the feeder can be tied to a tree
3. Use the wood craft stick to smother the entire pine cone in peanut butter
4. Spread bird seed on the ground, or put in a large bowl, then roll the pine cone in bird seed
5. Place finished bird feeder in plastic baggies

Congratulations, you are going to make some birds very happy this season!



# Cat Toys

Examples of Donations Sites include: [Shelbyville Humane Society](#)

To make 56 cat toys, you will need:

- Dowel rods—Round dowels for 97¢ per pack
- 50 Feathers—\$1.88
- 10 yards of ribbon—6 yards of Offray for 97¢
- 225 mini pom poms—Neon Poms 125 for \$1.97
- 45 jingle bells—55 for \$2.77
- 100 pipe cleaners—Fuzzy Sticks 25 for 77¢
- Scissors—Westcott 3 pack for \$3.44
- Hot glue gun—Hi-Temp for \$2.77

You can use whatever materials you would like for this project (you don't have to buy everything in the list)

**All supplies can be bought at Wal-Mart can be bought for about \$25.00**

Instructions:

1. Take 1 dowel rod and a couple of materials to attach
2. Attach the ribbon and glue pom poms to the end, or tie on the jingle bells. You can mix and match and just be creative!
3. Try to make sure the items are securely attached to the toy so that the cats won't eat them

And you have a marvelous toy to entertain a new friend



# Create-a-card: Children's Hospital

Examples of Donations Sites include: Peoria Children's Hospital, Sarah Bush Lincoln Hospital

To make 30 cards you will need:

30 sheets of cardstock paper—Ampad Assorted Colors for \$3.97

Assorted acrylic paint—Apple Barrel for 57¢ each

Glitter—Glitter shakes 6 colors or \$2.97

Glue—Elmer's 74¢

Scissors—Westcott 3 pack for \$3.44

Markers—Cra-Z-Art 10 count for \$1.97

**Check with the Student Community Service office to see if they have any of these supplies for you, all other supplies can be purchased at Wal-Mart**

Instructions:

Be creative and have fun!

Quotes for Children's Cards:

- Sorry you're feeling under the weather. We hope it blows over soon!
- It's no fun being sick, so we hope you get well quick!
- Comfy jammies, cozy bed, big soft pillow for your head. Take your time, get some rest, we can't wait to see you at your best!
- Can't wait until you're on your feet again!



# Create-a-card: Hospice

Examples of Donations Sites include: Hospice

To make 30 cards, you will need:

30 sheets of cardstock paper—Ampad Assorted Colors for \$3.97

Assorted acrylic paint—Apple Barrel for 57¢ each

Glitter—Glitter shakes 6 colors or \$2.97

Glue—Elmer's 74¢

Scissors—Westcott 3 pack for \$3.44

Markers—Cra-Z-Art 10 count for \$1.97

**Check with the Student Community Service office to see if they have any of these supplies for you, all other supplies can be purchased at Wal-Mart**

Instructions:

Be creative and have fun!

Quotes for Hospice Cards:

- Just thought you'd like to know I'm thinking of you.
- When you read this little message, here's hoping it will show that someone's thinking of you now and wants to let you know!
- Just wanted to say hello!
- I hope you have a good day. I'm thinking of you!
- Roses are red, violets are blue. I wanted to let you know—I was thinking of YOU!

**For hospice cards, please do not put "get well soon"**



# Create-a-card: Nursing Home

Examples of Donations Sites include: [Local nursing homes in Charleston and Mattoon](#)

To make 30 cards, you will need:

30 sheets of cardstock paper—Ampad Assorted Colors for \$3.97

Assorted acrylic paint—Apple Barrel for 57¢ each

Glitter—Glitter shakes 6 colors or \$2.97

Glue—Elmer's 74¢

Scissors—Westcott 3 pack for \$3.44

Markers—Cra-Z-Art 10 count for \$1.97

**Check with the Student Community Service office to see if they have any of these supplies for you, all other supplies can be purchased at Wal-Mart**

Instructions:

Be creative and have fun!

Quotes for Nursing Home Cards:

- You may be out of my sight, but not out of my heart. You may be out of my reach, but not out of my mind. I'm thinking of you!
- Every day may not be good, but there is something good in every day. Thinking of you!
- Anything cute, funny, or quirky

**Please do not write, "get well soon" on nursing home cards**



# Create-a-card: Veteran's Hospital

Examples of Donations Sites include: [Veteran's Affairs Hospital](#)

To make 60 cards, you may need:

30 sheets of cardstock paper—Ampad Assorted Colors for \$3.97

Assorted acrylic paint—Apple Barrel for 57¢ each

Glitter—Glitter shakes 6 colors or \$2.97

Glue—Elmer's 74¢

Scissors—Westcott 3 pack for \$3.44

Markers—Cra-Z-Art 10 count for \$1.97

**Check with the Student Community Service office to see if they have any of these supplies for you, all other supplies can be purchased at Wal-Mart**

Instructions:

1. Be creative and have fun!

Quotes for Veteran's Cards:

1. Thank you for my freedom
2. With pride and gratitude—thank you.
3. Thank you for all that you have done for this country.
4. I am very grateful for my freedom—thank you.
5. Your service is appreciated. We can never repay you, but we thank you.
6. Thank you for all you have done for every American.

**Please do not put "get well soon" on veterans' cards**



# Dog Food Bowls

Examples of Donations Sites include: [CARE: Charleston Animal Shelter/ Shelbyville Humane Society](#)

To make 10 sets of water and food bowls, you will need:

- Bowls—Pure ness large double dish for \$1.97
- Permanent markers—Sharpie 8 count for \$5.97
- Puffy paints—97¢ each
- Acrylic paints—Apple Barrel 57¢ each

**All supplies can be bought at Wal-Mart for about \$32.00**



## Instructions:

Have fun and be creative!

Please don't paint the inside of the bowl, just around the outside.

# Dog Treat Bags

Examples of Donations Sites include: [CARE: Charleston Animal Shelter/ Shelbyville Humane Society](#)

To make 120 treat bags, you will need:

120 baggies—Ziploc 100 pack for \$2.98

5 boxes of dog treats—Assorted Milkbone treats for \$2.50 each

Permanent markers—Sharpie 8 count colors for \$5.97

**All supplies can be bought at Wal-Mart for around \$25**



Instructions:

1. Decorate the outsides of the baggies however you'd like

# Fleece Blankets

Examples of Donations Sites include: [HOPE](#), [Salvation Army](#), and [Habitat for Humanity](#)

To make 1 blanket, you will need:

2.5-3 yards of fleece—anywhere from \$6-10 per yard

A few permanent markers—Sharpie 8 count for \$5.97

Ruler—47¢

Scissors—Westcott 3 pack for \$3.44

**All supplies can be bought at Wal-Mart for about \$45**



Instructions:

1. Choosing two different colors/patterns of fleece, cut them to be 6 feet long
2. Cut a 4 inch by 4 inch square from each corner of the fleece
3. Then go cut 4 inch strips all the way around the blanket, make them an inch in width
4. Just tie the fabric on the bottom and the fabric on top, and there you have a new blanket!

# Fleece Mice

Examples of Donations Sites include: [CARE: Charleston Animal Shelter / Shelbyville Humane Society](#)

In order to make 10 mice, you will need:

- 10 bodies, 10 tails, 20 ears
- Tails of yarn
- Ears and bodies from felt
- 10 needles—Dritz Craft Needles 25 pack for \$1.47
- 5 spools of thread—Coates and Clark All-Purpose for \$1.16
- 16 oz. of polyester fiber fill (cotton)—Poly-Fil 16 oz. bag for \$3.47
- Markers

**All supplies can be bought at Wal-Mart for around \$45**

Instructions:

1. Cut out the provided patterns: 2 bodies, 1 tail, and 2 ears.
2. Sew the body together leaving a small hole in the back to stuff the mouse with cotton.
3. Sew on the tail to the back of the mouse's body.
4. Fold the ears in half and sew them onto the mouse.
5. Add eyes with a black marker, and decorate your mouse to your liking.



# Inspiring Folders for kids:

Examples of Donations Sites include: Local School of your choice

To make 50 folders, you will need:

- Acrylic paint—Apple Barrel 57¢ each
- Brushes—Paint Brush 97¢
- Pocket folders (of any kind)—74¢
- Magazines—any old magazine will do
- Glue—Elmer's for 74¢
- Glitter—Glitter Shakes 6 colors for \$2.97

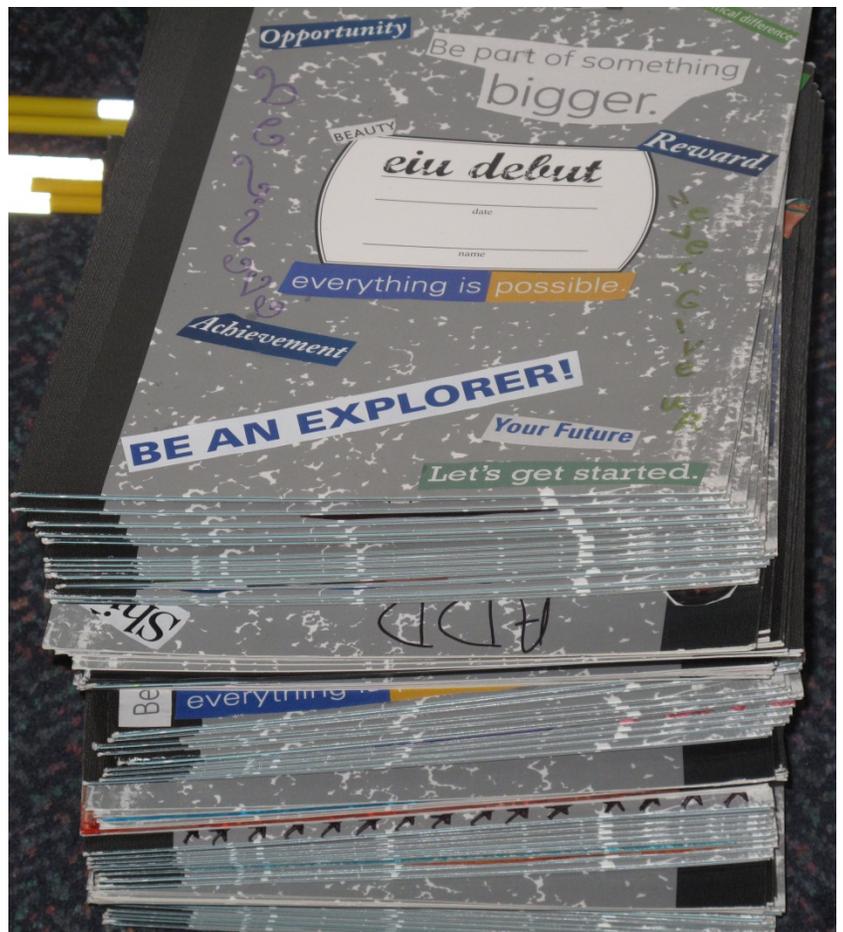
**Check with the Student Community Service office to see if they have any of these supplies for you, all other supplies can be purchased at Wal-Mart**

Instructions:

1. Decorate the outside with positive messages
2. If you want, you can even write a little note on the inside of the folder

Messages:

1. Dream Big
2. Go for the Goal
3. Never give up on your dreams
4. Celebrate who you are
5. You are amazing
6. Believe in yourself
7. Make each day count



# Health Kits

Examples of Donations Sites include: [Midwest Mission Distribution Center \(MMDC\)](#)

To make 10 health kits, you will need:

- 10 hand towels (15" by 25")—Mainstays for \$2.47
- 10 wash cloths—Mainstays for \$1.77
- 10 combs—Ace for 97¢
- 10 fingernail clippers—Trim for 97¢
- 10 bars of soap (3 oz. or larger) —Dial Gold 2 pack for 97¢
- 10 toothbrushes—Dr. DuMore for 74¢
- 100 adhesive band aids—Curad 100 pack for \$2.98
- 10 one-gallon baggies—Great Value

10 rubber bands— Advantage for 67¢

**All supplies can be found at Wal-Mart**

\*Please note that these items are donated to MMDC and they require specific types of items for a full list of specifications look at [http://www.midwestmissiondc.org/?page\\_id=84](http://www.midwestmissiondc.org/?page_id=84)

Instructions:

1. 1 of each item goes in a kit
2. Wrap the items in the hand towel and wrap the rubber band around the towel, Items should then be placed in a new, one-gallon plastic zip closure bag



# P.A.D.S. Kits

Examples of Donations Sites include: [P.A.D.S. Public Action to Deliver Shelter in Mattoon, Homeless Shelter](#)

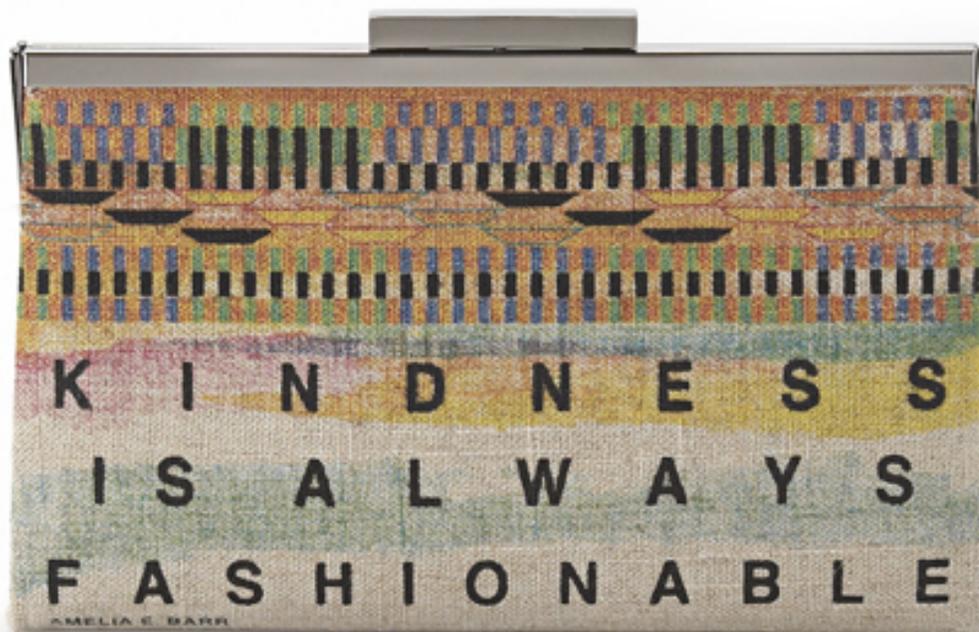
To make 13 kits, you will need (all travel sized):

- 13 toothbrushes—Dr. DuMore for 74¢ each
- 13 toothpastes—Crest for 97¢ each
- 13 combs—Ace for 97¢ each
- 13 hand sanitizers—Germ Blaster for 97¢ each
- 13 2-in-1 shampoo and conditioner mixes—Clear for 97¢ each
- 13 razors—Wilkinson Sword Double Edge 8 pack for \$1.67
- 13 shaving creams—Edge for \$1.47 each
- 13 Gift bags—Baker’s Dozen Medium Gift Bags 13 pack for \$7.99

**All supplies can be found at Wal-Mart for about \$91**

Instructions:

1. Place one of each item in the bag
2. If you would like, you can add a small note of encouragement or kindness



# Peace Meal Cup Kits

Examples of Donations Sites include: [Peace Meal](#)

In order to make 50 kits, you will need:

- 50 single serve caffeinated coffee packets—NesCafe 20 pack for \$3.48
- 50 single serve decaffeinated coffee packets—Folger’s decaf 6 pack for \$1
- 50 single serve tea packets—Great Value 100 pack for \$2.14
- 100 individual creams—Land o Lakes Mini Moo Half and Half 24 pack for \$2.48
- 200 sugar packets—Pure Cane Sugar 100 pack for \$1.98
- 100 spoons for stirring—Great Value 48 pack for \$2.68

**All supplies can be bought at Wal-Mart for \$50**

Instructions:

1. Put 1 caffeinated and 1 decaffeinated coffee and 1 tea in each Dixie cup.
2. Put 2 creams and 4 sugars in each cup
3. Put 2 coffee stirs in each cup
4. Put the lid on the cup and you’re all set!



# School Kits

Examples of Donations Sites include:

In order to make 10 school kits you will need:

- 10 pink erasers—Pink Erasers Inc. 6 pack for \$1.84
- 10 Black/blue pens—Just Write Classic 15 pack for 74¢
- 50 pencils—Dixon 10 pack for 57¢
- 10 boxes of tissues—Great Value for 97¢
- 10 one subject notebooks—70 sheet notebooks for 94¢
- 10 two pocket folders— FSC for 74¢
- 10 boxes of eight markers—Cra-z-art for \$1.97
- 10 Gift bags—Baker’s Dozen Medium Gift Bags 13 pack for \$7.99

**All supplies can be bought at Wal-Mart for around \$63**

Instructions:

1. Write a message to the child of encouragement and sign your name or EIU volunteer
2. Put one of each item, and 2 (or more) pencils in each bag
3. If you feel so inclined, decorate the bag in gender neutral drawings



# Messages of Kindness

Examples of Donations Sites include: [Charleston Food Pantry](#)

In order to make 50 messages of kindness you will need:

Cardstock—Ampad Assorted Colors for \$3.97

Markers—Cra-Z-Art 10 count for \$1.97

Scissors—Westcott 3 pack for \$3.44

## Instructions:

1. Cut the cardstock into small squares and write a note and/or draw a picture on them.

**Please note: these messages will be given to non-profits for them to tie on to items that they give away in the community**

## Message Sayings

1. There are many things in life that will catch your eye, but only a few that will catch your heart. Pursue them.
2. Happiness resides not in possessions or in gold; the feeling of happiness dwells in the soul.
3. Few things in the world are more powerful than a positive push. A smile. A word of optimism and hope. And you can do it when things are tough.
4. And the day came when the risk to remain tight in a bud was more painful than the risk it took to blossom.
5. Our greatest glory is never in falling, but in rising every time we fall.
6. Thinking of you!
7. Have a great day!



**\*\*Have a Service Project that you would like our office to add to this list? Fill out all necessary information below and email to [volunteer@eiu.edu](mailto:volunteer@eiu.edu)\*\***

# Service Project:

Examples of Donations Sites include:

In order to make , you will need:

Instructions: