

## Kinesiology and Sports Studies

*Eastern Illinois University**Charleston, Illinois 61920***Degree Program:** BS in Kinesiology and Sports Studies---K-12 Teacher Certification**Freshman Year**

<i>Fall Semester</i>				<i>SH</i>	<i>Spring Semester</i>				<i>SH</i>
ENG	1001G	Composition and Language		3	BIO	2001G	Human Physiology		4
CMN	1310G	Intro to Speech Communication		3	ENG	1002G	Composition and Literature		3
GEN	xxxx	Gen Ed Physical Science		3-4	MAT	xxxx	Gen Ed Mathematics		3
GEN	xxxx	Gen Ed Social/Behavioral Science		3	GEN	xxxx	Gen Ed Humanities		3
GEN	xxxx	Gen Ed Humanities or Fine Arts		3	KSS	xxxx	KSS Activity Class		1
KSS	1600/92	Weight Training/Aerobic Exercise		1	KSS	1500	KSS as a Profession		2
				16-17					16

**Sophomore Year**

<i>Fall Semester</i>				<i>SH</i>	<i>Spring Semester</i>				<i>SH</i>
KSS	2440	Structural Kinesiology		3	KSS	2000	Technique & Practice of Teaching PE		1
KSS	2850	Fitness for Life		3	KSS	2860	Teaching Health-Related Fitness		2
KSS	2400	Intro to Elementary School PE		2	KSS	2102	Technique and Theory Course		2
KSS	2101	Technique and Theory Course		2	KSS	2450	Adapted Physical Education		3
GEN	xxxx	Gen Ed Fine Arts		3	PLS	1153G	American Government & Constitution		3
XXX	xxxx	Elective		3	EDF	2555G	Diversity of Schools and Societies		3
				16					14

**Junior Year**

<i>Fall Semester</i>				<i>SH</i>	<i>Spring Semester</i>				<i>SH</i>
KSS	4320	Org. Admin & Curriculum of PE		3	KSS	4340	Principles of Exercise Physiology		3
KSS	xxxx	KSS Coaching Class		3	KSS	2220	Technique and Theory Course		2
KSS	xxxx	Aquatics		1-2	XXX	xxxx	Foreign Language or Elective		3-4
KSS	2360	Technique and Theory Course		2	SED	3330	Instructional Tasks in Secondary School		4
XXX	xxxx	Foreign Language or Elective		3-4	EDP	3331	Theories of Learning & Development		3
EDF	4550	Critical Focus on Education		3					
				15-17					15-16

**Senior Year**

<i>Fall Semester</i>				<i>SH</i>	<i>Spring Semester</i>				<i>SH</i>
KSS	4470	Assessment in K-12 PE		3	STG	4000	Multicultural/Disabilities Practicum		1
KSS	3400	Secondary PE Methods		4	STG	4001	Student Teaching		12
KSS	3401	Elementary PE Methods		4					
EIU	4xxx	Senior Seminar		3					
SED	4330	Literacy, Assessment, Differentiation		3					
				17					13

TOTAL: 123-127 credit hours

*This is a generic semester-by-semester guide to completing your degree requirements. Please consult your academic advisor to determine whether this plan meets your particular academic needs and interests.*

1. For a listing of General Education courses, see catalog.
2. Students must receive a "C" or better in all courses toward their degree.
3. Students can take either PLS 1153G or HIS 3600G.
4. See catalog for information regarding university approval to take teacher education courses.