



## **Morgan State University Strength and Conditioning Internship**

Morgan State University Strength & Conditioning is currently seeking **Summer 2026 Strength & Conditioning Interns**. This internship provides hands-on coaching experience in a collegiate athletic environment, education in program design and practical application, and mentorship from full-time collegiate strength coaches. Successful interns will be strongly considered for a **paid apprenticeship position during the 2026–2027 academic year** and may complete the required hours toward the **CSCCa – SCCC certification**.

### **Responsibilities**

Daily responsibilities include, but are not limited to:

- Assisting with training sessions for **Football and/or Men's and Women's Basketball**
- Supporting daily maintenance, organization, and cleanliness of training facilities
- Assisting with **data entry, tracking, and upkeep**
- Supporting team logistics, setup, breakdown, and transitions
- Completing additional duties as assigned by the Head Strength & Conditioning Coach

### **Minimum Qualifications**

- Strong work ethic, reliability, and punctuality
- High level of enthusiasm and professionalism
- Effective communication skills
- A strong desire to pursue a career in Strength & Conditioning

### **Preferred Qualifications**

- Previous coaching experience in a **collegiate, professional, high school, or private sector** setting
- Competitive collegiate athletic experience

### **Internship Details**

- **Dates:** May 18, 2026 – August 1, 2026
- This is an **unpaid internship**. Applicants are strongly encouraged to ensure the position is financially feasible prior to applying.
- Selected candidates are subject to **university background checks**.

### **Application Instructions**

To apply, candidates should email **one PDF or Word document** containing:

1. Resume
2. Three Professional References

Please label the email subject line **"Internship"** and send materials to:

### **Robert Day**

Strength & Conditioning Coach

**Robert.Day@morgan.edu**

**Review of applications will begin immediately and continue until positions are filled.**