

## Kinesiology and Sports Studies

Eastern Illinois University

Charleston, Illinois 61920

**Degree Program: BS in Kinesiology and Sports Studies---K-12 Teacher Certification****Freshman Year**

| <i>Fall Semester</i> |       |                                  | <i>SH</i> | <i>Spring Semester</i> |       |                            | <i>SH</i> |
|----------------------|-------|----------------------------------|-----------|------------------------|-------|----------------------------|-----------|
| ENG                  | 1001G | Composition and Language         | 3         | BIO                    | 2001G | Human Physiology           | 4         |
| CMN                  | 1310G | Intro to Speech Communication    | 3         | ENG                    | 1002G | Composition and Literature | 3         |
| GEN                  | xxxx  | Gen Ed Physical Science          | 3-4       | MAT                    | xxxx  | Gen Ed Mathematics         | 3         |
| GEN                  | xxxx  | Gen Ed Social/Behavioral Science | 3         | GEN                    | xxxx  | Gen Ed Humanities          | 3         |
| GEN                  | xxxx  | Gen Ed Humanities or Fine Arts   | 3         | KSS                    | 1500  | KSS as a Profession        | 2         |
|                      |       |                                  | 15-16     |                        |       |                            | 15        |

**Sophomore Year**

| <i>Fall Semester</i> |      |                                     | <i>SH</i> | <i>Spring Semester</i> |       |                                    | <i>SH</i> |
|----------------------|------|-------------------------------------|-----------|------------------------|-------|------------------------------------|-----------|
| KSS                  | 2000 | Technique & Practice of Teaching PE | 1         | KSS                    | 2860  | Teaching Health-Related Fitness    | 2         |
| KSS                  | 2440 | Structural Kinesiology              | 3         | KSS                    | 2102  | Technique and Theory Course        | 2         |
| KSS                  | 2850 | Fitness for Life                    | 3         | KSS                    | 2450  | Adapted Physical Education         | 3         |
| KSS                  | 2400 | Intro to Elementary School PE       | 2         | PLS                    | 1153G | American Government & Constitution | 3         |
| KSS                  | 2101 | Technique and Theory Course         | 2         | EDF                    | 2555G | Diversity of Schools and Societies | 3         |
| GEN                  | xxxx | Gen Ed Fine Arts                    | 3         | XXX                    | xxxx  | Elective                           | 3         |
| EDP                  | 2330 | Educational Psychology              | 3         |                        |       |                                    |           |
|                      |      |                                     | 17        |                        |       |                                    | 16        |

**Junior Year**

| <i>Fall Semester</i> |      |                               | <i>SH</i> | <i>Spring Semester</i> |      |                              | <i>SH</i> |
|----------------------|------|-------------------------------|-----------|------------------------|------|------------------------------|-----------|
| KSS                  | 2220 | Technique and Theory Course   | 2         | KSS                    | 2360 | Technique and Theory Course  | 2         |
| KSS                  | 4320 | Org, Admin & Curriculum of PE | 3         | KSS                    | 4470 | Assessment in K-12 PE        | 3         |
| KSS                  | xxxx | KSS Coaching Class            | 2         | XXX                    | xxxx | Foreign Language or Elective | 3-4       |
| XXX                  | xxxx | Foreign Language or Elective  | 3-4       | KSS                    | 3400 | Secondary PE Methods         | 4         |
| EDF                  | 4550 | Critical Focus on Education   | 3         | KSS                    | 3401 | Elementary PE Methods        | 4         |
|                      |      |                               | 13-14     |                        |      |                              | 16-17     |

**Senior Year**

| <i>Fall Semester</i> |      |                                       | <i>SH</i> | <i>Spring Semester</i> |      |                                      | <i>SH</i> |
|----------------------|------|---------------------------------------|-----------|------------------------|------|--------------------------------------|-----------|
| KSS                  | 4340 | Exercise Physiology                   | 3         | STG                    | 4000 | Multicultural/Disabilities Practicum | 1         |
| SED                  | 4330 | Literary, Assessment, Differentiation | 3         | STG                    | 4001 | Student Teaching                     | 12        |
| SED                  | 3330 | Instructional Tasks in Sec Ed         | 4         |                        |      |                                      |           |
| EIU                  | 4xxx | Senior Seminar                        | 3         |                        |      |                                      |           |
| XXX                  | xxxx | Elective                              | 2-3       |                        |      |                                      |           |
|                      |      |                                       | 15-16     |                        |      |                                      | 13        |

TOTAL: 120-124 credit hours

***This is a generic semester-by-semester guide to completing your degree requirements. Please consult your academic advisor to determine whether this plan meets your particular academic needs and interests.***

1. For a listing of General Education courses, see catalog.
2. Students must receive a "C" or better in all courses toward their degree.
3. Students can take either PLS 1153G or HIS 3600G.
4. See catalog for information regarding university approval to take teacher education courses.