



BACHELOR OF SCIENCE IN KSR

PHYSICAL EDUCATION TEACHER LICENSURE OPTION K-12

AT EASTERN ILLINOIS UNIVERSITY

NAME	
E NUMBER	
CATALOG	

2026-2027

GENERAL REQUIREMENTS: 40 HRS

LANGUAGE: 9 HRS

Grade of "C" or better is required.

COURSE	HOURS	GRADE	SEMESTER
ENG 1001G Composition & Language	3		
ENG 1002G Composition & Language II	3		
CMN 1310G Intro. to Speech Comm.	3		

HUMANITIES/FINE ARTS: 9 HRS

COURSE	HOURS	GRADE	SEMESTER
Humanities _____	3		
Fine Arts _____	3		
Humanities or Fine Arts _____	3		

SOCIAL/BEHAVIORAL SCIENCE: 9 HRS

Must be from two different disciplines. One course must meet Cultural & Diversity requirement

COURSE	HOURS	GRADE	SEMESTER
PLS 1153G OR HIS 3600G	3		
EDF 2555G	3		
	3		

KSR TEACHER LICENSURE CORE REQ.: 47 HRS

COURSE	HOURS	GRADE	SEMESTER
BIO 2005G Human Biology	4		
KSR 2000 Technique & Practice of Teaching Physical Education	1		
KSR 2400 Intro to Elementary School Physical Education	2		
KSR 2440 Structural Kinesiology	3		
KSR 2450 Adapted Physical Education	3		
KSR 2850 Fitness for Life	3		
KSR 2860 Teach Health-Related Fitness	3		
KSR 3400 Secondary Phys. Ed. Methods	4		
KSR 3401 Elementary Phys. Ed. Methods	4		
KSR 4320 Organization, Administration, & Curriculum in Physical Education	3		
KSR 3340 Principles of Exercise Phys.	3		
KSR 4470 Assessment in K-12 Phys. Ed.	3		

REQUIRED TECHNIQUE & THEORY COURSES: 8 HRS

COURSE	HOURS	GRADE	SEMESTER
KSR 2101 Technique & Theory of Badminton, Tennis & Pickleball	2		
KSR 2102 Technique & Theory of Golf, Bowling, & Disc Golf	2		
KSR 2360 Technique & Theory of Volleyball, Ultimate Frisbee & Lacrosse.	2		
KSR 2220 Technique & Theory of Dance.	2		

2 SEMESTER HOURS FROM KSR COACHING COURSES

COURSE	HOURS	GRADE	SEMESTER
	2		

SCIENTIFIC AWARENESS: 7 HRS

One biological and one physical science course, one of which must involve a lab.

COURSE	HOURS	GRADE	SEMESTER
BIO 2005G Lab Included	4		
Phy. Sci. _____ Lab? q	3-4		

MATHEMATICS: 3 HRS

COURSE	HOURS	GRADE	SEMESTER
MAT _____ G	3		

SENIOR SEMINAR: 3 HRS

Senior topic must be outside the major area. See Undergraduate Catalog for Senior Seminars outside of Human Services.

COURSE	HOURS	GRADE	SEMESTER
EIU _____ G	3		

FOREIGN LANGUAGE: 0-8 HRS

q Exempt if 2 yrs in high school with "C" average.

COURSE	HOURS	GRADE	SEMESTER
WL _____ G	4		
WL _____ G	4		

REQUIRED EDUCATION COURSES FOR TEACHER LICENSURE: 29 HRS

COURSE	HOURS	GRADE	SEMESTER
EDF 2555G Education in a Diverse Society: The Multilingual/Multicultural Classroom	3		
EDF 4550 Critical Focus on Education	3		
EDP 2330 Educational Psychology: Foundations for Teachers	3		
SED 3330 or 4335 Instructional Tasks in the Secondary School	4		
SED 4430 Literacy, Assessment, & Differentiation in Secondary Schools.	3		
STG 4000 Multicultural/Disabilities Practicum.	1		
STG 4001 Student Teaching	12		

Consult Catalog for pre-requisites

*grade of C or better required fro admssion to the Exercise Science Major

GRADUATION REQUIREMENTS:

q	120 Hours
q	40 SH of upper division courses (3000+)
q	30 SH in residence at EIU
q	30 SH junior-senior residency
q	12 SH senior residency
q	2.65 Cumulative GPA

q	2.65 Major GPA
q	Cultural Diversity
q	Application for Graduation (First semester junior year)
q	Electronic Writing Portfolio 1q 2 q See www.eiu.edu/~assess/ for requirements

BACHELOR OF SCIENCE IN KSR: TEACHER LICENSURE OPTION

SUGGESTED 4-YEAR SEQUENCE

NOTES, QUESTIONS, MINOR REQUIREMENTS:

YEAR 1 MUST EARN 30+ SH FOR SOPHOMORE STATUS			
FALL		SPRING	
ENG 1001G	3	ENG 1002G	3
CMN 1310G	3	BIO 2005G	4
GEN XXXX	3-4	MAT XXXX	3
GEN XXXX	3	GEN XXXX	3
GEN XXXX	3	KSR 2400	2
Total	15-16	Total	15
YEAR 2 MUST EARN 60+ SH FOR JUNIOR STATUS			
FALL		SPRING	
KSR 2000	1	KSR 2101	2
KSR 2102	2	GEN XXXX	3
KSR 2440	3	KSR 2860	3
KSR 2850	3	PLS 1153G	3
KSR 2450	3	EDF 2555G	3
EDP 2330	3	Elective	3
Total	15	Total	17
YEAR 3 MUST EARN 90+ SH FOR SENIOR STATUS			
FALL		SPRING	
KSR 2360	2	KSR 2220	2
KSR 4470	3	KSR 3400	4
KSR XXXX - Coaching	2	KSR 3401	4
Foreign Lang. or Elective	3-4	KSR 4320	3
EDF 4550	3	Foreign Lang. or Elective	3-4
Total	13-14	Total	16-17
YEAR 4 MUST EARN 120 SH TO GRADUATE			
FALL		SPRING	
KSR 3340	3	STG 4000	1
SED 3330 or 4335	4	STG 4001	12
SED 4330	3		
EIU 4XXX	3		
Elective	2-3		
Total	15-16	Total	13

1. For a listing of General Education courses, see catalog.
2. Students must receive a "C" or better in all courses toward their degree.
3. Students can take either PLS 1153G or HIS 3600G.
4. See catalog for information regarding university approval to take teacher education courses.