

EIU SUPPORTING OUR STUDENTS

Eastern Illinois University is committed to fostering a supportive, safe and healthy environment for students. Student support is available through many offices, working together collaboratively to find the best solutions for our students and campus community.

UNIVERSITY POLICE DEPARTMENT

217-581-3212 | EIU.EDU/POLICE

COUNSELING CLINIC

217-581-3413 | EIU.EDU/COUNSCTR
(LIFELINKS AFTER HOURS 1-866-567-2400)

OFFICE OF STUDENT ACCOUNTABILITY & SUPPORT

217-581-3827 | EIU.EDU/JUDICIAL

STUDENT SUPPORT TEAM

STUDENTSUPPORTREFERRAL.EIU.EDU

EARLY ALERT SYSTEM

ACCESS THROUGH COURSE ROSTER ON PAWS

STUDENT LEGAL SERVICES

217-581-6054 | EIU.EDU/SLS

EIU MEDICAL CLINIC

217-581-3013 | EIU.EDU/HEALTH

RECOGNIZING STUDENTS IN NEED OF SUPPORT

ACADEMIC INDICATORS

- Repeated or unusual pattern of absences
- Missing assignments, exams or appointments
- Work is erratic, disorganized or out of character for student
- Extreme or unusual level of anxiety
- Preoccupation with “dark” topics such as violence, death, despair, etc.
- Frequent or unusual requests for special assistance and/or exceptions
- Unusual, “ranting” or threatening emails
- On-line discussion posts that appear to be dark, threatening

BEHAVIORAL INDICATORS

- Direct statements expressing distress, difficulties, family issues, loss, adjustment concerns
- Hostility, angry outbursts, yelling, threatening comments to others or self
- Crying or expressions of hopelessness
- Appearing more withdrawn or more animated than usual
- Unusual level of anxiety or irritability
- Isolating from others in residence; avoiding others in class
- Demanding and/or dependent behaviors

PHYSICAL INDICATORS

- Deterioration in physical appearance and/or personal hygiene
- Fatigue or falling asleep in class
- Decrease (or increase) in energy level
- Noticeable weight change or physical injuries
- Disorganization, confusion, shakiness, or fidgeting
- Frequent or chronic illness; Substance abuse