POTENTIAL STRATEGIES TO ADDRESS OBSTACLES AND CHALLENGES

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1. **Problem Specification**: As clearly as possible, state the nature of the problem.

________________________________________________________________________

________________________________________________________________________

2. **Desired Results**: What is the desired state of affairs, and what is the current state of affairs (status quo)?

________________________________________________________________________

________________________________________________________________________

Force Field Analysis Source: Kurt Lewin (1890-1947); Institute for Social Research, MIT.

3. **Driving Forces**: Consider the present status of the problem as a temporary balance of opposing forces. What are the forces driving toward change or helping to achieve the desired outcomes?

   a. __________________________________________________________        ______

   b. __________________________________________________________        ______

   c. __________________________________________________________        ______

   d. __________________________________________________________        ______

   e. __________________________________________________________        ______

   f. __________________________________________________________        ______
4. **Restraining Forces**: What are the forces restraining or hindering change, or blocking movement toward the goal?
   a. ___________________________________________  
   b. ___________________________________________  
   c. ___________________________________________  
   d. ___________________________________________  
   e. ___________________________________________  
   f. ___________________________________________  

5. **Prioritization**: Rate each of the forces from 1 to 5 (1=it has almost nothing to do with the force; 5= it is a major factor for the force).

6. **Strategy Development**:
   a. Identify two of the Driving Forces and outline a strategy for increasing its potency.
      Driving Force 1 ____________________________
      Driving Force 2: __________________________
   b. Identify two of the Restraining Forces and outline a strategy for reducing its potency.
      Restraining Force 1 __________________________
      Restraining Force 2: _________________________