Environmental Strategies to Address High-Risk Drinking Events
Participant Worksheet – Part 1

1. List examples of high-risk drinking events which are problematic on your campus.

2. Examine the list above and attempt to group the events into the following dimensions (individual, group, institution, community, and society).

3. What are some of the problems/consequences (already experienced or potential) associated with the event for individuals, groups, institution, or society?

4. How does the environment contribute to the risk of the event? (consider: location, enforcement level, noise level, number of people, age of people, closed/invitation or open, cost)
Environmental Strategies to Address High-Risk Drinking Events
Participant Worksheet – Part 2

1. Choose one high-risk drinking event that you feel needs to change on your campus. Identify the individual and environmental factors that contribute to the risk of the event?

2. What role does the event play in the lives of your students? Your campus? Your community?

3. What institutional authority/influence do you have over the event? Is there city, state, federal authority that applies? How about other external authority (i.e. faculty, alumni, national headquarters, accrediting bodies, park boards, etc.)?

4. What would happen if the event were changed or discontinued?
5. Using the event identified on worksheet #2, identify the stakeholders that need to be involved in addressing the high-risk event.

6. Consider the prevention typology. Come up with examples of how these strategies could be used to minimize risk of the event on your campus.

   A. Change knowledge, attitudes, skills, self-efficacy and behavioral intentions:

   B. Modify the environmental factors that contribute to the problem (consider the major environmental strategies identified below):

      Alcohol free options for social/recreation:

      Create a health-promoting environment:

      Limit availability:

      Restrict marketing and promotion of alcohol and/or the event:

      Develop/enforce campus policies and local, state, federal laws:
Protect students from negative consequences

Intervene with students who show evidence of problematic drinking

7. What barriers are preventing your institution from taking action to reduce risk?

8. What are some initial steps you can take at your institution to begin to address the high-risk event?