1. Articles & Reports


2. New Directions for Student Services Volume 2009 Issue 126, Pages 1 - 94 (Summer 2009) Special Issue: Creating a Veteran-Friendly Campus: Strategies for Transition Success Articles Include:
   - Transitions: Combat veterans as college students.
   - The mobilization and return of undergraduate students serving in the National Guard and Reserves.
   - Supporting student-veterans in transition.
   - Meeting the needs of women veterans.
   - A statewide approach to creating veteran-friendly campuses.
   - Ensuring the success of deploying students: A campus view.
   - Connections, partnerships, opportunities, and programs to enhance success for military students.
   - Student-veterans’ organizations.
   - Partnering to assist disabled veterans in transition.
   - Stewards of the public trust: Federal laws that serve Service-members and students.


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Addressing Substance Abuse Issues Related to the Wellness of Student-Veterans in Higher Education

Bill Smith, BSW, MS – Student Veterans Success Consulting, LLC
Brad Badgley, M.Ed. – Columbia University


8. Student Veterans of America: http://www.studentveterans.org/


12. Litz, Brett Ph.D. and Susan M. Orsillo, Ph.D. Iraq War Clinician Guide. Department of Veterans Affairs: National Center for PTSD.


II. Suggested Reading From the CAS Guidelines - THE ROLE OF VETERANS and MILITARY PROGRAMS and SERVICES


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II. Online Resources

- Student Veterans of America - http://www.studentveterans.org
- Council for the Advancement of Standards in Higher Education - http://www.cas.edu/
- NASPA Veterans Knowledge Community - http://www.naspa.org/kc/veterans
- Iraq & Afghanistan Veterans of America - http://www.iava.org
- Department of Veterans’ Affairs - http://www.va.gov
- Veterans of Foreign Wars - http://www.vfw.edu
- American Legion - http://www.legion.org
- Military OneSource – http://www.militaryonesource.com
- Army OneSource – http://www.MyArmyOneSource.com

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United States Military Academy, http://www.usma.edu/history.asp
United States Department of Veterans Affairs, http://www.va.gov/
Illinois Department of Veteran Affairs, http://www2.illinois.gov/veterans/
United We Serve, http://www.serve.gov/
Illinois Higher Education Center for alcohol, other drug & Violence Prevention, http://www.eiu.edu/ihec/
The Core Institute, http://www.core.siuc.edu/
National Survey of Student Engagement, http://nsse.iub.edu/
American College Health Association, http://www.acha.org/
   o Wellness Needs of Veteran Student Coalition

III. Veterans Affairs Resources

VA and DoD have launched PTSD Coach — a phone application that offers tools to Veterans experiencing post–traumatic stress. PTSD Coach was created by the VA's National Center for PTSD and the DoD's National Center for Telehealth and Technology.

Key features of the app include:

- Self-assessment of PTSD symptoms with individualized feedback
- Coping skills and assistance for common PTSD-related symptoms and problems, including instruction in muscular relaxation and relaxed breathing
- Assistance in finding immediate support. The app helps you identify personal sources of emotional support and populate your phone with their phone numbers.
- Education about key topics related to trauma, PTSD and treatment

Another tool available to combat Veterans with post-traumatic stress disorder is a virtual space to learn about PTSD causes, symptoms and resources for information and care. Visitors use an avatar to enter virtual reality areas, experience simulations of combat events that are common causes of PTSD and talk with other visitors.