



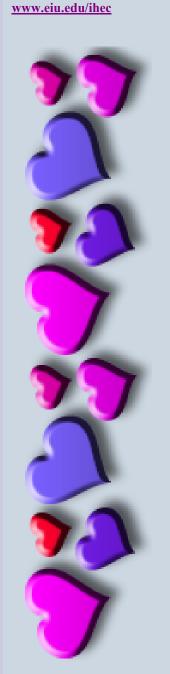
IHEC E-Newsletter

The Illinois Higher Education Center's monthly e-newsletter provides information about alcohol, other drug, and violence prevention. This information includes state and national news, grant/ funding opportunities, upcoming events, and more!

February 2011

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A message from our Director:

IHEC Funding Update

Dear friends,

It is with mixed emotions that I inform you on the latest update regarding our funding status for current our Substance Abuse Prevention Program grant, and our submission for the Substance Abuse Prevention Program Statewide Capacity Building grant.

The positive news is that the Illinois Department of Human Services has extended all current SAPP contracts until June 30, 2012. Our grant was funded at our previous levels. Therefore, the Statewide Core Alcohol and other Drug Administration will begin to be initiated as soon as possible, and planning for other services (Affiliate meetings, trainings, webinars, consultation visits, and biennial review reviews) have already commenced.

The discouraging news is that due to a higher number of Substance Abuse Prevention Program grant proposal submissions, the Department of Human Services is holding off on issuing decisions regarding continued or new funding status until later during the FY2012 fiscal year. We will all have to wait until further word regarding the RFP competition has been made. While long term planning is impacted, in the short term, IHEC currently has a position vacancy, and I am concerned about finding a quality staff member willing to take a 5 month position with no guarantee of employment after 7/1. If you know of someone who may be a good fit for our organization, please let me know.

While our current situation is not necessarily what we had hoped it to be at this time, Jessica, Laura and myself are happy that we are able to continue serving you at least until the end of June, and possibly further beyond.

Should you have any questions, please feel free to contact me at esdavidson@eiu.edu or 217/581-7786.

Thanks! Eric

> Funding provided by the Illinois Department of Human Services, Bureau of Community **Based and Primary Prevention.**

SAMHSA Webcast- Town Hall Meetings 2012

On February 6, 2012 the Substance Abuse and Mental Health Services Administration will be hosting a live webcast of a national 2012 Town Hall Meeting. The meeting is titled, "Making the Grade on College Drinking Prevention." The purpose of the meeting is to discuss underage drinking prevention by campus communities. There will be a wide variety of panelists who are experts in the field of alcohol prevention. They will be discussing challenges associated with drinking prevention at the college level and the use of environmental practices. Attendees at the live event as well as the online attendees will have the opportunity to ask questions. To register for the meeting, please visit: https://www.stopalcoholabuse.gov/townhallmeetings/resources/trainings/webcasts/making-the-grade/default.aspx.

American College Health Association Annual Meeting-Chicago, IL

Registration for the 2012 American College Health Association Annual Meeting is now open! This national meeting will be conducted in collaboration with the Mid America College Health Association. The theme will be "Architects of Change." The meeting will be held from May 28 through June 1, 2012. This year's meeting is being held in Chicago, IL so this is a great opportunity for Illinois affiliates to attend a great conference! Many of our IHEC affiliates are members of the Mid America College Health Association and some of them have been working with ACHA to plan this conference. You can find meeting goals, preliminary program information, exhibiting information, registration fees and information, hotel and travel information, etc. here: http://www.acha.org/annualmeeting12/index.cfm. If you plan to attend the conference, let us know! We can help link you with others from the state of Illinois.

Did you know??



All of IHEC's past trainings and webinar power points can be found on our website? If you lost your notes, or cannot find your power point slides, do not worry! You can find all of this information here:

http://www.eiu.edu/ihec/ihecpasttrainings.php http://www.eiu.edu/ihec/ihecpastwebinars.php

Midwest Ranks Top in the Nation for Binge Drinking

On January 10, 2012, the Center for Disease Control (CDC) released a report about binge drinking in the United States. The report shows that Americans are binge drinking more frequently and consuming more drinks than previously thought. The Midwest ranks among the most common places for binge drinking as well as increased amounts of consumption. The study showed that when binge drinkers consume, the average amounts of drinks consumed is around eight drinks. Binge drinking is common among 18-34 year olds, but this study shows that adults age 65 and older do so more often. The average amount of times an adult is binge drinking is 5-6 times a month. High binge drinking rates are an indicator of multiple health, economic, and social issues. To read the entire report, please visit: http://www.cdc.gov/media/releases/2012/p0110_binge_drinking.html

Step Up Bystander Intervention Training and Conference

On May 17 and 18, 2012, the FIRST ever Step Up! Bystander Intervention Program Facilitator training and conference will be held in Tucson, Arizona. The Step Up! Bystander Intervention Program was released in 2008. Since then, hundreds of colleges and organizations have chosen to use this program. This training will be the first of its kind. The Step Up! Program can be used for a variety of health related topics including alcohol abuse prevention. Anyone who is involved in the day to day life of students at colleges and universities are encouraged to attend this training. To register for the training, please visit: http://conference.stepupprogram.org/registration/. The

registration fee is \$265 per person. NCAA scholarships are available. More information can be found on the registration website.





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Conferences, Trainings, and Webinars...Oh My!

National Conferences

- The 2012 NASPA Student Affairs Administrators in Higher Education, Annual Conference will be held on March 10-14, 2012 in Phoenix Arizona. This year's theme is "Ignite Leadership—Influence Change." For more information, please visit: http://www.naspa.org/conf/default.cfm
- The US Department of Education's Higher Education Center will be hosting a FREE training, "Translating Research to Practice: Overcoming Barriers to Implementing Effective Alcohol Abuse Prevention." The training will be held on April 17-18, 2012 in Portland, Oregon. The training is free of charge but attendees must pay for travel, lodging and food costs. For more information, please visit: http://www.higheredcenter.org/services/training/institute/translating-research-practice-overcoming-barriers-implementing-effective
- The 2012 American College Health Association's Annual Meeting will be held on May 28-June 1, 2012 in Chicago, Illinois. This year's theme is "College Health: Architects of Change." The Annual Meeting is being held in collaboration with the Mid-America College Health Association. For more information, please visit: http://www.acha.org/AnnualMeeting12/

Question Corner

Got a question? We can help you find an answer! Submit your questions to Jessica at jawright3@eiu.edu and we will include them in our newsletters. Campuses from across the state can answer questions or submit ideas that we can share with you AND all of our affiliates! This month's question is about Greek students:

"I am looking for ways to reach out to fraternities and sororities and was wondering what other campuses do to make this happen."

To submit your answers on this question, please email Jessica at jawright3@eiu.edu. Thank you!

