

IHEC Affiliate Meeting at Illinois Wesleyan University
 December 13, 2016
 Meeting Minutes

Attendees:

IHEC: Eric Davidson and Kasey Evans
 Illinois College: Tami Wright
 Illinois Wesleyan: Bob Rogers
 Illinois State: Kerri Calvert
 SIU-C: Brianna Sinche and Rebecca Gonnering

TOPIC	DISCUSSION
<p>Introductions and Updates by schools</p>	<p>Eastern Illinois University Eric shared that the former EUDL grants have had positive ripple effects to today on the culture on campus. EIU PD and Charleston PD increase presence during first few weeks which sets a positive precedence for the remainder of the year. EIU has a new President on campus. He came to EIU from Bradley. The University is working on a vitalization project. Eric shared that they do still have an Alcohol Coalition. They hope to see that group develop a strategic plan. Marijuana seems to be the biggest issue on campus. The biggest issue being faced is how to address it. Amanda is taking the lead on the Biennial Review for EIU's campus. Another interesting issue is how to comply with smoke-free campus law.</p> <p>Illinois College Tami is a college health nurse. She wears many hats on campus—50% clinic health nurse and 50% health promotion. They have an AOD coalition on campus. A large part of prevention efforts come from the Peer Health Education group. The group has faced some challenges this year. They participate in the CORE and gain a lot of information through that. They would like to participate in the NCHA on the on the off year from the CORE so they continue to gain statistical data to help with social norming and prevention programming. She does the second choices program (BASICS) with students who have had a second violation.</p> <p>Illinois State University Kerri shared that they are doing the Culture of Respect program through NASPA. Their taskforce was absorbed by their JED Foundation. They reconvened a group to work on the Biennial Review committee. They will be meeting on a quarterly basis. They have a new Vice President and are in the search for an Assistant Vice President. On average, 30% of the violations that come in are related to marijuana, but this often includes repeat offenders. Students who did not consume alcohol but were present when it was consumed in violation (for example in a residence hall, the roommate may not have been consuming), that individual will be sent to a bystander intervention class.</p> <p>Illinois Wesleyan University Bob shared that they did not do the CORE this year. They participated in the ACHA survey because the campus wanted more information on wellness. They did not want to do both because it would cause both surveys to go out at the same time. They are in their 2nd year of the CHOICES grant. One part of the grant was a social norms poster program. It was recommended that 2 of the posters be related to sexual assault in combination with the alcohol message. The first two posters received criticism from students, so they were taken down. The other</p>

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	<p>posters were shown to the students and will be distributed in the future. They gave out stipends to professors who were willing to infuse evidence based practices and harm reduction practices in their coursework. Eight faculty members will participate in this opportunity. They did the NCAA 360 proof. It was open to the whole campus and 650 students took the survey. They did an alcohol awareness table and gave t-shirts out there. They had a pouring/drink measuring activity. They also had a cash cab where students answered alcohol questions. They also did a BAC table that provided information.</p> <p>Southern Illinois University-Carbondale Rebecca- She provides victim advocacy services on campus. She is interested in learning more about assessment and programming. They will be using the Culture of Respect program to move them forward with a prevention model Bri- She works in Alcohol, Tobacco, Other Drug on campus. Reinstitution of their alcohol task force has been very successful. They have been able to do some evaluation and get a glimpse outside of solely their department. New focus areas in Spring will be: they will begin selling alcohol in their stadium. They are seeing an (anecdotal) decrease in alcohol violations, but an increase in marijuana violations.</p> <p>Illinois Higher Education Center Kasey shared the spring semester calendar and information for the mid-year meeting. She also provided an update on incoming staff for the spring. We will have a part-time coordinator and a graduate assistant.</p>
<p>Discussion/Idea Sharing</p> <p>Evaluating and Assessing your Prevention Program Interventions and Activities</p>	<p>Drug Free Schools and Campuses Act Eric shared information on the Drug Free Schools and Campuses Act. He shared the requirement regarding the drug and alcohol prevention program. It must also be shared with new students and employees throughout the year. We discussed the Penn State violation of this requirement which resulted in a fine. The Biennial Review process was discussed. Recommendations and comments on past recommendations are highly valuable on this review. Information regarding this act including templates, examples, and other resources can be found on the IHEC website.</p> <p>Successful Greek Alcohol Education Initiatives Kasey shared information on a program that she has seen to be impactful on fraternity/sorority members—UIFI. Strategies were discussed and ideas surrounding collaboration between campus departments, the fraternity or sorority headquarters and their local advisors was encouraged for success.</p> <p>Eric presented on how to evaluate and assess the work we are doing in AOD.</p>
<p>Brainstorming Session</p>	<p>What areas do you want more information on?/Possible training and webinar ideas? -Kerri suggested: values clarification; character development—positive psychology realm; we need to get people to a place of civil discourse; The group discussed whether there is a connection that they are less likely to engage in risk taking behaviors following a resiliency program. Developing resiliency as a means of battling substance abuse was a suggested topic. Affiliates with a successful program/research that shows the connection between preventing substance abuse and a resiliency/character development program are encouraged to share that information</p>

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	<p>with IHEC staff. We would want a presenter that has proven the relationship between the two.</p> <p>-Brianna shared her interest in a session on how to engage with cultural centers on campus to effectively partner on substance abuse.</p> <p>-Eric posed the challenge of finding a topic to draw in a large enough crowd and a location that works</p> <p>-Another suggestion was on the topic of Hazing and Alcohol usage—train the trainer style; how do we talk about this with students?</p> <p>--Bob posed the question: what are the programs and things that individuals are doing just to raise awareness?</p> <p>How do we increase IHEC involvement?</p> <p>Affiliates present confirmed their commitment to spread the word on programs and offerings to others in the field in IL.</p> <p>It was also suggested to personally contact the schools that do not attend/do not frequently attend IHEC trainings and affiliate meetings to gain more information on why they do not attend. This may help to provide opportunities to meet those individuals' needs as well.</p>
Next meeting	<p>February 23 & 24 at Starved Rock</p> <p>Registration is now live on the IHEC website under the Affiliate Meetings tab. Priority registration will end on January 20th.</p>