



IHEC E-Newsletter

The Illinois Higher Education Center's monthly e-newsletter provides information about alcohol, other drug, and violence prevention. This information includes state and national news, grant/funding opportunities, upcoming events, and more!

April 2011

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Save the Date!

- **Substance Abuse for Teams Training on May 3 in Springfield, IL and May 5 in Elmhurst, IL**
- **Student Veteran's Training May 11 at St. Xavier University**
- **Alcohol Expectancy Training May 24-25 in Bloomington, IL**
- **Advising Collegiate Peer Education Groups in Bloomington, IL on June 9, 2011**

More information to come in weekly updates!

OR

Keep checking website for details!

News from the IHEC office

Greetings from the IHEC office! I am writing this on a stormy, dreary day. Rain brings beautiful spring flowers right? I hope so! Having said that, have you seen our trainings popping up everywhere? We have so many exciting opportunities to bring to you!

On May 3 and 4 we will be hosting a Substance Abuse Education/Prevention Programming for Teams Training. We will be in Springfield, IL working with 2 year schools on May 3 and in Elmhurst, IL on May 5 working with 4 year schools. Stay tuned for registration information!

On May 11 we will be hosting a student veterans training: "Widening the Lens: Addressing Substance Abuse Issues Related to the Wellness of Student-Veterans in Higher Education." We are very excited about this training! It will be co-presented by two veterans who are health educators! Registration will be open on the IHEC website on 4/4/11.

On May 24-25 we will be bringing Dr. Michael Dunn and Mr. Tom Hall to Illinois from the University of Central Florida. They will be presenting a two day training: "The Digital Generation: Leveraging Technology to Reduce High-Risk Drinking." Dr. Dunn and Mr. Hall have created a curriculum called ECALC. They have NEVER done a training like this and are excited to share their curriculum with you. Both are nationally known experts and we encourage you to attend! Registration is OPEN on the IHEC website.

Note: The April 11th Alcohol Policy training has been canceled due to low attendance.

That's all for now! Remember, if you have any questions you can call our office at any time! Also, be sure to check out our website, Facebook page, Blog and Twitter Page! We are using technology to keep in touch with you!

Jessica-IHEC Assistant Director

Funding provided by the Illinois Department of Human Services, Bureau of Community Based and Primary Prevention.

IHEC Needs Assessment

IHEC sent out a link on Thursday, March 30 to a person from each Illinois college or university campus that works closest with alcohol prevention/education. The purpose is to find out the needs, wants, and concerns regarding Alcohol and Other Drug Prevention for our affiliates in higher education from around the state. This needs assessment is crucial to the success and continuation of IHEC services. The information collected will be submitted as a summary to the state of Illinois. No individual school needs, wants, comments, etc. will be shared with the state. Do not miss your chance to be heard! Again, this survey is very important and your campus!

Please visit <http://ihecsp11.questionpro.com> and complete the survey **no later than April 15!**

Alcohol Enforcement Officer Course

If underage drinking is a problem in your community, be sure to register for the Alcohol Enforcement Officer course! The course is sponsored by Enforcing Underage Drinking Laws (EUDL) and the Illinois Higher Education Center for alcohol, other drug, and violence prevention. Registration is available for one, two, or three days of training at Eastern Illinois University.

The course will be held in the University-MLK Union on April 12-14, 2011.

- April 12: 8 a.m. until 4 p.m.
 - Course overview
 - Legal considerations for enforcing
 - Underage drinking laws
 - Compliance checks
- April 13: 10 a.m. until 6 p.m.
 - DUI/Zero tolerance
 - Illegal IDs
 - Controlled party dispersal and experiential learning
- April 14: 8 a.m. until 4 p.m.
 - Special events management
 - Social networking sites: Tools for underage investigation
 - Server training programs
 - Community based alcohol education
 - Bar employee security training

Information and registration are free and can be found by going to www.prevention.org! Contact Laura Shaw at Prevention First by calling 217.793.7353 ext. 122 or emailing laura.shaw@prevention.org for any further questions or additional information.

Certified by the Illinois Law Enforcement Training and Standards Board, this course is for officers, university personnel and prevention professionals who will become spokespersons for their community to address issues related to alcohol enforcement. Participants will receive a 1, 2 or 3 day certificate based upon the number of days attended.

April 2011: Sexual Assault Awareness Month

April 2011 has been designated as Sexual Assault Awareness Month (SAAM). The [California Coalition Against Sexual Assault](#) (CALCASA) and the [National Sexual Violence Resource Center](#) (NSVRC) are available to partner with public officials, college campuses, law enforcement, victim advocates, and communities to raise awareness. As the CALCASA Web site explains, sexual assaults are the lowest-reported violent crime. SAAM activities offer an opportunity for campus communities to stand with those individuals who step forward in the aftermath of violence. SAAM is also a chance to highlight issues of prevention and intervention. [CALCASA's SAAM pages](#) provide materials, suggested media advocacy approaches, and other resources to support campuses with their programs. [NSVRC's SAAM pages](#) offer discussion starters, ideas for social networking sites, tips for working with men's organizations and other groups, and a listing of additional resources.

DEA Bans Synthetic Marijuana Chemicals in U.S.

On March 1, 2011, the [U.S. Drug Enforcement Administration](#) (DEA) announced that the chemicals used to make synthetic marijuana products, such as "Spice" and "K2," and any products containing the chemicals, are illegal to possess or sell in the United States. This emergency action was necessary to prevent an imminent threat to public health and safety. The action will remain in effect for at least one year with a possible six-month extension while the DEA and the Department of Health and Human Services further study whether these chemicals should be permanently controlled. According to the DEA, these products consist of plant material that has been coated with chemicals and are sold at a variety of retail outlets and on the Internet. Since the chemicals have not been approved by the U.S. FDA for human consumption, and there is no oversight of the manufacturing process, products are often labeled as herbal incense to mask their intended purpose.

Increasing reports from emergency room physicians and other professionals indicate that people who use synthetic marijuana experience serious side effects, including convulsions, anxiety attacks, dangerously elevated heart rates, increased blood pressure, vomiting, and disorientation. At least 16 states have already taken action to control one or more of these chemicals.

Information provided by the [Higher Education Center](#).

College Student Gambling

Approximately 75% of college students gambled within the last year (both legally and illegally). While the vast majority of those old enough to legally gamble can do so responsibly, the most recent research estimates that 6 percent of college students in the U.S. have a serious gambling problem that can result in psychological difficulties, unmanageable debt and failing grades. Students who admit to having a problem sometimes find a lack of support on campus.

The National Center for Responsible Gaming (NCRG) has launched a new website, www.CollegeGambling.org, to help colleges and universities address gambling and gambling-related harms on campus. The first site of its kind, CollegeGambling.org brings together the latest research and best practices in responsible gambling and the field of addiction awareness and prevention in order to provide a substantive and versatile resource that will help schools and their students address this important issue in the way that best fits each school's needs. Schools are welcome to link to this resource on their websites. CollegeGambling.org provides resources for campus administrators, campus health professionals, students, and parents.

Make sure to follow us on Twitter and friend us on Facebook for upcoming events!



Upcoming IHEC Affiliate Meetings

- A Northern Illinois affiliates meeting will be held on June 13 at North Central College in Naperville. Registration will soon be available on the IHEC website.
- The Central Illinois affiliate meeting is scheduled for June 17 at the Illinois College Community Board in Springfield. Registration information is coming soon.

Upcoming IHEC Trainings

- “Assessing and Evaluating Alcohol Prevention Programs” with Lance Kennedy-Phillips and Kellie Uhrig will be held on April 6 at Heartland Community College and April 7 at Oakton Community College. Both trainings will be from 9am-3pm.
- The Community College Substance Abuse Training will be on May 3 at the Illinois Community College Board Office in Springfield, IL
- The Substance Abuse Training for 4-year Universities will be on May 5.
- St. Xavier University will be hosting a Student Veterans Training on May 11.
- Alcohol Expectancy Training will be held on May 24 and 25 in Bloomington, IL. Location is TBA.
- June 8 will be the Peer Education Training at Eastland Suites in Bloomington, IL.
- The Alcohol Enforcement Officer Course will be held at Eastern Illinois University on April 12-14. Register for one, two, or three days of training. Fill out the registration form at <http://www.eiu.edu/ihec/EUDL%20FlyerReg411Rev21.pdf> and email it to Laura Shaw at laura.shaw@prevention.org or fax it to 217.793.7354.

Upcoming IHEC Webinars

- A bar crawl hot topic online meeting will be held on Friday, April 8 from 2-2:30 p.m. Space is limited, so reserve your seat now at <https://www1.gotomeeting.com/register/282325969>.
- Michael McNeil and Amy Melichar will be presenting “Peer Education Group Development and Identity Formation” on April 6 from 2-3pm. <https://www1.gotomeeting.com/register/653467281>.
- Tavis Glassman will be presenting “High Risk Prevention Strategies for Game Day” on June 8 from 11am-12pm. Please visit <https://www1.gotomeeting.com/register/991298456>.

Other Conferences and Trainings

- The 2011 American College Health Association Annual Meeting will be held on May 31-June 4 at the JW Marriott Desert Ridge in Phoenix, Arizona. The theme is “Evolving with Changing Times.” For more information, please visit: http://www.acha.org/emails/ACHA_2011AnnualMeeting_SaveTheDate.html.