

IHEC Affiliate Meeting at Parkland Community College
September 22, 2014 ~ Meeting Minutes

Attendees: 9

Linda Cowden, SWIC; Valerie Gebhardt, UIS; Vivian Goodman, Richland CC; Lyndsey Hawkins, Kayla Hussey, Bradley; Heather Pierce, Resurrection; Tatiana Sifri, NCC; Mike Tozer, EIU; Sharon Uphoff, LLC; June Burch, Parkland.

IHEC: Eric Davidson and Cherise Murphy

TOPIC	DISCUSSION
<p>Introductions and Updates by schools</p>	<p>North Central College Interested in how school support students with wellness in general; increase in heroin in community; there is a need to grow in the wellness center; there is a new dorm; 50% of students live on campus</p> <p>Resurrection just completed their first Core survey; there have been challenges doing programs within compliance; have been more wellness focused</p> <p>Parkland New office is in student services, office of student life; there is a new relaxation/comfort room (meditation, massage chairs, lactation room); in process of revising tobacco free policy via committee</p> <p>Lakeland focusing on student athletes; pursuing smoking cessation program via Rochester; employee wellness program via SBLHS "Fresh Start"; enforcing tobacco free policy on staff will be challenging</p> <p>Richland has a brand new wellness center; planning a wellness fair; wellness education sessions for staff and quarterly obesity prevention coalition for staff and students; the smoke free campus act will be an issue on campus; Off campus: communication campaign on alcohol issues; there is a rise in heroin and marijuana use locally, IYS shows a rise in marijuana use in general among teens.</p> <p>EIU Health Education Resource Center has new aod prevention/intervention professional, in charge of alcohol and marijuana sanctions programs, establishing a campus recovery community.</p> <p>UIS Semester just began a week before meeting; alcohol related injuries already happening, 3 when usually the number is 1 per year – due to alcoholism; tobacco free campus enforcement issues creating a hostile environment among staff; starting training with athletes, getting another full time counselor.</p>

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	<p>Bradley incoming freshmen are challenging; Hawkins still considered “interim”; starting social norms campaign for marijuana; seeing issues with e-cigs and vaporizers; addressing the issue of sexual assault; discussed the app Yik Yak, seems very hostile/bullying – sex, drinking, pot, all anonymous and Bradley-specific; res hall presentations scheduled; Core data showing law enforcement is lacking; implementing Bystander Ed for athletes.</p> <p>SWIC Currently have 14,000 students enrolled; there’s been a major staff upheaval, creating challenges; public safety is in charge of Clery/Title IX issues; local coalition is still going strong at 22 years.</p> <p>ESD/IHEC IHEC and HERC have successfully moved to Booth House, Open House on September 29; students doing AlcoholEdu and Haven; Sexual Assault Task Force has been formed.</p>
<p>Discussion about Work Groups</p>	<p>Rationale: to accomplish goals that are of mutual interest across the state but are outside of IHEC’s scope of work/work plan; there is need to find funding source outside of the current DHS Function: literature reviews, research, toolkits, online networking, presentations, webinars, information and resource sharing. Group Ideas: 1) cross-campus collaborative approaches for mental health issues 2) Community College concerns 3) marijuana on campus</p> <hr/> <p>Groups separated into their three topic areas of interest; notes from these individual groups are attached separately.</p>
<p>Next meetings</p>	<p>December 5 at Lincoln Land Community College December 8 at Moraine Valley Community College</p>