

Graduate Expo Research and Creative Works Presentation 2021

Lead Poster Presenter Name: Ashlynn Pinney

Lead Poster Presenter Email: akpinney@eiu.edu

Qualifications/Degree: Bachelor of Arts

Graduate Student: Yes

Faculty Mentor: Dr. Angela Yoder, Ph.D, HSPP, RPT

Title of poster: Play therapy for medically ill children

Brief description: According to the Children and Adolescent Health Measure Initiative, 13,900,375 children in the U.S. reported at least one current or lifelong health condition between 2018-2019. Medical conditions can potentially have a “disruptive and life-changing impact on a child’s life” (Napoletano, 2018). This poster will provide an overview of the considerations counselors should intentionally incorporate into their work to effectively serve children with a variety of medical illnesses. An overview of effective techniques will also be provided for counselors working with this population. This importance of providing play therapy to hospitalized children will also be explored, along with the benefits and challenges of working with this population.

Goal: This poster will outline the importance of adapting play therapy techniques for children with chronic illnesses and provide suggestions regarding appropriate materials and practical application. This poster will also highlight the benefits and challenges of working with this population.

Objectives: Following the presentation, counselors will be able to:

- articulate the importance of providing play therapy services to medically ill children both in and out of hospital settings
- identify special considerations for working with children who suffer from chronic illnesses
- learn evidence-based techniques specific to this population

References:

- Children and Adolescent Health Measurement Initiative. *2018-2019 National Survey of Children's Health (NSCH) data query*. Data Resource Center for Child & Adolescent Health. <https://www.childhealthdata.org/browse/survey/results?q=7625&r=1>
- Espeleta, H. C., Sharkey, C. M., Bakula, D. M., Gamwell, K. L., Archer, C., Perez, M. N., Roberts, C. M., Chaney, J. M., & Mullins, L. L. (2020). Adverse childhood experiences and chronic medical conditions: Emotion dysregulation as a mediator of adjustment. *Journal of Clinical Psychology in Medical Settings, 27*, 572-581.
- Godino-Iañez, M. J., Martos-Cabrera, M. B., Suliman-Martos, N., Gómez-Urquiza, J. L., Vargas-Román, K., Membrive-Jiménez, M. J., & Albendin-Garcia, L. (2020). Play therapy as an intervention in hospitalized children: A systematic review. *Healthcare, 8*(3), 239. <https://doi.org/10.3390/healthcare8030239>
- Lofin, S. (2018). Bringing play to the patient: Bedside sessions in a hospital setting. *Play Therapy, 13*(4), 4-7.
- Marvasti, J. A., Wu, P., & Merritt, R. (2018). Psychopharmacology for play therapists. *International Journal of Play Therapy, 27*(1), 35-45. <http://dx.doi.org/10.1037/pla0000063>
- Napoletano, M. A. (2018). Integrative play therapy for children with chronic medical conditions. *Play Therapy, 18*(3), 12-15.
- O'Connor, K. J., Schaefer, C. E., & Braverman, L. D. (2016). *Handbook of play therapy* (2nd ed.). John Wiley & Sons.

- Palmer, E. N., Pratt, K. J., & Goodway, J. (2017). A review of play therapy interventions for chronic illness: Applications to childhood obesity prevention and treatment. *International Journal of play Therapy, 26*(3), 125-137. <http://dx.doi.org/10.1037/pla0000045>
- Rubin, L. C. (Ed.). (2017). *Handbook of medical play therapy and child life: Interventions in clinical and medical settings*. Routledge.
- Tew, K., Landreth, G. L., Joiner, K. D., & Solt, M. D. (2002). Filial therapy with parents of chronically ill children. *International Journal of Play Therapy, 11*(1), 79-100.