On July 13, several hearty souls of Facilities Planning and Management began a five-week journey to a healthier lifestyle. Calling themselves FPM—Fun Physical Management, the team of six Facilities staff members (which included Chris Childress, Cathy Gray, Julia Kemper, Jo Anne Thill, Lionel Sanders and Deb Black) walked their way into second place in the EIU Steps It UP contest! They recorded more than 2.4 million combined steps from July 13 until August 16!

One of the members, Lionel Sanders walked his way into the winner’s circle by earning first place, standing as one of the top three walkers, among the various EIU teams. Lionel's final tally was a total of 555,361 steps!

Taking it a step further, so to speak, the Fun Physical Management team invites others to join in the fun and fellowship, during future “EIU Steps It Up” challenges.
Remember the 3 C’s  
Help Keep Our EIU Community Healthy!

Clean
- Wash your hands regularly
- Use alcohol-based sanitizers

Cover
- Cover your mouth when you cough or sneeze
- Use tissues and dispose of properly

Contain
- Don’t share drinks or utensils
- Use your own pen/pencil
- Avoid touching your mouth, eyes, or nose

Tool Box Talk – Safety Minutes  
by Gary Hanebrink

Flu season is upon us and several cases of Influenza Type A have been reported by Health Services. Flu Type A has the same symptoms as H1N1, commonly known as the “swine flu”. The standard precautions for any flu are the three “C’s”.

Clean – wash your hands frequently to prevent the spread of germs. Setup a routine of washing your hand when return to your shop.

Cover – your cough and sneeze with a tissue or sleeve, not your hand.

Contain – contain your germs. Stay home if you are sick. One of the signs of the flu type A is a fever over 100 degrees Fahrenheit. Please stay home until the fever has returned to normal.

A Seasonal Flu Shot will be offered by Coles County Public Health within the next several months. The Illinois Department of Public Health has advised that one should consider receiving a flu shot to help prevent the flu during this season.

Keep a watchful eye out, do good work and be safe.

FPM’s Annual Charity Gift Giving  
– Share Your Holidays  
by Deb Black

Facilities Planning and Management’s “Share your Holidays” began in the fall of 2005. At that time, there was a campus wide grassroots effort to attempt to change the traditional office gift exchanges into something more meaningful. Jeff Cooley, then Vice President of Business Affairs, who has since retired from that position, was instrumental in this change of thought. VP Cooley started the trend, by donating money to charitable organizations, in the names of his direct reports. This procedure began by Jeff, soon filtered down to other departments within the VPBA’s domain. Just how many candles, coffee cups and knick-knacks can one person use, especially when there is such a great need within our communities, was the general thought.

Facilities’ own Charity Steering Committee team began with three individuals, Michael Carter, Jr., Heidi Hawkins, and Deb Black. After several small meetings, the format for our “Share your Holidays” was established. It was well received, and has been generating much needed dollars for various organizations ever since. After Heidi left Facilities, and Chris Childress came on board, Chris joined the team.

Fall is here, and the holidays are fast approaching, which means we will soon be sending out our yearly email, detailing this year’s recipients. However, ever since the first year, the general consensus has been to keep the original three. In keeping with majority rule concepts, the committee has continued to grant FPM employee’s wishes and has divided the funds among the chosen organizations.

Sharing our holidays has not only given all of us the chance to help our fellow man, but it has also kept our shelves and desktops clear of all of those additional do dads!

Upcoming Events
Oct 17 Homecoming
Oct 12 Open House
Oct 30 Safety Feast
Nov 11 Veterans Day
Nov 11 Open House

Holidays Off
November 26-27 Thanksgiving
December 24-25 Christmas
December 31- Jan 1 New Years
Jan 18 Martin L. King Birthday
Feb 12 Lincoln Birthday
May 31 Memorial Day

For events check out:  
http://www.eiu.edu/calendar
IHPA – the watchdogs for history!!
by Deb Black

IHPA is not just another four letter acronym but a very important agency that Eastern consults before certain work is done on our campus. The Illinois Historical Preservation Agency is the state agency that we are required to report to concerning any renovations done to our historical buildings. They are the state department that oversees protection of historically significant state properties not only here but at all state owned facilities. Their guideline is the Secretary of Interior’s “Standards for Rehabilitation and Guidelines for Rehabilitating Historic Buildings.” The law in which they are governed under is the “Illinois State Agency Historic Resources Preservation Act.”

Many people believe that our historical buildings include only two, three or four buildings at most that are on our beautiful campus. Everyone knows that Old Main is historic, that Pemberton Hall is most likely so and that Blair Hall is probably considered historic and possibly even the old portion of the Steam Plant. And those people would be correct.

Any of our buildings that are on the National Register of Historic Properties are, of course, extremely important. Those buildings are Old Main, Pemberton Hall and McAfee Gymnasium. However, while Blair Hall is not on the main list, it is on the Coles County list. And the Steam Plant isn’t on any list.

So, if they aren’t on the national list, are those two buildings historic or not? Being on a list, (and that is on anyone’s historic property list), is not where the historical significance ends! All buildings that are over 50 years old are considered eligible and are therefore subject to IHPA’s recommendations.

Now, the responsibility to report work broadens! There are currently 16 buildings that are 50 years old or older, with another staggering 33 buildings that will be over 50 years old, within the next ten years! Renovations to these buildings, that we need to be mindful of, would be any work done to the exterior and any remodeling work done in the public places of the building. Public places include corridors, foyers, lobbies or other places where the general public may enter. However, offices and classrooms are exempt from reporting but their hallway doors and exterior windows are most definitely a concern.

As an example, IHPA blessed our work in the Old Main hallways and recommended the procedures that we used in “cleaning up” those hallways. As an example, for a window, they required the labor intensive reconstruction of Pemberton Hall windows.

Exterior concern examples that they have had are being sure that we use the correct type of mortar in tuck pointing Old Main, as well as assuring that any work to the outside of an eligible building is in keeping with that building’s architectural style and timeline.

A typical permission request is written in a letter form, along with accompanying information which may include drawings, photos, maps, etc. IHPA can have up to a month or longer to review the request, after which they can either approve or not approve of the work. Their approval or disapproval will come in the form of a letter back to us. If they approve the work, then we are good-to-go.
Tech Tips - Passwords
by Aaron B. Allison
You ever get that song stuck in your head. For me it is “Can’t Fight This Feeling!” by REO Speedwagon

You know that part where it goes... “Cause I can’t fight this feeling anymore I’ve forgotten what I started fighting for”

Well that will make a great password, let me show you how.

“Cause I can’t fight this feeling anymore I’ve forgotten what I started fighting for”

Take the starting character of each of the words, change the i to 1, make s the $

C1CFTFA1FW1$FF, You get an insanely hard password to remember by itself, but just sing this song in your head and presto. Strong phrase made easy.

Some may ask why do we have to use complex passwords. Strong phrases will help keep us safe from hackers and crackers.

One tool for hackers/crackers use is called a Brute force dictionary attack. Where one can take a dictionary or words and combine words together to guess your password. With enough time and computer power easy passwords can be cracked in a short amount of time.

Once they have your password they can use your email account to do whatever they want, including using your account to send out spam.

To keep us all safe never give out our password to anyone.

Planning and Management puts spotlight on employee Patty Murphy
by David Thill

Entering the Building Service Worker House, one may be surprised by what they find. The building has a weather-worn exterior and shows clear signs of it’s age and use.

However, walking through the door, the first person usually to greet the BSW to the occasional visitor is Patty Murphy, administrative aid to the BSW’s.

We are all aware of the type of work often done by the BSW’s—everything from the occasional fixing-up to the complete overhaul to cleaning and everything in between. But it is Patty, always smiling and ready to help, that keeps the gears of the machine turning, so to speak. Upon asking what, in specific, her job entails she lets out a long sigh and a chuckle.

“I work with the budget, payroll, time-entry,” she trails off and pauses. “I relay messages, schedule overtime handle student employees and authorize papers.” It is easy to see what she means when she says the job requires her to be “jack of all trades.”

“I guess you could say I’m kind of an office manager,” Patty says. It can’t be easy for one person to keep so many BSW’s informed and organized. She says the biggest difficulty of her job is keeping everyone on the same page.

“It takes a lot of communication,” she says, smiling again, as always. “I like working with people,” she says. “And there is a lot of variety here.”

But there is more to Murphy than the large piles of paper that inhabit her desk. Born and raised in Oakland, she is married with two sons and two steps sons.

The most important thing to Patty?

“I’d say family is the most important thing,” she says. She enjoys gardening and watching high school football, something she calls a “family-oriented sport.”

And spending so much of her day juggling so many balls, one could wonder how she keeps the smile on her face so often. But, then again, that’s just what makes Patty so good at her job and so easy to work with.

Performance Contract
The Performance Contract is moving forward. The groundbreaking is planned for the beginning of November. Work across campus will be gearing up very quickly between the Renewable Energy Center and over 20 smaller projects. This process will be transformative. Nearly all of campus will be impacted by this project and patience is requested. The progress will be tracked on the FPM website. FPM will be working to notify departments of work that will be happening in their area as reasonably as possible. Any interruptions in service will be minimized as much as possible. Most notable improvements will be the replacement of most all fluorescent lamps, upgrade of the chilled water system for more consistent air conditioning, and building HVAC tune ups.

The chilled water system was initially installed in 1995 and was expanded in 1999, 2002, and 2006. As the initial loop covered 4 buildings and now serves 18 buildings, the configuration originally used has been expanded beyond its capability. The current configuration provides chilled water at varying temperatures depending on how far a building is from the chiller and the needs of the other buildings, and some systems are not able to get the cold water they need. The new configuration will provide consistent chilled water independent of loads and weather. The two independent loops will be joined and Lumpkin Hall will be added to the loop as part of this project. When complete, any chiller will be able to serve any building independent of location.

Lighting technology has advanced over the last decade. Most of campus will have the Contiuues on Page 6
The PlanIt would like to congratulate President William Perry, Vice President William Weber, former Vice President Jeff Cooley, University Treasure Paul McCann and Director of FPM Gary Reed on ushering in a new era at Eastern Illinois University with the soon to be constructed EIU Renewable Energy Center. This facility will help Eastern maintain its leadership role in energy sustainability and supply Eastern energy needs for the next several decades.

According to Professor Robert Hillman, University Archivist, the original Heating Plant was constructed in 1899. Professor Hillman stated “that the original chimney was square but in the early 1900’s was changed to a high cylindrical chimney. It is his belief that the reason for this was because the original chimney was too low and allowed smoke to enter the windows of Old Main.”

Our Power Plant was constructed in 1924 just east of the original power plant. In the University Archives it says “heating plant constructed in 1924 was located southeast of Blair Hall, this structure replaced the 1899 original heat plant which was located directly south of the central wing of Old Main.”
The FPM Website
by Aaron B. Allison
The Facilities Planning and Management Web site has recently been updated and redesigned. The site is a great place to find out about FPM and find out what is currently going on in FPM.

From campus outages to project updates to local resources, the FPM Web site will help everyone do their job better.

Eastern has purchased a web system called a CMS (content management system). The CMS has enabled us to do quick information changes on our Web site. We were able to completely redesign our site in a short amount of time.

We have also added some nice features to our Web site.

For example, the project pages have scrolling pictures and videos. The latest video is the EIU Student Success Center. Leah Carter and Aaron Allison created a video showing the progression of the building addition. FPM is using www.Flickr.com to store pictures of on-going projects. See the latest projects on our home page www.eiu.edu/~fpm or www.flickr.com/eiufpm. We have also created a FPM local page. The FPM local page is a great place to find training, intranet links and more.

Feel free to take a look at our website and let Aaron Allison know if you would like to have something added. Ideas are always welcome.

New Hires and Retirees
Facilities Planning & Management wish to extend a welcome to our new employees:
Ron Croy and Kenneth Huckstep in Grounds Shop, Robert McKinney in Roofing Shop, and Jamie Harris, Dustin Henderson, Aaron Hite, Damian Light and Ernest Williams with the BSW’s

Facilities Planning and Management wish the very best to those that have recently retired:
BSW’s Steve Bennett and Terry Huddleston, Danny Zimmerman from the Electric Shop, (Mr. Recycle) Alan Rathe, and Sam Jones of the Environmental Shop

Performance Contract Continued
florescent bulbs replaced with ones that are more efficient. Many areas that are served by HID’s that have a long start up time will be replaced with florescent fixtures which will give quick response and allow for lights to be turned off when leaving without having to worry if someone will be coming in shortly after.

Building systems run for many years and get out of adjustment. Very similar to automobiles, buildings need to get tune ups to be operating at their best. After decades of use, most central building systems will be getting a tune up. Many measurements will be made in occupant spaces. These should be quick and unobtrusive. Most of the work will be done outside the occupant spaces. We appreciate everyone’s patience and cooperation as we improve the campus.

Grab your own copy of the FPM PlanIt at http://www.eiu.edu/~fpm/planit.php

Images:
• FPM Walkers - Aaron Allison
• Bell Ringer(page 1 & 2) - http://www.flickr.com/people/virtualesugar - Monica’s Dad
• EIU Buildings(page 3) - Lionel Sanders
• Historic pictures from Booth Library Digital Photo Archive
• Flu pictures - http://www.loc.gov/rr/print/catalog.html