Eastern Illinois University
Revised Course Proposal
PED 3460, Soccer Coaching

Please check one:  New course  X  Revised course

PART I: CATALOG DESCRIPTION

1. Course prefix and number, such as ART 1000: PED 3460
2. Title (may not exceed 30 characters, including spaces): Soccer Coaching
3. Long title, if any (may not exceed 100 characters, including spaces):
4. Class hours per week, lab hours per week, and credit [e.g., (3-0-3)]: (2-1-2)
5. Term(s) to be offered:  X  Fall  ☐  Spring  ☐  Summer  ☐  On demand
6. Initial term of offering:  X  Fall  ☐  Spring  ☐  Summer  Year:  2009
7. Course description (not to exceed four lines): A course which exposes students to the four components of soccer: Technical, Tactical, Psychological, and Physical. The student will be able to develop and implement appropriate training sessions, better understand the responsibilities of coaching, observe and identify systems of play with different strategies, and know the rules of the game.
8. Registration restrictions:
   a. Identify any equivalent courses:  NONE
   b. Prerequisite(s): Previous background or permission of the instructor.
   c. Who can waive the prerequisite(s)?
      ☐ No one  X Chair  ☐ Instructor  ☐ Advisor  ☐ Other (Please specify)
   d. Co-requisites:  NONE
   e. Repeat status:  X Course may not be repeated.
      ☐ Course may be repeated to a maximum of 2 times.
   f. Degree, college, major(s), level, or class to which registration in the course is restricted, if any:  NONE
   g. Degree, college, major(s), level, or class to be excluded from the course, if any:  NONE
9. Special course attributes [cultural diversity, general education (indicate component), honors, remedial, writing centered or writing intensive]:  NONE
10. Grading methods (check all that apply):  X Standard letter ☐ C/NC ☐ Audit ☐ ABC/NC (“Standard letter”—i.e., ABCDF—is assumed to be the default grading method unless the course description indicates otherwise.)
11. Instructional delivery method:  ☐ lecture  ☐ lab  X lecture/lab combined  ☐ independent study/research
   ☐ internship  ☐ performance  ☐ practicum or clinical  ☐ study abroad  ☐ other
PART II: ASSURANCE OF STUDENT LEARNING

1. List the student learning objectives of this course:
   a) Compare and contrast different systems, formations and strategies used during and before a soccer match.
   b) Plan and implement a coaching plan for daily sessions leading to a full curriculum of how to run a soccer program for a full season.
   c) Develop understanding of the psychological approach to coaching soccer.
   d) Apply physical fitness and technique into daily planning of coaching a soccer team.

2. Identify the assignments/activities the instructor will use to determine how well students attained the learning objectives:

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<tr>
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<th>EXAMS (140pts)</th>
<th>ASSIGNMENTS (100pts)</th>
<th>TEACHING SKILLS (60pts)</th>
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<tbody>
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<td>different systems,</td>
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<td>Develop understanding of</td>
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<td>Apply physical fitness</td>
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<td>and technique into daily</td>
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<td>soccer team.</td>
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3. Explain how the instructor will determine students’ grades for the course:

Grades will come from:

A. Exams – Written and Oral 140 pts
B. Assignments 100 pts
C. Teaching Skills and Participation 60 pts

TOTAL – 300pts

4. For technology-delivered and other nontraditional-delivered courses/sections, address the following: Not Applicable

5. For courses numbered 4750-4999, specify additional or more stringent requirements for students enrolling for graduate credit. Not Applicable

6. If applicable, indicate whether this course is writing-active, writing-intensive, or writing-centered, and describe how the course satisfies the criteria for the type of writing course identified. (See Appendix *)

PART III: OUTLINE OF THE COURSE

Outline of the course
Week 1 Coaching Philosophy
Week 2 Systems of Play and Strategies
Week 3 Systems of Play and Strategies
Week 4 Technical of Passing and Receiving
Week 5 Technical of Turning, Heading, and Shooting
Week 6 Tactical: Possession and Movement of the Ball
Week 7 Tactical: Speed of Play and Defensive/Offensive of the Team
Week 8 Teaching Skills– Mid Term Exam
Week 9 Team Management
Week 10 Laws of the Game
Week 11 Care and Prevention
Week 12 Oral Testing
Week 13 Video Analysis
Week 14 Video Analysis
Week 15 Summary – Final Analysis
Final Exam

PART IV: PURPOSE AND NEED

1. Explain the department’s rationale for developing and proposing the course.
   This is a course revision that has been updated to address newer coaching philosophies and content knowledge in the world of soccer.

2. Justify the level of the course and any course prerequisites, co-requisites, or registration restrictions.
   This course is for sophomores and juniors and is applicable to that level. A basic background of soccer is needed in order to understand the coaching components.

3. If the course is similar to an existing course or courses, justify its development and offering.
   This is a revision of an existing course.

4. Impact on Program(s):
   This course will be used as an approved elective for the Physical Education Teacher Certification majors and the majors in the Exercise Science, and Sport Management concentrations within the Kinesiology and Sports Studies Department.
PART V: IMPLEMENTATION

1. Faculty member(s) to whom the course may be assigned:  
   Adam Howarth, Ovande Furtado, or any qualified faculty member in the Department of Kinesiology and Sports Studies.

2. Additional costs to students: NONE

3. Text and supplementary materials to be used (Include publication dates):
   - Video Analysis and Match Analysis will be used. The possibility of some computer software to analyze match play could be purchased. This will widen the scope of the knowledge and understanding. The Software is called PROZONE.

PART VI: COMMUNITY COLLEGE TRANSFER

A community college course will not be judged equivalent to this course.

PART VII: APPROVALS

Date approved by the department or school: October 17, 2008

Date approved by the college curriculum committee: November 10, 2008

Date approved by the Honors Council (if this is an honors course):

Date approved by CAA: CGS: