Eastern Illinois University
New Course Proposal
PED 3401, Elementary Physical Education Methods

Part One: Catalog Description

1. Course Number: PED 3401
2. Short title: ELEM PE METHODS
3. Course Title: Elementary Physical Education Methods
4. Credit: 3-2-4
5. Term to be offered: On Demand
6. Initial term of course offering: Fall, 2008
7. Course Description:
   Techniques and methods of teaching elementary students in physical education.
8. Registration restrictions;
   a. Equivalent Courses: None
   b. Prerequisites: Grade of “C” or better in PED 2000, PED 3600, PED 3641; SED 3330 and EDP 3331.
   c. Only the Chair can waive pre-requisites
   d. Co-requisites (course(s) which MUST be taken concurrently with this one): PED 3400.
   e. Repeat status: Course may not be repeated.
   f. Degree, college, major(s), level, or class to which registration in the course is restricted, if any: Physical Education Teaching Majors or Minors.
   g. Degree, college, major(s), level, or class to be excluded from the course if any: none
9. Writing Active- ie; lesson plans, journal writing; article reviews, topic reviews
10. Standard Letter Grades
11. Lecture and Lab Combined

Part Two: Assurance of Student Learning

1. Student Learning Objectives and Evaluation
   Upon completion of this course students will be able to:
   • Develop knowledge and understanding in the progression and procedures used in the acquisition of and in the teaching of sport and game like skills for elementary children.
   • Plan a sequence of developmentally appropriate lessons for children in the elementary school.
   • Teach a sequence of elementary physical education lessons and demonstrate basic classroom management skills, teacher feedback skills, and behavior management skills.
   • Develop resources appropriate for elementary school physical education content.
• Apply movement concepts, management skills, and fitness skills in their planning and teaching of elementary physical education lessons.

a) This is not a general education course.
b) This is not a graduate level course.

2. Assessment of student achievement:

**Sample Assessment Table for Undergraduate Students**

<table>
<thead>
<tr>
<th>Activity</th>
<th>Exams (50%)</th>
<th>Assignments (30%)</th>
<th>Teaching Skills (20%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Develop knowledge and understanding in the progression and procedures used in the acquisition of and in the teaching of sport and game like skills for elementary children.</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Plan a sequence of developmentally appropriate lessons for children in the elementary school.</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Teach a sequence of elementary physical education lessons and demonstrate basic classroom management skills, teacher feedback skills, and behavior management skills.</td>
<td>X</td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Develop resources appropriate for elementary school physical education content.</td>
<td></td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Apply movement concepts, management skills, and fitness skills in the planning and teaching of elementary physical education lessons.</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
</tbody>
</table>
3. Explain how the instructor will determine students’ grades for the course:
   
   Evaluation:
   - Exams: 150 points
   - Class Assignments: 90 points
   - Teaching: 60 points
   - Total = 300 points

4. This is not a technology delivered course.
5. This is not a graduate course.
6. This course will be writing active – i.e. lesson plans, article reviews, journal writing, etc.

Part III: Outline of the Course

Outline of the Course:

Course will be delivered in a lecture/lab format for 50 minute 3 days/wk and 2/40 minutes per week labs over a 15 week period.

Week One – Value and Purpose of PE for Children, National and State Standards.
Week Two - The Skill Themes Approach: Movement Concepts and Skill Theme Development;
Week Three - Physical Fitness and Wellness for Children
Week Four – Effective Teaching for Children in PE
Week Five – Effective Teaching for Children in PE
Week Six – Planning for teaching and reflective Teaching; Test #1
Week Seven – Pre-service teaching practicum (Lesson Planning)
Week Eight – Pre-service teaching practicum (“”)
Week Nine – Pre-service teaching practicum “
Week Ten – Pre-service teaching practicum “
Week Eleven – Pre-service teaching practicum “
Week Twelve – Pre-service teaching practicum “
Week Thirteen – Pre-service teaching practicum “
Week Fourteen – Pre-service teaching practicum
Week Fifteen – Discuss and Summarize from the Field experience; building support for a strong PE program; Physical Education for Tomorrow’s children.

Final Exam
Part IV: Purpose and Need

1. Department Rationale: The purpose of this course is to provide a junior level field based experience to apply knowledge and skills learned from previous coursework in a pre-service teaching setting. PED 3401 is designed to apply the knowledge and skills learned from PED 2000, PED 3600, and PED 3641 in a pre-service teaching environment. By placing PED 3401 and 3400 together makes for a continuous transition from pre-service teaching into the student teaching experience for our K-12 Physical Education majors. This course will include some technology enhanced experiences through the Web Ct format. This field-based experience is also a requirement of NASPE/NCATE.
   a. This is not a general education course.
   b. This course will not be technology delivered.

2. Justification of the level of the course and any course prerequisites.
   PED 3401 is a junior level course because it is designed to apply the knowledge and skills from earlier course work into a pre-service field based experience prior to student teaching.

3. a. This course is similar in content to PED 3610 and the field experiences of PED 3610, PED 3620, and PED 3630. This course was developed to consolidate the field based teaching experiences into one block for better placement into elementary school settings.
   b. Courses which will be deleted include: PED 3610, PED 3620, and PED 3630.

4. Impact on program:
   a. This course will be required for all students in K-12 Physical Education Option.
   b. This is not a graduate program.

Part Five: Implementation

1. Faculty members to whom course may be assigned: Dr. Kevin Hussey, Ms. Judy Black

2. Additional costs to students: Some potential travel to the teaching sites

3. Texts and supplementary materials to be used:
   Texts:
COMMUNITY COLLEGE TRANSFER

A community college course will not be judged equivalent to this course.

PART VII: APPROVALS

Date approved by the department or school 9/22/06

Date approved by the college curriculum committee 10/9/06

Date approved by the Honors Council (if this is an honors course)

Date approved by CAA 10/26/06