Eastern Illinois University
Revised Course Proposal
KSS 2136, Athletic Training as a Profession

1. Catalog Description
   a. KSS 2136
   b. Athletic Training as a Profession
   c. 2-2-3
   d. Fall
   e. AT/Profession
   f. Introduction of basic Athletic Training skills and procedures.
   g. KSS 2130, 2135, or permission of instructor for transfer students; all students must have minimum of 12 credit hours.
   h. Fall, 2004

2. Student Learning Objectives and Evaluation:
   a. Course Objectives: At the end of the course the student will be able to:
      • Identify elements of the athletic training profession.
      • Identify common athletic training procedures.
      • Identify the skills involved in basic athletic training.
      • Demonstrate an understanding of the role of the athletic trainer in the healthcare system.
   b. Methods of assessing students’ achievement of learning objectives
      Labs – 20%
      Written Exams – 25%
      Practicals – 25%
      Class Assignments – 10%
      Final Exam – 20%
      Total – 100%
   c. NA
   d. This is not graduate level
   e. Writing active

3. Outline of the Course: (two 50 minute class sessions and 100 minutes of lab each week for 15 weeks)
<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
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<tbody>
<tr>
<td>1</td>
<td>a. History of athletic training</td>
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<td>1. NCAA</td>
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<td>2. NATA</td>
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<td>2</td>
<td>b. The certified athletic trainer</td>
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<td></td>
<td>1. allied health care professional</td>
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<td>2. scope of practice</td>
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<td>3</td>
<td>c. Emergency care, medical management/administration of athletic training</td>
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<tr>
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<td>1. emergency care procedures</td>
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<td>2. emergency action plans</td>
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<td>3. sportware injury tracking software</td>
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<td>4. medical documentation</td>
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<td>5. healthcare administration</td>
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<td>4</td>
<td>d. Injury management</td>
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<td>1. injury process</td>
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2. healing process
3. pathology of injury

5 e. Therapeutic modalities
   1. thermal agents
   2. electrical agents
   3. manual agents

6 f. Therapeutic exercise
   1. rehabilitation process
   2. components of rehabilitation
   3. designing a rehabilitation plan

7 g. General medical conditions
   1. common infectious diseases
   2. dermatology
   3. pharmacology

8 h. Injury assessment procedures
   1. HOPS format
   2. SOAP note format
   3. long-term & short term goals

9,10 i. Upper Extremity Assessment
   1. head and face
   2. thorax and abdomen
   3. cervical and thoracic spine

11,12 j. Lower Extremity Assessment
   1. hip and pelvis
   2. knee
   3. ankle and foot
   4. lumbar spine

13,14 k. Upper Extremity Assessment
   1. shoulder
   2. elbow
   3. wrist and hand

15 l. Other Medical Concerns
   1. legal issues
   2. sport psychology
   3. environmental issues

4. Rationale:
   a. Purpose and Need:
      KSS 2136 is a mandatory core course for Kinesiology & Sports Studies majors in the Athletic Training Option pursuing a national certification as an Athletic Trainer.
   b. Justification of the Level of the Course:
      This class is an entry level course and it is designed to enhance basic athletic training skills and procedures to students who are entered in the option in Athletic Training in Kinesiology & Sports Studies.
   c. Similarity to Existing Course: KSS 1130 is being renumbered to KSS 2136
   d. Impact on program: This course is a required course for any student wishing to pursue a Kinesiology & Sports Studies degree with an option in Athletic Training. Students wishing to obtain certification as an Athletic Trainer must pass this course.
5. Implementation
   a. Staff member to whom course will initially be assigned:
      - Lee Ann Price
   b. Text and Supplementary Materials
   c. Fee: $20.00

6. Community College Transfer:
   Since this is a CAAHEP accredited program, no community college transfer will be accepted.

7. Date Approved by the Departments: September 12, 2003
8. Date Approved by the College or School Curriculum Committee: September 22, 2003
9. Date Approved by CAA: October 30, 2003