Eastern Illinois University
Revised Course Proposal
KSS 2130, Athletic Training Practicum

1. Catalog Description:
   a. KSS 2130 (Arr.-Arr.-1)
   b. Athletic Training Practicum
   c. Arr. – Arr. - 1
   d. Fall, Spring
   e. Ath Tr/Practica
   f. Practical experience in athletic training skills.
   g. None
   h. Fall, 2004

2. Student Learning Objectives and Evaluation:
   a. Course Objectives: At the end of the course the student will be able to:
      • Demonstrate basic athletic training skills
      • Achieve 75 observation hours in a clinical setting.
   b. Methods of assessing student’s achievement of learning objectives.
      Skill Evaluation    25%
      Observation Hours/Log 20%
      2 Written Evaluations 25%
      1 Final Instructor Evaluation 30%
      100%
   c. NA
   d. This is not graduate level
   e. Writing active

3. Outline of the Course (arranged lab time each week for 15 weeks)
   Week  Topic
   1,2   a. Experiences in therapeutic modalities
         1. thermal agents
         2. electrical agents
         3. manual agents
   3,4   b. Experiences in therapeutic exercises
         1. manual therapy
         2. core strengthening exercises
         3. core flexibility exercises
         4. common therapeutic exercise equipment
   5,6   c. Experiences in first aid and emergency medical techniques
         1. basic first aid
         2. Adult, Infant and Child emergency skills
         3. AED certification
   7,8,9 d. Experiences in preventative and protective padding, bracing, and taping
         1. ankle, arch and turf-toe
         2. shoulder, knee and ankle compression wrap
         3. basic padding and bracing techniques
   10   e. Experiences in medical records
         1. HOPS format
         2. SOAP note format
         3. Progress notes
11. Experiences in health care management
   1. confidentiality
   2. healthcare insurance

12,13. Experiences in upper extremity injury recognition
   1. basic shoulder injury recognition skills
   2. basic elbow injury recognition skills
   3. basic hand and wrist injury recognition skills

14,15. Experiences in lower extremity injury recognition
   1. basic foot and ankle injury recognition skills
   2. basic knee injury recognition skills
   3. basic hip and pelvis injury recognition skills

4. Rationale
   a. Purpose and Need
      KSS 2130 is a mandatory course for students who are planning to pursue
      the option in Athletic Training.
   b. Justification of the Level of the Course
      This class level is appropriate for second semester freshmen and
      sophomores. It is an introductory lab experience where prospective
      students can observe and learn in the clinical setting.
   c. Similarity to Existing Course: None
   d. Impact on program: This course is a required course for any student
      pursuing completion of a Kinesiology & Sports Studies degree with an option in
      athletic training. Students wishing to obtain certification as an athletic
      trainer must pass this course.

5. Implementation:
   a. Staff member to whom course will initially be assigned:
      - Lee Ann Price, MS, ATC/L
   b. No additional cost to student at this time
   c. Text and supplementary Material:

6. Community College Transfer
   Since this is a CAAHEP accredited program, no community college transfer will be
   accepted.

7. Date approved by the Department: September 12, 2003
8. Date approved by the College or School Curriculum Committee: September 22, 2003
9. Date approved by CAA: October 30, 2003