NEW COURSE PROPOSAL FORMAT

5854 FCS - FAMILY AND PROFESSIONAL GROUP PROCESS

1. Catalog Description
   a) FCS 5854
   b) Family and Professional Group Process
   c) (3-0-3)
   d) S
   e) FAM/GRP PROCESS
   f) The application of group interaction in studying the effects of personality on personal and family functioning.
   g) Graduate Status
   h) Spring 2004

2. Objectives and Evaluation of the Course
   a) Students will be able to:
      experience a supportive group through group exercises and tasks, sharing life experiences, outlooks, beliefs, and values, while gaining a sensitive awareness of diverse backgrounds of culture and socialization.
      gain enhanced group leadership abilities.
      gain increased observation skills, including identifying and analyzing the group process and group dynamics.
      develop skills of basic record keeping applicable to groups.

   b) Students will be evaluated on the basis of individual and group activities which may include such assignments as journal keeping, individual and group presentations, observation reports, and quizzes. Additionally, students will be required to read one book related to the group process and write a paper which will include: 1) Summary, 2) Indication of relevance to the course, 3) Clear integration and synthesis of concepts learned in class and how they relate to the book’s themes and/or premises of the author, 4) The book’s effect on student thinking and attitudes.

   c) Not applicable

   d) Not applicable

   e) Writing-active: Students will be involved in writing-active assignments which will include journal writing, group leader paper, observation reports, book report, and short in-class writing activities.

3. Outline of the Course
   a) Units of time for each major topic on the outline:
Initial Stage of the Group 5 hours
1. Group Characteristics
2. Creating Trust
3. Identifying and Clarifying Goals
4. Group Process Concepts
5. Leader Guidelines
6. Leader Issues
Nature of a Group 4 hours
1. Types of Groups
2. The Nature of Group Syntality
3. Group Self-Concept
4. The Process of Group Development
Introduction to Group Work 4 hours
1. Problem-Solving
2. Group Therapy
3. Group Counseling
4. Problems and Issues Facing Beginning Group Leaders
Group Health and Group Sickness 4 hours
1. Health: Leading, Following, Facilitating, Observing, Conflict
Transition Stage of a Group 4 hours
1. Characteristics of Transition Stage
2. Problem Behaviors and Difficult Group Members
3. Interventions for Dealing with Resistance by the Whole Group
4. Dealing with Transference and Countertransference
5. Co-leader Issues at the Transition Stage
Ethical and Legal Issues 4 hours
1. Ethical Codes
2. Ethical Guidelines
3. Multicultural Awareness
4. Legal Liability and Malpractice
5. Legal Safeguards
Working Stage of a Group 4 hours
1. Characteristics of the Working Stage
2. Choices to be Made During Working Stage
3. Therapeutic Factors that Operate in Groups
4. Co-leader Issues During the Working Stage
Forming a Group 4 hours
1. Developing a Proposal for a Group
2. Attracting and Screening Members
3. Practical Considerations
4. Pregroup Preparation
Ending a Group 4.5 hours
1. Consolidation of Learning
2. Termination of the Group Experience
3. Evaluation of the Group Experience
4. Co-leader Issues as the Group Ends
5. Final Stage
6. Follow-up
7. Post-group Stage

Total 37.5 hours

b) The course will be taught initially in a three-weekend format.

4. **Rationale**
   a) **Purpose and Need**
   This course is intended to teach and provide in-class experience in the techniques of group leadership, observation, feedback, and conflict resolution. It is critical for students to have an understanding of the group process and to apply the skills and techniques in order to enhance their ability to resolve conflict in their personal and professional lives, to more effectively work in organizational structures which are becoming increasingly team focused, and to assist individuals and families with social/emotional problems and crises.

   b) **Justification**
   This course will be especially beneficial to graduate students as they seek to learn and grow in areas of specialization and professional roles.

   c) **Similarity of Existing Courses**
   Currently, no course provides this content which is applicable to professional practice in Family and Consumer Sciences.

   d) **Requirement or elective**
   This course will be used as an elective for graduate students. However, FCS 4230/5230 will not be deleted due to the nature of that number.

5. **Implementation**
   a) Initially assigned to Dr. Jeanne Snyder—Assistant Professor in the School of Family and Consumer Sciences
   b) No additional cost to students

6. **Community College Transfer**
   A community college course may not be judged equivalent to this course.

7. **Date approved by the School of Family and Consumer Sciences Curriculum Committee:** February 10, 2003
8. **Date approved by the college curriculum committee:** March 5, 2003
9. **Date approved by CAA:** Not applicable  
    **CGS:** April 1, 2003