

Eastern Illinois University

**REVISED COURSE PROPOSAL CSD 5920**  
**Career Counseling**

Please check one: ☐ New course ☒ Revised course

**PART I: CATALOG DESCRIPTION**

1. Course prefix and number, such as ART 1000: CSD 5920
2. Title (may not exceed 30 characters, including spaces): Career Counseling
3. Long title, if any (may not exceed 100 characters, including spaces): Career Counseling
4. Class hours per week, lab hours per week, and credit [e.g., (3-0-3)]: 3-0-3
5. Term(s) to be offered: ☐ Fall ☒ Spring ☒ Summer ☐ On demand
6. Initial term of offering: ☐ Fall ☒ Spring ☐ Summer Year: 2013
7. Course description:

This course is designed to provide an understanding of career development and related life factors. Special emphasis will be placed on counseling processes designed to assess and assist individuals with career development problems and/or issues.

**8. Registration restrictions:**

**a. Equivalent courses**

- Identify any equivalent courses (e.g., cross-listed course, non-honors version of an honors course). None
- Indicate whether coding should be added to Banner to restrict students from registering for the equivalent course(s) of this course. \_\_\_ Yes X No

**b. Prerequisite(s):**

- Identify the prerequisite(s), including required test scores, courses, grades in courses, and technical skills. Indicate whether any prerequisite course(s) MAY be taken concurrently with the proposed/revised course. CSD 5500, CSD 5510, CSD 5520, CSD 5530
- Indicate whether coding should be added to Banner to prevent students from registering for this course if they haven't successfully completed the prerequisite course(s). X Yes \_\_\_ No

If yes, identify the minimum grade requirement and any equivalent courses for each prerequisite course: Minimum grade: B; No equivalent courses

**c. Who can waive the prerequisite(s)?**

☐ No one    ☒ Chair    ☐ Instructor    ☐ Advisor    ☐ Other (Please specify)

**d. Co-requisites** (course(s) which **MUST** be taken concurrently with this one): **None**

**e. Repeat status:** ☒ Course may not be repeated.

☐ Course may be repeated once with credit.

Please also specify the limit (if any) on hours which may be applied to a major or minor.

**f. Degree, college, major(s), level, or class** to which registration in the course is restricted, if any:  
Courses numbered 5540 and above are open only to students who have been admitted to the Department of Counseling and Student Development or who have permission of the Department Chair.

**g. Degree, college, major(s), level, or class** to be excluded from the course, if any:  
**Undergraduates**

**9. Special course attributes** [cultural diversity, general education (indicate component), honors, remedial, writing centered or writing intensive]: **None**

**10. Grading methods** (check all that apply): ☒ **Standard letter** ☐ C/NC ☐ Audit ☐ ABC/NC  
("Standard letter" —i.e., ABCDF—is assumed to be the default grading method unless the course description indicates otherwise.)

**Please check any special grading provision that applies to this course:**

☐ The grade for this course will not count in a student's grade point average.

☐ The credit for this course will not count in hours towards graduation.

**If the student already has credit for or is registered in an equivalent or mutually exclusive course, check any that apply:**

☐ The grade for this course will be removed from the student's grade point average if he/she already has credit for or is registered in  (insert course prefix and number).

☐ Credit hours for this course will be removed from a student's hours towards graduation if he/she already has credit for or is registered in  (insert course prefix and number).

11. **Instructional delivery method:**(Check all that apply.)

☒ lecture   ☐ lab   ☐ lecture/lab combined   ☐ independent study/research  
☐ internship   ☐ performance   ☐ practicum or clinical   ☐ study abroad  
☐ Internet   ☐ hybrid   ☐ other (Please specify)

**PART II: ASSURANCE OF STUDENT LEARNING**

1. List the student learning objectives of this course:

- a. If this is a general education course, indicate which objectives are designed to help students achieve one or more of the following goals of general education and university-wide assessment:
- EIU graduates will write and speak effectively.
  - EIU graduates will think critically.
  - EIU graduates will function as responsible citizens.

Students will:

- a. examine major career development theories and decision-making models, ethical and legal considerations.
- b. discuss representational occupational resources, including technology-based career development applications and strategies, as well as career guidance information systems and appropriate worldwide web sites.
- c. examine career and development program planning, organization, implementation, administration, and evaluation.
- d. apply career counseling processes, including interrelationships among and between work, family, and other life roles and factors, including the role of multicultural issues in career development.
- e. examine career and educational planning, placement, follow-up, and evaluation.
- f. discuss assessment instruments and techniques that are relevant to career planning and decision-making.
- g. examine career counseling process, techniques, and resources, including those applicable to specific populations in a global economy.

- b. If this is a graduate-level course, indicate which objectives are designed to help students achieve established goals for learning at the graduate level:

| Learning Goals                                               | Objectives |
|--------------------------------------------------------------|------------|
| • Depth of content knowledge                                 | a - g      |
| • Effective critical thinking and problem solving            |            |
| • Effective oral and written communication                   | a - g      |
| • Advanced scholarship through research or creative activity |            |

**2. Identify the assignments/activities the instructor will use to determine how well students attained the learning objectives:**

|                                                                                                                                                                                                                                  |                                                             |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|
| a. Students will examine major career development theories and decision-making models, ethical and legal considerations.                                                                                                         | <b>Quiz; Postings; Theory Application; Intake Interview</b> |
| b. Students will discuss representational occupational resources, including technology-based career development applications and strategies, as well as career guidance information systems and appropriate worldwide web sites. | <b>Quiz; Presentation</b>                                   |
| c. Students will examine career and development program planning, organization, implementation, administration, and evaluation.                                                                                                  | <b>Quiz; Postings; Theory Application; Presentation</b>     |
| d. Students will apply career counseling processes, including interrelationships among and between work, family, and other life roles and factors, including the role of multicultural issues in career development.             | <b>Intake Interview; Postings</b>                           |
| e. Students will examine of career and educational planning, placement, follow-up, and evaluation.                                                                                                                               | <b>Quiz; Posting; Presentation</b>                          |
| f. Students will discuss assessment instruments and techniques that are relevant to career planning and decision-making.                                                                                                         | <b>Quiz; Posting; Intake Interview</b>                      |
| g. Students will examine career counseling process, techniques, and resources, including those applicable to specific populations in a global economy.                                                                           | <b>Presentation; Intake Interview</b>                       |

- **Quizzes:** Students will have an online quiz over each of the chapters assigned to read.
- **Postings:** Students will submit 5 online postings utilizing analysis and research support on selected cases and topics.
- **Theory Application:** Students will write an 8 page paper on the application a selected career theory using a case presented by the instructor.
- **Intake Interview and Paper:** Students will be required to turn in a treatment plan report. To accomplish this assignment, students will need to find a volunteer who will agree to a single-session intake interview that will last approximately 1 ½ - 2 hours. The information collected in this single-session intake interview will be incorporated into a 5-part report.
- **Presentation:** Students will present on career counseling with a special population as identified in the textbook. Develop an original PowerPoint presentation and handout for class members including research and best practices with the population.

**3. Explain how the instructor will determine students' grades for the course:**

Grades will be based on the following criteria:

|                         |            |
|-------------------------|------------|
| Quizzes over reading    | 25%        |
| Postings                | 15%        |
| Theory Application      | 25%        |
| Intake Interview Report | 25%        |
| Class Presentation      | <u>10%</u> |
| Total                   | 100%       |

**4. For technology-delivered and other nontraditional-delivered courses/sections, address the following: N/A**

- a. Describe how the format/technology will be used to support and assess students' achievement of the specified learning objectives:
- b. Describe how the integrity of student work will be assured:
- c. Describe provisions for and requirements of instructor-student and student-student interaction, including the kinds of technologies that will be used to support the interaction (e.g., e-mail, web-based discussions, computer conferences, etc.):

**5. For courses numbered 4750-4999, specify additional or more stringent requirements for students enrolling for graduate credit. These include: N/A**

- d. course objectives;
- e. projects that require application and analysis of the course content; and
- f. separate methods of evaluation for undergraduate and graduate students.

**6. If applicable, indicate whether this course is writing-active, writing-intensive, or writing-centered, and describe how the course satisfies the criteria for the type of writing course identified. (See Appendix \*.)**

N/A

### **PART III: OUTLINE OF THE COURSE**

Provide a week-by-week outline of the course's content. Specify units of time (e.g., for a 3-0-3 course, 45 fifty-minute class periods over 15 weeks) for each major topic in the outline. Provide clear and sufficient details about content and procedures so that possible questions of overlap with other courses can be addressed. For technology-delivered or other nontraditional-delivered courses/sections, explain how the course content "units" are sufficiently equivalent to the traditional on-campus semester hour units of time described above.

Outline of the Course: 15 weeks of 150 minutes in class meetings.

| Week | Lecture Topic                                               |
|------|-------------------------------------------------------------|
| 1    | Overview of Foundations of Career Counseling.               |
| 2    | Overview of Career Counseling Theories (Part 1).            |
| 3    | Overview of Career Counseling Theories (Part 2).            |
| 4    | Overview of Career Counseling Models.                       |
| 5    | Intake Interviews.                                          |
| 6    | Overview of Standardized Career Assessments.                |
| 9    | Overview of Self-Assessment in Career Counseling            |
| 6    | Overview of the InterDomain Model of Career Counseling.     |
| 7    | Continuation of InterDomain Model of Career Counseling.     |
| 8    | Continuation of InterDomain Model of Career Counseling.     |
| 10   | Career Counseling in the K-12 Setting.                      |
| 11   | Career Counseling in the University Setting.                |
| 12   | Overview of Career Counseling with Special Populations.     |
| 13   | Career Coaching.                                            |
| 14   | Presentations on Career Counseling with Special Populations |
| 15   | Presentations on Career Counseling with Special Populations |

#### PART IV: PURPOSE AND NEED

**1. Explain the department's rationale for developing and proposing the course.**

This is a required course for the M.S. in Counseling. It is also a competency required for continued accreditation by the Council for Accreditation of Counseling and Related Educational Programs (CACREP).

- a. If this is a general education course, you also must indicate the segment of the general education program into which it will be placed, and describe how the course meets the requirements of that segment.
- b. If the course or some sections of the course may be technology delivered, explain why.

**2. Justify the level of the course and any course prerequisites, co-requisites, or registration restrictions.**

This is a required course for the M.S. in Counseling. It is also a competency required for continued accreditation by the Council for Accreditation of Counseling and Related Educational Programs (CACREP). Pre-requisites ensure proper preparation for higher level counseling practice in the field.

**3. If the course is similar to an existing course or courses, justify its development and offering.**

- a. If the contents substantially duplicate those of an existing course, the new proposal should be discussed with the appropriate chairpersons, deans, or curriculum committees and their responses noted in the proposal. None at graduate level.

- b. Cite course(s) to be deleted if the new course is approved. If no deletions are planned, note the exceptional need to be met or the curricular gap to be filled.  
Revised course only.

**4. Impact on Program(s):**

- a. For undergraduate programs, specify whether this course will be required for a major or minor or used as an approved elective.
- b. For graduate programs, specify whether this course will be a core requirement for all candidates in a degree or certificate program or an approved elective.  
Required for graduate students admitted to M.S. in Counseling in the Department of Counseling and Student Development.

If the proposed course changes a major, minor, or certificate program in or outside of the department, you must submit a separate proposal requesting that change along with the course proposal. Provide a copy of the existing program in the current catalog with the requested changes noted.

## **PART V: IMPLEMENTATION**

**1. Faculty member(s) to whom the course may be assigned:**

Qualified Graduate Faculty in the Department of Counseling and Student Development.

**Additional costs to students:** Include those for supplemental packets, hardware/software, or any other additional instructional, technical, or technological requirements. (Course fees must be approved by the President's Council.)

No additional costs to students.

**2. Text and supplementary materials to be used (Include publication dates):**

Zunker, V. G. (2006). *Career counseling: A holistic approach*. (8<sup>th</sup> ed). Brooks/Cole.

## **PART VI: COMMUNITY COLLEGE TRANSFER**

If the proposed course is a 1000- or 2000-level course, state either, "A community college course may be judged equivalent to this course" OR "A community college course will not be judged equivalent to this course." A community college course will not be judged equivalent to a 3000- or 4000-level course but may be accepted as a substitute; however, upper-division credit will not be awarded.

## **PART VII: APPROVALS**

**Date approved by the department or school: 1/18/2012**

**Date approved by the college curriculum committee: 4/2/2012**

**Date approved by the Honors Council (if this is an honors course):**

**Date approved by CAA: Not applicable                      CGS: 8/28/12**

\*In writing-active courses, frequent, brief writing activities and assignments are required. Such activities -- some of which are to be graded -- might include five-minute in-class writing assignments, journal keeping, lab reports, essay examinations, short papers, longer papers, or a variety of other writing-to-learn activities of the instructor's invention. Writing assignments and activities in writing-active courses are designed primarily to assist students in mastering course content, secondarily to strengthen students' writing skills. In writing-intensive courses, several writing assignments and writing activities are required. These assignments and activities, which are to be spread over the course of the semester, serve the dual purpose of strengthening writing skills and deepening understanding of course content. At least one writing assignment is to be revised by the student after it has been read and commented on by the instructor. In writing-intensive courses, students' writing should constitute no less than 35% of the final course grade. In writing-centered courses (English 1001G, English 1002G, and their honors equivalents), students learn the principles and the process of writing in all of its stages, from inception to completion. The quality of students' writing is the principal determinant of the course grade. The minimum writing requirement is 20 pages (5,000 words).

**Student  
Success  
Center**

<http://www.eiu.edu/~success/>

**581-6696**



<http://www.eiu.edu/~counsctr/>

**581-3413**

**Career  
Services**

<http://www.eiu.edu/~careers/>

**581-2412**

**Disability  
Services**

<http://www.eiu.edu/~disablt/>

**581-6583**