

**Eastern Illinois University
Professional Development Institute
Program Proposal Request Form**

CDPH Professional Development Requested

Name: Scott Ronspies

Address: 600 Lincoln Ave

Email: sronspies@eiu.edu

Department: Kinesiology, Sport & Recreation

Proposed Name of Event: Action Based Learning Workshop

Number of Professional Development Hours Requesting (Contact Hours): 3

Brief Description of Event (Draft Brochure of Event if available): The workshop will explore strategies for implementing action based learning activities into classrooms

Outcome(s) for the Professional Development from approved ISBE list (Mark all that apply):

- | | |
|--|---|
| <input type="checkbox"/> increase the knowledge and skills of school and district leaders who guide continuous professional development; | <input type="checkbox"/> prepare educators to appropriately use various types of classroom assessments; |
| <input type="checkbox"/> improve the learning of students; | <input type="checkbox"/> use learning strategies appropriate to the intended goals; |
| <input type="checkbox"/> organize adults into learning communities whose goals are aligned with those of the school and district; | <input type="checkbox"/> provide educators with the knowledge and skills to collaborate |
| <input type="checkbox"/> deepen educator's content knowledge; | <input type="checkbox"/> prepare educators to apply research to decision-making. |
| <input type="checkbox"/> provide educators with research-based instructional strategies to assist students in meeting rigorous academic standards; | |

Type of Professional Development from approved ISBE list (Mark all that apply):

- | | |
|--|--|
| <input type="checkbox"/> Engage participants over a sustained period of time allowing for analysis, discovery, and application as they relate to student learning, social or emotional achievement, or well-being; | <input type="checkbox"/> Align to the licensee's performance (evaluation); |
| | <input type="checkbox"/> Include outcomes that relate to student growth or district improvement; |
| | <input type="checkbox"/> Align to State-approved standards; |

Rationale--Describe how this event aligns with the approved ISBE Outcomes and Type of Professional Development identified above (add pages if needed) Breakout sessions and keynote address will address the broad conference theme and will be aligned with the ISBE outcomes and type of professional development identified above. All presenter names and brief summary of presenter qualifications on the topic. A statement should include any/all college/university faculty and/or state P-12 classroom teachers who are connected with the event.

This in-person Action Based Learning (ABL) workshop will provide educators with the brain science needed to understand why movement improves student learning and behavior. ABL is an instructional strategy that anchors learning in multiple parts of the brain. This workshop is hands-on so educators will learn about ABL by doing activities that they can go back and use in the classrooms right away. The audience will include all EIU undergraduate teacher education majors, their faculty, and area ROE #11 teachers.

Presenter Qualification

A presenter must meet two of the following three criteria:

- (1) Hold an advanced degree in subject matter;
- (2) Have at least 3-5 years field-experience/real-life experience in subject matter;
- (3) Have presented on subject matter through prior professional development outside of EIU.

Finally, ~~the~~ presenter must be EIU faculty, or a faculty designee, and considered a "leader in the field" / "expert in the field" on subject matter.

Requestor: Scott Ronspics Scott Ronspics 10-26-21
Printed Name Signature Date

Date Approved by COTE: _____

This form must be completed and approved by the Council on Teacher Education **prior to advertising** that any event will be offering Continuing Professional Development Hours to educators through EIU. Completed forms should be returned to the Council on Teacher Education, EIU College Education, 1420 Buzzard Hall.

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Leslie DeRuiter

B.S. in Physical Education (1993)

M.Ed. in Education Leadership (2007)

Educator 1994 - present

Master Trainer for Action Based Learning since 2013

Over 100 ABL and Physical Education presentations from 2007 – present - all over the states

Action Based Learning Master Trainer

Alief ISD ABL Interventionist

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Leslie DeRuiter is an experienced presenter on the topics of Action Based Learning, Why Purposeful Movement is Necessary During the School Day, Why the Teenage Brain Works Differently, Flexible Seating, Physical Education, Brain Boosts, and Teambuilding & Movement in the Classroom. She uses a creative approach involving activity with audience participation and group dynamics resulting in enthusiastic and motivational presentations. While maintaining her high standards, Leslie delivers useful and relevant information in her presentations and workshops on topics for administrators, teachers of preschool age children through adults as well as pre-service teachers and anyone who works in the educational setting. This is all delivered with enthusiasm, passion and humor. The audiences leave her workshops with a shared sense of purpose and with skills ready to put to practice.

Leslie DeRuiter is currently an Action Based Learning (ABL) Interventionist in the Alief ISD in the Houston area working with K-12 students, teachers and administrators. She is an ABL Master Trainer whose focus is primarily presenting ABL activities for the classroom including content and class cohesion. She taught elementary and middle school physical education for 20 years in Arizona. Leslie has also worked with Preschool and Head Start Teachers to increase purposeful movement to their day. She received her Bachelor of Science in Physical Education from Arizona State University, and a Masters of Education in Educational Leadership from Grand Canyon University.

Leslie is very knowledgeable with curriculum, management and team building. This knowledge, combined with her excellent interpersonal and communication skills, create energetic, interactive and fun sessions that can be implemented the same day. Her passion is evident in her presentations and daily work because as she says, “This is what’s best for our students”.