

DIDACTIC PROGRAM IN DIETETICS

STUDENT HANDBOOK OF POLICIES AND PROCEDURES

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Fall 2023



Description of the Didactic Program in Dietetics (DPD) at Eastern Illinois University

From its inception in 1966, the DPD was housed within the School of Family and Consumer Sciences. In the Fall 2018, Nutrition and Dietetics became its own academic unit within the new College of Health and Human Services. As of July 1, 2018, the DPD, the undergraduate nutrition and dietetics major, became a part of the new College of Health and Human Services. The **mission** of the College of Health and Human Services is to foster excellence, with a student-centered approach of teaching and learning through innovative, rigorous, and collaborative experiences, and promotes health and well-being of diverse populations across the lifespan. Students develop lifelong leadership skills through applied learning, community service, and professional partnerships.

The DPD program is a 120-semester hour baccalaureate program that includes extensive coursework in the field of food, nutrition, and dietetics with supporting coursework from chemistry and the social sciences. The **mission** of the DPD was revised in November 2018 and is as follows:

The mission of the DPD is to prepare students for supervised practice leading to eligibility for the CDR credentialing exam to become a registered dietitian nutritionist (RDN). The program is committed to instilling in students the ability to be critical and independent thinkers while working in a collaborative environment, considering all aspects of the person, becoming leaders in a diverse environment, and promoting an appreciation of and dedication to the profession of dietetics.

A four-year plan of study outlining an eight-semester schedule to complete the degree requirements are available from the departmental academic advisor and DPD Director and online at <http://www.eiu.edu/dietetics/>. Transfer students will consult with Mrs. Amanda Harvey, the Nutrition and Dietetics Academic Advisor and Mrs. Bethni S. Gill, the DPD Coordinator to determine credit toward program requirements.

Accreditation Status



Eastern Illinois University Didactic Program in Dietetics is accredited by the Accreditation Council for Education in Nutrition and Dietetics of the Academy of Nutrition and Dietetics, 120 South Riverside Plaza, Suite 2000, Chicago, IL 60606-6995, (312) 899-0040, Ext. 5400.
<http://www.eatright.org/acend>

DPD Goals and Objectives

1. Prepare graduates to have the foundational knowledge and skills as defined by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) for entry-level registered dietitian nutritionists (RDN).
 - 1.1 At least 80% of students are expected to complete the BS in Nutrition and Dietetics within 150% of the program length (6 years for native students, 3 years for transfer students).
 - 1.2 Within 12 months post-graduation, at least 60% of DPD alumni will participate in the computer match process.

- 1.3 A minimum of 50% of those DPD students who participate in the computer match program, will be matched.
 - 1.4 Within one year of completing a dietetic internship, at least 80% of graduates will have passed the RDN exam at first-try.
 - 1.5 At least 80% of the DI Directors surveyed will be satisfied with the knowledge and skills the DPD graduates brought forth to the internship program.
 - 1.6 Within 6 months post-graduation, \geq 80% of DPD alumni will be satisfied with the education they received in DPD program.
2. Prepare graduates to become leaders in a diverse environment as an entry-level registered dietitian nutritionist.
 - 2.1 At least 80% of DPD senior students will have achieved the competencies such as working with individuals from various socio-economic and demographics backgrounds, as set forth by ACEND.
 - 2.2 At least 80% of graduates seeking employment related to foods and nutrition will obtain full-time employment within one year.
 - 2.3 A minimum of 85% of graduating students, who apply to graduate schools, will be accepted into at least one.
 - 2.4 85% of program alumni responding to alumni surveys will report being adequately prepared for professional practice.

Progress made towards these goals, and their subsequent objectives, are available upon request. Please contact the DPD Coordinator for more information.

DPD Program Verification Statement Requirements

Graduates of the BS in Nutrition and Dietetics at Eastern Illinois University are eligible to receive an official ACEND *Verification Statement of DPD Program Completion*. The DPD Coordinator will issue the *Verification Statement of DPD Program Completion* once the degree has been certified by the CHHS Certifying Officer (usually one month after the close of the semester). An official copy of the ACEND *Verification Statement* is required to begin an internship program and for membership in the Academy of Nutrition and Dietetics. The DPD Coordinator will retain a copy of the *Verification Statement of DPD Program Completion*.

Copies of *ACEND Verification Statement* will be available to individuals completing the DPD Program by contacting the DPD Coordinator through the departmental office (217) 581-6353 or sending a request to:

Nutrition and Dietetics
Attn: DPD Coordinator
600 Lincoln Ave
Charleston, IL 61920

The final step to becoming a RDN is to earn a passing score on the national registration examination (hopefully on the first try!!).

For more information on how to become a Registered Dietitian Nutritionist, you can also visit the Academy of Nutrition and Dietetics website at www.eatright.org and search for how to become a registered dietitian nutritionist.

Knowledge Statements for Registered Dietitian Nutritionists (KRDN)

As a part of the accreditation stipulations, alumni of the program must achieve the following KRDNs in order to earn a DPD Verification Statement from Eastern Illinois University. These KRDN statements are from the 2017 Accreditation Standards as written by ACEND.

Domain 1. Scientific and Evidence Base of Practice

Upon completion of the program, graduates are able to:

- KRDN 1.1 Demonstrate how to locate, interpret, evaluate and use professional literature to make ethical, evidence-based practice decisions.
- KRDN 1.2 Select and use appropriate current information technologies to locate and apply evidence-based guidelines and protocols.
- KRDN 1.3 Apply critical thinking skills.

Domain 2. Professional Practice Expectations

Upon completion of the program, graduates are able to:

- KRDN 2.1 Demonstrate effective and professional oral and written communication and documentation.
- KRDN 2.2 Describe the governance of nutrition and dietetics practice, such as the Scope of Practice for the Registered Dietitian Nutritionist and the Code of Ethics for the Profession of Nutrition and Dietetics.
- KRDN 2.3 Assess the impact of a public policy position on nutrition and dietetics practice.
- KRDN 2.4 Discuss the impact of health care policy and different health care delivery systems on food and nutrition services.
- KRDN 2.5 Identify and describe the work of interprofessional teams and the roles of others with whom the registered dietitian nutritionist collaborates.
- KRDN 2.6 Demonstrate cultural humility, awareness of personal biases and an understanding of cultural differences as they contribute to diversity, equity and inclusion.
- KRDN 2.7 Describe contributing factors to health inequity in nutrition and dietetics including structural bias, social inequities, health disparities and discrimination.
- KRDN 2.8 Participate in a nutrition and dietetics professional organization and explain the significant role of the organization.
- KRDN 2.9 Defend a position on issues impacting the nutrition and dietetics profession.

Domain 3. Clinical and Client Services

Upon completion of the program, graduates are able to:

- KRDN 3.1 Use the Nutrition Care Process and clinical workflow elements to assess nutritional parameters, diagnose nutrition related problems, determine appropriate nutrition interventions and develop plans to monitor the effectiveness of these interventions.
- KRDN 3.2 Develop an educational session or program/educational strategy for a target population.
- KRDN 3.3 Demonstrate counseling and education methods to facilitate behavior change and enhance wellness for diverse individuals and groups.
- KRDN 3.4 Practice routine health screening assessments, including measuring blood pressure and conducting waived point-of-care laboratory testing (such as blood glucose or cholesterol).
- KRDN 3.5 Describe concepts of nutritional genomics and how they relate to medical nutrition therapy, health and disease.
- KRDN 3.6 Develop nutritionally sound meals, menus and meal plans that promote health and disease management and meet client's/patient's needs.

Domain 4. Practice Management and Use of Resources

Upon completion of the program, graduates are able to:

- KRDN 4.1 Apply management theories to the development of programs or services.
- KRDN 4.2 Evaluate a budget/financial management plan and interpret financial data.
- KRDN 4.3 Demonstrate an understanding of the regulation system related to billing and coding, what services are reimbursable by third party payers, and how reimbursement may be obtained.
- KRDN 4.4 Apply the principles of human resource management to different situations.
- KRDN 4.5 Apply safety and sanitation principles related to food, personnel and consumers.
- KRDN 4.6 Explain the processes involved in delivering quality food and nutrition services.
- KRDN 4.7 Evaluate data to be used in decision-making for continuous quality improvement.

Domain 5. Leadership and Career Management

Upon completion of the program, graduates are able to:

- KRDN 5.1 Perform self-assessment that includes awareness in terms of learning and leadership styles and cultural orientation and develop goals for self-improvement.
- KRDN 5.2 Identify and articulate one's skills, strengths, knowledge and experiences relevant to the position desired and career goals.
- KRDN 5.3 Practice how to self-advocate for opportunities in a variety of settings (such as asking for needed support, presenting and elevator pitch).
- KRDN 5.4 Practice resolving differences or dealing with conflict.
- KRDN 5.5 Promote team involvement and recognize the skills of each member.
- KRDN 5.6 Demonstrate an understanding of the importance and expectations of a professional in mentoring and precepting others.

The Path to Becoming a Registered Dietitian Nutritionist (RDN)

Becoming a RDN is a [multi-step process](#) (see Summary Table below). First, the student will need to complete a baccalaureate degree and complete the DPD coursework. At EIU, successful completion of the Bachelor of Science in Nutrition and Dietetics will result in the issuance of the *ACEND Verification Statement of DPD Program Completion*. This *Verification Statement* verifies that graduates have met the required Standards of Education established by the Accreditation Council for Nutrition and Dietetics (ACEND), the accrediting agency of the Academy of Nutrition and Dietetics (AND), and is eligible to begin an ACEND-accredited Internship Program (IP). In the final senior year, students who are interested in applying for an IP will work with the DPD Coordinator and other DPD students to complete the necessary components of the DICAS application and D & D Digital submission. Please note that some IPs participate in the Spring and/or Fall computer matches.

Applying for an IP Match through DICAS and D&D Digital

Usually in a student’s final semester of coursework, he/she will apply for an Internship Program (IP), such as a Dietetic Internship (DI) or Individualized Supervised Practice Pathway (ISPP) through the online Dietetic Internship Centralized Application System (DICAS). A *Declaration of Intent to Complete Degree and Minimum Academic Requirements* is issued to students for their application to an IP prior to actual graduation from the DPD program. Acceptance by a Dietetic Internship is a competitive process and graduates are not guaranteed acceptance. From Spring 2017- Spring 2020, EIU’s IP acceptance rate is 65% (n=24/37 applicants), which is very comparable to the national acceptance rate.

To actually participate in the computer match process, students must apply to D&D Digital by the match due dates of September 25 or February 15. For more detailed information about the match process and for application tips and tricks, please visit the DICAS Application Toolkit at <https://www.eiu.edu/dietetics/dicas.php>.

Summary Table: EIU Pathway to Becoming a RDN

STEP	OUTCOME
Complete BSND, which includes the required DPD coursework and enables you to begin an IP	BS degree and DPD Verification Statement
*Apply for IP through the DICAS portal	Potential match with an IP
Complete IP, either as a part of a graduate degree program or not.	DI <i>Verification Statement</i> and MAYBE a graduate degree
Register and study for the RDN exam. Take and PASS the national RDN exam.	RDN Certification by the Commission on Dietetic Registration

*With an EIU DPD verification statement, you will be eligible for pre-selection into the EIU graduate DI program. Contact the DPD coordinator for more information.

Admission Requirements

A student may enter the major as a freshman, transfer student or as a change of major (internal transfer) at Eastern Illinois University. The current general admission requirements for incoming freshman and external transfer students are available on the Admissions website:

www.eiu.edu/admissions/.

Program Costs

Information regarding the cost of attending Eastern Illinois University may be found in the University Undergraduate Catalog and on the University Financial Aid website at www.eiu.edu/finaid/cost.php.

Eastern Illinois University's Textbook Rental Service provides the students at Eastern Illinois University with quality textbooks at an affordable cost. For more information, visit Textbook Rental Service's website at www.eiu.edu/~textbks/.

Additional course fees for laboratory courses (such as chemistry and foods labs) might be charged to your student account. Course fees can be found in the course description part of University Undergraduate Catalog. Other costs might include the purchase a lab coat, chef's coat, hairnets, and/or undergraduate internship fees, such as a drug screen, background check, and necessary medical tests (e.g. two step TB test, flu shot, immunizations).

Financial Aid

Approximately 80 percent of all students who attend the University receive some sort of financial aid in the form of loans, scholarships, tuition waivers, grants and employment. In addition to funds received through gift aid and loans, many Eastern Illinois University students seek employment to help cover expenses. Consult the Financial Aid section of the University Undergraduate Catalogue for information regarding financial aid, contact by phone or online:

OFFICE OF FINANCIAL AID & SCHOLARSHIPS
Student Services Building – East Wing
600 Lincoln Avenue
Charleston, IL 61920
(217) 581-3713
EIU.edu/finaid/

Several scholarships are available to students enrolled in the nutrition and dietetics programs. Applications are due September 25 for fall scholarships and February 15 for spring scholarships. For application and eligibility requirements, consult <https://eiu.academicworks.com/>.

Academic and DPD Calendar/Schedule

Students enrolled in the DPD program follow the University academic calendar available from the Office of the Provost website at www.eiu.edu/registra/acadcal.php.

Undergraduate Internship Requirement

As part of the curriculum, dietetic students need to complete an undergraduate internship. The internship course, NTR 4275, is an individually-planned work experience in a business or agency appropriate to the chosen area of academic specialization. Information related to the undergraduate nutrition and dietetics internships is explained in NTR 3500 Professional Focus of Nutrition and Dietetics. Please note that a drug screen, background check and/or documentation of specific vaccinations, negative TB tests, and/or flu shots might be required. For more information about the NTR 4275, please visit <https://www.eiu.edu/dietetics/Internships.php>.

Student Professional Liability and Travel Insurance/Safety

- a) **Liability Insurance:** The university is a member of SURMA – an intergovernmental self-insurance pool that provides its members with a program to fund liability exposures. Documentation is provided upon approval of an internship agreement.
- b) **Travel Safety:** Students are responsible for providing their own transportation to and from work, the intern shall not drive an automobile for internship purposes. Intern shall not drive any facility-owned vehicles. Interns are covered through the University with travel insurance in case they have an accident or other issues while driving to the internship facility.

Student Workload Expectations

Student is expected to complete 120 hours of experiential learning for each three semester hours of course credit. NTR interns can earn 3-6 hours in a semester. Interns are not required to be paid during their internship. The facility shall provide an intern with relevant professional experience equivalent to an entry-level position, opportunities to participate in routine professional activities such as staff meetings, planning sessions, and special events, and guidance in the planning and implementation of an experiential learning activity. However, the intern should not perform duties that are not supervised or beyond the scope of an intern to complete, thus the intern would be considered an employee rather than an intern.

Student Illness or Injury while at Site

If a student falls ill or is injured while at the facility, the facility will provide medical treatment to the intern, but at the intern's own cost. Per the cost of tuition and other fees, the intern does have insurance through the University, thus can also use the facilities on Eastern's campus. The supervisor and the intern will need to report the injury to Eastern's FCS internship coordinator. Note, it is the intern's responsibility to complete 120 clock hours, thus it is to the discretion of the facility how they will count sick days and injury days.

Assessment of Prior Learning and Credit toward Program Requirements

Students seeking a degree from Eastern Illinois University will have their prior coursework evaluated by the Transfer Relations Office through their articulation process to determine credit at Eastern Illinois University for courses previously completed at other schools. Consult the NTR Academic Advisor if you have questions about the articulation of prior coursework to Eastern Illinois University or courses you plan to take at schools other than Eastern Illinois University.

Students attending Eastern Illinois University to complete DPD Program course deficiencies and

who have already earned a bachelor's degree from another school will have their previous courses evaluated by the DPD Coordinator. The DPD Coordinator, in consultation with other DPD Program faculty, if necessary, will evaluate all coursework and prior learning to determine if the course requirements for a Verification Statement from Eastern Illinois University have been met. There is a \$20 transcript review fee for this service.

Graduation Requirements

Successful completion of the required coursework as stated in the University Undergraduate Catalog will be needed for a degree completion. Course descriptions are also found in the catalog (catalog.eiu.edu). Full-time students have six years to complete the DPD requirements before DPD courses will need to be retaken. Part-time students will have 8 years to complete the DPD requirements before DPD courses will need to be retaken. A curriculum guide is available online at https://www.eiu.edu/dietetics/dpd_advisement.php, or in person by the DPD Coordinator and the NTR Academic Advisor.

Ensuring Student Success

Eastern Illinois University offers a wide variety of student involvement opportunities, such as the Student Dietetic Association, and student support services through the University's Student Success Center, including study and test taking strategies, one-on-one consulting, and alternate testing sites and Health Services, including medical care and counseling services.

Additionally, students are encouraged to become members of the Academy of Nutrition and Dietetics. This membership provides various benefits to students as they prepare to become registered dietitian nutritionists. Further information about becoming a student member can be found at <http://www.eatrightpro.org/resources/membership/student-member-center>. As members of the Academy, students can join a variety of Dietetic Practice Groups (DPGs). DPGs allows students to interact with other dietetic professionals in an area of core interest. Further information about DPGs can be found at <http://www.eatrightpro.org/resources/membership/academy-groups/dietetic-practice-groups>

Health and Counseling Services

The Eastern Illinois University Health and Counseling Service offers convenient medical care right here on campus! The Medical Clinic is dedicated to providing student-oriented primary care and health education through medical services and a variety of programs. These on-site resources include: a medical clinic, a full state certified lab, x-ray and EKG, pharmacy, and the Health Education Resource Center.

For further information:

(217) 581-3013

health@eiu.edu

Human Services Building (South Quad)

www.eiu.edu/health

Health Education Resource Center (HERC)

The HERC serves as a resource for students, faculty, and staff by providing programs, campaigns, interventions, and one-on-one consultations regarding health-related topics. The HERC offers health programming in the areas of alcohol, tobacco and other drug prevention and education, flu and cold prevention and education, nutritional analysis, cooking classes and education, and sexual health education. Most services are free to students.

For further information:

(217) 581-7786

herc@eiu.edu

Booth House on 4th Street

www.eiu.edu/herc

Withdrawal and Refund of Tuition and Fees

Students choosing to withdraw from a course or the University will have their charges adjusted based on the date of the drop or withdrawal. Charges adjusted are related to Tuition, General Fees and Outreach Fees. Please contact University Housing and Dining Services for information related to cancellation of your housing contract at (217) 581-5111. Contact the Office of the Registrar at (217) 581-3511 for information about withdrawing from a course or the University. You may also be interested to see how course and University withdrawal may affect your financial aid.

Complaints

All complaints should initially be brought to the DPD Director who will work to resolve the issue or refer the complaint to the Nutrition and Dietetics (NDT) Director for resolution. Students need to submit complaints to ACEND only after all other options with the program director, the NDT Director, and other institutional avenue have been exhausted.

Access to personal files and protection of privacy

Eastern Illinois University upholds all provisions of The Family Educational Rights and Privacy Act (FERPA) that affords students certain rights with respect to their education records. These rights include the right to inspect and review the student's education records and the right to provide written consent before the University discloses personally identifiable information from the student's education records, except to the extent that FERPA authorizes disclosure without consent. For a full statement of the rights afforded to students by FERPA, consult the University Undergraduate Catalog.

Dismissal from Major

A student who is academically dismissed from the University will be dropped automatically from his or her major. Detailed information about dismissal and reinstatement processes is available in the undergraduate catalog.

Student Discipline and Grievance Procedures

The Office of Student Standards (<http://www.eiu.edu/judicial>) coordinates the University's student disciplinary, grievance, and conflict resolution processes. Student disciplinary matters

are reviewed by a University Student Standards Board approved by the Vice President for Student Affairs (VPSA). Student concerns related to faculty, staff, and curriculum are reviewed by the Director of Nutrition and Dietetics and the College of Health and Human Services Associate Dean. An appeal of a decision made by the University Student Standards Board is handled by the VPSA and an appeal related to a course grade is handled by the College Grade Appeal Committee (see IGP 45 at <http://castle.eiu.edu/auditing/045.php>) or visit the Grade Appeal website at <http://castle.eiu.edu/acaffair/GradeAppeal/>).

University's Commitment to Diversity

Eastern Illinois University provides equality of opportunity in education and employment for all students and employees. Discrimination based on race, color, sex, religion, age, national origin, ancestry, marital status, disability, veteran status, sexual orientation, gender identity, or any other basis of discrimination precluded by federal and state statutes is strictly prohibited.

The Office of Civil Rights and Diversity is located on campus in 1011 Old Main. For additional information concerning the University's equal opportunity policy, please call (217) 581-5020. The Office of Civil Rights and Diversity reports to the University General Counsel.