

CHE NEWSLETTER

FALL 2021

Faculty/Dept. Telephone and Room Numbers

The Department of Counseling and Higher Education is located in Room 2102, Buzzard Hall. Listed below are the faculty office numbers and emails. **You should receive additional contact information directly from faculty in their respective course materials.**

CHE Office –	BH2102	581-2400	che@eiu.edu
R. Roberts (Chair)	BH2109	581-2400	rroberts@eiu.edu
D. Carter	BH2117		dacarter3@eiu.edu
J. Coleman	BH2121		jcoleman@eiu.edu
H. Larson	BH2114		halarson@eiu.edu
C. Polydore	BH2104		cpolydore@eiu.edu
P. Spangler	BH2115		psspangler@eiu.edu
R. Tadlock-Marlo	BH2107		rtadlockmarlo@eiu.edu
D. Timm	BH2105	581-5327	dtimm@eiu.edu
A. Yoder	BH2106		amyoder@eiu.edu
W. Lane (Off. Mgr.)	BH2102	581-2400	wjlane@eiu.edu

Adjunct Faculty:

Lauren Christina	lechristina@eiu.edu
Becky Harrison	rpwilliams@eiu.edu
George Thompson	gftompson@eiu.edu
Kenneth Wetstein	kawetstein@eiu.edu

Further information regarding the Department of Counseling and Higher Education may be found on the department's webpages at www.eiu.edu/che.

Policy for food and drink in CHE

NO food or drinks are allowed in the Counseling Labs (Rooms 2118-2126) and Classroom BH2125.

From the President

COVID Information from President Glassman

Please see important information from President Glassman regarding FALL 2021 Semester at the following link: <https://www.eiu.edu/covid/masks.php>

To stay up to date on all things COVID related, please visit the following EIU COVID HUB page: <https://www.eiu.edu/covid/index.php>

From the Department

[Dr. Richard Roberts begins final year as chair](#)

After 24 years as Chair of CHE, Dr. Roberts will be stepping down at the end of July, 2022. "It has been my pleasure to serve the department and work with such great faculty and students over the years. My plans are to take a retraining leave in the Fall of 2022 and resume faculty duties in 2023. I look forward to working with students in a different capacity for a few years before retirement".

Richard L. Roberts, Ph. D., Chair

Congratulations

[Congratulations to our DFI Award winners](#)

Congratulations to Brandy Matthews (CSA) and Nyjah Lane (CSA) on being selected as recipients of a Diversifying Higher Education Faculty in Illinois (DFI) Fellowship Award from the Illinois Board of Higher Education. The DFI program annually offers competitive Fellowship Awards to over 100 Illinois minority graduate students. The DFI Fellowship programs help minority students completing graduate degrees, and those who are interested in leading two faculty or staff positions at Illinois higher education institutions. One of the goals of DFI is to increase the number of minority full-time tenure track faculty and staff at Illinois' two- and four-year, public and private colleges and universities.

New Faculty

[Welcome to Dr. Paige Spangler](#)

We are honored to have Dr. Paige Spangler join our faculty in the CHE Department. Dr. Spangler received her PhD in Counselor Education and Supervision from Northern Illinois University.

Special note from Dr. Spangler

I am so excited to be joining the faculty of the Department of Counseling and Higher Education for the 2021-2022 academic year. I recently completed my PhD in Counselor Education and Supervision at NIU. I have been a practicing counselor for ten years. My areas of clinical expertise are using creative interventions, EMDR, play therapy, and teaching tools for emotional regulation, meaning making, and mindfulness. My research interests are with the wellness of counselors, creativity in counseling, grief, and meaning making. I taught the Practicum course at EIU in past years and for spring 2021. I love working with students and watching them grow as people and clinicians.

A personal note about myself: spending time in nature has always been an important value of mine but the pandemic thrust me into a greater immersion in nature trailing and photography. Stepping out of

Welcome to Dr. Paige Spangler- Continued

my office/house and out into the wild woods helped me more deeply discover the power of the beauty that surrounds us. The photograph below is of a male Baltimore Oriole that I spotted this summer. The patience and quiet it takes to see nature in action is a skill I am still working on, but I always feel elated when my camera captures the same beauty I witness with my own eyes. Here are two quotes that I use as anchors of hope for what may come & I hope they may inspire hopefulness in you all for the year ahead:

“There is something infinitely healing in the repeated refrains of nature -- the assurance that dawn comes after night, and spring after winter.” — Rachel Carson

“Letting there be room for not knowing is the most important thing of all. When there's a big disappointment, we don't know if that's the end of the story. It may just be the beginning of a great adventure.”
— Pema Chödrön

- Dr. Paige Spangler



New HECC Adjunct Faculty – George Thompson

We are excited to welcome Dr. George F. Thompson to our CHE Faculty team. Dr. Thompson is a new adjunct faculty member teaching CHD 5887, Academic Advising in Higher Education online program. Dr. Thompson, earned his M.S. degree in Student Affairs in Higher Education at Miami



University (OH) and his Ph.D. in Counseling and Student Personnel Services at the University of Georgia. His doctoral dissertation was entitled “A student examining the relationship between college majors and future careers.” George has focused his professional work and scholarship on assisting academically at-risk college students reach their personal goals in higher education. He currently serves as the Coordinator for Advising and Outreach in the Centers for Learning, Advising and Student Success at the University of Massachusetts Lowell. He has served students professionally as an academic advisor, faculty member, and administrator at institutions such as the University of

California Davis, the University of Southern California, Northeastern University, and Bentley University. George has also travelled extensively with students as a part of graduate experiential education programs across Europe, the Middle East, and Africa.

HECC Online Program

The Department is pleased to announce that our 1st COHORT of HECC Online Program will graduate May 2022 and we will be starting the next cohort Summer 2022.

Graduation

Graduation Application

The last day to apply or reapply for graduation for the Fall is November 2, 2021.

Applications may be obtained through the PAWS System. After signing on to PAWS, click on the Records tab to arrive at the application. Commencement will be held on **December 18, 2021**. Look at this website for information on how to apply, including deadlines and cap and gown information: <http://www.eiu.edu/registra/graduation.php>

Additional information about Fall 2021 Commencement can be found at:

<https://www.eiu.edu/commence/index.php>

Practicum/Internship – MANDATORY MEETINGS

Supervised Experience (Practicum/Internship) Informational Meeting for SPRING 2022

Clinical and School Counseling students who plan to enroll in Practicum (CHE 5630) or Supervised Clinical Experience (CHE 6900) or Supervised School Experience (CHE 6920) during Spring 2022 **must attend one** of the following **mandatory** informational meetings:

Clinical Counseling – watch EIU email for updates from Dr. Yoder

- Monday, September 13, 2021– 11:30 AM (Room 1180, Buzzard Hall)
- Thursday, September 23, 2021 –11:30 AM (Room 1180, Buzzard Hall)

School Counseling – watch EIU email for updates from Dr. Larson

- Monday, September 13, 2021– 3:00 PM (Room 1302, Buzzard Hall)
- Tuesday, September 14, 2021 –Noon (Room 1302, Buzzard Hall)

Students must attend this meeting or enrollment will not be allowed. Students who are completing 2nd semester internships at the same site as their first semester are not required to attend the meeting, but **do need to submit a new application and contract.**

- **Contracts for Spring Clinical and School Counseling Practicum or Internship are due: November 1, 2021.**

Counseling Students – IMPORTANT INFORMATION

PROFESSIONAL INSURANCE REQUIREMENT FOR COUNSELING STUDENTS

In order to keep up with CACREP Accreditation requirements, we require all Practicum/Internship students to obtain Individual Professional Insurance. Additional information can be found on the Student Resources Practicum/Internship page and at the link below:

<https://www.eiu.edu/counseling/Professional.Liability.Coverage.starting.FALL.2020.pdf>

Comprehensive Examination

Passing the Comprehensive Examination is required for ALL Clinical AND School Counseling students. Due to capacity restrictions, we are testing in groups this year:

- Clinical students signed up to test, will test on Thursday, September, 16, 2021 3 -4 p.m.
- School students signed up to test, will test on Thursday, September 23, 2021 3-4 p.m.

The test will take place in the Gregg Technology Center on both dates. If you are taking the NCE in the fall, it is suggested that you take the comprehensive examination in preparation for the NCE. **It is required that 2nd year clinical students take the comprehensive exam in September in preparation for the NCE exam.**

NBCC GSA-NCC Licensure Examination (Clinical Counseling)

The exam window for this semester is October 15 – November 27, 2021. Registration for the Fall NCE exam is closed. Registrants will receive an exam admission letter about 10 days prior to the exam date window. There are study materials on the website

<https://www.nbcc.org/Exams/ExamPrep>.

Planning on taking the NCE SPRING 2022?

If you are interested in taking the NCE Exam in the Spring semester 2022, please email CHE Office Manager the following information to be placed on the Department roster, which is submitted to NBCC:

- legal first and legal last name* (no nicknames or shortened names- must match ID)
- email address* (we will use your EIU email – *use this to register so everything matches*),
- degree track* (clinical or school)
- expected graduation date* (month/year)

Reminders will be emailed to everyone regarding deadlines.

Please note, the Department Roster ONLY certifies with NBCC that you are *eligible* to register for the NCE. You will still need to **register for the exam and payment is required at the time of registration. *The cost is approximately \$300.00 to take the NCE.*

Conferences

[Play Therapy Conference at EIU](#)

The Department of Counseling and Higher Education will be hosting a Play Therapy Conference, with guest speaker, Sophia Ansari, LPCC, RTI on Friday, November 5th from 8:30 a.m.-3:30 p.m. in the MLK Union, University Ballroom. Please find additional information at the end of the Newsletter and at

<https://www.eiu.edu/counseling/continuinged.php>

[5th Annual Together We RISE \(Reaching Inclusivity for Student Excellent\) Conference](#)

The annual RISE conference at EIU provides faculty and staff the strategies and tools to support students' academic success. The conference is also designed to raise awareness of the diverse challenges our students face, whether as members of underrepresented groups, as first-generation college students, as non-traditionally aged students, or as students with disabilities. The 5th annual conference will be held virtually on October 15th, 2021. To learn more go to

<https://www.eiu.edu/mei/conference.php>



[2021 ICA Annual Conference](#)

The Illinois Counseling Association (ICA) 73rd Annual Conference will be held on October 28-30, 2021 in Lisle, IL. Watch the ICA Website for more information: www.ilcounseling.org



**Fostering Hope & Healing
Through Counseling and Social Justice**

**Illinois Counseling Association
73rd Annual Conference • Lisle, IL**

2022 ICA Southern Conference - TBD

The Illinois Counseling Association (ICA) Annual Southern Conference TBA. Usually held in mid-March each year in Collinsville, IL. Watch the ICA Website for more information and registration: www.ilcounseling.org

2021 ISCA Annual Conference

The Illinois School Counselor Association (ISCA) Annual Conference will be held on November 1-2, 2021 at the Tinley Park Convention Center, Tinley Park, IL. Watch the ISCA Website for more information: <https://ilschoolcounselor.org/ISCA-Annual-Conference-Nov-1st-&-2nd>



2022 ACA Annual Conference

The American Counseling Association (ACA) Annual Conference will be held on April 7-10, 2022 – SAVE THE DATE. Watch the ACA Website for details and information: <https://www.counseling.org/conference/conference-2022>

2022 ACPA Convention

American College Personnel Association (ACPA) Annual Conference will be March 6 – 9, 2022 in St. Louis, Missouri. The conference registration form may be obtained at the ACPA Website: <http://convention.myacpa.org/stlouis2022/>. There are also many other conferences throughout the year, so please check out their website for details of all events.



*Right Where We're
Supposed to Be.*

2022 NASPA Annual Conference

The National Association of Student Personnel Administrators (NASPA) Conference will be held from March 19 – 23, 2022 in Baltimore, MD. Watch the website for additional information. Conference registration form may be obtained at the NASPA Website:

www.naspa.org



Counselor Licensure

The Professional Counselor and Clinical Professional Counselor Licensing Act became effective January 1, 1993. It requires licensure to provide professional counseling services to individuals, couples, groups, families and organizations in any field of professional counseling. Application may be obtained at <http://www.idfpr.com/profs/ProfCounselor.asp>

Library Hours

The regular hours for Booth Library for the Fall Semester are as follows:

Monday-Thursday 8:00 a.m. – 12:00 a.m.

Friday 8:00 a.m. – 5:00 p.m.

Saturday 9:00 a.m. – 5:00 p.m.

Sunday 12:00 p.m. – 12:00 a.m.

<http://www.library.eiu.edu/hours/index.php>

Accountability

For information on Assessment Data collected about our programs please see the following pages:

COUNSELING: <https://www.eiu.edu/counseling/about.php>

COLLEGE STUDENT AFFAIRS: <https://www.eiu.edu/collegestudentaffairs/about.php>

Grants and Awards

Competitive Awards for Graduate Students

For a listing of all scholarships and awards available to Graduate Students, please visit the following sites:

https://www.eiu.edu/graduate/students_awards_competitivestudent.php

<https://eiu.academicworks.com/>

Williams Travel Grant

The Department encourages graduate students to present at professional conferences. The deadline for fall semester is the **first Friday in November (Nov. 5th)** and the deadline for spring semester is the first **Friday in February (Feb. 4th)**. Additional information about this grant and other awards available may be found at:

http://www.eiu.edu/graduate/students_awards_competitivestudent.php

Williams Travel Grant Applications may be obtained on-line at:

<http://www.eiu.edu/graduate/machform/view.php?id=17>

Eberly Wallace Scholarship

This award is created for the purpose of providing financial assistance to graduate student(s) in the College Student Affairs program completing research, presenting projects, professional development and/or travel. Additional information about this grant and other awards available may be found at:

http://www.eiu.edu/graduate/students_awards_competitivestudent.php

Professional Organizations

Vital to any profession are the organizations it creates to further its standards, ethics, research, accreditation and governance. Students are urged to join appropriate professional organizations and to attend and present programs as well. Full-time students are offered membership at half price in any professional organization. Faculty members belong to professional organizations, attend conferences, present programs, and hold office. Students are encouraged to join but are not limited to the following organizations:

Association for Play Therapy (APT)

The Association for Play Therapy (APT) is a national professional society comprised of professionals in all mental health fields across the world. APT has developed a brief video, **Play Therapy Works!**, that speaks to the value of play, play therapy, credentialed play therapists, and membership in the Association for Play Therapy.

For free student e-membership for Association for Play Therapy. Here is the link-

https://www.a4pt.org/general/register_member_type.asp?

<https://www.a4pt.org/>

American Counseling Association (ACA)

The American Counseling Association is the national professional association for counselors. ACA has been instrumental in setting professional and ethical standards for the counseling profession. The Association has made considerable strides in accreditation, licensure, and national certification. It also represents the interests of the profession before Congress and federal agencies. (ACA has 16 specialty divisions, which provide you with information and resources specific to your needs and interests.)

<http://www.counseling.org>

American College Personnel Association (ACPA)

ACPA is headquartered in Washington, D.C. at the National Center for Higher Education. They are the leading comprehensive student affairs association that advances student affairs and engages students for a lifetime of learning and discovery.

<http://www.myacpa.org/>

Illinois Counseling Association (ICA)

The Illinois Counseling Association is the state branch of the national association. The Association is an education, scientific and professional organization whose members are dedicated to the enhancement of the worth, dignity, potential, and uniqueness of each individual, and thus to the service of society. Members subscribe to the Ethical Standards of the American Counseling Association. (ICA has 8 divisions, which provide you with information and resources specific to your needs and interests.)

<http://www.ilcounseling.org>

National Association of Student Personnel Administrators (NASPA)

NASPA's current mission is to serve student affairs administrators who work with students in higher education.

<http://www.naspa.org>

Department of Counseling and Higher Education presents:

2021 Play Therapy Conference

*Friday, November 5, 2021 8:30 a.m. – 3:30 p.m.
University Ballroom (2nd Floor) MLK Jr Union*

Using Superheroes and Pop Culture in Counseling and Play Therapy

Sophia Ansari, LPCC, RPT

Co-founder of Let's Play Therapy Institute

Sophia Ansari, LPCC, RPT, is a Licensed Professional Clinical Counselor, Registered Play Therapist, author, educator, and co-founder of Let's Play Therapy Institute. She provides workshops on play therapy to mental health professionals and educates parents and teachers on the importance of play as it relates to development and learning in the school setting. She is a passionate research trainer who has bridged her knowledge of neuroscience and creative therapies to provide in-depth and highly experiential trainings all over the world.

Sophia co-hosts [Hero Nation](#), a podcast on the Geek Therapy Network, which celebrates diversity in the media and explores how to use geek culture in therapy. Sophia earned her Bachelor of Science degree in Biology from Wright State University and her Master of Arts in Mental Health Counseling from the University of Cincinnati. For more information on Let's Play Therapy Institute visit, <https://letsplaytherapy.org/>

Program Description:

We all have memories of using a blanket as a makeshift cape, jumping off the couch and imagining as if we were flying high up in the sky amongst the clouds. Superheroes have been such an integral part of our childhood. The themes in our favorite comic books can be used to help children and adults with the struggles we all encounter at some point in our lives (losing a loved one, being bullied, making poor choices). The stories may be stories of fantasy but what makes them all relatable is that the characters and narratives are grounded in human emotion.

Superhero themes in play therapy can be used to assess a client's inner resources, their needs, strengths, and can provide valuable information in diagnosis and treatment. The creative counselor can incorporate several modalities of treatment such as play therapy, art, drama, cognitive behavioral therapy, bibliotherapy, acceptance and commitment therapy, positive psychology, and many other evidence-based modalities!

Schedule of Events

(8:30 a.m. – 3:30 p.m.)

8:30 - 9:30 AM	The Rise of Superhero Therapy
9:30 -10:15 AM	Creative Play Therapy Interventions Using Superheroes and Pop Culture
10:15 - 10:20 AM	Break
10:20 -11:30 AM	Creative Play Therapy Interventions Using Superheroes and Pop Culture
11:30 AM -12:30 PM	Lunch (on your own)
12:30 -2:00 PM	Pop Culture meets Positive Psychology: Strengths Based Play Therapy
2:00 -2:05 PM	Break
2:05 -3:30 PM	More Creative Play Therapy Interventions Using Superheroes and Pop Culture

For additional information on this conference, please visit: <https://www.eiu.edu/counseling/continuinged.php>

6 CEs offered through Eastern Illinois University- Counseling and Higher Education



Eastern Illinois University- Counseling and Higher Education has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 3066. Programs that do not qualify for NBCC credit are clearly identified. Eastern Illinois University- Counseling and Higher Education is solely responsible for all aspects of the programs.

2021 EIU PLAY THERAPY CONFERENCE

Friday, November 5, 2021

8:30am - 3:30pm

Using Superheroes and Pop Culture in Counseling and Play Therapy



Eastern Illinois University
University Ballroom (MLK Union)
600 Lincoln Avenue
Charleston, IL

*Presented by
Sophia Ansari, LPCC, RPT
Co-founder of Let's Play Therapy Institute*

For more information visit:
<https://www.eiu.edu/counseling/continuinged.php>

To register visit:
<https://commerce.cashnet.com/eiucoundev>

