

Advisement for Clinical Counseling Majors

Please sign your study plan + handbook agreement form following your advising meeting!

1. Although it is still early, start thinking about what kind of work you would like to do in the future (Who would you like to work with (children, adults, substance use, residential, community, etc.?) Knowing where you would like to end up can guide your practicum and internship experiences. You will start applying for practicum positions about half way through your first semester so start thinking about where you may want to apply early!
2. You have the option of taking one or two classes the summer before you begin your first official year in the program in the Fall (not required) to lighten your load during the time you take NCE. Your options include Professional Orientation (CHE 5510), and Theories of Counseling (CHE 5520).
3. Please refer to the rotation of classes document. Courses scheduled the first and third semester are always offered in the fall. Courses scheduled the second and fourth semester are always offered in the spring. Additional offerings may occur (such as Advanced Play Therapy, CHE 5645, offered during spring of your second year) but check with your advisor, especially if you are part-time.
4. The following describes the sequence of several courses which require outside of class clinical practice. **You will not be able to register for these classes on your own – the department (Wendy) will register you for these courses and will place you in the appropriate section.**

Basic Skills (CHE 5330) – at least 5 counseling sessions outside of class with other classmates on campus (may total up to 15 sessions over the course of the semester, 5 as the counselor, 5 as the observer, and 5 as the client). First semester, first year.

Practicum (CHE 5630) – 100 hours over the course of the semester, 40 hours must be direct service. Ten hours are from group counseling experience. (Usually, 8 to 10 hours a week on site) Two and a half hours in class and 1 hour supervision with instructor outside of class. Second semester, first year.

Internship (CHE 6900, 6901, 6902) – 300 hours over the course of the semester, 120 must be direct service. Your first internship (CHE 6900), will take place the summer after your first year: 40 hours per week. Your second and third internships will take place during your second year (CHE 6901 – Fall, and CHE 6902 – Spring): 20 hours per week. Class usually meets twice a month for 2 and ½ hours.

5. Check your transcripts to ensure you have taken Abnormal Psychology within the previous five years. If you have not taken this course, you will need to take it prior to taking the Clinical Diagnosis course (CHE 5980) in the Spring of your first year as it is a prerequisite for the course.
6. Filming will be required for many of your courses, but especially for Basic Skills, Practicum, and Internship. While the department has recording equipment for on campus filming, you

will be required to film off campus at your practicum/internship sites. As such, please ensure that you have access to some way to film (video and audio), and a secure location to store these files. Some flash drives can be password protected for added security. **All recordings MUST be kept confidential!!!**

7. Each student is required to purchase their own liability insurance. You will need to submit proof of liability insurance to the department prior to starting your practicum/internship experiences. The following link will direct you to a handout that explains pricing and how to go about obtaining your insurance:
<https://www.eiu.edu/counseling/Professional.Liability.Coverage.starting.FALL.2020.pdf>
8. The APA format is required for all written assignments so be sure to keep a copy of the latest edition of the APA manual on hand.
9. Be sure to read department newsletter and attend mandatory meetings to be held the semester prior to taking practicum or internship. CHECK UNIVERSITY EMAIL.
10. Chi Sigma Iota is an international honor society for counselors, counselor educators and students that recognizes academic achievement and excellence in the field. A 3.5 GPA or higher is required so you will not be able to officially join until after your first semester in the program. However, you are still invited and strongly encouraged to participate in events during your first semester to get a feel for the program and to connect with classmates in your year as well as with the second years. Second year members provide mentorship to incoming first years and serve as support throughout the program. Benefits of membership include help with networking, the opportunity to access webinars and exclusive resources, and acknowledgement of your hard work that you can reflect on your resumes and vitas - it also looks great on applications for work or doctoral programs!
11. During your second year, you will take the comprehensive program exam. This exam must be passed in order to graduate and is used to help prepare you for sitting for the NCE exam (explained below). The comprehensive exam is typically taken on campus in October of your second year.
12. The NCE, or National Counselor Examination, is required to become licensed after graduation. As our program is CACREP accredited, you are eligible to sit for the exam during your second year in the program, prior to graduation, which makes the licensing process after graduation go quicker. You can choose to either take the exam during the Fall semester (November) or the Spring semester (April) of your second year. The exam costs around \$350 so budget accordingly. The exam is administered off-site. You will receive more information regarding the exam and subsequent licensure.
13. Apply for graduation at the beginning of the semester you are to graduate. If you are a full-time student, you will apply for graduation in March of your second year. The CHE department also holds a hooding ceremony the Friday before the official university graduation to celebrate your accomplishments as a department.

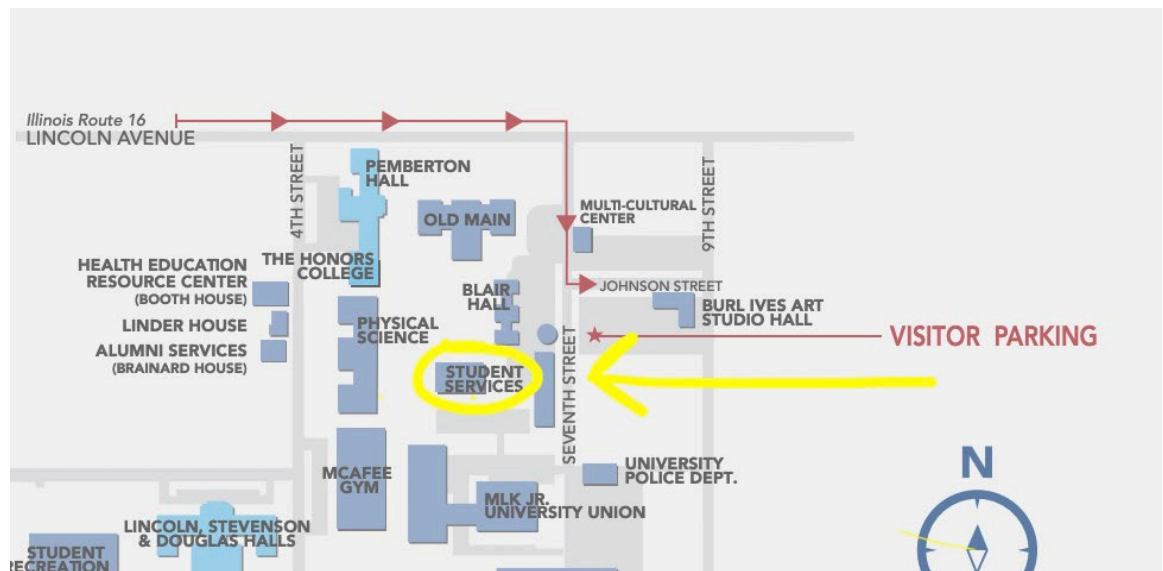
Additional Information:

1. Visit the Panther Card Office in the Student Services Building (Room 3040) to get your student ID.
 - Includes your photo for identification, your E-number used for student billing, and your library number
 - Allows you to check out books/materials from Booth Library
 - Grants access to computer labs
 - If you have a meal plan, you can swipe your Panther Card as payment

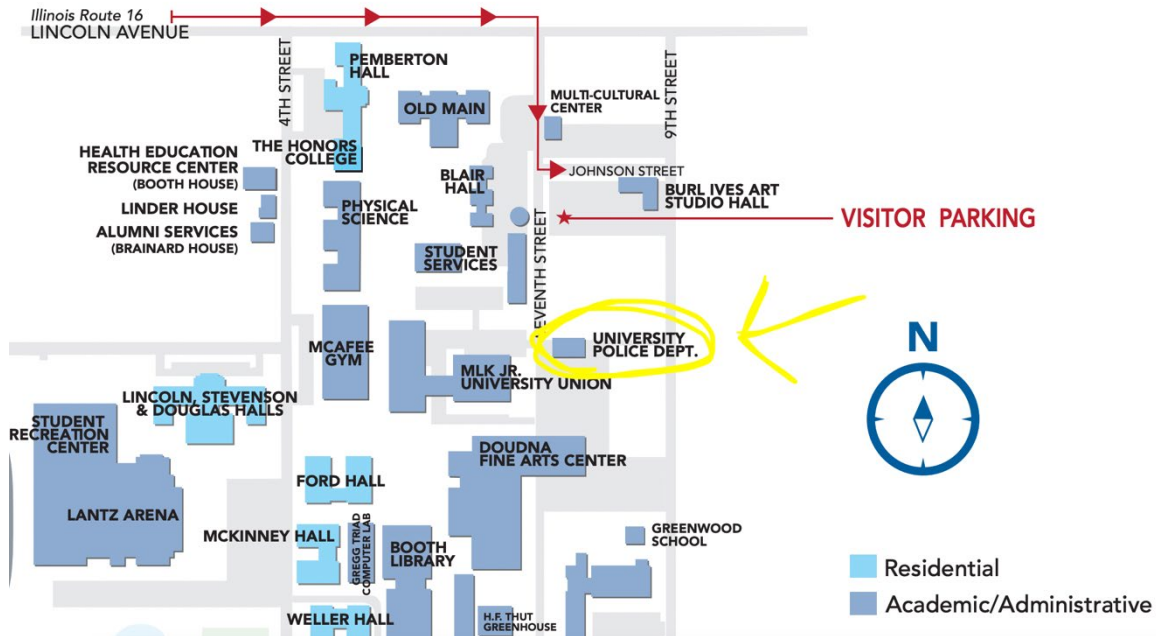
Fall & Spring Semesters: 7 a.m. - 4:30 p.m., Monday - Friday

Summer: 7:00 a.m. - 4:30 p.m. (closed noon - 12:30 p.m. for walk-ins), Monday – Thursday

7:30 a.m. - Noon, Friday



2. If you will be parking on campus, you will need to purchase a parking pass from the University Police Department.
 - You will need your driver's license, panther card, EIU login, license plate number; make, model, and color of the car; and the owner's name to purchase a parking pass.
 - To purchase, click on the following link: <https://eiuparking.t2hosted.com/Account/Portal>
 - You can pay via credit/debit card or have the charge billed to your student account
 - Upper-class permits are \$50/semester, \$100/year
 - Due to COVID-19 social distancing, most permits will be mailed to you but please double check when you are ordering your permit to see if you are required to pick it up in person as these rules may change from time to time. If you are able to purchase in person, the map below indicates where the police department/parking services office is located.



3. If you're new to Charleston:

- Dining options:
 - On campus: MLK Jr. University Union (Subway, Chick-fil-A, soup and salad bar, Panther Grill)
 - Off campus: https://www.tripadvisor.com/Restaurants-g35795-Charleston_Illinois.html
- Things to do:
 - Off campus:
 - https://www.charlestonillinois.org/t_attractions,
 - Lake Charleston – Hiking and Park: https://www.charlestonillinois.org/index.asp?SEC=A945C061-BF1E-44D1-905C-C1328548BF4D&Type=B_BASIC
 - On campus: <https://www.eiu.edu/slo/upcoming.php>
- Housing:
 - <https://www.apartments.com/charleston-il/>
 - <https://ppwrentals.com/>
 - http://www.grantviewapts.com/?gclid=Cj0KCQiA-aGCBhCwARIsAHD15x_uX-CrOR3ekS1hrz2c6cvKzTTypVC0hiSXVIVarNLabgKEU1j4oZMaAuCNEALw_wcB
 - <https://tricountymg.com/>
 - <https://youngstowncharleston.com/>
 - <https://www.macapartmentsllc.com/>
 - <http://apt.martyseiu.com/?GoogleBusiness>
 - <https://www.campuspointe-apts.com/>
 - <https://www.melroseonfourth.com/>
 - <https://www.woodrentals.com/>