

Eastern Illinois University Counseling Clinic Internship Training Program

Thank you for your interest in the internship program at our clinic. The EIU Counseling Clinic is accredited by the International Association of Counseling Services. The training program begins the week before the first week of classes of the Fall Semester and ends the last week of the Spring Semester. Interns are expected to work in the Counseling Clinic a minimum of 18 hours per week.

The following obligations are assumed by the Counseling Clinic in its commitment to trainees in the training program:

- The training program will provide reasonable, sufficient, and measured supervised practice opportunities. Interns will maintain a weekly caseload averaging 6-10 clients (approximately 12-20 total clients on caseload). Interns will be supervised individually for 1-1.5 hours a week with their individual onsite supervisor, an hour biweekly in group supervision, and interns will attend a weekly 1.5 hour clinical staff meeting.
- Through both supervision and the provision of written materials, the training program will provide interns with clear guidelines regarding professional standards, administrative requirements, and performance expectations.
- Formal written evaluations of intern's progress will be provided.

The following are some expectations of the interns in the training program:

- Interns are expected to adhere to and demonstrate the highest standards of ethical and professional conduct as outlined by the American Psychological Association, the American Counseling Association, the laws of the State of Illinois, and the Internal Governing Policies of Eastern Illinois University.
- Interns should demonstrate sensitivity to ethical issues and dilemmas that arise in their work with clients and carry out appropriate decision making in these situations and all other professional situations.
- Interns should demonstrate the willingness to appropriately **consult** with their supervisor regarding concerns related to their professional practice.
- Interns are expected to function in a manner consistent with that of any responsible employee which includes exhibiting respect,

- maintaining clear boundaries with clients and staff, and being aware of their personal functioning and how it is impacting their professional practice.
- Interns are expected to work a minimum of 18 hours a week with a caseload averaging between 6-10 clients a week (12-20 total), attend all supervision sessions, attend weekly staff meetings, create at least one outreach or prevention program a month, co-facilitate a group and video record (with client consent) all their sessions which will be used for training purposes with their site supervisor and in group supervision. **Recordings DO NOT leave the clinic.**

Application Process

NOTE: APPLICATIONS SHOULD ONLY BE MADE WITH THE PRIOR APPROVAL OF YOUR DEPARTMENT INTERNSHIP SUPERVISOR.

The Counseling Clinic requires that interns commit to two sequential semesters of internship training at the clinic. Prior counseling experience is strongly preferred.

Graduate students interested in an internship experience at the Counseling Clinic must submit application materials for consideration. These materials should include: (1) a letter of interest, (2) your resume, (3) three letters of reference (a letter from your Department Internship Supervisor may count but it must be in letter form and cannot merely be their permission for you to apply), and (4) written permission from your Department Internship Supervisor to apply (either letter or email). **The deadline for applying is March 3rd, 2023.** Materials should be submitted to Brad Coffey, Internship Coordinator, at the Counseling Clinic. The counseling staff will review these applications and schedule interviews with those students who appear to be viable applicants. To submit materials or ask questions, Brad Coffey can be reached via email (brcoffey@eiu.edu) We look forward to hearing from you.