**3 Pathways for Converting ACES to Biomedical Disease**

1. **Psychological:**
* Eating, drinking, smoking, street drugs, inactivity, promiscuity, gambling, etc.
1. **Neurophysiological:**
* Inflammation, Immune system alteration
1. **Epigenetic**

 **![C:\Users\lwilliams\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\WTNO129A\765px-Agouti_Mice[1].jpg]()**