

Department:	Health and Counseling Services: Health Education Resource Center
Position:	Mental Health Promotion Graduate Assistant (1 positions available)
Hours/Week:	19
Contract Dates:	July 19, 2023 – April 26, 2024 – Tentative – Subject to Change
Supervisor:	Emma Noble
Supervisor Contact:	eanoble@eiu.edu 217-581-7786
Benefits:	\$1000 per month

The Health Education Resource Center serves as the primary leader in the development and implementation of student focused health-related programs, campaigns, interventions, and one-on-one consultations. The HERC offers health prevention and promotion programming in the areas of sexual health, mental health, nutrition, violence prevention, alcohol and other drug abuse, bystander intervention, and many other topics.

During a typical year, HERC graduate assistants deliver over 200 presentations and workshops to more than 3000 contacts. Additionally they staff over 50 information tables are staffed, reaching an over an additional 4000 contacts. Through these services, HERC graduate assistants build skills and competencies in program planning and administration, event planning, evaluation and assessment, critical thinking, professional communications, and leadership.

Duties and Responsibilities:

- Plan, implement, and deliver group based programming and interventions on different mental health topics including stress management, relationships, consent, self-care, depression, anxiety, and bystander intervention.
- Develop and carry out mental health communication campaigns focused on topics as bystander intervention, consent, stress management, suicide prevention, and self-care.
- Deliver presentations, workshops and trainings.
- Develop and deliver tabling opportunities.
- Serve as a Liaison between Residence Life and Health and Counseling Services.
- Evaluate and assess programming efforts.
- Supervise undergraduate student workers and interns.

