

Eastern Illinois University
New/Revised Course Proposal Format
 (Approved by CAA on 4/3/14 and CGS on 4/15/14, Effective Fall 2014)

Banner/Catalog Information (Coversheet)

1. ☒ **New Course** or ☐ **Revision of Existing Course**
2. **Course prefix and number:** KSS 5107
3. **Short title:** Prevention Strategies in AT
4. **Long title:** Injury and Illness Prevention Strategies in Athletic Training
5. **Hours per week:** 1 Class 0 Lab 1 Credit
6. **Terms:** ☐ Fall ☐ Spring ☒ Summer ☐ On demand
7. **Initial term:** ☐ Fall ☐ Spring ☒ Summer Year: 2019
8. **Catalog course description:** Examination and analysis of essential illness and injury prevention strategies utilized in athletic training.
9. **Course attributes:**
 General education component: Not applicable
☐ Cultural diversity ☐ Honors ☐ Writing centered ☐ Writing intensive ☐ Writing active
10. **Instructional delivery**
Type of Course:
☒ Lecture ☐ Lab ☐ Lecture/lab combined ☐ Independent study/research
☐ Internship ☐ Performance ☐ Practicum/clinical ☐ Other, specify: _____
Mode(s) of Delivery:
☐ Face to Face ☒ Online ☐ Study Abroad
☐ Hybrid, specify approximate amount of on-line and face-to-face instruction _____
11. ☐ Course(s) to be deleted from the catalog once this course is approved.
☐ none _____
12. **Equivalent course(s):** none
 - a. **Are students allowed to take equivalent course(s) for credit?** ☐ Yes ☒ No
13. **Prerequisite(s):** Admittance into the Athletic Training professional master's degree program
 - a. **Can prerequisite be taken concurrently?** ☐ Yes ☒ No
 - b. **Minimum grade required for the prerequisite course(s)?** N/A

c. Use Banner coding to enforce prerequisite course(s)? ☒ Yes ☐ No

d. Who may waive prerequisite(s)?

☒ No one ☐ Chair ☐ Instructor ☐ Advisor ☐ Other (specify)

14. Co-requisite(s): ☐ none _____

15. Enrollment restrictions

a. Degrees, colleges, majors, levels, classes which may take the course: ☐ Restricted to students actively admitted into the Master's Degree in Athletic Training Program _____

b. Degrees, colleges, majors, levels, classes which may not take the course: ☐ Any Non-Athletic Training master's degree student _____

16. Repeat status: ☒ May not be repeated ☐ May be repeated once with credit

17. Enter the limit, if any, on hours which may be applied to a major or minor: _____

18. Grading methods: ☒ Standard ☐ CR/NC ☐ Audit ☐ ABC/NC

19. Special grading provisions:

☐ Grade for course will not count in a student's grade point average.

☐ Grade for course will not count in hours toward graduation.

☐ Grade for course will be removed from GPA if student already has credit for or is registered in: _____

☐ Credit hours for course will be removed from student's hours toward graduation if student already has credit for or is registered in: _____

20. Additional costs to students:

Supplemental Materials or Software ☐ N/A _____

Course Fee ☒ No ☐ Yes, Explain if yes _____

21. Community college transfer:

☐ A community college course may be judged equivalent.

☒ A community college may not be judged equivalent.

Note: Upper division credit (3000+) will not be granted for a community college course, even if the content is judged to be equivalent.

Rationale, Justifications, and Assurances (Part I)

1. _X_ Course is required for the major(s) of: Master's Degree in Athletic Training _____
____ Course is required for the minor(s) of _____
____ Course is required for the certificate program(s) of _____
____ Course is used as an elective

2. **Rationale for proposal** : Students admitted into the Athletic Training master's degree program are required to have the knowledge and skills to assist in the prevention of injury and illness with patients throughout their curriculum. This introductory course will provide students the foundational groundwork necessary for utilization of appropriate illness and injury prevention strategies associated with patient care.

3. **Justifications for (answer N/A if not applicable)**

Similarity to other courses: N/A

Prerequisites: Admittance into the Athletic Training professional master's degree program due to a secondary admissions process

Co-requisites: none

Enrollment restrictions: Restricted to students actively admitted into the Master's Degree in Athletic Training Program due to a secondary admissions process

Writing active, intensive, centered: N/A

4. **General education assurances (answer N/A if not applicable)**

General education component: N/A

Curriculum: N/A

Instruction: N/A

Assessment: N/A

5. **Online/Hybrid delivery justification & assurances (answer N/A if not applicable)**

Online or hybrid delivery justification: Offering KSS 5107 as an online course will provide more flexibility in the scheduling of courses and clinical field experiences for the students. All students admitted into the Athletic Training master's degree program will take this course online and will be beneficial to students who are commuting to EIU's main campus.

Instruction: The online component of the course will include a combination of synchronous and asynchronous learning activities included but not limited to: video lectures, posted

readings, drop box assignments and threaded discussions All instructors who teach this course online will have completed EIU OCDi training or equivalent.

Integrity: Written assignments will be subjected to originality checking software (e.g. Turnitin) and students will need to log into an online course management system (e.g. D2L) using network passwords to access course materials, assignments, quizzes and exams. Online quizzes and tests will include randomized questions, time limits for quizzes and exams as well as utilizing a “lock down” browser that restricts simultaneous web browsing (e.g. Respondus).

Interaction: The faculty member and students will communicate through email, discussion boards and chat functions associated with the online course management system utilized (e.g. D2L).

Model Syllabus (Part II)

Please include the following information:

1. Course number and title: KSS 5107 – Injury and Illness Prevention Strategies in Athletic Training
2. Catalog description: Examination and analysis of essential illness and injury prevention strategies utilized in athletic training
3. Learning objectives:

LEARNING OBJECTIVE	GRADUATE LEARNING GOAL
1. Examine current standards that protect the healthcare provider from injury and illness while in the workplace	1,2
2. Evaluate pre-activity processes designed to protect the patient during training and competition	1,2
3. Analyze various professional position statements published by the National Athletic Trainer’s Association	1,2,3,4
4. Critically compare concussion testing protocols	1,2,3,4
5. Evaluate injury prevention & protective equipment strategies commonly utilized in athletic training	1,2

4. Course materials:

Prentice, W. *Arnheim’s Principles of Athletic Training* (16th ed). McGraw-Hill, 2017.

5. Weekly outline of content.

Online: Each week will be constructed on the assumption of a minimum of 50 minutes for synchronous and asynchronous online interaction through learning activities (threaded discussions, online assessments, etc) in addition to 100 minutes of reading, review, research and preparation on the part of the student.

WEEK	CONTENT	OBJECTIVE
Week 1	Bloodborne Pathogens/OSHA/Healthcare Provider Immunizations	1
Week 2	Emergency Action Plans	2
Week 3	Components of a Pre-Participation Exam	2
Week 4	Risk factors for Illness and Injury	2
Week 5	Concussion Position Statements/Management	2,4
Week 6	Concussion Testing Protocols	2,4
Week 7	Environmental Position Statements	3
Week 8	Training in Extreme Conditions	2,3
Week 9	Prevention & Management of Skin Conditions/Trauma	3
Week 10	Prevention & Management of General Medical Conditions Position Statements	3
Week 11	Disqualifying Medical Conditions	3
Week 12	Proper Activity Attire/Proper Fitting of Attire to Prevent Injury	2,5
Week 13	Training & Competition Surfaces & Patient Safety	2
Week 14	Splints, Braces & Corrective Devices	2,5
Week 15	Protective Equipment	2,5
Week 16	Final exam	1-5

6. Assignments and evaluation, including weights for final course grade.

Assignments (including but not limited to): (20%)

Threaded discussions

Interactive reading assignments

Research: (20%)

Position statement analysis

Critical comparison of concussion testing protocols

Assessments: (60%)

Weekly quizzes

Comprehensive midterm exam

Comprehensive final exam

7. Grading scale.

A = 90-100% of total points

B = 80-89% of total points

C = 70-79% of total points

D = 60-69% of total points

F < 60% of total points

8. Correlation of learning objectives to assignments and evaluation.

OBJECTIVE	ASSIGNMENTS (20%)	RESEARCH (20%)	ASSESSMENTS (60%)
1	X		X
2	X		X
3	X	X	X
4	X	X	X
5	X		X

Date approved by the department or school: September 22, 2017

Date approved by the college curriculum committee:

Date approved by the Honors Council (*if this is an honors course*):

Date approved by CAA: CGS: