

**Department of Recreation Administration****Program Revision Request: Recreation Administration: Therapeutic Recreation Option (B.S.)****Summary of requested changes, with rationale:****Core Requirements**

- Remove HST 2320 – First Aid and Emergency Care (including Basic CPR skills). Credits: 3
  - The Department of Health Promotion is supportive of this request.
  - National Council for Therapeutic Recreation Certification (NCTRC) accrediting body does not require students to receive the content in the curriculum.
- Remove KSS 2440 – Structural Kinesiology. Credits: 3
  - NCTRC supportive coursework requirements already met with Biology courses.
- Add NUR 3203 – Medical Terminology. Credits: 3
  - Medical terminology is a core-related content area on the Certified Therapeutic Recreation Specialist (CTRS) exam.
  - Approval for adding this course has been received from the nursing program chair.

**Electives**

- Add KSS 2440 – Structural Kinesiology. Credits: 3
  - More valuable as an elective for Therapeutic Recreation students.

**Effective Date:** Fall 2018**Date of Departmental Approval:** January 24, 2018**Date of College Curriculum Committee Approval:****Date of CAA Approval:**

# Recreation Administration: Therapeutic Recreation Option (B.S.)

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**Total Semester Hours Required for the Degree: 120 semester hours**  
**The Therapeutic Recreation Option Comprises:**

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**Semester Hours Required for the Therapeutic Recreation Option: ~~84-85~~ 81-82 semester hours**

- BIO 1001G - Biological Principles and Issues. Credits: 3
- (See Footnote \*\*\*)
- or
- BIO 1500 - General Biology I. Credits: 4
- BIO 2210 - Anatomy and Physiology I. Credits: 4
- BIO 2220 - Anatomy and Physiology II. Credits: 4
- FCS 1800 - Lifespan Human Development. Credits: 3
- HST 2000 - Principles of Human Health. Credits: 3
- ~~HST 2320 - First Aid and Emergency Care (including Basic CPR Skills). Credits: 3~~
- ~~KSS 2440 - Structural Kinesiology. Credits: 3~~
- **NUR 3203 - Medical Terminology. Credits: 3**
- PSY 1879G - Introductory Psychology. Credits: 3
- (See Footnote \*\*\*)
- PSY 3780 - Abnormal Psychology. Credits: 3
- REC 1320 - Leadership in Recreation. Credits: 3
- REC 1780 - Introduction to Recreation Services. Credits: 3
- REC 2250 - Recreation Services for People with Disabilities. Credits: 3
- REC 2290 - Programming for Leisure Agencies. Credits: 3
- REC 3000 - Foundations of Therapeutic Recreation. Credits: 3
- REC 3111 - Therapeutic Recreation Modalities and Facilitation Techniques. Credits: 3
- REC 3250 - Evidence Based Intervention Planning in Therapeutic Recreation. Credits: 3
- REC 3360 - Advanced Therapeutic Recreation Processes. Credits: 3
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- REC 3550 - Fieldwork in Recreation I. Credits: 3
- or
- REC 3551 - Fieldwork in Recreation II. Credits: 3
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- REC 4274 - Pre-Internship & Career Development in Recreation. Credits: 1
- REC 4275 - Internship. Credits: 6
- (6 sem. hrs.)
- REC 4355 - Assessment and Administration in Therapeutic Recreation. Credits: 3
- REC 4600 - Planning and Design of Leisure Facilities. Credits: 4
- REC 4710 - Therapeutic Recreation Seminar. Credits: 1
- REC 4740 - Research and Evaluation in Leisure Studies. Credits: 3
- REC 4830 - Administration of Leisure Services. Credits: 3

## 4 Semester Hours of REC Electives Chosen From:

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- REC 2500 - The Challenge of Leisure. Credits: 3
- REC 3300 - Commercial and Employee Recreation. Credits: 3
- REC 3310 - Travel and Tourism. Credits: 3
- REC 3320 - Festivals and Special Events. Credits: 3
- REC 3510 - Camp Administration and Leadership. Credits: 2
- REC 3560 - Outdoor Living Skills. Credits: 2
- REC 3860 - Environmental Interpretation. Credits: 2
- REC 3900 - Operation of Recreation Facilities. Credits: 3
- REC 3910 - Computer-Related Technologies in Recreation. Credits: 3
- REC 3960A - Special Topics: Consortium. Credits: 3
- or REC 3960B-M
- REC 47411 - Independent Study. Credits: 1
- or REC 47412 or REC 47413
- REC 4850 - Financial Practices for Leisure Service Agencies. Credits: 3
- REC 4950 - Leisure and Aging. Credits: 3
- **KSS 2440 – Structural Kinesiology. Credits: 3**

## 3 Hours of Electives for NCTRC Certification Approved by Advisor and Department Chair\*\*

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### Footnotes:

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Prerequisite for Internship in Recreation – must have completed all other core courses in the Recreation Administration major or permission of the Chair or Internship Coordinator, and have at least a 2.0 cumulative and major GPA.

Fieldwork (REC 3551) requires 15 hours per week of practical experience at a field based site along with a one hour weekly class session. Enrollment is limited as sites in the immediate area are limited.

\* Internship (Recreation Administration 4275) must be served in a clinical, residential or community-based therapeutic program under the supervision of a Certified Therapeutic Recreation Specialist (CTRS) by the National Council for Therapeutic Recreation Certification.

\*\* In order to seek certification by the National Council for Therapeutic Recreation Certification (NCTRC), the student must select one or more courses from the following five departments: family and consumer sciences, health promotion, kinesiology, psychology, or sociology.

\*\*\* BIO 1001G and PSY 1879G also meet general education requirements.

(Major GPA based on all Recreation Administration courses taken at EIU.)