

EFFECTIVE DATE: FALL 2014

Program Revision Request: **B.S. in Kinesiology & Sports Studies: Physical Education Teacher Certification Option K-12 Special Certificate**

Reason for the Request:

To align the Physical Education Teacher Education (PETE) Program with the overall mission of Eastern Illinois University, the proposed changes are designed to increase the rigor and improve the professional preparation of the Physical Education Teacher Certification Option. The program believes these changes are necessary to better prepare pre-service teachers for a career as a physical education teacher and to ultimately impact learning of their students. The following are the proposed changes for the Physical Education Teacher Certification Option K-12 Special Certificate:

- For the KSS 2000 course, the original catalog has it coded as a 0-2-1. We are proposing it be coded as a 1-1-1 to more accurately represent the lecture lab format of the course.
- For the core requirements, the KSS 2860 (Teaching Health-Related Fitness) course would be added to the plan of study. The course would build off the introductory materials offered in KSS 2850 (Fitness for Life) and how it can be implemented into a K-12 physical education curriculum. In addition, the course would strengthen our pre-service teachers' content knowledge of health-related fitness, which is a component of the Illinois Physical Education State Content Test. The course would be worth 2 credits for students.
- For the core requirements, the KSS 3600 (Introduction to Elementary School Physical Education) course would change to KSS 2400. The rationale for the course number change is due to the fact that the PETE Program suggests the course number be lower than the Departmental Methods Courses (KSS 3400/3401). In addition, the course is a prerequisite to KSS 3400/3401 and the course is an introduction to elementary physical education content, which is suitable for a sophomore/junior level course. Furthermore, due to the elimination of KSS 3641, the rhythm, dance, and tumbling content would be infused into the KSS 2400 course.
- For the core requirements, the KSS 3641 course would be eliminated. The rationale for this change is due to the fact that the rhythm, dance, and tumbling content would be infused into the KSS 2400 course.

- For the core requirements, the KSS 4470 (Measurement and Evaluation in Physical Education) course would change to KSS 4470 (Assessment in K-12 Physical Education). The rationale for the course name change aligns with NASPE terminology for an assessment course in a PETE pre-service teacher preparation program.
- For the KSS Technique and Theory courses, the courses would change from electives to required courses for PETE Majors. In addition, the change from electives to required courses provides PETE students exposure to a variety of racket sports, team sports, target sports and dance. It is proposed to reduce the total number of credits from 10 credits to 8 credits. The rationale for this change is due to the fact that each course has added one extra content area to better prepare teachers in a K-12 physical education setting. Each course would be worth 2 credits for students. The proposed required Technique and Theory courses are as follows:

KSS 2101 - Technique and Theory of Badminton, Tennis and Pickleball

KSS 2102 – Technique and Theory of Golf, Bowling and Disc Golf

KSS 2360 - Technique and Theory of Volleyball, Ultimate Frisbee and Lacrosse

KSS 2220 - Technique and Theory of Dance

- For the KSS Coaching courses, the proposed change would be from 3 semester hours to 2 semester hours for all coaching courses. The rationale for this change is due to the fact that in the current catalog, the coaching courses were inconsistent with respect to lecture/lab hours (2-1-2, 2-2-3, etc.). The proposed change would make each coaching course a 2-1-2 to better align with lecture/lab expectations for the coaching courses. In addition, the PETE Program has proposed offering a new softball coaching course to add more variety of choices for students.
- For the KSS Activity courses and Aquatics course, the proposed change would be to eliminate these courses as part of the PETE Plan of Study. The rationale for this change is due to the fact that more variety of content has been added to the Technique and Theory courses (from two to three). In addition, the NASPE Accreditation expectations do not require specific activity courses. Furthermore, the new proposed KSS 2860 course will address content specific to aerobic and strength/endurance activities as they relate to physical education and teaching in schools.

- For the catalog footnotes, the following proposed changes are as follows:

The Aquatics Proficiency statement would be eliminated as there is no longer an aquatic activity requirement. The NASPE Accreditation expectations do not require specific activity courses.

The Departmental Approval to Kinesiology & Sports Studies should state that students must receive a grade of “C” or better in all courses toward their degree.

This statement will be added to the new catalog: See catalog for information regarding university approval to take teacher education courses.

PART VII: APPROVALS

Date approved by the department or school: October 25, 2013

Date approved by the college curriculum committee:

Date approved by the Honors Council (*if this is an honors course*):

Date approved by CAA: CGS:

Kinesiology & Sports Studies: Physical Education Teacher Certification Option K-12 Special Certificate (B.S.)

Current Catalog Copy

Total Semester Hours Required for the Degree: 120 semester hours

Core Requirements

Kinesiology & Sports Studies Course Work

Total Semester Hours: 52

- BIO 2001G - Human Physiology. Credits: 4
- KSS 1500 - Kinesiology and Sports Studies as a Profession. Credits: 2
- KSS 2000 - Technique and Practice of Teaching Physical Education Activities. Credits: 1
- KSS 2440 - Structural Kinesiology. Credits: 3
- KSS 2450 - Physical Education for Exceptional Individuals. Credits: 3
- KSS 2850 - Fitness for Life. Credits: 3
- KSS 3400 - Secondary Physical Education Methods. Credits: 4
- KSS 3401 - Elementary Physical Education Methods. Credits: 4
- KSS 3600 - Introduction to Elementary School Physical Education. Credits: 2
- KSS 3641 - Rhythms/Dance/Tumbling for Elementary Physical Education. Credits: 1
- KSS 4320 - Organization, Administration, and Curriculum in K-12 Physical Education. Credits: 3
- KSS 4340 - Principles of Exercise Physiology. Credits: 3
- KSS 4470 - Measurement and Evaluation in Physical Education. Credits: 3

Electives From the Following Kinesiology & Sports Studies 2000-level Technique Courses

Two From:

- KSS 2101 - Technique and Theory of Badminton and Tennis. Credits: 2
- KSS 2102 - Technique and Theory of Golf and Bowling. Credits: 2
- KSS 2103 - Technique and Theory of Track and Field and Weight Training. Credits: 2
- KSS 2104 - Technique and Theory of Aerobic Exercise and Strength Training. Credits: 2

Two From:

- KSS 2106 - Technique and Theory of Team Activities. Credits: 2
- KSS 2360 - Techniques and Theory of Softball and Volleyball. Credits: 2
- KSS 2380 - Technique and Theory of Flag Football and Basketball. Credits: 2
- KSS 2390 - Technique and Theory of Soccer/Speed-ball, and Modified Team Sports. Credits: 2

One from:

- KSS 2220 - Technique and Theory of Folk, Square, and Ballroom Dance I. Credits: 2
- KSS 2230 - Technique and Theory of Modern Dance I. Credits: 2

3 Semester Hours from Kinesiology & Sports Studies Coaching Courses

Kinesiology & Sports Studies Activity Courses:

- 3 Semester Hours Electives from Kinesiology & Sports Studies 1000-level courses (Must be different activities.)
- Include one aquatics course or proficiency
- And either KSS 1600 or 1692

- KSS 1600 - Weight Training. Credits: 1
OR
- KSS 1692 - Aerobic Exercise. Credits: 1

7 weeks of Coaching at student teaching site school; required during student teaching

Kinesiology & Sports Studies Courses: 29 hours

- EDF 2555G - Education in a Diverse Society: The Multilingual/Multicultural Classroom. Credits: 3
(May also be used to satisfy General Education (Social and Behavioral Sciences) and Diversity requirement.)
- EDF 4550 - Critical Focus on Education. Credits: 3
(EDF 4450 may be substituted for EDF 4550 if taken prior to Fall 2013.)
- EDP 3331 - Theories of Learning and Development for Secondary Teachers. Credits: 3
- SED 3330 - Instructional Tasks in the Secondary School. Credits: 4
- SED 4330 - Literacy, Assessment, and Differentiation in Secondary Schools. Credits: 3
- STG 4000 - Multicultural/Disabilities Practicum. Credits: 1
- STG 4001 - Student Teaching. Credits: 12-16
(Register for 12 semester hours)

Footnotes:

NOTE: Minor in Teacher Certification strongly recommended. Minor courses can be substituted for electives.

Aquatics Proficiency: If you pass the aquatics proficiency exam, you must then take an additional KSS activity course. You are required to have 3 different activities.

Students must complete all the professional coursework under the Regular Secondary Education Professional Education Course Sequence.

Selection to Teacher Education programs should occur following the freshman year but no later than the end of the sophomore year (for transfer students this should occur no later than the end of their first semester at EIU). Selection requires that students pass the Illinois Certification Test of Basic Skills/Test of Academic Proficiency or document a composite score of 22 or higher on the ACT plus Writing.

University Approval to Take Teacher Education Courses should occur at the end of the first semester junior year with Formal University Admission to Teacher Education occurring at the end of the junior year. See the Teacher Certification Program section of this catalog for more information.

Departmental Approval to Kinesiology & Sports Studies must take place after formal admission and acceptance to teacher education. Students must receive a grade of "C" or better in all KSS courses and BIO 2001G in order to apply for formal admission to the Kinesiology & Sports Studies Department and continue in the program.

Departmental Approval to Student Teach must be granted prior to Student Teaching. Students must also pass the Illinois Certification Content Area test for their major prior to student teaching.

Students must pass the appropriate Assessment of Professional Teaching (APT) test before they can graduate from a teacher certification program.

(Major GPA based on all Kinesiology & Sports Studies courses taken at EIU.)

Kinesiology & Sports Studies: Physical Education Teacher Certification Option K-12 Special Certificate (B.S.)

Proposed Catalog Copy

Total Semester Hours Required for the Degree: 120 semester hours

Core Requirements

Kinesiology & Sports Studies Course Work

Total Semester Hours: ~~52~~ 47

- BIO 2001G - Human Physiology. Credits: 4
- KSS 1500 - Kinesiology and Sports Studies as a Profession. Credits: 2
- KSS 2000 - Technique and Practice of Teaching Physical Education Activities. Credits: 1
- KSS 2440 - Structural Kinesiology. Credits: 3
- KSS 2450 - Physical Education for Exceptional Individuals. Credits: 3
- KSS 2850 - Fitness for Life. Credits: 3
- ~~KSS 2860 - Teaching Health-Related Fitness. Credits: 2~~
- KSS 3400 - Secondary Physical Education Methods. Credits: 4
- KSS 3401 - Elementary Physical Education Methods. Credits: 4
- KSS ~~3600~~ 2400 - Introduction to Elementary School Physical Education. Credits: 2
- ~~KSS 3641 - Rhythms/Dance/Tumbling for Elementary Physical Education. Credits: 4~~
- KSS 4320 - Organization, Administration, and Curriculum in K-12 Physical Education. Credits: 3
- KSS 4340 - Principles of Exercise Physiology. Credits: 3
- KSS 4470 - ~~Measurement and Evaluation~~ Assessment in K-12 Physical Education. Credits: 3

Electives From the Following Required Kinesiology & Sports Studies 2000-level Technique and Theory Courses

Two From:

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- ~~KSS 2102 - Technique and Theory of Golf and Bowling. Credits: 2~~
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One from:

- ~~KSS 2220 - Technique and Theory of Folk, Square, and Ballroom Dance I. Credits: 2~~
- ~~KSS 2230 - Technique and Theory of Modern Dance I. Credits: 2~~

Required Technique and Theory Courses (8 Credits):

- KSS 2101 - Technique and Theory of Badminton, Tennis, and Pickleball. Credits: 2
- KSS 2102 - Technique and Theory of Golf, Bowling and Disc Golf. Credits: 2
- KSS 2360 - Techniques and Theory of Volleyball, Ultimate Frisbee and Lacrosse. Credits: 2
- KSS 2220 - Technique and Theory of Dance. Credits: 2

3.2 Semester Hours from Kinesiology & Sports Studies Coaching Courses

Kinesiology & Sports Studies Activity Courses:

- 3 Semester Hours Electives from Kinesiology & Sports Studies 1000-level courses (Must be different activities.)
- Include one aquatics course or proficiency
- And either KSS 1600 or 1692

• ~~KSS 1600 - Weight Training. Credits: 1~~

OR

• ~~KSS 1692 - Aerobic Exercise. Credits: 1~~

7 weeks of Coaching at student teaching site school; required during student teaching

Kinesiology & Sports Studies Courses: Required Education Courses for Teacher Licensure 29 hours

- EDF 2555G - Education in a Diverse Society: The Multilingual/Multicultural Classroom. Credits: 3
(May also be used to satisfy General Education (Social and Behavioral Sciences) and Diversity requirement.)
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Departmental Approval to Student Teach must be granted prior to Student Teaching. Students must also pass the Illinois Certification Content Area test for their major prior to student teaching.

Students must pass the appropriate Assessment of Professional Teaching (APT) test before they can ~~graduate from a teacher certification program receive a teaching license in Illinois or any other state.~~

See catalog for information regarding university approval to take teacher education courses.

(Major GPA based on all Kinesiology & Sports Studies courses taken at EIU.)