EFFECTIVE DATE: FALL 2012

PROGRAM REVISION REQUEST: B.S. in Recreation Administration

Therapeutic Recreation Option

## Reason for the Request:

The Department of Recreation Administration has historically been accredited in Therapeutic Recreation as an Option though the Council on Accreditation (COA), a part of NRPA (National Park and Recreation Association). In 2011, NRPA dissolved its branches and earlier had reworked its COA to be renamed the Council on Accreditation for Parks, Recreation, Tourism and Related Professions (COAPRT). At present there are no standards for Therapeutic Recreation Curricula through NRPA. There is another accrediting body that recently has become the only accrediting body for Therapeutic Recreation. That body is "CARTE" or the Committee on Recreational Therapy Education, which is part of the large accrediting body called CAAHEP or Commission on Accreditation of Allied Health Education Programs (CAAHEP). The program and course changes reflect and attempt to better align with the standards presented by CARTE and our main professional organization, American Therapeutic Recreation Association (ATRA).

In addition, the body that certifies the Therapeutic Recreation Specialist, NCTRC, has also made changes in recommendations for university courses and curricula. The Therapeutic Recreation Program has always prepared students to sit for the NCTRC exam and meet criteria in order to become certified after their graduation. Our program intends to continue to prepare students fully for the NCTRC Certification process by making the requested changes.

#### **APPROVALS:**

Date approved by the department: 8/18/11

Date approved by the CEPS Curriculum Committee: 10/24/11

Date approved by CAA:

### **CURRENT CATALOG**

#### 2011-2012 EIU Undergraduate Catalog

### **Eastern Illinois University**

# Recreation Administration: Therapeutic Recreation Option (B.S.)

# The Therapeutic Recreation Option Comprises:

BIO 2200 - Human Anatomy. Credits: 4

FCS 1800 - Life Span Human Development. Credits: 3

HST 2000 - Principles of Human Health. Credits: 3

PSY 1879G - Introductory Psychology. Credits: 3

PSY 3780 - Abnormal Psychology. Credits: 3

REC 1320 - Leadership in Recreation. Credits: 3

REC 1780 - Introduction to Leisure Service Agencies. Credits: 3

REC 2250 - Principles of Therapeutic Recreation Credits: 3

REC 2290 - Programming for Leisure Agencies. Credits: 3

REC 3111 - Leisure Education and Facilitation Techniques. Credits: 3

REC 3250 - Program Planning and Administration in Therapeutic Recreation. Credits: 3

REC 3360 - Therapeutic Recreation Methods and Techniques. Credits: 3

REC 3550 - Fieldwork in Recreation I. Credits: 3

or

REC 3551 - Fieldwork in Recreation II. Credits: 3

REC 3910 - Microcomputers in Leisure Agencies. Credits: 3

REC 4274 - Pre-Internship. Credits: 1

REC 4275 - Internship. Credits: 6

REC 4355 - Documentation and Professional Practice in Therapeutic Recreation. Credits: 3

REC 4600 - Planning and Design of Leisure Facilities. Credits: 4

REC 4740 - Research and Evaluation in Leisure Studies. Credits: 3

REC 4830 - Administration of Leisure Services. Credits: 3

REC 4850 - Financial Practices for Leisure Service Agencies. Credits: 3

### 4 Semester Hours of REC Electives Chosen From:

REC 2500 - The Challenge of Leisure. Credits: 3

REC 3300 - Commercial and Employee Recreation. Credits: 3

REC 3310 - Travel and Tourism. Credits: 3

REC 3320 - Festivals and Special Events. Credits: 3

REC 3510 - Camp Administration and Leadership. Credits: 2

REC 3515 - Camping for Individuals with Disabilities. Credits: 3

REC 3560 - Outdoor Living Skills. Credits: 2

REC 3860 - Environmental Interpretation. Credits: 2

REC 3900 - Operation of Leisure Facilities. Credits: 3

REC 3960 - Special Topics in Leisure Studies. Credits: 1 to 3

REC 4741 - Independent Study. Credits: 1 to 6

REC 4950 - Leisure and Aging. Credits: 3

# 1 Semester Hour of KSS Activity Courses

### **3 Semester Hours of Electives**

3 hrs. of electives from ACC, BUS, ECN, MGT, MAR approved by advisor and department chair.

3 Hours of Electives for NCTRC Certification Approved by Advisor and Department Chair\*\*

## **General Education Requirements**

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General Education Requirements must include:

BIO 1001G - Biological Principles and Issues. Credits: 3

BIO 2001G - Human Physiology. Credits: 4

#### **Footnotes:**

Prerequisite for Internship in Recreation – must have completed all other core courses in the Recreation Administration major or permission of the Chair or Internship Coordinator, and have at least a 2.0 cumulative and major GPA.

Fieldwork (REC 3551) requires 15 hours per week of practical experience at a field based site along with a one hour weekly class session. Enrollment is limited as sites in the immediate area are limited.

- \* Internship (Recreation Administration 4275) must be served in a clinical, residential or community-based therapeutic program under the supervision of a Certified Therapeutic Recreation Specialist (CTRS) by the National Council for Therapeutic Recreation Certification.
- \*\* In order to seek certification by the National Council for Therapeutic Recreation Certification (NCTRC), the student must select courses from at least three of the following six areas: adaptive physical education, biological/physical sciences, human services, psychology, sociology, or special education.

(Major GPA based on all recreation courses taken at EIU.)

#### PROPOSED CONCENTRATION CHANGES: ADD DELETE

#### 2011-2012 EIU Undergraduate Catalog

### **Eastern Illinois University**

# Recreation Administration: Therapeutic Recreation Option (B.S.)

## The Therapeutic Recreation Option Comprises:

(69 hours)

BIO 2200 - Human Anatomy. Credits: 4

FCS 1800 - Life Span Human Development. Credits: 3

HST 2000 - Principles of Human Health. Credits: 3

HST 2320 – First Aid and Emergency Care. Credits: 3

KSS 2440 – Structural Kinesiology. Credits: 3

PSY 1879G - Introductory Psychology. Credits: 3

PSY 3780 - Abnormal Psychology. Credits: 3

REC 1320 - Leadership in Recreation. Credits: 3

REC 1780 - Introduction to Leisure Service Agencies. Credits: 3

REC 2250 - Principles of Therapeutic Recreation Recreation for People with Disabilities Credits: 3

REC 2290 - Programming for Leisure Agencies. Credits: 3

REC 3000 – Foundations of Therapeutic Recreation Credits: 3

REC 3111 - Leisure Education and Facilitation Techniques. TR Modalities and Facilitation Techniques Credits: 3

REC 3250 - Program Planning and Administration in Therapeutic Recreation Evidence Based Intervention Planning in Therapeutic Recreation Credits: 3

<u>REC 3360 - Therapeutic Recreation Methods and Techniques</u> <u>Advanced Therapeutic Recreation</u> <u>Processes</u> <u>Credits: 3</u>

REC 3550 - Fieldwork in Recreation I. Credits: 3

or

REC 3551 - Fieldwork in Recreation II. Credits: 3

REC 3910 - Microcomputers in Leisure Agencies. Credits: 3

REC 4274 - Pre-Internship. Credits: 1

REC 4275 - Internship. Credits: 6

REC 4355 - Documentation and Professional Practice in Therapeutic Recreation. Assessment and Administration in Therapeutic Recreation Credits: 3

REC 4600 - Planning and Design of Leisure Facilities. Credits: 4

REC 4740 - Research and Evaluation in Leisure Studies. Credits: 3

REC 4830 - Administration of Leisure Services. Credits: 3

REC 4850 - Financial Practices for Leisure Service Agencies. Credits: 3

# 4 Semester Hours of REC Electives Chosen From:

REC 2500 - The Challenge of Leisure. Credits: 3

REC 3300 - Commercial and Employee Recreation. Credits: 3

REC 3310 - Travel and Tourism. Credits: 3

REC 3320 - Festivals and Special Events. Credits: 3

REC 3400G – World Leisure. Credits: 3

REC 3510 - Camp Administration and Leadership. Credits: 2

REC 3515 - Camping for Individuals with Disabilities. Credits: 3

REC 3560 - Outdoor Living Skills. Credits: 2

REC 3860 - Environmental Interpretation. Credits: 2

REC 3900 - Operation of Leisure Facilities. Credits: 3

REC 3910 – Microcomputers. Credits: 3

REC 3960 - Special Topics in Leisure Studies. Credits: 1 to 3

REC 4741 - Independent Study. Credits: 1 to 6

REC 4850 – Financial Practices in Leisure Agencies

REC 4950 - Leisure and Aging. Credits: 3

## **1 Semester Hour of KSS Activity Courses**

### **3 Semester Hours of Electives**

3 hrs. of electives from ACC, BUS, ECN, MGT, MAR approved by advisor and department chair.

3 Hours of Electives for NCTRC Certification Approved by Advisor and Department Chair\*\*

# **General Education Requirements**

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General Education Requirements must include:

BIO 1001G - Biological Principles and Issues. Credits: 3

BIO 2001G - Human Physiology. Credits: 4

#### **Footnotes:**

Prerequisite for Internship in Recreation – must have completed all other core courses in the Recreation Administration major or permission of the Chair or Internship Coordinator, and have at least a 2.0 cumulative and major GPA.

Fieldwork (REC 3551) requires 15 hours per week of practical experience at a field based site along with a one hour weekly class session. Enrollment is limited as sites in the immediate area are limited.



- \* Internship (Recreation Administration 4275) must be served in a clinical, residential or community-based therapeutic program under the supervision of a Certified Therapeutic Recreation Specialist (CTRS) by the National Council for Therapeutic Recreation Certification.
- \*\* In order to seek certification by the National Council for Therapeutic Recreation Certification (NCTRC), the student must select one or more courses from at least three of the following six—five departments areas: adaptive physical education, biological/physical sciences, family and consumer sciences, health studies, human services, Kinesiology, psychology, or sociology. or special education.

(Major GPA based on all recreation courses taken at EIU.)

#### **NEW CATALOG COPY**

### 2011-2012 EIU Undergraduate Catalog

#### **Eastern Illinois University**

# Recreation Administration: Therapeutic Recreation Option (B.S.)

# The Therapeutic Recreation Option Comprises:

(69 hours)

BIO 2200 - Human Anatomy. Credits: 4

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PSY 1879G - Introductory Psychology. Credits: 3

PSY 3780 - Abnormal Psychology. Credits: 3

REC 1320 - Leadership in Recreation. Credits: 3

REC 1780 - Introduction to Leisure Service Agencies. Credits: 3

REC 2250 - Recreation for People with Disabilities Credits: 3

REC 2290 - Programming for Leisure Agencies. Credits: 3

REC 3000 – Foundations of Therapeutic Recreation Credits: 3

REC 3111 - TR Modalities and Facilitation Techniques Credits: 3

REC 3250 - Evidence Based Intervention Planning in Therapeutic Recreation Credits: 3

REC 3360 - Advanced Therapeutic Recreation Processes Credits: 3

REC 3550 - Fieldwork in Recreation I. Credits: 3

REC 3551 - Fieldwork in Recreation II. Credits: 3

REC 4274 - Pre-Internship. Credits: 1

REC 4275 - Internship. Credits: 6

REC 4355 - Assessment and Administration in Therapeutic Recreation Credits: 3

REC 4600 - Planning and Design of Leisure Facilities. Credits: 4

REC 4740 - Research and Evaluation in Leisure Studies. Credits: 3

REC 4830 - Administration of Leisure Services. Credits: 3

### 4 Semester Hours of REC Electives Chosen From:

REC 2500 - The Challenge of Leisure. Credits: 3

REC 3300 - Commercial and Employee Recreation. Credits: 3

REC 3310 - Travel and Tourism. Credits: 3

REC 3320 - Festivals and Special Events. Credits: 3

REC 3400G – World Leisure. Credits: 3

REC 3510 - Camp Administration and Leadership. Credits: 2

REC 3560 - Outdoor Living Skills. Credits: 2

REC 3860 - Environmental Interpretation. Credits: 2

REC 3900 - Operation of Leisure Facilities. Credits: 3

REC 3910 – Microcomputers. Credits: 3

REC 3960 - Special Topics in Leisure Studies. Credits: 1 to 3

REC 4741 - Independent Study. Credits: 1 to 6

REC 4850 – Financial Practices in Leisure Agencies

#### 3 Semester Hours of Electives

3 Hours of Electives for NCTRC Certification Approved by Advisor and Department Chair\*\*

## **General Education Requirements**

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General Education Requirements must include:

BIO 1001G - Biological Principles and Issues. Credits: 3

BIO 2001G - Human Physiology. Credits: 4

#### **Footnotes:**

Prerequisite for Internship in Recreation – must have completed all other core courses in the Recreation Administration major or permission of the Chair or Internship Coordinator, and have at least a 2.0 cumulative and major GPA.

Fieldwork (REC 3551) requires 15 hours per week of practical experience at a field based site along with a one hour weekly class session. Enrollment is limited as sites in the immediate area are limited.

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- \*\* In order to seek certification by the National Council for Therapeutic Recreation Certification (NCTRC), the student must select one or more courses from the following five departments- family and consumer sciences, health studies, kinesiology, psychology, or sociology.

(Major GPA based on all recreation courses taken at EIU.)