

Eastern Illinois University
REVISED COURSE PROPOSAL
CSD 5600
Cross-Cultural Counseling

Please check one: New course Revised course

PART I: CATALOG DESCRIPTION

1. CSD 5600
2. Cross-Cultural Counseling
3. Cross-Cultural Counseling
4. 3-0-3
5. Term(s) to be offered: Fall Spring Summer On demand
6. Initial term of offering: Fall Spring Summer Year: 2012
7. Course description:

This course is designed to provide an introduction to an overview of the challenges and processes of counseling clients in our culturally diverse society. Factors will include race, culture, ethnicity, gender, sexual orientation, mental and physical characteristics. Special emphasis will be placed on becoming aware of one's own culture in order to view the client's world.

8. Registration restrictions:
 - a. Identify any equivalent courses None.
 - b. Prerequisite(s): CSD 5500, CSD 5510, CSD 5520, and CSD 5530
 - c. Who can waive the prerequisite(s)?
 No one Chair Instructor Advisor Other (Please specify)
 - d. Co-requisites: none
 - e. Repeat status: Course may not be repeated.
 - f. Degree, college, major(s), level, or class restrictions:

Courses numbered 5540 and above are open only to students who have been admitted to the Department of Counseling and Student Development or who have permission of the Department Chair.

- g. Degree, college, major(s), level, or class to be excluded from the course, if any: None
8. Special course attributes: None
9. Grading methods (check all that apply): Standard letter C/NC Audit ABC/NC
10. Instructional delivery method: (Check all that apply.)
- lecture lab lecture/lab combined independent study/research
- internship performance practicum or clinical study abroad
- Internet hybrid other (Please specify)

PART II: ASSURANCE OF STUDENT LEARNING

1. List the student learning objectives of this course:

Through readings, lecture, assignments and active class participation, students will

- a. examine and describe knowledge of their values and biases and know how they may impact culturally different clients.
- b. examine and describe differences that exist between themselves and persons from different cultural-racial-ethnic and class backgrounds.
- c. examine and describe how the sociopolitical systems operate in the United States with respect to its treatment of culturally different group members.
- d. examine and describe multicultural and pluralistic trends, including characteristics and concerns between and within diverse groups nationally and internationally.
- e. examine and describe counselor's roles in social justice, advocacy, and conflict resolution, cultural self-awareness, the nature of biases, prejudices, processes of intentional and unintentional oppression and discrimination, and other culturally supported behaviors that are detrimental to the growth of human spirit, mind, or body.
- f. examine and discuss methods in which counselors send and receive verbal and nonverbal messages accurately and appropriately in various multicultural counseling situations.

If this is a graduate-level course, indicate which objectives are designed to help students achieve established goals for learning at the graduate level:

- Candidates will display evidence of content knowledge that meets or exceed the criteria set forth by the Council of Accreditation of Counseling and Related Educational programs (CACREP).

2. **Identify the assignments/activities the instructor will use to determine how well students attained the learning objectives:**

a. Students will examine and describe their values and biases and know how they may impact culturally different clients.	Weekly notecards; Personal Biography Paper
b. Students will examine and describe differences that exist between themselves and persons from different cultural-racial-ethnic and class backgrounds.	Interview paper; Cultural Event Assignment; Personal Biography Paper
c. Students will examine and describe how the sociopolitical systems operate in the United States with respect to its treatment of culturally different group members.	Learning Assessments
d. Students will examine and describe multicultural and pluralistic trends, including characteristics and concerns between and within diverse groups nationally and internationally.	Learning Assessments; Cultural Event; Interview Paper
e. Students will examine and describe counselor’s roles in social justice, advocacy, and conflict resolution, cultural self-awareness, the nature of biases, prejudices, processes of intentional and unintentional oppression and discrimination, and other culturally supported behaviors that are detrimental to the growth of human spirit, mind, or body.	Weekly notecards; Interview Paper; Cultural Event Assignment; Learning Assessments
f. Students will examine and discuss methods in which counselors send and receive verbal and nonverbal messages accurately and appropriately in various multicultural counseling situations.	Weekly Notecards; Interview Paper

- **Personal Cultural Identity Biography:** Students will submit a five to six page paper (maximum) exploring all of their cultural identities. (50 Points) (Excluding title page, abstract, & reference section). Provide an analysis by including course concepts and terms from the readings.
- **Interview Projects:** (50 Points) Students will submit a five to six page maximum summary (no longer) paper from the results of an interview with an individual who is from a different

culture/race/ethnicity/sexual orientation/socioeconomic status/religion. This will involve at least two to three sessions.

- **Cultural Event:** Students will attend at least one cultural event that represents a different culture (20 points).
- **Midterm and Final:** (40 points each for a total of 80 points)
- **Weekly Dialogue:** Students will submit a weekly note card with a summary of their experiences and reflections from the week prior.

3. Explain how the instructor will determine students' grades for the course:

Grades will be based on the following criteria:

Cultural Event Paper	20
Learning Assessment I	40
Personal Biography Paper	50
Interview Project Paper	50
Learning Assessment II	40
Weekly Notecards	<u>Complete or Incomplete</u>
Total Points	200

4. For technology-delivered and other nontraditional-delivered courses/sections, address the following:

N/A

5. For courses numbered 4750-4999, specify additional or more stringent requirements for students enrolling for graduate credit. These include:

N/A

6. If applicable, indicate whether this course is writing-active, writing-intensive, or writing-centered, and describe how the course satisfies the criteria for the type of writing course identified.

NA

PART III: OUTLINE OF THE COURSE

Provide a week-by-week outline of the course's content. Specify units of time (e.g., for a 3-0-3 course, 45 fifty-minute class periods over 15 weeks) for each major topic in the outline. Provide clear and sufficient details about content and procedures so that possible questions of overlap with other courses can be addressed. For technology-delivered or other nontraditional-delivered courses/sections, explain how the course content "units" are sufficiently equivalent to the traditional on-campus semester hour units of time described above.

Outline of the Course: 15 weeks of 150 minutes in class meetings.

Week	Lecture Topic
1	Introduction and Syllabus
2	Race, Culture, and White Privilege Politics of Counseling
3	Identity Development Models Prejudice and Discrimination
4	Counseling African Americans and Latinos
5	Counseling Asians and Native Americans
6	Issues of Classism and Counseling
7	Issues of Ableism and Counseling Counseling Arab Americans
8	Learning Assessment I
9	Issues of Sexism and Counseling
10	Issues of Heterosexism and Counseling

- 11 Religious Diversity
Counseling Multiracial Individuals
- 12 Cross Cultural Diagnosing
Counseling Elderly, Methods of Healing
- 13 Cross-Cultural Family Counseling
- 14 Closure Activity and Cultural Dinner
- 15 Learning Assessment II
- 16 Review Learning Assessment

PART IV: PURPOSE AND NEED

1. Explain the department’s rationale for developing and proposing the course.

This is a required course for the M.S. in Counseling. It is also a competency required for continued accreditation by the Council for Accreditation of Counseling and Related Educational Programs (CACREP).

2. Justify the level of the course and any course prerequisites, co-requisites, or registration restrictions.

This is a required course for the M.S. in Counseling. It is also a competency required for continued accreditation by the Council for Accreditation of Counseling and Related Educational Programs (CACREP). Pre-requisites ensure proper preparation for higher level counseling practice in the field.

3. If the course is similar to an existing course or courses, justify its development and offering.

- a. None at graduate level.
- b. Revised course only.

4. Impact on Program(s):

Required for graduate students admitted to M.S. in Counseling in the Department of Counseling and Student Development.

PART V: IMPLEMENTATION

1. Faculty member(s) to whom the course may be assigned:

Dr. Gloria Leitschuh and Dr. Rebecca Tadlock-Marlo

2. Additional costs to students:

No additional costs to students.

3. Text and supplementary materials to be used (Include publication dates):

Sue, W.D. and Sue, D. (2008). *Counseling the culturally diverse: Theory and practice* (5th ed.). New York: John Wiley and Sons.

Adams, M., Blumenfield, W.J., Castanda, R., Hackman, H.W., Peters, M.I., Zuniga, X. (Eds.) (2000). *Readings for diversity and social justice: An anthology on racism, anti-Semitism, sexism, heterosexism, ableism, and classism*. New York: Routledge.

PART VI: COMMUNITY COLLEGE TRANSFER

N/A

PART VII: APPROVALS

Date approved by the department or school: 1/18/12

Date approved by the college curriculum committee:

Date approved by the Honors Council (if this is an honors course):

Date approved by CAA: CGS:

**Student
Success
Center**
<http://www.eiu.edu/~success/>
581-6696

free, confidential services
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<http://www.eiu.edu/~counsctr/>
581-3413

**Career
Services**
<http://www.eiu.edu/~careers/>
581-2412

**Disability
Services**
<http://www.eiu.edu/~disabty/>
581-6583