



MEMORANDUM

TO: Council on Graduate Studies

FROM: Dr. John R. Storsved, Dean

SUBJECT: Executive Action

DATE: August 29, 2022

Effective Date: Fall 2023

Request: Remove all prerequisites and notes from KSR 5640.

KSR 5640 - Graded Exercise Testing and Exercise Prescription for the Apparently Healthy and the Cardiac Patient.

(3-0-3) The course is designed to examine the theoretical and practical aspects of cardiovascular testing devices and their protocols. In addition, classic techniques in exercise prescription will be investigated and implemented in real life situations.

~~Prerequisites & Notes: One course in Exercise Physiology, KSR 5250, and permission of the instructor.~~

Credits: 3

Eastern Illinois University
Kinesiology, Sport, and Recreation Department

To: John Storsved, Dean, College of Health and Human Services

From: Mark Kattenbraker, Chair, Kinesiology, Sport, and Recreation

Date: August 29, 2022

Re: Executive Action Request

Effective Date: Fall 2023

Action requested:

Remove all prerequisites and notes from KSR 5640 – Graded Exercise Testing and Exercise Prescription for the Apparently Healthy and the Cardiac Patient.

KSR 5640 - Graded Exercise Testing and Exercise Prescription for the Apparently Healthy and the Cardiac Patient.

(3-0-3) The course is designed to examine the theoretical and practical aspects of cardiovascular testing devices and their protocols. In addition, classic techniques in exercise prescription will be investigated and implemented in real life situations.

Prerequisites & Notes: One course in Exercise Physiology, KSR 5250, and permission of the instructor.

Rationale:

Both KSR 5640 and the current pre-req of KSR 5250 are offered in the same semester. The prerequisites and notes are no longer relevant.