



**OFFICE OF THE DEAN**

600 LINCOLN AVENUE | 1034 KLEHM  
HALL CHARLESTON, IL 61920  
217-581-6025 | [EIU.EDU/CHHS](http://EIU.EDU/CHHS)

## MEMORANDUM

**TO:** Council on Academic Affairs  
Council on Graduate Studies

**FROM:** Dr. Ryan C. Hendrickson, Acting Dean

**SUBJECT:** Executive Action

**DATE:** March 4, 2022

**Effective Date:** Fall 2022

**Request:** Establish an Accelerated Graduate program for the MS in Exercise Physiology option. See attached.

**Eastern Illinois University**  
**Kinesiology, Sport, and Recreation Department**

To: Ryan Hendrickson, Dean, College of Health and Human Services

From: Mark Kattenbraker, Chair, Kinesiology, Sport, and Recreation

Date: February 28, 2022

Re: Executive Action Request

Effective Date: Fall 2022

**Action requested:**

Add Accelerated MS in Exercise Physiology option for undergraduate students

**Rationale:**

The accelerated graduate program in Exercise Physiology will allow qualified exercise science undergraduate students to shorten the length of the MS in Exercise Physiology (currently 12 months, F/SP/SU) by one summer term. The accelerated program is a cost savings to EIU undergraduates, has the potential to enhance enrollment in the degree program, and provides challenging graduate-level coursework to potential graduate students.

**Admission Requirements:**

Admission to the accelerated graduate program in Exercise Physiology requires that students have a minimum undergraduate cumulative GPA of 3.25 and the completion of at least 15 credit hours of required KSR courses in the undergraduate exercise science major. Applicants must have completed a minimum of 60 hours of undergraduate course credit. All applicants must submit a resume and statement of purpose. All enrolled students must meet with the Exercise Physiology graduate coordinator in addition to their undergraduate academic advisor to select courses.

**Shared Course Credit Options:**

Students may select up to three courses from the list below.

KSR 5130z – Exercise Psychology. Credits: 3

KSR 5225z – Physical Activity and Aging. Credits: 3

KSR 5250z – Exercise Electrocardiography. Credits: 3

KSR 5260z – Cardiopulmonary Exercise Physiology. Credits: 3

KSR 5270z – Neuromuscular Exercise Physiology. Credits: 3

KSR 5280z – Exercise Metabolism Body Composition. Credits: 3

KSR 5640z – Graded Exercise Testing & Exercise Prescription for the Apparently Healthy and the Cardiac Patient. Credits: 3

KSR 5760z – Human Movement Dysfunction & Corrective Exercise Program Design. Credits: 3