

Banner/Catalog Information (Coversheet)

1. ☐ New Course or ☒ Revision of Existing Course
2. **Course prefix and number:** NTR 5156
3. **Short title:** Leadership in Nutrition and Dietetics
4. **Long title:** Leadership Development in Nutrition and Dietetics
5. **Hours per week:** ☒ Class ☐ Lab ☒ Credit
6. **Terms:** ☒ Fall ☐ Spring ☐ Summer ☐ On demand
7. **Initial term:** ☒ Fall ☐ Spring ☐ Summer Year: 2021
8. **Catalog course description:** This course provides critical instruction in aspects of leadership and its applications to the nutrition and dietetics field. Leadership principles and theories will be investigated and applied to various facets of nutrition and dietetics careers.
9. **Course attributes:** N/A

General education component: _____

☐ Cultural diversity ☐ Honors ☐ Writing centered ☐ Writing intensive ☐ Writing active

10. Instructional delivery

Type of Course:

☒ Lecture ☐ Lab ☐ Lecture/lab combined ☐ Independent study/research
☐ Internship ☐ Performance ☐ Practicum/clinical ☐ Other, specify: _____

Mode(s) of Delivery:

☒ Face to Face ☒ Online ☐ Study Abroad
☐ Hybrid, specify approximate amount of on-line and face-to-face instruction _____

11. Course(s) to be deleted from the catalog once this course is approved. ☐ N/A _____

12. Equivalent course(s): _____ N/A _____

a. Are students allowed to take equivalent course(s) for credit? ☐ Yes ☒ No

13. Prerequisite(s): N/A

a. Can prerequisite be taken concurrently? ☐ Yes ☐ No

b. Minimum grade required for the prerequisite course(s)? ____

c. Use Banner coding to enforce prerequisite course(s)? ____ Yes ____ No

d. Who may waive prerequisite(s)?

____ No one ____ Chair ____ Instructor ____ Advisor ____ Other (specify)

14. Co-requisite(s): None

15. Enrollment restrictions

a. Degrees, colleges, majors, levels, classes which may take the course:

Students enrolled in the MSND graduate programs.

b. Degrees, colleges, majors, levels, classes which may not take the course: N/A

16. Repeat status: X May not be repeated ____ May be repeated once with credit

17. Enter the limit, if any, on hours which may be applied to a major or minor: 3

18. Grading methods: X Standard ____ CR/NC ____ Audit ____ ABC/NC

19. Special grading provisions: **N/A**

____ Grade for course will not count in a student's grade point average.

____ Grade for course will not count in hours toward graduation.

____ Grade for course will be removed from GPA if student already has credit for or is registered in: ____

____ Credit hours for course will be removed from student's hours toward graduation if student already has credit for or is registered in: _____

20. Additional costs to students:

Supplemental Materials or Software

An additional text is required for purchase (typically found for less than \$15). The text - Rath, T. (2007). *Strengths finder 2.0*. New York: Gallup Press, is used as assigned reading and provides a code to complete the Strengths Finders Leadership Online Assessment by Gallop, which is a required component of the course associated with leadership reflection assignments.

Course Fee X No ____ Yes, Explain if yes ____

21. Community college transfer: **N/A**

____ A community college course may be judged equivalent.

____ A community college may not be judged equivalent.

1. X Course is required for the major(s) of NTR MSND, both options.

Course is required for the minor(s) of _____

____ Course is required for the certificate program(s) of _____

Course is used as an elective for

- 3. Justifications for (answer N/A if not applicable)**

Prerequisites: None

Co-requisites: None

Enrollment restrictions: This course is restricted to students enrolled the MSND programs as this course has specific applications and opportunities towards the nutrition and dietetics profession.

Writing active, intensive, centered: N/A

- 4. General education assurances (answer N/A if not applicable)**

General education component: N/A

Curriculum: N/A

Instruction: N/A

Assessment: N/A

- 5. Online/Hybrid delivery justification & assurances (answer N/A if not applicable)**

3

Instruction: Lectures from the face-to-face courses may be recorded and posted online for students to view. Other online components (e.g., tutorials, videos, discussions) will be included. All faculty who deliver this course online are/will be OCDi (or appropriate equivalent) trained.

Integrity: The integrity of the course will not be compromised by offering an online mode of delivery. The online version of the course will utilize the same PowerPoint lectures (with slides regularly complemented by audio/video aids) and exams will include the same content and allotted time (e.g., Respondus Lockdown browser can be enabled). Academic integrity of written work will be preserved and monitored for originality and authenticity with the most current technology available.

Interaction: At the discretion of the faculty, provisions and requirements would vary but generally will utilize Email, chat rooms, discussion boards, assignment drop boxes, telephone, and on-line office hours. Students will participate in online discussion boards through their own posts in response to their peer students and to the instructor. In addition to responding to students' posts, the instructor will monitor discussion board posts to ensure that a respectful, professional, and academic tone is maintained.

Model Syllabus (Part II)

Please include the following information:

1. Course number and title: NTR 5156 Leadership Development in Nutrition and Dietetics
2. Catalog description: This course provides critical instruction in aspects of leadership and its applications to the nutrition and dietetics field. Leadership principles and theories will be investigated and applied to various facets of nutrition and dietetics careers.
3. Learning objectives.
Upon completion of this course, students will be able to
 - a. Examine the foundational principles of current leadership theory and practice. (a)
 - b. Draft and finalize a personal philosophy of leadership that is rooted in leadership theory. (a, b)
 - c. Develop advocacy skills for application to nutrition and dietetics advocacy projects. (a,b,c)
 - d. Evaluate the major leadership theories in relation to personal leadership philosophy. (a, b, c, d)
 - e. Articulate the role and implications of leadership in the field of nutrition and dietetics. (a-e)
 - f. Analyze leadership theory and its implications for personal leadership development (a-e)
 - g. Practice and/or role play mentoring and precepting others. (a,b)

Graduate Learning Goals

Depth of content knowledge (a)
Effective critical thinking and problem solving (b)
Effective oral and written communication (c)
Advanced scholarship through research or creative activity (d)
Ethical and professional responsibility (e)

4. Course materials. The following are examples of textbooks instructors may use for the course. Other materials, such as published articles and videos, may be used as appropriate.

Rath, T. (2007). *Strengths finder 2.0*. New York: Gallup Press
Northouse, P. (2018) *Leadership Theory and Practice*, 8th edition: Sage

5. Weekly outline.

Date	Topic
Week 1	What is Leadership & Mentoring
Week 2	Intro to Strengths Finders and Leadership Approaches
Week 3	Continued Strengths Finders & Leadership Approaches
Week 4-6	Modern Leadership Theories
Week 7-8	Advocacy in NTR
Week 9-10	Organizational Theories and Ethics
Week 11	Followership
Week 12	Emotional Intelligence
Week 13-14	Organizational Change
Week 15	Diversity in Leadership

6. Assignments and evaluation, including weights for final course grade.

a. Exams/Quizzes	22%
b. Discussion Forums	17%
c. Oral Presentations	12%
d. Writing Assignments	32%
e. Mentoring and Precepting Assignment	5%
f. Key Informant Interview Research Project/Paper	12%

7. Grading scale

A: 90%-100%

B: 80%-89%

C: 70%-79%

D: 60%-69%

F: 59% and below

8. Correlation of learning objectives to assignments and evaluation.

	Exams/ Quizzes 22%	Writing Assign 37%	Discussion Forums 17%	Oral Present 12%	Mentor/ Precept 5%	Key Informant Research 12%
Examine the foundational principles of current leadership theory and practice. (a)	x	x	x	x		x
Draft and finalize a personal philosophy of leadership that is rooted in leadership theory. (a, b)	x	x		x		x
Develop advocacy skills for application to nutrition and dietetics advocacy projects. (a,b,c)	x	x	x			x
Evaluate the major leadership theories in	x	x	x	x		x

relation to personal leadership philosophy. (a-d)						
Articulate the role and implications of leadership in the field of nutrition and dietetics. (a-e)			x			x
Analyze leadership theory and its implications for personal leadership development (a-e)	x	x	x	x		x
Practice and/or role play mentoring and precepting others. (a,b)					x	

Date approved by the NTR Program:

January 20, 2021

Date approved by the CHHS Curriculum Committee:

February 4, 2021

Date approved by CAA:

Not Applicable

Date approved by CGS:
