

Eastern Illinois University
New/Revised Course Proposal Format
(Approved by CAA on 4/3/14 and CGS on 4/15/14, Effective Fall 2014)

CGS Agenda item: 17-63
Effective: Summer 2019

Banner/Catalog Information (Coversheet)

1. ☒ **New Course** or ☐ **Revision of Existing Course**
2. **Course prefix and number:** KSS 5105
3. **Short title:** Intro to AT Profession
4. **Long title:** Introduction to the Athletic Training Profession
5. **Hours per week:** 3 Class 1 Lab 3 Credit
6. **Terms:** ☐ Fall ☐ Spring ☒ Summer ☐ On demand
7. **Initial term:** ☐ Fall ☐ Spring ☒ Summer Year: 2019
8. **Catalog course description:** Examination, analysis and integration of essential principles related to the athletic training healthcare profession
9. **Course attributes:**

General education component: Not applicable

☐ Cultural diversity ☐ Honors ☐ Writing centered ☐ Writing intensive ☐ Writing active

10. Instructional delivery

Type of Course:

☒ Lecture ☒ Lab ☐ Lecture/lab combined ☐ Independent study/research

☐ Internship ☐ Performance ☐ Practicum/clinical ☐ Other, specify: _____

Mode(s) of Delivery:

☐ Face to Face ☐ Online ☐ Study Abroad

☒ Hybrid, specify approximate amount of on-line and face-to-face instruction 75% online, 25% face-to-face

11. Course(s) to be deleted from the catalog once this course is approved. none

12. **Equivalent course(s):** none

a. Are students allowed to take equivalent course(s) for credit? ☐ Yes ☒ No

13. **Prerequisite(s):** Admittance into the Athletic Training professional master's degree program

a. Can prerequisite be taken concurrently? ☐ Yes ☒ No

b. Minimum grade required for the prerequisite course(s)? N/A

c. Use Banner coding to enforce prerequisite course(s)? ☒ Yes ☐ No

d. Who may waive prerequisite(s)?

☒ No one ☐ Chair ☐ Instructor ☐ Advisor ☐ Other (specify)

14. Co-requisite(s): ☐ none _____

15. Enrollment restrictions

a. Degrees, colleges, majors, levels, classes which may take the course: ☐ Restricted to students actively admitted into the Master's Degree in Athletic Training Program _____

b. Degrees, colleges, majors, levels, classes which may not take the course: ☐ Any Non-Athletic Training master's degree student _____

16. Repeat status: ☒ May not be repeated ☐ May be repeated once with credit

17. Enter the limit, if any, on hours which may be applied to a major or minor: N/A

18. Grading methods: ☒ Standard ☐ CR/NC ☐ Audit ☐ ABC/NC

19. Special grading provisions:

☐ Grade for course will not count in a student's grade point average.

☐ Grade for course will not count in hours toward graduation.

☐ Grade for course will be removed from GPA if student already has credit for or is registered in: _____

☐ Credit hours for course will be removed from student's hours toward graduation if student already has credit for or is registered in: _____

20. Additional costs to students:

Supplemental Materials or Software _____

Course Fee ☐ No ☒ Yes, Explain if yes ☐ Taping & emergency care supply fee is necessary for students to have access to practice with expendable supplies to learn critical care and prevention strategies in the athletic training healthcare profession. \$25.00 _____

21. Community college transfer:

☐ A community college course may be judged equivalent.

☒ A community college may not be judged equivalent.

Note: Upper division credit (3000+) will not be granted for a community college course, even if the content is judged to be equivalent.

Rationale, Justifications, and Assurances (Part I)

1. _X_ Course is required for the major(s) of: Master's Degree in Athletic Training_____
- _____ Course is required for the minor(s) of _____
- _____ Course is required for the certificate program(s) of _____
- _____ Course is used as an elective
2. **Rationale for proposal:** This is the first core course that Athletic Training master's degree students will take in a series of professional courses. The Introduction to Athletic Training as a Profession will lay the foundational groundwork for all future courses within the program. The hybrid delivery will allow the faculty member to meet with students on a weekly basis to learn critical skills within the profession that will be utilized throughout the student's matriculation through the Athletic Training professional program.
3. **Justifications for (answer N/A if not applicable)**
 - Similarity to other courses: N/A
 - Prerequisites: Admittance into the Athletic Training professional master's degree program due to a secondary admissions process
 - Co-requisites: none
 - Enrollment restrictions: Restricted to students actively admitted into the Master's Degree in Athletic Training Program due to a secondary admissions process
 - Writing active, intensive, centered: N/A
4. **General education assurances (answer N/A if not applicable)**
 - General education component: N/A
 - Curriculum: N/A
 - Instruction: N/A
 - Assessment: N/A
5. **Online/Hybrid delivery justification & assurances (answer N/A if not applicable)**
 - Online or hybrid delivery justification: KSS 5105 is a required course for the Athletic Training professional master's program. To allow for greater flexibility in scheduling of clinical experiences in the summer, this course will allow for an on-line delivery of instruction as well as a structured lab setting for students to meet once a week to develop skills related to critical care and prevention strategies in the athletic training healthcare profession.

Instruction: The online component of the course will include a combination of synchronous and asynchronous learning activities included but not limited to: video lectures, posted readings, drop box assignments, threaded discussion, quizzes and exams. Designated weekly labs will be utilized for the development and integration of skills critical to care and prevention strategies within the athletic training profession. All instructors who teach this course online will have completed EIU OCDi training or equivalent.

Integrity: Written assignments will be subjected to originality checking software (e.g. Turnitin) and students will need to log into an online course management system (e.g. D2L) using network passwords to access course materials, assignments, quizzes and exams. Online quizzes and tests will include randomized questions, time limits for quizzes and exams as well as utilizing a “lock down” browser that restricts simultaneous web browsing (e.g. Respondus).

Interaction: The faculty member and students will communicate through email, discussion boards and chat functions associated with the online course management system utilized (e.g. D2L).

Model Syllabus (Part II)

Please include the following information:

1. Course number and title: KSS 5105 – Introduction to the Athletic Training Profession
2. Catalog description: Examination, analysis and integration of essential principles related to the athletic training healthcare profession
3. Learning objectives:

LEARNING OBJECTIVE	GRADUATE LEARNING GOAL
1. Examine the history and evolution of athletic training as a healthcare profession	1,2,4
2. Analyze various healthcare documentation practices utilized in athletic training patient care	1,2,3
3. Develop and implement skills necessary for the critical care and prevention strategies of an athletic trainer	1,2,4
4. Examine therapeutic interventions associated within the athletic training profession	1,2,3
5. Evaluate and disseminate research critical to the profession of athletic training	3,4
6. Examine pathology and mechanisms associated with injury of the physically active patient population	1,2,3

7. Examine techniques utilized for the evaluation and clinical diagnosis of orthopedic conditions	1,2,3
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4. Course materials:

Prentice, W. *Arnheim's Principles of Athletic Training* (16th ed). McGraw-Hill, 2017.

5. Weekly outline of content.

Online: Each week will be constructed on the assumption of a minimum of 150 minutes for synchronous and asynchronous online interaction through learning activities (threaded discussions, online assessments, etc) in addition to 300 minutes of reading, review, research and preparation on the part of the student.

Face-to-Face: Each week will consist of 50 minutes of in-class, structured lab time to develop and implement skills critical to the care and prevention of injuries.

WEEK	ON-LINE (150 minutes)	LAB (50 minutes)	OBJECTIVE
Week 1	History of the athletic training profession	Introduction to prophylactic taping & preventative care techniques	1,3
Week 2	Evolution of the athletic training as a healthcare profession	Prophylactic taping & preventative care techniques	1,3
Week 3	The future of the athletic training profession as healthcare providers	Prophylactic taping & preventative care techniques	1,3,5
Week 4	Therapeutic interventions – therapeutic modalities (thermal agents)	Therapeutic interventions – therapeutic modalities (thermal agents)	4,3
Week 5	Therapeutic interventions – therapeutic modalities (electrical & manual agents)	Therapeutic interventions – therapeutic modalities (electrical & manual agents)	4,3
Week 6	Therapeutic interventions – components of a therapeutic exercise program	Therapeutic interventions – therapeutic exercise techniques	4,3
Week 7	Emergency on-the field care of the injured patient	First aid for the healthcare professional	3

Week 8	Pathology and mechanism for injury	First aid for the healthcare professional – spine care	6,3,5
Week 9	Healthcare documentation for patient care in athletic training	HIPS/HOPS/SOAP note documentation	2,3
Week 10	Off-the-field injury evaluation	Injury evaluation techniques for the athletic trainer	6,3
Week 11	Evaluation and clinical diagnosis of common lower extremity injuries	Common evaluation techniques for the lower extremity	7,3
Week 12	Evaluation and clinical diagnosis of common lower extremity injuries	Common evaluation techniques for the lower extremity	7,3
Week 13	Evaluation and clinical diagnosis of common upper extremity injuries	Common evaluation techniques for the upper extremity	7,3
Week 14	Evaluation and clinical diagnosis of common upper extremity injuries	Common evaluation techniques for the upper extremity	7,3
Week 15	Evaluation and clinical diagnosis of common head and face injuries	Common evaluation techniques for the head and face	7,3
Week 16	Final Exam	Final Practical Exam	1-7

6. Assignments and evaluation, including weights for final course grade.

Assignments including but not limited to: (20%)

Threaded discussions

Interactive reading assignments

Lab activities/reports

Research: (30%)

Written and oral dissemination of research on topics critical to the athletic training profession

Assessments: (50%)

Weekly online quizzes

Comprehensive midterm written exam

Comprehensive final written exam

Comprehensive midterm practical exam
Comprehensive final practical exam

7. Grading scale.

A = 90-100% of total points
B = 80-89% of total points
C = 70-79% of total points
D = 60-69% of total points
F < 60% of total points

8. Correlation of learning objectives to assignments and evaluation.

OBJECTIVE	ASSIGNMENTS (20%)	RESEARCH (30%)	ASSESSMENTS (50%)
1	X	X	X
2	X		X
3	X	X	X
4	X		X
5	X	X	X
6	X		X
7	X		X

Date approved by the department or school: September 22, 2017

Date approved by the college curriculum committee: October 9, 2017

Date approved by the Honors Council (*if this is an honors course*):

Date approved by CAA: CGS: