

**Eastern Illinois University**  
**New/Revised Course Proposal Format**  
(Approved by CAA on 4/3/14 and CGS on 4/15/14, Effective Fall 2014)

**Banner/Catalog Information (Coversheet)**

1. ☐ New Course or ☒ Revision of Existing Course
2. Course prefix and number: FCS 5150
3. Short title: MNT Fall
4. Long title: Medical Nutrition Therapy – Fall
5. Hours per week: 2 Class 0 Lab 2 Credit
6. Terms: ☒ Fall ☐ Spring ☐ Summer ☐ On demand
7. Initial term: ☐ Fall ☐ Spring ☒ Summer Year: 2016
8. Catalog course description: Based on the Nutrition Care Process, advanced medical nutrition therapy and specific nutrition intervention techniques are applied to various disease states.
9. Course attributes: **N/A**  
  
General education component: \_\_\_\_\_  
  
☐ Cultural diversity ☐ Honors ☐ Writing centered ☐ Writing intensive ☐ Writing active
10. Instructional delivery  
Type of Course:  
  
☒ Lecture ☐ Lab ☐ Lecture/lab combined ☐ Independent study/research  
  
☐ Internship ☐ Performance ☐ Practicum/clinical ☐ Other, specify: \_\_\_\_\_  
  
Mode(s) of Delivery:  
  
☒ Face to Face ☐ Online ☐ Study Abroad  
  
☐ Hybrid, specify approximate amount of on-line and face-to-face instruction \_\_\_\_\_
11. Course(s) to be deleted from the catalog once this course is approved: **N/A**
12. Equivalent course(s): N/A  
  
a. Are students allowed to take equivalent course(s) for credit? ☐ Yes ☒ No
13. Prerequisite(s): N/A

a. Can prerequisite be taken concurrently? ☐ Yes ☒ No

b. Minimum grade required for the prerequisite course(s)? ☐

c. Use Banner coding to enforce prerequisite course(s)? ☒ Yes ☐ No

d. Who may waive prerequisite(s)?

☐ No one ☐ Chair ☐ Instructor ☐ Advisor ☒ Other MSND Coordinator

14. Co-requisite(s): N/A

**15. Enrollment restrictions**

a. Degrees, colleges, majors, levels, classes which may take the course: Those fully admitted into the MS in Nutrition and Dietetics: Dietetic Internship Option.

b. Degrees, colleges, majors, levels, classes which may not take the course: All others

16. Repeat status: ☒ May not be repeated ☐ May be repeated once with credit

17. Enter the limit, if any, on hours which may be applied to a major or minor: 2

18. Grading methods: ☒ Standard ☐ CR/NC ☐ Audit ☐ ABC/NC

**19. Special grading provisions:**

☐ Grade for course will not count in a student's grade point average.

☐ Grade for course will not count in hours toward graduation.

☐ Grade for course will be removed from GPA if student already has credit for or is registered in:

☐ Credit hours for course will be removed from student's hours toward graduation if student already has credit for or is registered in: \_\_\_\_\_

**20. Additional costs to students:**

Supplemental Materials or Software \_\_\_\_\_ none \_\_\_\_\_

Course Fee ☒ No ☐ Yes, Explain if yes \_\_\_\_\_

**21. Community college transfer:**

☐ A community college course may be judged equivalent.

☒ A community college may not be judged equivalent.

Note: Upper division credit (3000+) will not be granted for a community college course, even if the content is judged to be equivalent.

### **Rationale, Justifications, and Assurances (Part I)**

1. ☒ Course is required for the major(s) of MS in Nutrition and Dietetics: Dietetic Internship Option  
☐ Course is required for the minor(s) of \_\_\_\_\_  
☐ Course is required for the certificate program(s) of \_\_\_\_\_  
☐ Course is used as an elective

**2. Rationale for proposal:**

The revisions to the current course proposal from 2009 is to update the language and more clearly align the content with the 2012 revision of the Accreditation Council of the Education of Nutrition and Dietetics (ACEND) education standards.

**3. Justifications for (answer N/A if not applicable)**

Similarity to other courses: Medical Nutrition Therapy – Spring (FCS 5154) will cover different disease states, but the application of the Nutrition Care Process will remain the same.

Prerequisites: Full admission into the MS in Nutrition and Dietetics: Dietetic Internship Option will subsume the necessary prerequisite information.

Co-requisites: None

Enrollment restrictions: Those fully admitted into the MS in Nutrition and Dietetics: Dietetic Internship Option program.

Writing active, intensive, centered: N/A

**4. General education assurances (answer N/A if not applicable)**

General education component: N/A

Curriculum: N/A

Instruction: N/A

Assessment: N/A

**5. Online/Hybrid delivery justification & assurances (answer N/A if not applicable)**

Online or hybrid delivery justification: N/A

Instruction: N/A

Integrity: N/A

Interaction: N/A

### **Model Syllabus (Part II)**

Please include the following information:

1. Medical Nutrition Therapy – Fall (FCS 5150)

2. Based on the Nutrition Care Process, advanced medical nutrition therapy and specific nutrition intervention techniques are applied to various disease states.
3. Upon completion of this course, students will be able to
  - a. Apply the Nutrition Care Process and use standardized nutrition language for individuals, groups, and populations of differing ages and health status when working with the following disease states: cardiovascular disease and hypertension; diabetes; weight management; thyroid diseases; developmental and intellectual disabilities; genetic metabolic disorders; cancer; and HIV/AIDS. (GLG a-d)
  - b. Evaluate prescribed medical nutrition therapy goals for accuracy and recommend revised goals, as necessary. (GLG a, b, d)
  - c. Demonstrate a working knowledge of current medical nutrition issues, such as pertinent legislation, reimbursement, and alternative nutrition therapies. (GLG a, c, d)
  - d. Demonstrate a working knowledge of medications prescribed for the identified disease states. (GLG a, b)
  - e. Plan nutrition education sessions for individuals and groups utilizing appropriate behavior change theories and techniques. (GLG a-d)
4. Escott-Stump, S. (2012). *Krause's Food and the Nutrition Care Process*, 13<sup>th</sup> ed. Elsevier Publishing.
5. Weekly outline of content

Topic	Time Allotment
Nutrition Care Process Review	One week
Cardiovascular Disease	Three weeks
Diabetes	Three weeks
Weight management	Two weeks
Thyroid diseases	One week
Cancer	One week
HIV/AIDS	One week
Genetic Metabolic Disorders	One week
Developmental and Intellectual Disabilities	One week
Mid-term exam	One week
Final Exam	One week

**6. Assignments and evaluation, including weights for final course grade.**

Examinations	120 points
Nutrition Care Process notes	150 points
Legislative Brief	40 points
Written assignments	50 points
Individual Nutrition Intervention	40 points
Group Nutrition Intervention	<u>40 points</u>
Total	450 points

**7. Grading scale**

90-100% of points	A	80-89% of points	B
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70-79% of points C

60-69% of points

D

59% or less of points F

**8. Correlation of learning objectives to assignments and evaluation.**

<b>Objective</b>	<b>Exams</b>	<b>Written Assignments</b>	<b>NCP notes</b>	<b>Legislative Brief</b>	<b>Nutrition Interventions</b>
Apply the Nutrition Care Process and use standardized nutrition language for individuals, groups, and populations of differing ages and health status	<b>x</b>	<b>x</b>	<b>x</b>		<b>x</b>
Evaluate prescribed medical nutrition therapy goals for accuracy and recommend revised goals, as necessary.		<b>x</b>	<b>x</b>		<b>x</b>
Demonstrate a working knowledge of current medical nutrition issues, such as pertinent legislation, reimbursement, and alternative nutrition therapies.				<b>x</b>	
Demonstrate a working knowledge of medications prescribed for the identified disease states.	<b>x</b>	<b>x</b>	<b>x</b>		<b>x</b>
Plan nutrition education sessions for individuals and groups utilizing appropriate behavior change theories and techniques.					<b>x</b>

**Date approved by the SFCS Curriculum Committee:** October 15, 2015**Date approved by the LCBAS Curriculum Committee:** November 10, 2015**Date approved by CGS:**