

Eastern Illinois University

NEW/REVISED COURSE PROPOSAL FORMAT

(Approved by CAA on 9/29/11 and CGS on 10/18/11, Effective Fall 2011)

This format is to be used for all courses submitted to the Council on Academic Affairs and/or the Council on Graduate Studies.

Please check one: ☒ New course ☐ Revised course

PART I: CATALOG DESCRIPTION

1. **Course prefix and number, such as ART 1000:** FCS 5158
2. **Title (may not exceed 30 characters, including spaces):** Childhood Obesity
3. **Long title, if any (may not exceed 100 characters, including spaces):** Implications of Childhood Obesity
4. **Class hours per week, lab hours per week, and credit [e.g., (3-0-3)]:** 1-0-1
5. **Term(s) to be offered:** ☐ Fall ☐ Spring ☐ Summer ☒ On demand
6. **Initial term of offering:** ☐ Fall ☐ Spring ☒ Summer **Year:** 2014
7. **Course description:**

Investigation of the causes and potential ramifications of childhood obesity in the context of the family unit.

8. Registration restrictions:

a. Equivalent Courses

- Identify any equivalent courses (e.g., cross-listed course, non-honors version of an honors course). NONE
- Indicate whether coding should be added to Banner to restrict students from registering for the equivalent course(s) of this course. ☐ Yes ☒ No

b. Prerequisite(s)

- Identify the prerequisite(s), including required test scores, courses, grades in courses, and technical skills. Indicate whether any prerequisite course(s) MAY be taken concurrently with the proposed/revised course.

Successful completion of Personal Nutrition (FCS 2100) or its equivalent.

- Indicate whether coding should be added to Banner to prevent students from registering for this course if they haven't successfully completed the prerequisite course(s).
☒ Yes ☐ No

If yes, identify the minimum grade requirement and any equivalent courses for each prerequisite course:

Passing grade of D or higher.

c. Who can waive the prerequisite(s)?

☐ No one ☐ Chair ☒ Instructor ☐ Advisor ☐ Other (Please specify)

d. Co-requisites (course(s) which MUST be taken concurrently with this one): N/A

e. Repeat status: ☒ Course may not be repeated.

☐ Course may be repeated once with credit.

Please also specify the limit (if any) on hours which may be applied to a major or minor.

f. Degree, college, major(s), level, or class to which registration in the course is restricted, if any:

This course is restricted to graduate students enrolled in the MS in FCS graduate online cohort.

g. Degree, college, major(s), level, or class to be excluded from the course, if any:

Any student not enrolled in the MS in FCS graduate online cohort.

9. Special course attributes [cultural diversity, general education (indicate component), honors, remedial, writing centered or writing intensive] NONE

10. Grading methods (check all that apply): ☒ Standard letter ☐ CR/NC ☐ Audit ☐ ABC/NC
("Standard letter"—i.e., ABCDF—is assumed to be the default grading method unless the course description indicates otherwise.)

Please check any special grading provision that applies to this course:

☐ The grade for this course will not count in a student's grade point average.

☐ The credit for this course will not count in hours towards graduation.

If the student already has credit for or is registered in an equivalent or mutually exclusive course, check any that apply:

☐ The grade for this course will be removed from the student's grade point average if he/she already has credit for or is registered in _____ (insert course prefix and number).

☐ Credit hours for this course will be removed from a student's hours towards graduation if he/she already has credit for or is registered in _____ (insert course prefix and number).

11. Instructional delivery method: (Check all that apply.)

☐ lecture ☐ lab ☐ lecture/lab combined ☐ independent study/research

☐ internship ☐ performance ☐ practicum or clinical ☐ study abroad

☒ Internet ☒ hybrid ☐ other (Please specify)

PART II: ASSURANCE OF STUDENT LEARNING

1. List the student learning objectives of this course:

Upon completion of this course, students will

- a. Define weight categories for children using appropriate growth charts.
- b. Analyze causes of childhood obesity.
- c. Analyze nutritional implications of overweight and obesity during childhood.
- d. Evaluate current nutrition education and social marketing campaigns aimed at preventing and treating childhood obesity.

If this is a graduate-level course, indicate which objectives are designed to help students achieve established goals for learning at the graduate level:

- Depth of content knowledge (objectives b-d)
- Effective critical thinking and problem solving (objectives b-d)
- Effective oral and written communication (objectives a-d)
- Advanced scholarship through research or creative activity (objectives a-d)

2. Identify the assignments/activities the instructor will use to determine how well students attained the learning objectives:

Course Objective	Discussion/Reflection	Evaluation of Program	Examination
Define weight categories for children using appropriate growth charts	X		X
Analyze causes of childhood obesity	X		X
Analyze nutritional implications of overweight and obesity during childhood	X		X
Evaluate current nutrition education and social marketing campaigns aimed at preventing and treating childhood obesity	X	X	

3. Explain how the instructor will determine students' grades for the course:

Discussions/reflections	4 @ 14 points each	56 points
Evaluation of program	1 @ 25 points	25 points
Examination	1 @ 19 points	<u>19 points</u>
Total points		100 points

Grading scale: 90-100% A; 80-89% B; 70-79% C; 60-69% D; ≤59% F

4. For technology-delivered and other nontraditional-delivered courses/sections, address the following:

- a. Describe how the format/technology will be used to support and assess students' achievement of the specified learning objectives:**

Students will be assigned a discussion question each week concerning the material covered. They will also be required to post a response to at least one other student's response. A discussion rubric will be used to evaluate the content of the discussion. Each of the four weekly modules will require students to read the assigned materials, view presentations (powerpoints with audio and/or videos), and complete related discussions.

- b. Describe how the integrity of student work will be assured:**

The instructor will correspond with each student on a regular basis. Each posting on the discussion board will reflect the student's name and will be monitored carefully. The discussions will be structured in a manner that will promote integration of the materials on a deeper level. Turnitin plagiarism software will be used to help ensure original and authentic written work. The examination will be timed and available for a limited time span with Respondus Lockdown browser enabled; however, notes and other resources can be utilized.

- c. Describe provisions for and requirements of instructor-student and student-student interaction, including the kinds of technologies that will be used to support the interaction (e.g., e-mail, web-based discussions, computer conferences, etc.):**

Each student will be interacting directly with each other via D2L. Discussion boards, email, chat rooms and assignment boxes will be used for direct communication. Students will also have the opportunity to correspond through telephone or in person on campus, if they so desire.

- 5. For courses numbered 4750-4999, specify additional or more stringent requirements for students enrolling for graduate credit. These include:**

N/A

- 6. If applicable, indicate whether this course is writing-active, writing-intensive, or writing-centered, and describe how the course satisfies the criteria for the type of writing course identified. (See Appendix *.)**

N/A

PART III: OUTLINE OF THE COURSE

Provide a week-by-week outline of the course's content. Specify units of time (e.g., for a 3-0-3 course, 45 fifty-minute class periods over 15 weeks) for each major topic in the outline. Provide clear and sufficient details about content and procedures so that possible questions of overlap with other courses can be addressed. For technology-delivered or other nontraditional-delivered courses/sections, explain how the course content "units" are sufficiently equivalent to the traditional on-campus semester hour units of time described above.

The course will be divided into a 4-week module of learning.

Week	Topic	Contact Hours
1	Defining Healthy Weights (use of growth charts, basic calculations)	2 hours
2	Causes and Implications of Childhood Obesity (family and societal aspects, cultural considerations, nutritional ramifications)	4 hours
3	Prevention of Childhood Obesity (nutrition education efforts, social marketing campaigns)	3 hours
4	Treatment of Childhood Obesity (surgery, weight management plans)	3.5 hours

PART IV: PURPOSE AND NEED

1. Explain the department's rationale for developing and proposing the course.

This course was originally designed as a special topics course within the School of Family and Consumer Sciences, and was offered in a face-to-face format off campus. Due to the success of a previous cohort of high school FCS teachers seeking a MS in FCS degree and assessment data supporting the development of an online MS in FCS program, this course will be part of the online MS in FCS teacher cohort program.

2. Justify the level of the course and any course prerequisites, co-requisites, or registration restrictions.

This course reflects upper-level work and requires an understanding of the basic theoretical foundations of the discipline of FCS as well as basic nutrition principles.

3. If the course is similar to an existing course or courses, justify its development and offering.

a. If the contents substantially duplicate those of an existing course, the new proposal should be discussed with the appropriate chairpersons, deans, or curriculum committees and their responses noted in the proposal.

The content of this course is discussed briefly in several nutrition and health courses as well as in the Nutritional Decisions and Dilemmas senior seminar (EIU 4151). However, the depth of information and the intense focus on the causes and implications of childhood obesity is not.

b. Cite course(s) to be deleted if the new course is approved. If no deletions are planned, note the exceptional need to be met or the curricular gap to be filled.

Currently, childhood obesity is not covered at this depth within the School of Family and Consumer Sciences offerings.

4. Impact on Program(s):

- a. **For undergraduate programs, specify whether this course will be required for a major or minor or used as an approved elective.**

N/A

- b. **For graduate programs, specify whether this course will be a core requirement for all candidates in a degree or certificate program or an approved elective.**

This course will serve as a required course for those enrolled in the online MS in FCS teacher cohort program and an elective for those who meet the required prerequisites.

If the proposed course changes a major, minor, or certificate program in or outside of the department, you must submit a separate proposal requesting that change along with the course proposal. Provide a copy of the existing program in the current catalog with the requested changes noted.

N/A

PART V: IMPLEMENTATION

1. **Faculty member(s) to whom the course may be assigned:** Graduate faculty within the School of Family and Consumer Sciences within the dietetics area.
2. **Additional costs to students:** None
3. **Text and supplementary materials to be used:** Online resources/references, such as materials from the Academy of Nutrition and Dietetics (www.eatright.org), the Society of Nutrition Education and Behavior (www.sneb.org), the Centers for Disease Control and Prevention (www.cdc.gov), and the Obesity Society (www.obesity.org) will be utilized.

PART VI: COMMUNITY COLLEGE TRANSFER

A community college course will not be judged equivalent to this course.

PART VII: APPROVALS

Date approved by the department or school: January 14, 2014

Date approved by the college curriculum committee: February 17, 2014

Date approved by CGS: