Department of Counseling and Student Development Master of Science in Counseling Eastern Illinois University

Renewal Designation as a First Choice Graduate Program January 25, 2016

Criterion 1: The program documents sustained achievements in strengthening the quality, diversity, and internationalization of the University's student body by attracting candidates who have the potential for academic and professional achievement and who complete degrees and succeed as alumni.

Table 1 – Application, Enrollment, and Diversity Summary (Obtain Data from the Graduate School)

Enrollment Data	F 2	012	F 2	2013	F 2	2014	F 2	015	4 Ye	ar Mean
	#	%	#	%	#	%	#	%	#	%
# of Applications	83		62		66		77		72	
# of Admission Offers	38		36		41		33		37	
Admission Yield	32	84.2%	33	91.6%	33	80.4%	25	75.7%	31	83.7%
Diversity Rates										
Based on Total	71		64		59		54		59	
Enrollment										
Undergraduate	34	48	34	53	28	47	23	43	28	47
Diversity										
Domestic Diversity	16	23	14	22	12	20	14	26	13	22
International Diversity	0		1		1		1		1	
Gender Diversity	52	73	50	78	50	85	44	81	48	81

1ai-Enrollment Management/Recruitment Plan: A clear plan for meeting application, enrollment, and diversity goals.

Describe Changes to the Recruitment Plan and if the Enrollment Data meet the Outcomes Summarized in Table 1

The Counseling enrollment management plan is intentional, strategic and involves many hours of coordinated effort resulting in a cohort of committed counseling students.

• Recruitment Plan:

The program's Recruitment Plan includes three phases. These include standard electronic and print recruitment, a correspondence cycle, and special recruitment events.

Phase 1: Electronic and Print Recruitment: The Chair maintains a comprehensive web site that provides an overview of the mission of the program, access to applications and assistantship information, a list of faculty, and a summary of student and faculty research. The web site utilizes video as a recruitment tool, which is available at http://www.eiu.edu/counseling

Phase 2: Correspondence Cycle: The Department Chair or secretary establishes an initial contact either by telephone inquiries, mail or email typically followed by three forms of contact. As the deadline for applications approaches, an email is sent to the individual with details of their

application status and what is needed for completion. Based on application materials supplied, applicants will be screened to determine those who will be invited to attend a Pre-Admission/Orientation Interview. Lastly, once the interview is complete, we send a final letter indicating the applicant's admission status for the program.

Phase 3: Special Events

- Counseling Interview Day: During this event, applicants who are invited will be given an introduction to the program and will be provided with a 30 minute opportunity to ask questions during the faculty panel. Next, applicants will split into two groups. Half of the applicants will be interviewed by faculty while the other half of the applicants go through an orientation and will be given the opportunity to attend a Q & A panel led by current graduate students from the program. During the interview process, applicants will be divided into groups of 4 to 6 and paired with a faculty member and second year student who will lead the interview process. Once complete, both groups will head to a catered lunch for an hour. Lastly, both groups switch roles for the remaining 90 minutes.
- *EIU Graduate Information Day*: The program sponsors a display table where students can inquire about the program. Applications and brochures are available for interested students in printed and electronic format.
- New Student Orientation: During this event, students who have been admitted to the program are introduced to faculty members and professional organizations and later treated to a pot-luck social.
- Graduation Hooding Ceremony: At the end of the program CSD graduates
 participate in a hooding ceremony that celebrates their academic
 accomplishments. We video tape the proceedings for placement on the
 webpage as a way of recruiting.

1aii-Enrollment Management/Selection Criteria: A rationale for selection decisions; fulfilling its expectations for quality.

Admission to the program is based on three criteria:

- 1. Assessment of student competencies
 - a. GPA (0-15 pts.)
 - b. Experience (0-5 pts.)
 - c. References (0-5 pts.)
 - d. Interview (0-25 pts.)
- 2. Assessment of Group Interview
 - a. Professional Attributes (0-5 pts.)
 - b. Personal Attributes (0-5 pts.)
 - c. Interpersonal Skills (0-10 pts.)
 - d. Writing Skills (0-5 pts.)
- General Assessment
 - a. Overall Impression (5-50 pts.)

1aiii-Enrollment Management/Acceptance Rate: Desired applicants accept admission offers.

Verify Enrollment Yields from Table 1.

Enrollment Data	F 2	012	F 2	2013	F 2	2014	F 2	015	4 Ye	ar Mean
	#	%	#	%	#	%	#	%	#	%
# of Applications	83		62		66		77		72	
# of Admission Offers	38		36		41		33		37	
Admission Yield	32	84.2%	33	91.6%	33	80.4%	25	75.7%	31	83.7%

1b-Assistantship/Scholarship Management:

Table 2 - Graduate Assistantship Summary (Obtain Data from the Graduate School)

Academic Year						Current
Assistantships	2012	2013	2014	2015	Mean	Rate
Annual Allocation	2	2	2	2	2.0	\$885/month
Competitive Awards	1	1	2	1	1.3	\$885/month
Grants or External Awards	4	7	9	13	8.3	variable
Philanthropic Awards	0	0	0	0	0.0	
Other Campus Assistantships	16	21	24	20	20.3	variable
Total Academic Year	23	31	37	36	31.8	
Summer Assistantships						
Annual Allocation	2	2	2	2	2.0	\$885/month
Competitive Awards	0	1	0	0	0.3	\$885/month
Grants or External Awards	3	2	2	3	2.5	variable
Philanthropic Awards	0	0	0	0	0.0	
Other Campus Assistantships	4	2	3	6	3.8	variable
Total Summer	9	7	7	11	8.5	

1bi-Assistantship/Scholarship Management/Annual Awards: The awards attract desired applicants; teaching, research, or service experiences add value to the degree.

Update Management of Annual Awards.

Management of our scholarships/awards and assistantships serve to enhance our recruitment efforts and allow us to be highly selective in choosing our entering cohort of students.

Assistantships

Graduate Assistantships play a role in our recruitment process. Graduate assistantships allows the students to receive a tuition waiver and monthly stipend. The following chart indicates that the GA attracts applicants from a diverse source of undergraduate programs.

	2012	2013	2014
Prior Institution	Eastern Illinois University (13), University of Illinois at Champaign (4), Northern Illinois University (2), Knox College, Dartmouth College, Southern Illinois University at Edwardsville (2), Greenville College, Colorado State University at Fort Collins, Illinois State University (2)	Eastern Illinois University (18), University of Illinois at Champaign (4), Ashford University, Northern Illinois University, Dartmouth College, Milikin, Lincoln Christian University (2), Saint Xavier University, Illinois State University at Ft. Collins	Eastern Illinois University (21), Lincoln Christian College (3), University of Illinois at Champaign, Bradley University, Southern Illinois University at Edwardsville, Milikin, Illinois State University (4) Olivet Nazarene University, University of Kentucky at Lexington, Saint Xavier University, Southern Illinois University at Carbondale
GA Position	Counseling and Student Development Department (8), Student Union, Housing, Student Success Center (2), Secondary Education, Educational Leadership (2), CEPS Dean's Office (2), Student Recreation Center, Health Education Resource Center (2), CILA Group Home, School of Continuing Education, Lake Land College, Financial Aid, Charleston Schools, Career Services	Educational Leadership (3), CEPS Dean's Office (4), Student Union, Counseling and Student Development Department (13), Housing, EIU Counseling Center, Student Success Center, Graduate School Department, Health Education Resource Center (2), School of Continuing Education, Student Recreation Center, CILA Group Home, Financial Aid Office, Career Services, Counseling and Student Development Department (Glen Hubele)	Educational Leadership (4), Gateway, Student Union, Study Abroad (2), Graduate School Department, CEPS Dean's Office (5), CCAR, Counseling and Student Development Department (9), Housing, Charleston Transitional Facility, Health Education Resource Center (2), School of Continuing Education, Employee and Labor Relations, CATS, General Counsel, Life Links, SACIS, Lake Land College, Student Success Center (3), CEAD, Dr. Wesley Allen, Heartland Human Services

Annual Awards:

The Department awards the following to enhance recruitment to the program:

■ **Betty Wright Downing Scholarship**: This scholarship was established for a graduate student preparing for a career in medicine or a heath related field. Criteria for the award include high academic standing in graduate and undergraduate work, demonstration of potential success, and evidence of campus and community activities. Recipients include:

Student	Year
N/A	2015
N/A	2014

Alyssa Swan	2013
N/A	2012

Hamand Society of Graduate Scholars: The Hamand Society recognizes degree-seeking graduate candidates nominated from among the class of Distinguished Graduate Students whose achievements in both scholarship and service have had a documented impact on the discipline and the community. Recipients include:

Student	Year
Deborah German	2015
Alyssa Swan	2014
Sharon Kim	2013
N/A	2012

■ The Provost Graduate Assistantship: The Provost's Research Assistantship is the most competitive graduate award offered through the Graduate School at Eastern Illinois University. Recipients include:

Student	Year
Heather Lee	2015
N/A	2014
Jill Tschantz	2013
N/A	2012

♦ The Glen E. Hubele Graduate Assistant

Student	Year
Hannah Driscoll	2014-2015
Rebecca Williams	2013-2014
Rebecca Williams	2012-2013
Callie Fields	2011-2012

♦ The Mary Vaupel Cralley Memorial Award:

Student	Year
Myro Hordiiv	2015
Chrissy Carrell	2014
Keri Offenstein	
Hannah Driscoll	
Sarah Puchalski	2013
Rebecca Williams	
Alyssa Swan	
Callie Fields	2012

♦ **Distinguished Graduate Student Award:** This award is given to an outstanding graduate student in the Counseling and Student Development Department. The winners for the past four years are:

Year	Student	Program
		Concentration
2015	Deborah German	School Counseling
	Kelsey Merritt	Clinical Counseling
2014	Jill Moody	School Counseling
	Alyssa Swan	Clinical Counseling
2013	Callie Fields	Clinical Counseling
	Sharon Kim	School Counseling
2012	Breanna Way	School Counseling

Competitive Awards:

The program has an established record of success with external support that enhances recruitment of students into the program:

Presidential Assistantship: This assistantship has been awarded to the Department for the last four years. This GA is designed exclusively to help with teaching a course at the undergraduate level. Recipients include:

Contract Term	Student	University
2015-2016	Myro Hordiiv	University of Illinois at
		Chicago
2014-2015	Myro Hordiiv	University of Illinois at
		Chicago
2013-2014	Hannah Driscoll	Bradley University
2012-2013	Luz Lomeli	Dartmouth College

◆ Paul Ward Scholarship: This scholarship represents the largest single gift in the history of EIU. Last year we gave out scholarships to counseling students totaling \$150,000. This year we will give first year admitted students up to \$4000 each.

The Impact of Assistantships/Scholarships on Diversity:

Over the last three years, Counseling and Student Development has attracted a strong pool of minority candidates representing primarily domestic minorities. The table below indicates the number of students by race admitted since 2012:

CSD Admitted Students: Fall Profile

	2012	2013	2014	2015
Caucasian	55	49	46	39
African American	8	6	5	9
Asian American	5	6	3	1
Latino/a	2	1	2	2
Other	1	1	2	2
International	0	1	1	1

1c-Matriculation Management: A targeted graduation rate; candidates consistently meet the program's degree completion expectations.

Entering Term		Degree Completion Term							
	#	2	2012	2	2013	2	2014	2	2015
		#	%	#	%	#	%	#	%
F 2012	71			71	100%	0		0	
F 2013	64	0				64	100%	0	
F 2014	59	0		0				59	100%
F 2015	54	0		0		0		*	*

Table 3 - Matriculation Management *

1d-Graduate Placement: The program can document sustained placements; earning of required credentials; making important contributions to society; pursuing an advanced degree.

Table 4 – Three-Year Graduate Placement Rates (Program's Summary)

Year Completed		Emp	loyed	ļ	Adv Study	Une	mployed	Unk	nown
	#	#	%	#	%	#	%	#	%
S 2012	32	26		2		1		3	
S 2013	24	19		3		0		2	
S 2014	35	29		4		0		2	
Total	91	74	81.3%	9	9.9%	1	1.1%	7	7.6%

Provide Graduate Placement Rates and Explain if the Placement Rates meet the Outcomes Summarized in Table 4.

Based on available data, 90% placement rates exist over the three year period. Doctoral placements include the following institutions: Purdue University, Auburn University, Chicago School of Professional Psychology, Kent State University, University of North Texas, Northern Illinois University, and College of William and Mary.

Criterion 2: The program documents sustained achievements in fostering advanced scholarship through a depth of knowledge, critical thinking, problem solving, oral and written communication, application of technology, research/creative activity, and commitment to professional ethics.

2a-Center for Academic Support and Achievement documents that assessment data are used to improve student learning, to guide improvements to the curriculum and to achieve academic excellence.

In light of learning goals established by the Graduate School, the Counseling and Student Development committee on assessment revised its program objectives to better align with these goals, as well as the assessment stages currently being developed by the College of Education and Professional Studies (CEPS) committee work on Unit Graduate Assessment. The following six learning goals were developed and illustrate our efforts to create new outcome measures that demonstrate our effectiveness in preparing graduates for professional practice. In addition these goals better align with other stakeholders' objectives such as the Graduate School Student Learning Requirements, the CEPS Advanced Program

^{*} Data was provided by the Planning, Budget and Institutional Research Office.

Unit Objectives, and the Council for Accreditation of Counseling and Related Educational Programs (CACREP) standards. The data is obtained using six primary rubrics utilized along various points throughout the program.

Our first learning goal focuses on Candidates that will display the required academic preparation and professional disposition necessary to succeed in the CSD graduate program. Candidates will be rated by the CSD faculty members during the program's admission process (specifications on the admission rating sheet can be found in criterion 1).

Our second learning goal is that **Candidates will display evidence of a depth of content knowledge**. We review students' overall GPA every semester to ensure they remain at an overall 3.0 GPA. We also measure the score on the NCE and School Certification exam. The data indicates that from 2012-2015 100% of our students have met expectations in GPA and the Illinois School Certification exams and 95% obtained a passing score on the National Counseling Exam. As table 5 indicates, departmental counseling students scored above the mean compared to National, CACREP, and Non-CACREP programs. We also measure this goal by using a variety of input measures including completion of multiple choice exams, internship presentation, exit, internship supervisory, alumni, and employer surveys.

Table 5 - NCE Results (Fall 2012- Fall 2014) Mean Scores

Year Completed	EIU	National	CACREP	Non CACREP
F 2012	114.24	98.91	110.44	107.25
F 2013	111.81	96.75	109.22	107.76
F 2014	112.87	91.94	108.25	106.84
Mean Total	112.97	95.87	109.30	107.28

Our third learning goal is that **Candidates will display evidence of maintaining professional dispositions**. The CSD faculty meets each fall and spring to review students in the program to determine if they maintain departmental expectations on the Student Review Rubric (Motivational Appropriateness, Personal Maturity, Flexibility, Emotional Stability, Engagement in the Learning Process, Academic Rigor, and Legal and Ethical Behavior). Faculty rate their advisees based on personal observation and feedback from instructors and supervisors. Students who fall below expectations for the first time receive a warning and participate in an informal discussion with their advisor. Students identified a second time enter a formalized retention process to target needed change. The data indicates that over the last three years, an average of 57 students per semester were reviewed with an average of 6 per semester being warned.

Our fourth learning goal is that **Candidates will display evidence of effective critical thinking and problem solving skills**. We measure this goal using assessment rubrics that are used during CSD 5510 (Professional Orientation), CSD 5530 (Basic Counseling Skills), CSD 5610 (Human Development for Counselors), CSD 6900-01-02 (Supervised Clinical Experience), and CSD 6920-21 (Supervised School Experience). Over the last three years, the surveys indicated that 100% of students met expectations.

Our fifth learning goal is that **Candidates will display evidence of effective oral and written communication skills.** We measure this goal using an assessment rubric that are used during CSD 5500 (Research Methods), CSD 5510 (Professional Orientation), CSD 5600(Cross-Cultural Counseling), CSD 5630 (Practicum), CSD 5640 (Play Therapy), CSD 5900 (Appraisal), CSD 5920 (Career Counseling), CSD 5960 (Family Counseling), CSD 5980 (Clinical Diagnosis and Treatment Planning), CSD 6900-01-02 (Supervised Clinical Experience), and CSD 6920-21 (Supervised School Experience). Over the last three years, the surveys indicated that 100% of students met expectations.

Our sixth learning goal is that **Candidates will display evidence of advanced scholarship through research and/or creative activity**. Students will be assessed during their first year, first semester in CSD 5500 (Research Methods). Instructors rate how well they perceive course objectives are met. If an objective is identified as "not met," then instructors are prompted to reflect on the objective and how they can better meet the objective in the future. The data indicates that over the last three years 100% have met this expectation.

2b-Graduate School documents that assessment data are used to improve student learning based on CGS Criteria.

Describe Changes Regarding Graduate School Reviews.

The CSD Department was awarded in 2008 and 2009 the Provost Assessment Award. Since that time, we have consistently received positive reviews from CASA and the Graduate School.

Criterion 3: The program documents sustained achievements in expanding the curriculum with rigorous advanced courses and options offered through lectures, laboratories, seminars, forums, practicum field experiences, internships, and partnerships with education, business, and industry.

3a-Sustained Mission and Planning Leadership: Articulates a clear mission; aligned with current and future trends in the discipline; states the program's strengths.

Mission Update:

The Department of Counseling and Student Development at Eastern Illinois University has been recognized as a First Choice program which ensures we meet the highest standards of scholarly excellence as evidenced through sustained achievement of criteria developed and adopted by the Graduate School. The program utilizes a cohort model with a low faculty-to-student ratio. The M.S. in Counseling prepares School Counseling students for License Professional Education License (PEL) and Clinical Mental Health students for License Professional Counseling (LPC) in the State of Illinois. Based on standards as established by the Council of Accreditation of Counseling and Related Programs (CACREP), the department is nationally accredited through 2021, ensuring that students are trained in research-based clinical practice. The purpose of our training, which includes 1000 hours of clinical supervised practical experience in a variety of settings, is to develop students who become qualified, ethical and culturally competent counselors.

CACREP standards may be reviewed at http://www.cacrep.org/for-programs/2016-cacrep-standards/

CSD Program Changes Overview:

Year	Description of Curriculum Change
2014-2015	 CSD 5940 (Foundations of School Counseling) and CSD 5945 (Management of School Counseling Programs) were combined into one course: CSD 5943 (Foundations and Management of School Counseling Programs). A proposal was approved to use of the Paul Ward Scholarship as part of the admission process.
2013-2014	 No changes were made on the curriculum A new online assessment process was established and tested. A new exit exam was created and used on all counseling students.
2012-2013	 The name of CSD 5970 was changed to Addictions Counseling. The name of CSD 5930 was changed to Foundations of Clinical Mental Health Counseling. Added CSD 5941 – Emerging Issues in School Counseling. Added CSD 5942 – School Counseling: Consultation, Collaboration, and Intervention. Removed EDF 5510 and SPE 2000 from coursework required for certification for those students who did not have a teaching certificate.

 Content required by Section 25.225 of the Illinois Statute is now covered by the addition of the new courses as well as realignment of context in existing coursework.

3b-Administrative Leadership: Documents how its administrative structure and leadership advance the quality of its curriculum.

Administrative Leadership Update:

The Administrative Leadership of the graduate program is composed of the Department Chair, the program Coordinator, Practicum/Internship Coordinators, and the Graduate Faculty. Below is a summary that describes how the administrative leadership advances the quality of the curriculum. The Department of Counseling and Student Development demonstrates a clear commitment to sustained curricular leadership through ongoing accreditation by CACREP. Courses are offered in accordance with CACREP requirements and sequenced according to clinical skill level and ethical considerations. Clinical mental health counseling students have no electives, whereas school counseling students have two. The Department was reaccredited through 2021, but CACREP monitoring drives the curriculum to stay up-to-date with current trends in the field of counseling.

3bi-Graduate Faculty Leadership: Documents the significant role of the graduate faculty with advancing the curriculum through curriculum committees or appropriate curriculum processes.

Faculty Leadership Update:

Below is a summary of how the graduate faculty advances the quality of the curriculum.

Graduate Faculty: In addition to teaching graduate courses and mentoring, graduate faculty members also hold membership on various committees that serve the Counseling program (e.g., CEPS Curriculum, Technology, Assessment, Minority Recruitment, Research, and Social Committees). Accomplishments include sustained excellence in recruitment, improved website for recruiting, improved mentoring, numerous letters of reference, sponsorship of Chi Sigma lota, and an increased number of students who are presenting work at regional, state, and national meetings. In 2014, Heidi Larson and Gloria Leitschuh were presented the Achievement and Contribution Teaching Awards. In 2015, Catherine Polydore and Angela Yoder were awarded the Achievement and Contribution Award in the Teaching area and Rebecca Tadlock-Marlo in the Service area. Rebecca Tadlock-Marlo also received the National ACES Award for Counselor Educator of the Year. Our faculty members also provide workshops for the community.

3c-Sustained Curricular Leadership by External Review: Sustained excellence based on external reviews as appropriate to the mission/discipline.

Curricular Leadership Update:

The program has used two approaches to external review. The first included the use of our National Accreditation body, the Council on Accreditation of Counseling and Related Programs (CACREP). The second was through the review by the State of Illinois.

Council for Accreditation of Counseling and Related Educational Programs (CACREP): In 2013, CACREP, a specialized accredited body recognized by the Council for Higher Education (CHEA), granted accreditation through March 21, 2021 to the Department of Counseling and Student Development for the following programs: Clinical Mental Health (M.S.) and School Counseling (M.S.). The program was extended the fullest amount of years allowed before our next reaccreditation. In 2012, the Department

participated in an external review consisting of three members from Adams State University (Alamosa, CO), Middle Tennessee State University (Murfreesboro, TN), and CUNY, Hunter College (New York, NY). The group met over three days. A copy of their executive committee report is on file in the Department. The external review was instrumental in helping the program better align with CACREP standards and move forward the program's ability to provide excellent professional experiences and funding to attract students.

IBHE: In 2012, the department went through extensive review by the State of Illinois program review (IBHE). During this time, we began assessment efforts to prepare for the report outlining our efforts to provide sustained success. The Department submitted its report and received positive feedback.

The department has seen significant changes to the program since the last IBHE review. We have increased faculty and student research output, increased the number of hours for the degree, received two assessment awards, and secured First Choice Status from EIU's Graduate School. Graduate programs achieving First Choice have applied for and been subjected to rigorous review from EIU's Council on Graduate Studies – with oversight from the Graduate School to ensure they meet the highest stands of scholarly excellence as evidenced through sustained achievement of criteria developed and adopted by the council in 2013 (2011-2013 Graduate Catalog).

3d-Sustained Capstone Leadership: Requires a rigorous capstone appropriate to the mission and documents the impact of each of its capstones on the quality of learning in the degree program.

Capstone Update:

There are two capstone experiences in the program. All students must complete three - three credit hour internships consisting of 900 hours of supervised experienced including one hour of weekly supervision and 1½ hours of weekly group supervision.

How the Internship Capstone Impacts the Quality of Learning: All candidates must be in good standing throughout the two semester internship experience. All interns are evaluated at midterm and again at the completion of their experience. In addition, site supervisors complete the "Internship Supervisory Survey," an assessment tool that helps to identify program strengths and weaknesses. These processes document the critical impact the internship has on the quality of learning. Candidates may not complete the degree without the internship component and must meet established performance standards before receiving credits.

In addition, students must meet the following requirements for internship:

- locate and secure an approved site for completion of Internship;
- locate and secure an approved site supervisor;
- have punctual and regular attendance at the internship site and for all meetings with the site supervisor and EIU faculty supervisor;
- provide students with a quality experience at the site;
- dress and behave in an appropriate and professional manner while on site as determined by the site supervisor;
- make clear disclosure with students/clients at site including their status as a counseling internship supervisee;
- come prepared for class, supervision sessions, and counseling sessions;
- request additional supervision as needed;
- become educated about student/client problems, treatments, and interventions using the research literature as appropriate.
- notify the EIU faculty supervisor when issues arise with the site supervisor, the site, or with students/clients that are not adequately addressed by the site supervisor;
- inform the site supervisor and the EIU faculty supervisor of problems with

- students/clients emergencies;
- compile and maintain complete student/client records and documentation in a timely and professional manner;
- follow the American Counseling Association (ACA) code of ethics and Illinois law governing counselors.
- National Certification Examination: All clinical counseling students must pass a comprehensive exam issued by the Department that covers the core courses in the program. In addition, the students are required pass the National Certification Exam which is sponsored by the Department.
- ♦ *Illinois School Counseling Certification Exam*ination: All school counseling students must pass a comprehensive exam issued by the Department that covers the core courses with the program. In addition, students pass the Illinois School Counseling Certification Exam which is sponsored by the state.

3e-Sustained Student Leadership: Fosters participation of its graduate candidates on student advisory boards.

Student Leadership Update:

Student leadership: The program fosters student participation to advance program quality in two primary ways. These include hosting an active student professional association and remaining active in GSAC.

How the Professional Student Organization, CSI, Advances Quality: Graduate candidates are strongly encouraged to become active members of the local chapter of Chi Sigma lota (CSI). The mission of Chi Sigma lota, the international honor society for professional counselors, and counselor educators is to promote scholarship, research, professionalism, leadership and excellence in counseling, and to recognize high attainment in the pursuit of academic and clinical excellence in the profession of counseling.

3f-Sustained Alumni Leadership: The program documents how it fosters participation in alumni programs sponsored by the Graduate School Alumni Advisory Board.

Alumni Leadership Update:

The program fosters alumni participation in several ways.

- ♦ How Quality is Advanced through Graduate School and College Alumni Programs:
 The following represents how quality is sustained through Alumni Department collaboration.
 - A. Paul Ward Scholarship (Granted \$160,000 in Counseling Scholarships, 2015)
 - B. Alumni newsletter and website
 - C. Annual meeting of the CSD Advisory Council
 - D. Annual Spring Conference (cancelled due to illness in 2015)
 - E. Alumni regularly hire our graduates (e.g., Prairie Center, Charleston High School, Jasper County Mental Health Center, Kids Hope United, LifeLinks, EIU Counseling Center, Hour House)

3g-Sustained External Partnerships: Sustained external partnerships appropriate to its mission; assets of partners advance the program's quality.

External Partnership Update:

The program sustains forms of external partnerships that support the program's mission. These typically involve internal and external Graduate Assistantships and Internship sites.

◆ Internship Sites: To meet an annual demand of 20-30 internships, the program retains a relationship with several internal and external sites. The Internship Coordinators maintains contact with all sites and visits new sites to ensure they meet program expectations for an internship experience. Internships are critical to the quality of the program, and partnership with these sites contributes important experiences and assessment data that are used to advance the quality of the program.

2014-2015 Internship Sites

Student	Internship Site	Location
Tamera Dillard	Eastern Illinois Counseling	Charleston, IL
	Center	,
Rachel Hille	Eastern Illinois Counseling	Charleston, IL
	Center	
Doris Jenkins	Moultrie County Counseling	Sullivan, IL
	Center	
Maddie Johnson	Fresh Start TLC (EIASE)	Effingham, IL
	and Lincoln Hospice -	and
	Sarah Bush	Mattoon, IL
David Kellerhals	LifeLinks, Inc.	Mattoon, IL
Kesley Merrit	University of Illinois	Champaign, IL
	Counseling Center	
Catherine Miller	One Hope United	Charleston IL,
Keri Offenstein	Presence Covenant Medical	Urbana, IL
	Center Behavioral Health	
Grace Adade	Mattoon High School	Mattoon, IL
Chrissy Carrell	Mattoon High School	Mattoon, IL
Alvaro Castillo	Arcola High School	Arcola, IL
Ashley Cho	Danville High School	Danville, IL
Katy Conrad	Lake Crest Elementary	Oakland, IL
	School	
Amy Cross	Centennial High School	Champaign, IL
Hannah Driscoll	Central High School	Champaign, IL
Deborah German	Mattoon High School	Mattoon, IL
Kristina Malahy	St. Thomas More High	Champaign, IL
	School	
Rebecca Miller	Central Grade School	Effingham, IL
Julie Novak	Mattoon High School	Mattoon IL,
Elizabeth Watts	Paxton-Buckley-Loda High	Paxton, IL
	School	
Mallory Weber (Richards)	Stewardson-Strasburg	Strasburg, IL
Tammy Wendt	Cumberland High School	Toledo, IL

2013-2014 Internship Sites

Student	Internship Site	Location
Gwi "Aaron" Chun	Centennial High School	Champaign, IL
Rebecca Eskew	Effingham High School	Effingham, IL
Aaron Hale	Mattoon High School	Mattoon, IL

Young Kwon	Heritage High School	Broadlands, IL
Maggie Schwartzkop	Mattoon High School	Mattoon, IL
Regina Maj	Charleston High School	Charleston, IL
Sarah Puchalski	Charleston High School	Charleston, IL
Amanda Rice	Cumberland High School	Toledo, IL
Jill Moody (Tschant)	Mattoon High School	Mattoon, IL
Daniel Applegate	Kevin Elliot Counseling	Champaign, IL
Brittany Arthur	Moultrie County Counseling	Sullivan, IL
	Center	
Olivia Buttram	One Hope United	Charleston, IL
Maria Byndom	Community Elements	Champaign, IL
John Deku	The Pavilion	Champaign, IL
Megan Eshleman	Moultrie County Counseling	Sullivan, IL
	Center	
Amanda Fox	Jasper County Health	Newton, IL
	Department	
Carol Hughes	Heartland Community College	Normal, IL
	Student Counseling SVCS	
Priscilla Huley	Central East Alcoholism and	Charleston, IL
	Drug Council	
Haley Madlem	Human Resource Center	Paris, IL
Rob McKinney	Douglas County Mental Health	Tuscola, IL
Jessica Milburn	Lifelinks	Mattoon, IL
Rachel Noel	Lifelinks	Mattoon, IL
Corey Norton	Riverside Healthcare	Kankakee, IL
Alison Oh	Champaign County Juvenile	Urbana, IL
	Detention Center	
Vanessa Payne	SE IL Counseling Centers, Inc.	Robinson, IL
Jennifer Pugh	Moultrie Country Counseling	Sullivan, IL
Alyssa Swan	Cunninghams Children's Home	Urbana, IL
Holly Westjohn	Heartland Human Services	Effingham, IL
Rebecca Williams	Lifelinks	Mattoon, IL

2012- 2013 Internship Sites

Student	Internship Site	Location
Daniel Applegate	University of Illinois Counseling Center	Champaign, IL
Shane Brown	Douglas County Mental Health	Tuscola, IL
Andrew Bunyard	LifeLinks	Mattoon, IL
Olivia Buttram	One Hope United	Charleston, IL
Maria A. Byndom	Champaign Co. Juvenile Detention Center	Urbana, IL
Sharon DeCelle	University of Illinois Counseling Center	Champaign, IL
Katherine Duitsman	Eastern Illinois University Counseling Center	Charleston, IL
Callie Fields	Jasper County Health Department	Newton, IL
Carol Hughes	Heartland Community College	Normal, IL
Amber Niebrugge	LifeLinks	Mattoon, IL
Rachel Noel	Sexual Assault Counseling	Charleston, IL

	and Information Services	
Danny Osterloo	Moultrie County Counseling Center	Sullivan, IL
Dennis Pearson	First United Methodist Church	Mattoon, IL
Sandra Slayton	Southeastern Illinois Counseling Center	Robinson, IL
Amy Strakbein	University of Illinois Counseling Center	Champaign, IL
Karla White	Associates in Christian Counseling	Peoria, IL
Shauna Bell	Cumberland High School	Toledo, IL
Melissa Downs	Eisenhower High School	Decatur, IL
Kaitlin Gauen	Centennial High School	Champaign, IL
Sharon Kim	Monticello High School	Monticello, IL
Lisa LaMasse	Mahomet Seymour High School	Mahomet, IL
Katie Laws	Mattoon High School	Mattoon, IL
Luz Lomeli	Charleston High School	Charleston, IL
Kristin Monahan	Centennial High School Edison Middle School	Champaign, IL Champaign, IL
Diana Moon	Teutopolis Grade School	Teutopolis, IL
Molly Prombo	Stewardson-Strasburg High	Strasburg, IL
Melinda Stephens	Bismarck-Henning High School	Bismarck, IL
Brittany Trimble	Mattoon High School	Mattoon, IL
Michael Weatherford	Jefferson Elementary School	Charleston, IL
Alyssa Zukowski	Effingham High School	Effingham, IL

*External Partnerships: In recent years we have successfully partnered with Lake Land College, LifeLinks, Hour House, Moultrie County Counseling Center, and Mattoon High School.

Criterion 4: The program documents sustained achievements in research/creative activity with graduate students and faculty.

4ai-Research Productivity: Has an annual research productivity goal and documents that its candidates meet or exceed the completion of those products.

Research Productivity Update:

The program engages students in research and creative activities.

- 1. In CSD 5500 Research Methods, the students are assigned to a team and collectively conduct a research project beginning with identifying research questions, collecting and analyzing data, and then recording the results through a research report. The students are encouraged to present findings at the CEPS Research Fair. As part of the mentoring program, students are also encouraged to present at our respective state (Illinois Counseling Association and Illinois School Counseling Association) and national conferences (American Counseling Association).
- 2. The program has adopted a creative activity requirement for students enrolled in CSD 6900 (Supervised Clinical Experience) or CSD 6920 (Supervised School Experience). Each student must "provide a professional training workshop of at least one hour in length at another agency, school, group or conference." The respective audiences receive an evaluation form that will provide them with the opportunity to reflect upon the workshop and provide feedback on the

overall presentation. This opportunity allows our interns to showcase their academic achievement and clinical expertise while being recognized by other professionals in the field.

4aii-Research Engagement: Graduate candidates achieve a sustained record of scholarships through presentations, performances, or exhibits.

Research Engagement Update:

Research/Presentations

2015

Conrad, K., Cross, A., & Malahy, K. (2015). Prescription drug abuse and teens. Poster presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.

Merritt, K. & Yoder, A. (2015). Motivational interviewing with addicted populations. Poster presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.

Hordiiv, M. (2015). Development of basic counseling skills, peer supervision, and clinical competence: A study of counselor training and proficiency. Poster presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.

Cho, **A.** (2015). Music therapy in schools. Poster presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.

Miller, C., & Overmyer, A. (2015). Touches are confusing. Poster presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.

German, D., &Larson, H. (2015) B.I.O.N.I.C: A mentoring program improving school culture one student at a time. Poster presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.

Johnson, M., & Offenstein, K., (2015). Play therapy for grieving children. Poster presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.

Novak, J., Watts, E., & Adade, G. (2015). The influence of poverty. Poster presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.

Driscoll, H., Castillo, A., & Wendt, T. (2015). Assisting students who self-harm: tips for teachers. Poster presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.

McGreevy, M. (2015). Group expressive art therapy with adolescents: benefits and implementation in schools. Poster presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.

2014

Williams, R.(2014). Using narration to navigate invisible chronic illness (ICI). Poster presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston. IL.

Polydore, C., & **Williams**, **R.** (2014). A mixed method examination of the culturally responsive teaching self-efficacy of teachers in rural Illinois. Poster presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.

Maj, R. (2014) Art therapy with children and adolescence. Poster presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.

Moody, A., McKinney, R., Schwarzkopf, M., & Hale, A. (2014). B.I.O.N.I.C. (Believe it or not, I Care): An Analysis of a high school mentoring program. Poster presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.

McKinney, R., Puchalski, S., Moody, A., Śwan, A., & Offenstein, K. (2014). Test anxiety interventions for adolescents preparing for the act: gum chewing and relaxation strategies. Poster presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.

Huley, P. (2014) Motivating interviewing for substance abuse clients. Poster presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.

Deku, J., Fox, A., & Milburn, J. (2014). Suicide assessment and information. Poster presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair,

Charleston, IL

- **Swan, A., McKinney, R., Moody, A., & Lucas, S.** (2014). Counselor education supervision facilitated by master's level graduate students: exploring self-efficacy of first-year counseling students. Poster presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.
- **Williams**, R. (2014). Helping clients act. Poster presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.

2013

- **Bell, S., Laws, K., Lomeli, L.**, & Tadlock-Marlo, R. (2013). Self-harm: Myths, realities, and healthy coping strategies. Poster presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.
- **Bell, S., Duitsman, K., & Marvin, A.** (2013). Canine Assisted Play Therapy: Utilizing canines to help facilitate social and emotional growth within children. Poster Presentation at Illinois Counseling Association's 64th Annual Conference, Springfield, IL.
- Bell, S., Laws, K., Zukowski, A., Monohan, K., Caste, K., LaMasse, L., Trimble, B., Kim, S., Lomeli, L., & Larson, H. (2013). Fresh minds think unique: Innovative career ideas for middle & high school. Presentation at Illinois School Counselor Association Annual Conference, Springfield, IL.
- **Chun, G.** (2013). Adolescent conflict resolution strategies through family and teachers. Poster presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.
- **Hale, A.** (2013). How to Help Children Through the Divorce Process. Presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.
- **Hale, A.** (2013). How to Help Children Through the Divorce Process. Presentation at Eastern Illinois University's Graduate Research Exposition, Charleston, IL.
- Larson, H., **Kim, S., Osterloo, D., Applegate, D., Swan, A., Puchalski, S., McKinney, R**. (2013). Relaxation skills and high stakes testing: Role of SES & environmental factors on anxiety level. Poster presentation for Eastern Illinois University's Graduate Research Exposition, Charleston, IL.
- Larson, H., **Kim, S., Osterloo, D., Applegate, D., Swan, A., Puchalski, S., McKinney, R.** (2013). Relaxation skills and high stakes testing: Role of SES & environmental factors on anxiety level. Poster presentation at the College of Educational and Professional Studies Research Fair, Eastern Illinois University, Charleston, IL.
- **Maj, R.** (2012). Children with oppositional defiant disorder: What helps? Presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.
- **Oh, A.** (2013). What is a healthy relationship? Poster Presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.
- **Petesch, J.** (2013). Empirically validated treatment techniques of adjustment disorder within adolescents. Poster presentation at the College of Educational and Professional Studies Research Fair, Eastern Illinois University, Charleston, IL.
- **Prombo, M., Trimble, B., & Weatherford, M.** (2013). Drugs in our schools: What you need to know to be the solution. Poster presentation for Eastern Illinois University's College of Education and Professional Studies CEPS Research Fair, Charleston, IL.
- Tadlock-Marlo, R. & **Strakbein, A.** (2013). Counseling through invisible chronic illness: A group perspective. Poster presentation for Eastern Illinois University's College of Education and Professional Studies CEPS Research Fair, Charleston, IL.
- **Strakbein, A. & Zukowski, A.** (2013). Theraplay: A treatment approach for children in foster care. Poster presentation for Eastern Illinois University's College of Education and Professional Studies CEPS Research Fair, Charleston, IL.
- **Swan, A.** (2013). Adolescent bereavement therapy: Considerations for professional counselors. Poster presentation for the Graduate Research Exposition, Eastern Illinois University, Charleston, IL.
- **Swan, A**. (2013). Adolescent bereavement therapy: Considerations for professional counselors. Poster presentation for the College of Educational and Professional Studies Research Fair, Eastern Illinois University, Charleston, IL.
- **Swan, A.** (2013). Effective counseling for clients with Schizophrenia: Exploration of psychosocial interventions. Poster presentation for the Graduate Research Exposition, Eastern Illinois University, Charleston, IL.

2012

Bell, S., Duitsman, K., Marvin, A., & Strakbein, A. (2012). Phobias and gender. Presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.

Gauen, K.M. (2012). Career counseling in schools. Poster presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.

Hughes, C. (2012). Premarital Counseling and Education: Creating Greater Accessibility. Presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.

Larson, H.A., **Osterloo, D., Applegate, D. & Kim, S.** (2012). Take a Deep Breath and relax: High stakes and test anxiety. Presentation at the 64th annual Illinois Counseling Association Conference. Springfield, IL.

Larson, H.A., McConaha, M.M., Rose, J.R., Thoele, H., Osterloo, D., Applegate, D. & Kim, S. (2012). Take a Deep Breath and relax: High stakes and test anxiety. Presentation at the Focus on Illinois Education Research Symposium. Tinley Park, IL.

Laws, K. M., Gauen-Kaste, K. M., & Yoder, A. (2012). Equine assisted psychotherapy: Utilizing horses in the therapeutic process with children and adolescents. Poster presentation at the Illinois Counseling Association Conference, Springfield, IL.

Stephens, M. (2012). Today's Counseling Interns: Driving Innovations for Prevailing. Presentation at the Illinois School Counselor Association Conference, Springfield, IL.

Tadlock-Marlo, R., **Applegate, D.** (2012). OSMD: Cultural competence tool for research, education, and practice. Presentation at North Central Association for Counselor Education and Supervision (NCACES). Kansas City, MO.

Zukowski, **A.**, **& Strakbein**, **A.**(2012). Theraplay: Treatment approach for children in foster care. Presentation at Illinois Counseling Association (ICA) conference, Springfield, IL.

Zukowski, A., Strakbein, A.(2012). Theraplay: Treatment approach for children in foster care. Presentation at Eastern Illinois University's College of Education and Professional Studies (CEPS) Research Fair, Charleston, IL.

Yoder, A., **Way, B., & LaMasse, L.** (2012). Partners in Play: Adaptation of Child-Parent Relationship Therapy. Poster Presentation at Illinois Association for Play Therapy, Schaumburg, IL.

4b-Research and Travel Grants:

Research & Travel Grants Update:

The program's students have earned research and travel awards through the department, college, and Graduate School.

CEPS Development Grant

Student(s)	Research Project	Year
Cox, M.	Master's level supervision training:	(2014-2015)
	perspectives of supervisors-in-training	
German, D.	Creating community within group counseling Masters Students	(2014-2015)
Swan, A.	Counselor education supervision facilitated by master's level graduate students: exploring self-efficacy of first-year	(2013-2014)
Rose, J.	The effects of test-preparatory program for the illinois basic skills test	2011-2012)

Rehbien, R.	Transitions in the conceptualization of transgender experience: A measure of counselor attitudes	(2011-2012)
Perdiey, D., Ward, B., Small, D., & Way, B.	Child senior relationship therapy: from passionate idea to applicable possibilities in school settings	(2011-2012)
McConaha, M., Thoele, H., Applegate, D., Lomeli, L., & Osterloo, D.	Clinical skill education, peer supervision, and role dynamics: a pilot study of counselor training	(2011-2012)

Graduate School Research/Creative Activity Grant

Student(s)	Research Project	Year
German, D., Grant, M.,	Test anxiety interventions for students 1-6 th grade:	Spring 2015
Hordiiv, M., & Lim, S.	Gum chewing and relaxation strategies	
Hale, A., McKinney, R.,	B.I.O.N.I.C.: A mentoring program improving	Spring 2014
Moody, J., &	school culture one student at a time	
Schwartzkopf, M.		
Applegate, D., Bunyard,	Clinical Skills Education, Peer Supervision, and	Spring 2013
A., Kaste, K., Kim, S.,	Role Dynamics: A pilot Study of Counselor	
Osterloo, D., & Trimble,	Training	
B.		
Kim, S., Lomeli, L.,	Test Anxiety Interventions for Adolescents	Spring 2013
McKinney, R., Puchalski,	Preparing for the ACT: Gum Chewing and	
S., Swan, A., &	Relaxation Strategies	
Tschantz, J. A. (Faculty		
Mentor: Larson)		
Kim, S., McConaha, M.,	Relaxation skills and high stakes testing: How	Spring 2012
Osterloo, D., and	intrinsic motivation and environmental factors	
Thoele, H.	impact ACT scores. (\$850.00)	
(Faculty Mentor:		
Larson)		
Perdieu, D., Small, D.,	Child senior relationship therapy: From	Spring 2012
Ward, B., & Way, B.	passionate idea to applicable possibilities	
(Faculty Mentor: Yoder)		

Williams Travel Awards: Williams Travel Awards were established to provide travel support for EIU graduate degree candidates who have papers or creative works accepted for presentation at regional, state, national or international conference between July 1-June 30 of the current fiscal year. Recipients include:

Student	Research Project	Year
Grace Adade	B.I.O.N.I.C.: A Mentoring Program Changing	Spring 2015
	Students' Lives and the School Culture and	
	B.I.O.I.C.: A Mentoring Program Improving	
	School Culture One Student at a Time.	
Chrissy Carrell	B.I.O.N.I.C.: A Mentoring Program Changing	Spring 2015
-	Students' Lives and the School Culture and	
	B.I.O.N.I.C.: A Mentoring Program Improving	
	School Culture One Student at a Time and	
	Adventure Therapy with Adolescents.	
Ashley Cho	Music Therapy in Schools.	Spring 2015
Katy Conrad	New School Mandates Met: Practical Ideas,	Spring 2015
	Interventions, and Tools Utilized	
Deborah German	B.I.O.N.I.C.: A Mentoring Program Changing	Spring 2015

	Students' Lives and the School Culture and	
	B.I.O.N.I.C.: A Mentoring Program Improving	
D. d. d. 1991.	School Culture One Student at a Time.	0.000
Rachel Hille	Counseling in Late Adulthood and Fostering Relevance and Reflection: Experiential Activities in Group.	Spring 2015
Maddie Johnson	Counseling in Late Adulthood and Play Therapy for Grieving Children	Spring 2015
Kelsey Merritt	Counseling in Late Adulthood and Motivational Interviewing in Addicts	Spring 2015
Rebecca Miller	B.I.O.N.I.C.: A Mentoring Program Changing Students Lives and the School Culture and Adventure Therapy with Adolescents.	Spring 2015
Catherine Miller	Touches are Confusing.	Spring 2015
Julie Novak	B.I.O.N.I.C.: A Mentoring Program Changing Students' Lives and the School Culture and B.I.O.N.I.C.: A Mentoring Program Improving School Culture One Student at a Time.	Spring 2015
Keri Offenstein	Counseling in Late Adulthood and Play Therapy for Grieving Children	Spring 2015
Tammy Wendt	New School Mandates Met: Practical Ideas, Interventions, and Tools Utilized.	Spring 2015
Brittany Arthur	Music Therapy With Older Adults.	Spring 2014
Gwi Chun	Getting Creative: Increasing Efficacy and Saving Time.	Spring 2014
Megan Eshleman	Music Therapy With Older Adults.	Spring 2014
Rebecca Eskew	Getting Creative: Increasing Efficacy and Saving Time.	Spring 2014
Aaron Hale	Games in Play Therapy and Getting Creative: increasing Efficacy and Saving Time.	Spring 2014
Young Kwon	Getting Creative: Increasing Efficacy and Saving Time.	Spring 2014
Haley Madlem	What Language Do They Play in?: Multicultural Consideration for Play Therapists.	Spring 2014
Regina Maj	Art Therapy with Children and Adolescents and Getting Creative: Increasing Efficacy and Saving Time.	Spring 2014
Rob Mckinney	Test Anxiety Intervention for Adolescents Preparing for the ACT: Gum Chewing and Relaxation Strategies.	Spring 2014
Jill Moody	Test Anxiety Intervention for Adolescents Preparing for the ACT: Gum Chewing and Relaxation Strategies and Effects of Second- Year Student Supervision in Counseling Training Program: Skill Development and Self Efficacy of First-Year Counselors-in-Training.	Spring 2014
Keri Offenstein	Test Anxiety Intervention for Adolescents Preparing for the ACT: Gum Chewing and Relaxation Techniques.	Spring 2014
Vanessa Payne	Music Therapy With Older Adults	Spring 2014
Sarah Puchalski	Test Anxiety Intervention for Adolescents Preparing for the ACT: Gum Chewing and Relaxation Strategies and Getting Creative: Increasing Efficacy and Saving time	Spring 2014

Amanda Rice	Games in Play Therapy and Getting Creative: Increasing Efficacy and Saving Time.	Spring 2014
Margaret Schwartzkopf	B.I.O.N.I.C.: An Analysis of a High School Student Mentoring Program and Getting Creative: Increasing Efficacy and Saving Time.	Spring 2014
Alyssa Swan Holly Westjohn Rebecca Williams	Test Anxiety Interventions for Adolescnets Preparing for the ACT: Gum Chewing and Relaxation Strategies and Child-Senior Relationship Training: An innovative Approach for School Counselors and Effects of 2 nd -Year Students Supervision in Counselor Training Programs: Skills Development and Self-Efficiacy of 1 st -Year Counselors-in-Training and Help from Unexpected Places: Introducing Child- Senior Relationship Training to Help School Counselors Reach More Students. Music Therapy With Older Adults. What Language Do They Play In? Multicultural Considerations for Play Therapists and Don't Just Stand by: ACT An Integrated Well	Spring 2014 Spring 2014 Spring 2014
Bell, S.	Approach to an Unwell Body. Canine-Assisted Play therapy: Utilizing Canines to Help Facilitate Social and Emotional Growth within Children.	Spring 2013
Byndom, M.	Counseling the Deaf and Hard of Hearing: The Need for Clinical Specialization.	Spring 2013
Duitsman, K.	Canine-Assisted Play therapy: Utilizing Canines to Help Facilitate Social and Emotional Growth within Children.	Spring 2013
Kaste, K.	Equine-Assisted Psychotherapy: Utilizing Horses in the Therapeutic Process with Children and Adolescents.	Spring 2013
Laws, K.	Equine-Assisted Psychotherapy: Utilizing Horses in the Therapeutic Process with Children and Adolescents.	Spring 2013
Niebrugge, A.	Canine-Assisted Play therapy: Utilizing Canines to Help Facilitate Social and Emotional Growth within Children.	Spring 2013
Strakbein, A.	Theraplay: Treatment Approach for Children in Foster Care.	Spring 2013
Zukowski, A.	Theraplay: Treatment Approach for Children in Foster Care.	Spring 2013
Byars, T.	Today's counseling interns: Driving innovation for prevailing schools.	Spring 2012
Downs, M.	Today's counseling interns: Driving innovation for prevailing schools.	Spring 2012
Gorman, J.	Today's counseling interns: Driving innovation for prevailing schools.	Spring 2012
Hartrich, E.	Today's counseling interns: Driving innovation for prevailing schools.	Spring 2012
LaMasse, L.	Partners in play.	Spring 2012
Lindgren, L.	Today's counseling interns: Driving innovation for prevailing schools.	Spring 2012
Moon, D.	Today's counseling interns: Driving innovation for prevailing schools.	Spring 2012

Perdieu, D.	Partners in play.	Spring 2012
Roark, J.	Today's counseling interns: Driving innovation	Spring 2012
	for prevailing schools.	
Sikes, C.	Today's counseling interns: Driving innovation	Spring 2012
	for prevailing schools.	
Sims, C.	Today's counseling interns: Driving innovation	Spring 2012
	for prevailing schools.	
Stephens, M.	Today's counseling interns: Driving innovation	Spring 2012
	for prevailing schools.	
Thoele, H.	Today's counseling interns: Driving innovation	Spring 2012
	for prevailing schools.	
Way, B.	Today's counseling interns: Driving innovation	Spring 2012
	for prevailing schools.	
Way, B.	Partners in Play	Spring 2012
Johnson, M.	Bridging drawing technique: Art therapy for	Spring 2012
	awareness, expression and generating	
	solutions.	
McConaha, M. & Rose, J.	Take a deep breath and relax: High stakes and	Spring 2012
(Faculty Mentor: Larson)	test anxiety.	
Perdieu, D. & Way, B.	CSRT: From passionate idea to applicable	Spring 2012
(Faculty Mentor: Yoder)	possibilities in school settings.	
Williams, J.	Group play therapy: A different approach to	Spring 2012
(Faculty Mentor: Larson)	play	

4c-Showcasing Scholarship/Creative Activity:

Annual Awards:

The Department awards the following to enhance recruitment to the program.

- ♦ The Paul Ward Memorial Scholarship
- ♦ The Glen E. Hubele Graduate Assistant
- ♦ The Mary Vaupel Cralley Memorial Award

Competitive Awards:

The program has an established record of success with external support that enhances recruitment of students into the program.

♦ Presidential Assistantships:

Luz Lomeli: 2012 – 2013
 Hanna Driscoll: 2013 – 2014

■ Myro Hordiiv: 2014 – 2015 & 2015 – 2016

♦ Betty Wright Downing Scholarship

Alyssa Swan: 2013

King-Mertz Award of Excellence (CEPS): The Award of Excellence is given to the author of the best research/creative activity project emerging from the college during the past year and reflects a significant contribution to the discipline.

Student	Award	Year
N/A	N/A	2015
N/A	N/A	2014
Applegate, A., Kim, S., &	Relaxation Skills and High Stakes Testing: How	2013
Osterloo, D.	Intrinsic Motivation and Environmental Factors	
	Impact ACT Scores.	
Perdieu, D., Small, D., Ward,	Child senior relationship therapy: From passionate	2012
B., & Way, B.	idea to applicable possibilities in the school system.	

4d-Awards Participation:

The program has a sustained record of earning discipline, department, and Graduate School awards. Examples were provided throughout the report and provided evidence of achievement in this area.

Criterion 5: The program documents a sustained record of developing opportunities for the discovery and application of knowledge with graduate faculty members who reflect the University's teaching and mentoring priority and who have a record of research/creative activity and professional service.

5a-Coordinator Leadership:

Faculty Leadership Update:

The Chair serves in the following ways:

- ♦ Received EIU's Chair Leadership Award in 2004.
- Received Graduate Leadership Award in spring of 2008.
- Awarded "Provost Achievement in Assessment Award" in 2008 and 2009.
- Received "Paul Overton Award" for 2009.
- M.S. in Counseling and Student Affairs awarded "First Choice".
- Yearly secures Presidential GAs, EIU GAs, and external GAs for Counseling students
- ♦ Two Counseling Faculty received ACA awards for Teaching in 2014 two received ACA in Teaching and one in Service for 2015.
- Chaired Thesis Committees (average five CSD students a year).

5b-Graduate Faculty Scholarship:

Faculty Update:

2015 Publications
Larson, H.A. (2015, February). Tackling school testing anxiety. <i>ParentMap, February</i> , pp. 1-5.
McKinney, R., Larson, H.A., Moody, J.A., Schwartkopf, M., Hale, H., & Conn, S. (January 2015).
Altruism, Commitment, and Leadership in High School Mentors. <i>Journal of Counseling in Illinois</i> .

- Frederick, H., **Polydore, C. L**., & Siwatu, K. O. **(in press)**. Teaching about diversity: Voices of native and international graduate student instructors, *Journal of Multiculturalism in Education*.
- **Tadlock-Marlo, R.**, & Hill, N.R. (in press). The Validation and Psychometric Properties of One School, Many Differences. *Measurement and Evaluation in Counseling and Development*. MECD-15-05-043
- **Yoder, A.,** Carter, D., Way, B. Swan, A., Allison, A. (accepted) Playing in schools: Adaptation of CPRT with senior volunteers to help at-risk children. *International Journal of Play Therapy*

2015 Presentations

- German, D., **Larson, H.A.,** Carrell, C., Adade, G., Novak, J., Moody, A., & Schwarzkopf, M. (April. 2015). *B.I.O.N.I.C.: A mentoring program improving school culture one student at a time.* Presentation at the 2015 ISCA Annual Conference, Springfield, Illinois.
- German, D., **Larson, H.A.,** Carrell, C., Adade, G., Novak, J., Conrad, K., & Wendt, T. (April. 2015). *New school mandates met: practical ideas, interventions and tools utilized.* Presentation at the 2015 ISCA Annual Conference, Springfield, Illinois.
- Hordiiv, M. & Larson, H.A. (April. 2015). Development of Basic Counseling Skills, Peer Supervision, and Clinical Competence: A Study of Counselor Training and Proficiency. Poster Presentation at the 2015 Graduate Student Exposition Research Fair, Eastern Illinois University, Charleston, Illinois.
- German, D. & Larson, H.A. (April. 2015). *B.I.O.N.I.C.: A mentoring program improving school culture one student at a time.* Poster Presentation at the 2015 Graduate Student Exposition Research Fair, Eastern Illinois University, Charleston, Illinois.
- **Larson, H.A**., Alba, T., Hordiiv, M., & Putman, D. (April, 2015). *Behaviors, Warning Signs, & Realities in Children's lives today: What new teachers should look out for.* Presentation for EIU Educators, Charleston, Illinois.
- Hordiiv, M. & Larson, H.A. (Feb. 2015). *Development of Basic Counseling Skills, Peer Supervision, and Clinical Competence: A Study of Counselor Training and Proficiency.* Poster Presentation at the 18th Annual CEPS Research Fair, Eastern Illinois University, Charleston, Illinois.
- German, D. & Larson, H.A. (Feb. 2015). *B.I.O.N.I.C.: A mentoring program improving school culture one student at a time.* Poster Presentation at the 18th Annual CEPS Research Fair, Eastern Illinois University, Charleston, Illinois.
- Miller, R., Carrell, C., & **Yoder, A.** (2015). Adventure therapy with adolescents. Poster presentation at the Illinois Association for Play Therapy Annual Conference, Rosemont, IL.
- McGreevy, M., & **Yoder, A.** (2015). Group expressive art therapy with adolescents: Benefits and implementation in schools. Poster presentation at the Illinois Association for Play Therapy Annual Conference, Rosemont, IL.
- Merritt, K., & **Yoder, A**. (2015). Motivational Interviewing with addicted populations. Poster session presented at the Eastern Illinois University College of Education and Professional Studies 18th Annual Research Fair, Charleston, IL.
- McGreevy, M., & **Yoder**, **A**. (2015). Group expressive art therapy with adolescents: Benefits and implementation in schools. Poster session presented at the Eastern Illinois University College of Education and Professional Studies 18th Annual Research Fair, Charleston, IL.
- Cho, A. (2015) Music Therapy in Schools. Poster presentation at the Illinois Association for Play Therapy Annual Conference, Rosemont, IL. Faculty Mentor: **Dr. Angela Yoder**
- Johnson, M., & Offenstein, K. (2015). Play Therapy for grieving children. Poster session presented at the Eastern Illinois University College of Education and Professional Studies 18th Annual Research Fair, Charleston, IL. Faculty Mentor: **Dr. Angela Yoder**
- Cho, A. (2015) Music Therapy in Schools. Poster session presented at the Eastern Illinois University College of Education and Professional Studies 18th Annual Research Fair, Charleston, IL. Faculty Mentor: **Dr. Angela Yoder**

2014 Publications

- **Larson, H.A.**, Kim, S., McKinney, R., Swan, A., Moody, A., Offenstein, K., German, D., & Puchalski, S. (December 2014). This is Just A Test: Overcoming High-Stakes Test Anxiety through Relaxation and Gum Chewing When Preparing for the ACT. *Eastern Education Journal*.
- **Larson, H.A.**, Lomeli, L., Kim, S.Y., Osterloo, D.R., McKinney, R., Swan, A. & Puchalski, S. **(submitted).** Test Anxiety Interventions for Adolescents Preparing for the ACT: Gum Chewing and Relaxation Strategies. *Journal of Counseling in Illinois.*

- **Leitschuh**, **G.A**. (2014). Counseling Supervision Training. Developed and Produced web based training for Clinical supervisors in the field to obtain continuing education units for licensure. (All proceeds will go toward the CSD Department).
- Marlo, J. & **Tadlock-Marlo**, **R.** (2014). Arming School Personnel for School Security. *NCPEA Annual Online*, *68*(1).
- **Yoder, A.**, Carter, D., Ward, B., Way, B., Strakbein, A., & Swan, A. (2014). Child-Senior Relationship Training: Adaptation of CPRT for Kindergarten students. International Journal of Play Therapy, 23 (4), 231-246.
- Swan, A., and Yoder, A. (2014). Sandtray with seniors. Play Therapy, 9 (3).
- Yoder, A. (2014). Unexpected Blessings: Integrating school counselors and senior

2014 Presentations

- **Larson, H.A.,** Pearcy, D. & Sinclair, M. (Dec. 2014). *B.I.O.N.I.C.* (Believe It Or Not, I Care): An Analysis of a High School Mentoring Program. Presentation for Mattoon School board, Mattoon, Illinois.
- **Larson**, **H.A**. (Nov. 2014). *Informational presentation on Graduate School in the Counseling Program;* Presentation to Psy Chi Club at Eastern Illinois University, Charleston, Illinois
- McKinney, R., Moody, A., German, D. & Larson, H.A. (Nov. 2014). *Creating community within group counseling master students*, Poster Presentation at Illinois Counseling Association Conference, Schaumburg, Illinois.
- **Larson, H.A.**, German, D., McKinney, R., Moody, A., Carrell, C., Novak, J., Adade, G. & Miller, R. (Nov. 2014) *B.I.O.N.I.C.* (*Believe It Or Not, I Care*): A Mentoring Program Changing Students' Lives and the School Culture. Presentation at Illinois Counseling Association Conference, Schaumburg, Illinois.
- **Larson, H.A.**, Alba, T., Hordiiv, M., & Putman, D. (Nov. 2014). *Behaviors, Warning Signs, & Realities in Children's lives today: What new teachers should look out for.* Presentation for EIU Educators, Charleston, Illinois.
- **Larson, H.A.,** Adade, G., German, D., Carrell, C., & Novak, J. (October 2014). *B.I.O.N.I.C.* (*Believe It Or Not, I Care*): An Analysis of a High School Mentoring Program. Presentation for Bullying Prevention Conference at Eastern Illinois University, Charleston, Illinois.
- **Larson, H.A.,** & German, D. (Oct. 2014). *B.I.O.N.I.C.* (Believe It Or Not, I Care): An Analysis of a High School Mentoring Program. Presentation for Lake Land College FFA, Mattoon, Illinois.
- **Larson, H.A. &** Sinclair, M. (August 2014). *B.I.O.N.I.C.* (Believe It Or Not, I Care): An Analysis of a High School Mentoring Program. Presentation for Rotary, Mattoon, Illinois.
- **Larson, H.A.,** Sinclair, M., & Pearcy, D. (July 2014). *B.I.O.N.I.C. (Believe It Or Not, I Care): An Analysis of a High School Mentoring Program.* Presentation for Exchange Club, Mattoon, Illinois.
- **Larson, H.A.**, Sinclair, M., Pearcy, D., German, D., Novak, J., Carroll, C., McWhorter, R., Adade, G., Moody, A., Schwartzkopf, M. (June 2014). *The B.I.O.N.I.C. Program*. Leadership and Recruitment 3 day Training Workshop at Mattoon High School, Mattoon, Illinois.
- **Larson, H.A.**, Moody, A., McKinney, R., Schwartzkopf, M., & Hale, A. (April 2014). *B.I.O.N.I.C.* (*Believe It Or Not, I Care*): *An Analysis of a High School Mentoring Program.* Presentation for Illinois School Counseling Association Annual Conference, Springfield, Illinois.
- **Larson, H.A.**, Moody, A., McKinney, R., Hale, A., & Schwartzkopf, M. (April 2014). *Behavior's, Warning Signs, & Realities in Children's lives today: What new teachers should look out for.* Presentation for EIU Educators, Charleston, Illinois.
- **Larson, H.A.**, Moody, A., McKinney, R., Schwartzkopf, M., & Hale, A. (April 2014). *B.I.O.N.I.C. (Believe It Or Not, I Care): An Analysis of a High School Mentoring Program.* Poster Presentation Graduate Expo, Eastern Illinois University, Charleston, Illinois.
- **Larson, H.A.**, Moody, A., McKinney, R., Schwartzkopf, M., & Hale, A. (April 2014). *B.I.O.N.I.C.* (Believe It Or Not, I Care): An Analysis of a High School Mentoring Program. Presentation at Illinois School Counseling Association Conference, Springfield, Illinois.
- **Larson, H.A.**, Moody, J.A., Schwartzkopf, M., Hale, A., Rice, A., Chun, A., Maj, R., Puchalski, S., Eskew, B. & Kwon. Y. (April 2014). *Getting creative: Increasing efficacy and saving time.* Presentation at Illinois School Counseling Association Conference, Springfield, Illinois.
- Swan, A., McKinney, R., Moody, A., Puchalski, S., Offenstein, K., & Larson, H.A. (April 2014). *Test Anxiety Interventions for Adolescents Preparing for the ACT: Gum Chewing and Relaxation Strategies.* Poster Presentation at the Graduate Expo, Eastern Illinois University, Charleston, Illinois.

- Swan, A., McKinney, R., Moody, A., Lucas, S. & Larson, H.A. (April 2014). Counselor Education Supervision Facilitated by Master's Level Graduate Student: Exploring Self-Efficacy of First-Year Counseling Students. Poster Presentation Graduate Expo, Eastern Illinois University, Charleston, Illinois.
- **Larson, H.A.**, McKinney, R., Moody, A., Swan, A., Puchalski, S. (March 2014). *Test anxiety interventions for adolescents preparing for the ACT: Gum chewing and relaxation strategies.* Presentation at Illinois Counseling Association Southern Conference, Collinsville, Illinois.
- **Larson, H.A.**, Moody, A., McKinney, R., Schwartzkopf, M., Hale, A. (March 2014). *B.I.O.N.I.C.: An analysis of a high school student mentoring program.* Presentation at Illinois Counseling Association Southern Conference, Collinsville, Illinois.
- **Larson, H.A.**, Moody, A., McKinney, R., Schwartzkopf, M., & Hale, A. (February 2014). *B.I.O.N.I.C.* (*Believe It Or Not, I Care*): *An Analysis of a High School Mentoring Program.* Poster Presentation at the 17th Annual CEPS Research Fair, Eastern Illinois University, Charleston, Illinois.
- Swan, A., McKinney, R., Moody, A., Lucas, S. & **Larson, H.A**. (February 2014). *Counselor Education Supervision Facilitated by Master's Level Graduate Student: Exploring Self-Efficacy of First-Year Counseling Students*. Poster Presentation at the 17th Annual CEPS Research Fair, Eastern Illinois University, Charleston, Illinois.
- Swan, A., McKinney, R., Moody, A., Puchalski, S., Offenstein, K., & Larson, H.A.
- (February 2014). Test Anxiety Interventions for Adolescents Preparing for the ACT: Gum Chewing and Relaxation Strategies. Mentoring Program. Poster Presentation at the 16th Annual CEPS Research Fair, Eastern Illinois University, Charleston, Illinois.
- Corray, D. & **Polydore**, C. L. (2014, November). Satisfaction and Importance Analysis of Features and Services to Nontraditional Students: A Mixed Methods. Paper presented at the annual meeting of the Midwestern Educational Research Association, Evanston, IL.
- **Polydore, C. L**. (2014, October). *Culturally Responsive Teaching Self-efficacy of Educators in Rural Illinois: A Mixed Approach.* Poster presented at the Focus on Illinois Education Research Symposium, Bloomington, IL
- Marlo, J. & Tadlock-Marlo, R. (2014). Arming School Personnel for School Security. Presentation at National Council of Professors of Educational Administration conference. Channel Islands, CA.
- Tadlock-Marlo, R. (2014). OSMD: Personal and professional reflexive cultural humility.

 Presentation at North Central Association for Courselor Education and Supervision (NCACES)
- Presentation at North Central Association for Counselor Education and Supervision (NCACES). St. Louis, MO.
- **Tadlock-Marlo, R.** & Hille, R. (2014). Fostering relevance and reflection: Experiential activities in group. Presentation at North Central Association for Counselor Education and Supervision (NCACES). St. Louis, MO.
- Williams, R. & **Tadlock-Marlo**, **R.** (2014). Narrating a Well-Perspective through an Un-Well Body. Presentation at Illinois Counseling Association (ICA) southern conference. Collinsville, IL.
- Williams, R. & **Tadlock-Marlo**, **R.** (2014). Wellness through Action. Presentation at Illinois Counseling Association (ICA) southern conference. Collinsville, IL
- Williams, R. **[Tadlock-Marlo, R.:** Faculty Mentor] (2014). Helping clients ACT. Presentation at the 17th annual College of Education and Professional Studies research fair, Eastern Illinois University. Charleston, IL.
- Williams, R. & **Tadlock-Marlo**, **R**. (2014). Using narration to navigate invisible chronic illness (ICI). Presentation at the 17th annual College of Education and Professional Studies research fair, Eastern Illinois University. Charleston, IL.
- **Yoder, A.**, Swan, A. (2014). Doing more with less in school settings: Adapting CPRT with senior citizen volunteers to help hurting children. Presentation for the 31st Annual Association for Play Therapy International Conference, Dallas, TX.
- Swan, A., & **Yoder, A.** (2014). Sandtray with seniors. Presentation for the 31st Annual Association for Play Therapy International Conference, Dallas, TX.
- Merritt, K., & **Yoder**, **A.** (2014). Motivational Interviewing for addicts. Poster Presentation for the 66th Annual Illinois Counseling Association Conference, Schaumburg, IL.
- Johnson, M., & Offenstein, K. (2014) Play therapy for grieving children. Poster Presentation for the 66th Annual Illinois Counseling Association Conference, Schaumburg, IL. Faculty Mentor: **Dr. Angela Yoder**
- Johnson, M., Hille, R., Merritt, K., & Offenstein, K. (2014). Counseling in late adulthood. Poster Presentation for the 66th Annual Illinois Counseling Association Conference, Schaumburg, IL. Faculty

Mentor: Dr. Angela Yoder

- **Yoder, A.**, Carter, D., Way, B., & Swan, A. (2014). Help from unexpected places: Introducing Child-Senior Relationship Training to help school counselors reach more students. Presentation at the Illinois School Counseling Association Annual Conference, Springfield, IL.
- **Yoder, A.**, McKinney, R., Williams, R., & Madlem, H. (2014). What language do they play in? Multicultural considerations for play therapists. Presentation for Southern Illinois Counseling Association, Collinsville, IL.
- Eshleman, M., Arthur, B., Westjohn, H., & Payne, V. (2014). Music Therapy with older adults. Poster session presented at the 4th Annual Southern Illinois Counseling Association Conference. Collinsville, IL (Faculty Mentor: **Dr. Angela Yoder**).
- Deku, J., Milburn, J., Fox, A., **Yoder, A**. (2014). Wish you would step off of that ledge my friend. Poster session presented at Eastern Illinois University College of Education and Professional Studies 17th Annual Research Fair, Charleston, IL.
- Huley, P., & **Yoder**, **A**. (2014). Motivational Interviewing for clients with addictions. Poster session presented at Eastern Illinois University College of Education and Professional Studies 17th Annual Research Fair, Charleston, IL.

2013 Publications

Larson, H.A. (2013). Relax, it's only a test. Time, 181, (5) 42-45.

Yoder, A.M., Larson, H.A., Washburn, F., Sung, J., Mills, S., Perdieu, D. (2013). Child-Parent Relationship Therapy Model for Use with Senior Citizen Volunteers in School Settings: A Pilot Study. *International Journal of Play Therapy*, *22*, 75-89.

Polydore, C. L. & Lucas, S. E. (2013). The development of pre-service teachers' self-efficacy beliefs. *Critical Issues in Teacher Education*, xx, 67-79.

Minor, A., Moody, S., **Tadlock-Marlo, R.,** Pender, R., & Person, M. (2013). Music as a medium for cohort development. *Journal of Creativity in Mental Health.* 8(4), 381-394. doi: 10.1080/15401383.2013.857928

Tadlock-Marlo, **R.** (2013). Shattering the dichotomy: Integrating diagnosis and wellness in counseling. *ACA: VISTAS*.

Tadlock-Marlo, R., Zyromski, B., Asner-Self, K., & Shen, Y. (2013) One School, Many Differences: An assessment tool for school counselors and multicultural counseling. *International Journal for the Advancement of Counseling*, 35, 234-250. doi: 10.1007/s10447-012-9179-z

2013 Presentations

- **Polydore, C. L**. (2013). A mixed method examination of the culturally responsive teaching self-efficacy of teachers in rural Illinois. Paper presented at the annual meeting of the Midwestern Educational Research Association, Evanston, IL.
- Lucas, S. E. & **Polydore, C. L**. (2013, June). *Investigating Professional Self-Efficacy Development in Pre-Service Teachers*. Poster presented at the Focus on Illinois Education Research Symposium, Champaign, IL.
- **Tadlock-Marlo, R.**, Rybalkina, O. & Michalak, M. (2013). Breaking ice, reducing heat: Diverse teaching strategies in research and statistics. Presentation at the Association for Counselor Education and Supervision (ACES) conference. Denver, CO.
- **Tadlock-Marlo, R.** (2013). To CACREP or not to CACREP: Implications of cultural competence for school counselors. Presentation at the Association for Counselor Education and Supervision (ACES) conference. Denver, CO.
- **Tadlock-Marlo, R.,** Williams, R., & Epston, N. (2013). Don't just stand by...ACT. Presentation at Illinois Counseling Association (ICA) conference. Skokie, IL.
- **Tadlock-Marlo**, **R.**, Williams, R. (2013). An integrative well approach to an un-well body. Presentation at Illinois Counseling Association (ICA) conference. Skokie, IL.
- **Tadlock-Marlo**, **R.** & Strakbein, A. (2013). *Counseling through invisible chronic illness: A group perspective*. Presentation at the 16th annual College of Education and Professional Studies research fair, Eastern Illinois University. Charleston, IL
- Laws, K., Lomelli, L., & Bell, S. [**Tadlock-Marlo, R.:** Faculty Mentor]. (2013). *Self-Harm: Myths, realities, and healthy coping strategies*. Presentation at the 16th annual College of Education and Professional Studies research fair, Eastern Illinois University. Charleston, IL.
- Trimble, B., Prombo, M., & Weatherford, M. Tadlock-Marlo, R.: Faculty Mentor] (2013). *Drugs in our*

schools: What you need to be the solution.. Presentation at the 16th annual College of Education and Professional Studies, Eastern Illinois University. Charleston, IL.

Maj, R. (2013). Art therapy with children and adolescents. Poster session presented at Eastern Illinois University College of Education and Professional Studies 17th Annual Research Fair, Charleston, IL. (Faculty mentor: **Dr. Angela Yoder**).

Rice, A., Hale, A., & **Yoder, A**. (2013). *Games in play therapy*. Poster Presentation for the 65th Annual Illinois Counseling Association Conference, Skokie, IL.

Maj, R. (2013). *Art therapy with children and adolescents*. Poster Presentation for the 65th Annual Illinois Counseling Association Conference, Skokie, IL. (Faculty mentor: **Dr. Angela Yoder).**

Yoder, A., & Swan, A. (2013). *Child-Senior Relationship Training: An innovative approach for school counselors.* Presentation for the 65th Annual Illinois Counseling Association Conference, Skokie, IL.

Bell, S., Niebrugge, A., & Duitsman, K. (2013). *Canine-Assisted Play Therapy: Utilizing Canines to Help Facilitate Social and Emotional Growth within Children.* Poster Presentation for the Eastern Illinois University College of Education and Professional Studies 16th Annual Research Fair, Charleston, IL. (Faculty Mentor: **Dr. Angela Yoder**).

Laws, K., & Gauen, K. (2013). *Equine-Assisted Psychotherapy: Utilizing Horses in the Therapeutic Process with Children and Adolescents* Poster Presentation for the Eastern Illinois University College of Education and Professional Studies 16th Annual Research Fair, Charleston, IL. (Faculty Mentor: **Dr. Angela Yoder**).

Strakbein, A., & Zukowski, A. (2013). *Theraplay: Treatment Approach for Children in Foster Care.* Poster Presentation for the Eastern Illinois University College of Education and Professional Studies 16th Annual Research Fair, Charleston, IL. (Faculty Mentor: **Dr. Angela Yoder**).

2012 Publications

Larson, H.A., McConaha, M.M., Rose, J.R., Thoele, H., Osterloo, D., Applegate, D. & Kim, S. (2012). Relaxation Skills & High Stakes Testing: Role of SES & Environmental Factors on Anxiety Levels. *Journal of Counseling in Illinois*, 2, 5-11.

Larson, H.A. & McConaha, M. (March 2012). Graduate Students, Experts Extol Benefits of Mentors: Having a professional mentor helped one student get into a Ph.D. program. *US News & World Report*. McConaha, M.M. & Larson, H.A. (April 2012) Mentors valuable to all students. *Daily Eastern News*, *96* 1-5.

Yoder, A. (2012). Unexpected Blessings. Illinois Association for Play Therapy- On the Go.

2012 Presentations

Leitschuh, G. A. (2012) Thoughts of the feminist therapist during the therapy session. Annual Conference of the Association of Women in Psychology, Palm Springs, CA.

Polydore, C. L., & Frederick, H. (2012, November). *A movement towards increasing the culturally responsive teaching competencies of in-service teachers in the rural Midwest*. Poster presented at the annual meeting of the National Association of Multicultural Education in Philadelphia, PA.

Polydore, C. L. & Lucas, S. E. (2012, November). *The development of pre-service teachers' self-efficacy beliefs*. Paper presented at the annual meeting of the Midwestern Educational Research Association, Evanston, IL.

Tadlock-Marlo, **R.** (2012). One School: Preparing school counselors to assess for cultural competence. Presentation at the Association for Assessment in Counseling and Education (AACE) conference, Orlando, FL.

Tadlock-Marlo, R., Michalak, M. (2012). The dirty "S" word: Innovative teaching techniques for counselor educators facilitating learning in statistics and research. Presentation at the Association for Assessment in Counseling and Education (AACE) conference, Orlando, FL.

Tadlock-Marlo, R., & Minor, M. (2012). Invisible not imaginary: Navigating Chronic Illness in Counseling and Counselor Education. Presentation at North Central Association for Counselor Education and Supervision (NCACES). Kansas City, MO, IL.

Tadlock-Marlo, R., Applegate, D. (2012). OSMD: Cultural competence tool for research, education, and practice. Presentation at North Central Association for Counselor Education and Supervision (NCACES). Kansas City, MO, IL.

Tadlock-Marlo, R. (2012). Using a healing wheel in the healing journey: Integrating Native American rituals into a counseling practice. Presentation at Illinois Counseling Association (ICA) conference. Springfield, IL.

- **Tadlock-Marlo**, **R.** (2012). Invisible not Imaginary: Navigating chronic illness in counseling. Presentation at Illinois Counseling Association (ICA) conference. Springfield, IL.
- Bell, S., Niebrugge, A., & Duitsman, K. (2012). *Canine-Assisted Play Therapy: Utilizing Canines to Help Facilitate Social and Emotional Growth within Children.* Poster Presentation for the 64th Annual Illinois Counseling Association Conference, Springfield, IL. (Faculty Mentor: **Dr. Angela Yoder**).
- Byndom, M. (2012). Counseling Deaf and Hard of Hearing Clients: The need for a clinical specialization. Poster Presentation for the 64th Annual Illinois Counseling Association Conference, Springfield, IL. (Faculty Mentor: **Dr. Angela Yoder**).
- Laws, K., & Gauen, K. (2012). *Equine-Assisted Psychotherapy: Utilizing Horses in the Therapeutic Process with Children and Adolescents* Poster Presentation for the 64th Annual Illinois Counseling Association Conference, Springfield, IL. (Faculty Mentor: **Dr. Angela Yoder**).
- Strakbein, A., & Zukowski, A. (2012). *Theraplay: Treatment Approach for Children in Foster Care.* Poster Presentation for the 64th Annual Illinois Counseling Association Conference, Springfield, IL. (Faculty Mentor: **Dr. Angela Yoder**).
- **Yoder, A.**, Perdieu, D., Ward, B., Small, D., & Way, B., Lamasse, L. (2012). *Child-Senior Relationship Therapy: From passionate idea to applicable possibilities in school settings.* Poster presentation for the Eastern Illinois University Graduate Student Expo, Charleston, IL.
- **Yoder, A.**, Perdieu, D., Ward, B., Small, D., & Way, B. (2012). *Child-Senior Relationship Therapy with Kindergarten populations*. Video presentation for the 2012 Graduate Research Showcase Series.
- **Yoder, A.**, Perdieu, D., Small, D., Way, B., & LaMasse, L. (2012). *Partners in play: Adaptation of the CPRT model for use with senior citizen volunteers in school settings*. Poster presentation for the Eastern Illinois University College of Education and Professional Studies 15th Annual Research Fair, Charleston, IL.
- **Yoder, A.**, Perdieu, D., Small, D., Way, B., & LaMasse, L. (2012). *Partners in play: Adaptation of the CPRT model for use with senior citizen volunteers in school settings*. Poster Presentation for Annual Illinois Association for Play Therapy, Schaumburg, IL.
- Byndom. M. (2012). Best practices: Counseling the deaf and hard of hearing. Poster presentation for the Eastern Illinois University College of Education and Professional Studies 15th Annual Research Fair, Charleston, IL. (Faculty Mentor: **Dr. Angela Yoder**).
- Micek, T., & Day, J. (2012). *Nontraditional Students*. Poster presentation for the Eastern Illinois University College of Education and Professional Studies 15th Annual Research Fair, Charleston, IL. (Faculty Mentor: **Dr. Angela Yoder**).
- Rehbein, R. (2012). Sandtray therapies. Poster presentation for the Eastern Illinois University College of Education and Professional Studies 15th Annual Research Fair, Charleston, IL. (Faculty Mentor: **Dr. Angela Yoder**).
- Whittman, Z., & Sage, M. (2012). *Unemployment & middle-aged men*. Poster presentation for the Eastern Illinois University College of Education and Professional Studies 15th Annual Research Fair, Charleston, IL. (Faculty Mentor: **Dr. Angela Yoder**).