

# COUNCIL ON GRADUATE STUDIES

## Meeting Agenda

April 23, 2024

### 1. Minutes

- a. Approval of the April 9, 2024 meeting minutes

### 2. Communication

- a. **College of Health & Human Services Curriculum Committee Minutes** April 8, 2024
- b. **College of Liberal Arts & Sciences Curriculum Committee Minutes** March 27, 2024

### 3. Items to be Added to the Agenda

- a. **None**

### 4. Items to be Acted Upon

- a. **24-39** KSR 4770 Program Design in Strength and Conditioning (New Course)
- a. **24-40** Revise Certificate in the Teaching of Writing (English)

### 5. Items Pending

- a. **None**

### 6. Other

- a. Graduate Program of Excellence Presentation: School Psychology
- b. Graduate Program of Excellence Presentation: Communication Disorders Sciences
- c. Graduate Program of Excellence Presentation: College Student Affairs

### 7. Committee Reports

- a. Graduate Student Advisory Council (GSAC)
- b. Booth Collaborative Advisory Committee
- c. Textbook Rental Advisory

### 8. Dean's Report

## Council on Graduate Studies Minutes April 9, 2024

The April 9, 2024 hybrid meeting of the Council on Graduate Studies met in 3108 Blair Hall at 2:00 pm.

**Members Present:** Dr. Bonnie Laughlin-Schultz, Dr. Nikki Hillier, Dr. Nichole Hugo, Dr. Alexis Jones, Dr. Chris Laingen, Dr. Farhad Sadeh, Ms. Chavionne Thomas

**Members Absent:** Dr. Wesley Allan

**Staff Present:** Interim Dean Dr. Robert Chesnut, Ms. Lana Beasley, Ms. Myra Taylor

**Guests Present:** Dr. Kathleen O'Rourke, Aging Studies and Human Services; Dr. Catherine Polydore, Chair & Graduate Coordinator, Counseling; Dr. Danessa Carter, Counseling,

### 1. Minutes

The minutes of the March 26, 2024 meeting were reviewed. Hearing no changes or objections, the minutes stand as written.

### 1. Communication

- a. **EA-CHHS-24-18** Remove Human Services Prerequisites on HSL 5450, 5850, and 5852
- b. **EA-CHHS-24-19** Replace KSR 4340 with KSR 3340 as prerequisite for admission in MS in Exercise Physiology program
- c. **EA-CLAS-24-20** HIS 4925 Methods, Theory & Pedagogy for History & Social Studies Teaching (Title Change)
- d. **CLAS Curriculum Committee Minutes** February 14, 2024

Motion made by Dr. Laingen to accept the communication items. Seconded by Dr. Sadeh. Motion carried by acclamation.

### 2. Items to be Added to the Agenda

- a. **24-39** KSR 4770 Program Design in Strength and Conditioning (New Course)
- b. **24-40** Revise Certificate in the Teaching of Writing (English)

Motion to add agenda items 24-39 and 24-40 to the April 23, 2024 agenda made by Dr. Hillier, seconded by Dr. Jones. Approved by acclamation.

### 3. Items to be Acted Upon:

- a. **24-37** Curricular Revisions to the Aging Studies Graduate Program

Motion to accept made by Dr. Sadeh, motion seconded by Dr. Laingen. Approved by roll call vote.

- b. **24-38** Curricular Revisions to the Human Services Graduate Program

Motion to approve made by Dr. Jones, motion seconded by Dr. Hillier. Approved by roll call vote.

### 4. Items Pending: None

### 5. Other:

- a. Graduate Program of Excellence Presentation: Sustainability. Dr. Nichole Hugo, Graduate Coordinator for Sustainability presented.
- b. Graduate Program of Excellence Presentation: Counseling (School/Clinical). Dr. Catherine Polydore, Chair & Graduate Coordinator for Counseling presented, assisted by Dr. Danessa Carter, Assistant Professor, Counseling.

**6. Committee Reports**

- a. **Graduate Student Advisory Council (GSAC):** No report
- b. **Booth Collaborative Advisory Committee (BCAC):** No report
- c. **Textbook Rental Advisory:** No report

**7. Dean's Report:**

- a. **Panther Academy Pass Program.** Dean Chesnut shared the School of Extended Learning's revived and revised "Panther Academy Pass Program."

Motion to adjourn meeting made by Dr. Hillier. Meeting adjourned at 3:02 p.m.

**COLLEGE OF HEALTH & HUMAN SERVICES**  
**CURRICULUM COMMITTEE MINUTES**  
**April 8, 2024**

The April 8, 2024, meeting of the College of Health & Human Services Curriculum Committee began at 1:00 p.m. The meeting was conducted in a hybrid format (in person at Room 1418, Klehm Hall, and via Teams.)

**Members Present:**

|  | <i>In Person</i> | <i>Via Teams</i> |
|--|------------------|------------------|
| Dr. Richard Clapp, School of Nursing               | X                |                  |
| Mr. Brandon Foster, Student Representative         | X                |                  |
| Dr. Nikki Hillier, Public Health & Nutrition       |                  | X                |
| Dr. Andrew Kerins, Kinesiology, Sport & Recreation | X                |                  |

**Members Absent:**

|  |
|--|
| Mrs. Lynne Cameron, Communication Disorders & Sciences |
| Major William Comstock, Military Science               |
| Dr. Kathleen O'Rourke, Human Services                  |

**Ex-Officio Members Present:**

|   |
|---|
| Dr. Jill Bowers, College of Health & Human Services |
| Ms. Janet Fopay, College of Health & Human Services |

**Guests:** None.

*The meeting was called to order by Dr. Kerins (Chair).*

**I. Approval of Minutes:**

**1. Minutes of the March 4, 2024, meeting.**

Dr. Clapp moved and Mr. Foster seconded the motion to approve the minutes. The minutes of the March 4, 2024, meeting was approved as written by acclamation.

**II. Items Acted Upon:**

None.

**III. Selection of the 2024-25 CHHSCC Officers.**

**1. Chairperson:**

Mrs. Lynne Barcus will serve as the 2024-25 CHHS Curriculum Committee chairperson.

**2. Vice-Chairperson:**

Dr. Nikki Hillier will serve as the 2024-25 CHHS Curriculum Committee vice-chairperson.

**IV. Other:**

1. The committee members discussed and agreed to continuing the hybrid delivery meeting mode next academic year. Dr. Hillier indicated that she would be willing to set up an owl for each meeting.

2. Dr. Kerins' and Dr. O'Rourke's terms will be ending on the committee. However, Dr. O'Rourke will return to the committee in the fall for another 3-year term representing the Human Services department. Dr. James Barkley will fill the Kinesiology, Sport & Recreation representative position. Mrs. Cameron, Dr. Clapp, and Dr. Hillier will continue to serve on the committee for the remainder of their terms. If possible, Mr. Foster will continue to serve on the committee this fall as the student representative. Although, he indicated that he, most likely, won't be able to serve on the committee during the Spring semester because he will be student teaching then.
3. The committee members were thanked for their service.

**V. Pending Items:**

None.

**VI. Communications:**

None.

**VII. Informational:**

1. Link to the CHHS Curriculum Committee Website: <https://www.eiu.edu/chhs/curriculum.php>
2. Link to the CHHS Curriculum SharePoint site housing the committee's agenda, minutes, proposals, executive requests, and other curriculum materials:  
<https://pmaileiu.sharepoint.com/sites/chsdean/CHHS%20Curriculum%20Management%20Database/Forms/AllItems.aspx?viewid=aaa38e73%2D140d%2D4c03%2D899b%2D65d06c0974e0>

The meeting was adjourned at 1:09 p.m.

*The next meeting date and time – to be determined later.*

Respectfully submitted,  
Janet Fopay

## College of Liberal Arts and Sciences Curriculum Committee

March 27, 2024 (Synchronous - Zoom) ELECTRONIC MEETING

**Participating Members:** Sanghoon Kang, BIO; Steven Pellizzeri, CHM; Chigozirim Sodeke, SCJ-CMN; Linda Ghent, ECN; Chris Wixson, ENG; Chris Laingen, GEO; David Smith, HIS; Greg Cooper, SCJ-JOU; Andrew Parrish, MCS; Liza Meyers, MUS; Eric Ha, PHY; Karen Swenson, PLS; Caitlin Lynch, SOC; Nick Shaw, THA; Dayden Gardner, Student Member (Arts & Humanities); Taeveon Gaines, Student Member (Sciences); Interim Associate Dean Mike Cornebise, ex-officio; Angie Cawthon, recorder

**Members not Participating:** Dave Richardson, ART; Teresa Britton, PHI; Jerry Zhu, PSY; Irene Jacobsen, WLC; Interim Associate Dean Chris Mitchell, ex-officio

**Guests:** Vanesa Landrus, WLC

Chair Parrish called the meeting to order at 3:00 pm.

### I. Minutes

On the motion of Lynch and the second of Ghent, the CLASCC minutes of February 14, 2024 (Synchronous electronic meeting) were approved.

### II. Executive Actions

The following Executive Actions were approved:

|        |           |  |
|--------|-----------|--|
| 24.41E | From PLS— | PLS 3373 Course Number Change                                  |
| 24.24E | From PLS— | BA in PLS Revised Program- <b>Amended</b>                      |
| 24.25E | From PLS— | BA in PLS Int'l Studies Option Revised Program- <b>Amended</b> |
| 24.42E | From PLS— | PLS 3861, 3862, and 3864 Credit Hour Change                    |
| 24.43E | From HIS— | HIS 4925 Course Title Change                                   |
| 24.44E | From SCJ— | CMN 3240 Mode of Delivery Change                               |
| 24.45E | From MCS— | CSM 2670 Course Title Change                                   |
| 24.46E | From MCS— | MAT 3502 Semester Offering Change                              |

### III. Items Acted On

**24.35 WLS 3592, “Spanish American Women’s Novel, Honors” (New Course)**

Motion made (Wixson) and seconded (Ghent) to consider. Vanesa Landrus presented the proposal and answered questions from the committee. Following discussion, the proposal was approved as submitted. (16-0)

**IV. Other Business**

None.

**V. Adjournment**

On the motion of Gardner and the second of Pellizzeri, the meeting was adjourned at 3:16 p.m.

Minutes taken by Angie Cawthon and prepared by Chris Mitchell

Approved by CLASCC: April 17, 2024

24-009

Effective FA 2024

**Eastern Illinois University**  
**New/Revised Course Proposal Format**  
 (Approved by CAA on 9/30/21 and CGS on 11/16/21)

**Banner/Catalog Information (Coversheet)**

1.  **New Course** or  **Revision of Existing Course**
2. **Course prefix and number:** \_\_\_\_\_ KSR 4770 \_\_\_\_\_
3. **Short title:** \_\_\_\_\_ Prog Design in Strength & Cond \_\_\_\_\_
4. **Long title:** \_\_\_\_\_ Program Design in Strength and Conditioning \_\_\_\_\_
5. **Hours per week:**  3 Class  0 Lab  3 Credit
6. **Terms:**  Fall  Spring  Summer  On demand
7. **Initial term:**  Fall  Spring  Summer Year:  2024 \_\_\_\_\_
8. **Catalog course description:** This course is designed to prepare students pursuing careers in the field of strength and conditioning and will emphasize program design and periodization concepts for anaerobic and aerobic performance training. Extensive exploration of professional guidelines and recommendations will be provided.
9. **Course attributes:** N/A  
 General education component: \_\_\_\_\_  
 Cultural diversity  Honors  Writing centered  Writing intensive  Writing active  
 Department Capstone as Senior Seminar
10. **Instructional delivery**  
**Type of Course:**  
 Lecture  Lab  Lecture/lab combined  Independent study/research  
 Internship  Performance  Practicum/clinical  Other, specify: \_\_\_\_\_  
**Mode(s) of Delivery:**  
 Face to Face  Online  Online Synchronous  Online Asynchronous  
 Study Abroad  
 Hybrid, specify approximate amount of on-line and face-to-face instruction \_\_\_\_\_
11. **Course(s) to be deleted from the catalog once this course is approved:** \_\_\_\_\_ N/A \_\_\_\_\_
12. **Equivalent course(s):** \_\_\_\_\_ N/A \_\_\_\_\_  
 a. **Are students allowed to take equivalent course(s) for credit?**  Yes  No
13. **Prerequisite(s):** \_\_\_\_\_ KSR 3104, KSR 4460 \_\_\_\_\_

- a. Can prerequisite be taken concurrently?  Yes  No
- b. Minimum grade required for the prerequisite course(s)? C
- c. Use Banner coding to enforce prerequisite course(s)?  Yes  No
- d. Who may waive prerequisite(s)?  
 No one  Chair  Instructor  Advisor  Other (specify)

14. Co-requisite(s): N/A

15. Enrollment restrictions

a. Degrees, colleges, majors, levels, classes which may take the course: Exercise Science, Exercise Science: Pre-Physical Therapy Option, Exercise Science: Pre-Occupational Therapy Option, Exercise Science: Pre-Athletic Training Option

b. Degrees, colleges, majors, levels, classes which may not take the course: all others

16. Repeat status:  May not be repeated  May be repeated once with credit

17. Enter the limit, if any, on hours which may be applied to a major or minor: 3

18. Grading methods:  Standard  CR/NC  Audit  ABC/NC

19. Special grading provisions: NA

Grade for course will not count in a student's grade point average.

Grade for course will not count in hours toward graduation.

Grade for course will be removed from GPA if student already has credit for or is registered in:

Credit hours for course will be removed from student's hours toward graduation if student already has credit for or is registered in: \_\_\_\_\_

20. Additional costs to students:

Supplemental Materials or Software \_\_\_\_\_ None \_\_\_\_\_

Course Fee  No  Yes, Explain if yes \_\_\_\_\_

21. Community college transfer:

A community college course may be judged equivalent.

A community college may not be judged equivalent.

Note: Upper division credit (3000+) will not be granted for a community college course, even if the content is judged to be equivalent.

**Rationale, Justifications, and Assurances (Part I)**

1. \_\_\_ Course is required for the major(s) of \_\_\_\_\_  
\_\_\_ Course is required for the minor(s) of \_\_\_\_\_  
\_\_\_ Course is required for the certificate program(s) of \_\_\_\_\_  
\_\_x\_\_ Course is used as an elective for the major(s) of Exercise Science, Exercise Science: Pre-Physical Therapy Option, Exercise Science: Pre-Occupational Therapy Option, Exercise Science: Pre-Athletic Training Option
2. **Rationale for proposal:** This course will provide evidence-based information that aligns with current professional guidelines and accreditation requirements. A more extensive exploration of this material is necessary for students pursuing occupations in the field of strength and conditioning.
3. **Justifications for (answer N/A if not applicable)**  
Similarity to other courses: N/A  
Prerequisites: In order to maintain the rigor and pursue a higher level of learning, students must have a basic understanding of proper resistance training principles and techniques.  
Co-requisites: N/A  
Enrollment restrictions: This class is specifically designed for students who are pursuing degrees within the Exercise Science field.  
Writing active, intensive, centered: N/A  
Capstone as Senior Seminar: N/A
4. **General education assurances (answer N/A if not applicable)**  
General education component: N/A  
Curriculum: N/A  
Instruction: N/A  
Assessment: N/A
5. **Online/Hybrid delivery justification & assurances (answer N/A if not applicable)**  
Online or hybrid delivery justification: N/A  
Instruction: N/A  
Integrity: N/A  
Interaction: N/A

## **Model Syllabus (Part II)**

Please include the following information:

1. Course number and title  
KSR 4770 - Program Design in Strength and Conditioning
2. Catalog description:  
This course is designed to prepare students pursuing careers in the field of strength and conditioning and will emphasize program design and periodization concepts for anaerobic and aerobic performance training. Extensive exploration of professional guidelines and recommendations will be provided.
3. Learning objectives.  
The student will be able to:
  1. Analyze and evaluate safety considerations related to resistance exercise, plyometrics, speed and agility exercises, and aerobic endurance exercises related to program design. (SL 1-3,7; QR 1-3; RC 1; CT 1-6; WR 1-7; a depth of content knowledge; critical thinking and problem solving skills)
  2. Appraise and develop appropriate resistance training, plyometric, speed and agility, and aerobic endurance training programs. (SL 1-7; QR 1-6; RC 1; CT 1-6; WR 1-7; a depth of content knowledge; critical thinking and problem solving skills, effective oral and written communication skills; evidence of advanced scholarship through research and/or creative activity)
  3. Comprehend and describe the biomechanical and physiological mechanisms involved in resistance exercises, plyometric exercises, speed and agility exercises, and aerobic endurance exercises. (SL 1-3; 1-3; RC 1; CT 1-4; WR 1-5; a depth of content knowledge; critical thinking and problem solving skills, effective oral and written communication skills; evidence of advanced scholarship through research and/or creative activity)
  4. Recognize and explain program implementation methods with special considerations to specific program goals. (SL 1-7; QR 1-6; RC 1,2,4; CT 1-6; WR 1-7; a depth of content knowledge; critical thinking and problem solving skills, effective oral and written communication skills; evidence of advanced scholarship through research and/or creative activity; ethical and professional responsibility)
  5. Analyze the concepts of periodization theory and construct appropriate periodized training programs related to sport seasons. (SL 1-7; QR 2,3,6; RC 1, 2, 4; CT 1-6; WR 1-7; a depth of content knowledge; critical thinking and problem solving skills, effective oral and written communication skills; evidence of advanced scholarship through research and/or creative activity; ethical and professional responsibility)

\*Students taking this class for graduate credit will, in addition to the requirements for undergraduate students:

- Conduct evidence-based research discussions on current course topics.
- Conduct a literature review comparing programming and periodization methods that will be implemented within the final programming project.

4. Course materials.  
National Strength and Conditioning Association (2021). *NSCA's exercise technique manual for resistance training, 4<sup>th</sup> edition*. Human Kinetics.

Haff, G.G. (2024). *Scientific foundations and practical applications of periodization*. Human Kinetics.

Course content will be provided via the learning management system.

5. Weekly outline of content.

| Week | Topic  |
|------|--|
| 1    | Training theory – basis and principles for training    |
| 2    | Training theory – principles for training              |
| 3    | Preparation for training and training variables        |
| 4    | Periodization of biomotor abilities                    |
| 5    | Planning the training session                          |
| 6    | Planning training cycles                               |
| 7    | Periodization of the annual plan                       |
| 8    | Peaking for competition                                |
| 9    | Periodization methods – strength and power development |
| 10   | Strength and power development                         |
| 11   | Endurance training                                     |
| 12   | Speed and agility training                             |
| 13   | Plyometrics  |
| 14   | Special considerations related to training methods     |
| 15   | Final project implementation                           |
| 16   | <b>Final Exam</b>                                      |

6. Assignments and evaluation, including weights for final course grade for undergraduate students

|                         |     |
|-------------------------|-----|
| Exams                   | 50% |
| Assignments and Quizzes | 30% |
| Program Design Projects | 20% |

Assignments and evaluation, including weights for final course grade for graduate students

|                         |     |
|-------------------------|-----|
| Exams                   | 50% |
| Assignments and Quizzes | 20% |
| Program Design Projects | 30% |

7. Grading scale

|   |          |
|---|----------|
| A | 90-100%  |
| B | 80-89.9% |
| C | 70-79.9% |
| D | 60-69.9% |
| F | ≤ 59.9%  |

**Date approved by the department or school: 12/06/2023**

**Date approved by the college curriculum committee: 1/22/2024**

**Date approved by the Honors Council (if this is an honors course): Not**

**Applicable Date approved by CAA: 2/15/24**

**CGS:**

## Proposal to Revise the Graduate Certificate in the Teaching of Writing

To take effect Fall 2024

Approved by the English Department: 9/20/23

Approved by CLASCC: 10/4/23

Approved by CGS:

### Rationale:

The 18-credit Certificate in the Teaching of Writing is increasingly being chosen as a way for (1) licensed teachers with advanced degrees in other disciplines to receive secondary endorsement to teach English courses and (2) licensed teachers in English to become eligible to teach dual-credit English in their districts (the Dual Credit Quality Act requires 18 hours of graduate-level work in the content area). The centerpiece of the CTW is the six-credit Summer Institute, run as part of the Eastern Illinois Writing Project, a regional site for the National Writing Project. Through this course (offered by application only), teachers engage in a combination of whole-class and independent study, initiating research projects from their teaching experience that they will continue to pursue in future courses.

The CTW was originally developed at a time when we had fewer courses in Composition and when the number of students completing the certificate was relatively low and when online course offerings in the department were scarce. With the development of our online graduate program, which now serves 125+ students per year, the majority of them K–12 teachers, there is increased demand for the certificate. The revised version of the certificate requires all students to take ENG 5007, the foundational composition theory course in our department. It also reflects a wider range of composition courses. Because ELA teachers are often expected to teach writing about literature and creative writing as part of their courses, the revision allows each student to take up to one literature and/or creative writing course as part of the certificate.

## Graduate Catalog Copy with Proposed Changes

### English: Certificate in the Teaching of Writing

The online Certificate in the Teaching of Writing in High School/Middle School is available to those already certified as middle school or high school teachers. Teachers should be able to complete this certificate in two summers and one academic year. Teachers earn a Certificate in the Teaching of Writing in High School/Middle School by satisfactorily completing 18 hours of graduate work in the Teaching of Writing.

**Degree Audit:** The graduate plan of study is the EIU Degree Audit, which is generated automatically at the time of degree or certificate candidacy. Modifications of the standard EIU Degree Audit are submitted by the graduate coordinator to the certification officer in the Graduate School at the time modifications are approved. The Degree Audit serves as an unofficial summary of requirements for the program. Degree and certificate candidates are advised to review the comprehensive summary of the Degree Audit process specified on the “Requirements for All Degree and Certificate Candidates” section of the Graduate Catalog. Individual programs may require candidates to submit plans of study in addition to the Degree Audit, candidates should consult with the program coordinator.

### Certificate Course/Curriculum Requirements

All students must complete the following ~~six-credit course~~ 9 credits:

- ENG 5585 - Writing Project for K-16 Teachers Credits: 6  
Students must complete one year of teaching before applying for ENG 5585
- ENG 5007 – Composition Theory and Pedagogy Credits: 3

### Additional Courses

~~Students must complete a minimum of 12 credit hours of graduate-level courses (5000 and above)~~

- Students should choose ~~at least four~~ three of the following three-credit courses:
- ENG 4760 - Special Topics in Professional Writing Credits: 3  
May be repeated.
- ENG 4765 - Professional Editing Credits: 3
- ~~ENG 4801 – Integrating the English Language Arts. Credits: 3~~
- ENG 4906 - Problems in the Teaching of English Credits: 3  
May be repeated.
- ENG 5007 - Composition Theory and Pedagogy. Credits: 3
- ENG 5011 - Studies in Composition and Rhetoric Credits: 3  
May be repeated.
- ENG 5020, 5020A, 5020B, 5020D, 5020E – Graduate Workshop in Creative Writing Credits: 3  
(Only 3 credits in any version of ENG 5020 may be counted toward the Certificate in the Teaching of Writing)

- ENG 5021 – Evaluating Student Writing Credits: 3
- ENG 5022 – Grammar and the Teaching of Writing Credits: 3
- ENG 5091A - Studies in Language, Linguistics, and Literacy Credits: 3  
May be repeated.
- ~~ENG 4765 – Professional Editing Credits: 3 [note: intent is simply to move this course to the proper place in numerical order]~~
- ENG 5502 – Mentored Composition Teaching Credits: 3
- ENG 5990A – Independent Study Credits: 3
- One literature course numbered ENG 5001 or higher Credits: 3
- ~~ENG 5061A – Special Topics in Literature and Literary Theory Credits: 3~~
- ~~ENG 5061B – Special Topics in Literature and Literary Theory Credits: 3~~
- ~~ENG 5061D – Special Topics in Literature and Literary Theory Credits: 3~~

### **Graduate Certificate**

By completing these five courses, teachers will earn 18 hours of graduate work that may be applied toward an M.A. in English.