

Name of nominee: Ronan Bernas Date: 10/15/22

Department/school: Psychology

E-mail address of nominee rsbernas@eiu.edu

Semester/term and year of approval: Fall 2022

Profile of the candidate:

A. Date appointed to EIU Faculty: August 1994

B. Current academic rank: Professor

C. Academic and professional experience:

Highest degree earned: PhD Date awarded: 1995

Does the nominee have the appropriate terminal degree?  Yes  No

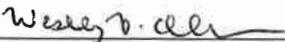
Degree granting institution: The University of Chicago

Field of specialization: Psychology

D. Evidence of professional activity and specialization in teaching area (if different from the academic area in which the highest earned degree is held) within the last three years (workshops, research, service, creative activity, etc.). **Please put in vita format and attach.**

E. List the graduate courses taught by the candidate during the last three years:

PSY 5710 (Research Methods and Advanced Statistical Analyses I)  
PSY 5711 (Research Methods and Advanced Statistical Analyses II)

  
\_\_\_\_\_  
Graduate Coordinator or Chair, Department Graduate  
Committee

  
\_\_\_\_\_  
Department Chair

  
\_\_\_\_\_  
College Dean

\_\_\_\_\_  
Dean, Graduate School

After form is completed, please print to obtain signatures.

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**RONAN S. BERNAS**  
Professor  
Department of Psychology & The Graduate Faculty  
Eastern Illinois University

(Spring 2019 to Spring 2022)

**PERSONAL INFORMATION**

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Mailing Address:	Department of Psychology Eastern Illinois University 600 Lincoln Ave. Charleston, IL 61920	Citizenship (Dual):	U.S.A. and the Philippines
Phone:	(217) 581-6416 (office)	Email:	rsbernas@eiu.edu

**EDUCATION**

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1995	The University of Chicago <i>Ph.D., Psychology (Committee on Human Development)</i> Advisor: Nancy L. Stein, Ph.D. <ul style="list-style-type: none"><li>• <i>Bernice Neugarten Dissertation Prize in Human Development</i> Committee on Human Development, The University of Chicago</li><li>• <i>Harris Developmental Studies Fellowship</i> Irving B. Harris Foundation</li></ul>	Chicago, IL U.S.A.
1991	The University of Chicago <i>M.A., Psychology (Committee on Human Development)</i> Advisor: Richard A. Shweder, Ph.D.	Chicago, IL U.S.A.
1987-1989	The University of Chicago <i>Graduate Studies (Committee on Research Methodology and Quantitative Psychology)</i> Advisor: R. Darrell Bock, Ph.D. <ul style="list-style-type: none"><li>• <i>Century Scholarship</i> The University of Chicago</li></ul>	Chicago, IL U.S.A.
1981	Ateneo de Manila University B.S., Management Engineering	Quezon City The Philippines

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## TEACHING

### Teaching Experience

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Professor	Department of Psychology & The Graduate Faculty Eastern Illinois University	2005 – present
Associate Professor	Department of Psychology & The Graduate Faculty Eastern Illinois University	2000 - 2005
Assistant Professor	Department of Psychology & The Graduate Faculty Eastern Illinois University	1996-2000
Instructor	Department of Psychology Eastern Illinois University	1994-1996

**Graduate Courses:**

*Research Methods and Advanced Statistical Analyses I*  
*Research Methods and Advanced Statistical Analyses II*  
*Theories of Learning*

**Undergraduate Courses:**

*Cognitive Processes*  
*Research Methods and Experimental Design*  
*History and Systems of Psychology*  
*Scientific Research on the Psychology of Happiness*

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Lecturer	Social Sciences Collegiate Division The University of Chicago	1992
	<i>Introduction to Behavioral Research</i>	
Teaching Fellow	Department of Psychology The University of Chicago Supervisor: Nancy L. Stein, Ph.D.	1993-1994
	<i>Cognition, Development, and Learning</i> <i>Cognition and Learning</i>	
Teaching Fellow	Committee on Human Development The University of Chicago Supervisor: Gilbert Herdt, Ph.D.	1992
	<i>Cross-Cultural Human Development</i>	

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Assistant Instructor	Department of Psychology Ateneo de Manila University	1985-1987
	<i>Fundamental Statistics</i> <i>Experimental Psychology</i>	

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**Chaired the following Graduate Student Theses (2019 - 2022)**

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Alejandra Huerta-Hernandez (Master's Degree in Clinical Psychology) In progress	<i>Coping Strategy as a Mediator in the Relationship between Dispositional Optimism and Psychological Well-Being</i>
Samantha Boomgarden (Master's Degree in Clinical Psychology)	<i>Mindfulness Increases Help-Seeking by Buffering Against Self-Stigma</i>
Charlie Reither (Master's Degree in Clinical Psychology)	<i>Relationship between Curiosity and Development of Meaning in Life</i>
Asmita Saha (Master's Degree in Clinical Psychology)	<i>Self-Construal as a Mediator in the Relationship Between Self-Enhancement/Self-Protection and Psychological Well-Being</i>

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**Chaired the following Undergraduate Psychology Student Departmental Honors Theses (2019 – 2022)**

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Melanie Adams	<i>Relationship Between God Representations and Psychological Well-Being</i>
Joseph Milosch	<i>Relationship Between Decentering and Psychological Well-Being</i>

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**Supervised the following Undergraduate Online Psychology Student Research (2019 – 2022)**

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Cody Hawks	<i>Self-Compassion as a Moderator of the Relationship between Suffering and Psychological Functioning</i>
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**Mentored and Sponsored the following Undergraduate Students who Received Competitive Research Grants and Awards (2019 - 2022)**

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Melanie Adams	Undergraduate Research/Scholarship/Creative Activity (URSCA) Grant from the Honors College, Eastern Illinois University (Spring, 2019)
Joseph Milosch	Undergraduate Research/Scholarship/Creative Activity (URSCA) Grant from the Honors College, Eastern Illinois University (Spring, 2019)
Melanie Adams	William Bailey Research Award (Spring, 2019)
Joseph Milosch	William Bailey Research Award (Spring, 2019)

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**Mentored and Sponsored the following Undergraduate Research Presentations (2019 - 2022)**

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Melanie Adams	38 <sup>th</sup> Annual Mid-America Undergraduate Psychology Research Conference (MAUPRC) on April, 2019.
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Joseph Milosch

38<sup>th</sup> Annual Mid-America Undergraduate Psychology  
Research Conference (MAUPRC) on April, 2019.

Melanie Adams

19<sup>th</sup> Annual Meeting of the Midwestern Psychological  
Association (MPA) on April, 2019

**Served as Graduate Thesis Committee Member for the following Clinical Psychology Graduate  
Students (2019 – 2022)**

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Jasmine Dua  
Zoey Zhang  
Sydney Rohmann  
Emily Kruchten  
Clayton Crozier  
Mandira Srivastava

**Served as Graduate Thesis Committee Member for the following School Psychology Graduate  
Students (2019 – 2022)**

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Dalia Bunni  
Jessica Hanson  
Melissa Beaudoin  
Chloe Lindstrom  
Bryce Kirk  
Dylin Coons  
Sonia Duran  
Chris Hansen  
Julia Kedzior  
Taylor Robinson  
McKenzie Sopoci  
Stephanie Buhrow  
Austin Dye

**Served as Psychology Undergraduate Honors Thesis Committee Member for the Undergraduate  
Honors Students (2019 – 2022)**

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Abigail Crowne

**Attendance of Workshops and Conferences Pertaining to Professional Development in Teaching  
(2019 - 2022)**

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Personalize Your Course Interactions Using Video Note in D2L. Faculty Development and Innovation Center.  
Eastern Illinois University, Charleston, Illinois. November 11, 2020.

How to Create Instructional Videos Question and Answer Session. Faculty Development and Innovation Center.  
Eastern Illinois University, Charleston, Illinois. May 21, 2020.

How to Promote and Maintain Student Engagement in Online Courses. Faculty Development and Innovation  
Center. Eastern Illinois University, Charleston, Illinois. May 15, 2020.

How to Conduct Asynchronous Online Discussions. Faculty Development and Innovation Center. Eastern Illinois  
University, Charleston, Illinois. May 13, 2020.

Getting Started with Knowmia Zoom. Faculty Development and Innovation Center. Eastern Illinois University, Charleston, Illinois. January 20, 2021.

## RESEARCH

### Research Experience

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Research Affiliate	Human Factors Facility Department of Journalism and Multimedia Arts Duquesne University Pittsburgh, Pennsylvania	2005
Research Assistant	Methodology Research Center National Opinion Research Center Chicago, Illinois	1990-1993
Research Assistant	Committee on Research Methodology and Quantitative Psychology The University of Chicago	1987-1990
Research Associate	Program Research and Evaluation, Training and Development, and Assessment Center Technology Organizational Management and Development Group Development Academy of the Philippines	1982-1984

### Research Manuscripts (2019 - 2022)

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#### Peer-Reviewed Journal Articles:

Floress, M., Beaudoin, M., & Bernas, R. (2021). Exploring secondary teachers' actual and perceived praise and reprimand use. *Journal of Positive Behavior Interventions*, 24(1), 46-57.

Zoder-Martell, K., Floress, M.T., Bernas, R., Dufrene, B., & Foulks, S. (2019). Training teachers to increase behavior-specific-praise: A meta-analysis. *Journal of Applied School Psychology*, 35(4), 309-338.

#### Submitted for Publication:

Wang, X., & Bernas, R. The art of mixing: A longitudinal study of trilingual siblings' pragmatic competency from a functional perspective. *International Journal of Multilingualism*. Reviewed and revision submitted.

#### In Progress:

Bernas, R., Geiselman, T., & Williams, M. Self-construal and fluctuating vs. authentic-durable happiness: An empirical testing of the Dambrun (2012) model.

### **Editorial Activities (2019 - 2022)**

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Consulting Editor, *Journal of Computing in Higher Education (JCHE)*

Consulting Editor, *Mindfulness*

### **SERVICE**

#### **Departmental Service (2019 - 2022)**

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Chair, *Department Personnel Committee (DPC)*

2019 - 2020  
2021 - 2022

Co-Chair, *Department Personnel Committee (DPC) Election Committee*

Fall, 2020  
Fall, 2021

Member, *Online BS in Psychology Program Committee*

2019 - 2022

Member, *Awards Committee*

2019 - 2022

Member, *Spencer-McGown-Wilson Student/Faculty Awards Committee*

2019 - 2022

Member, *Clinical Psychology Faculty Search Committee*

2019 - 2020

Member, *Biopsychology/Behavioral Neuroscience Faculty Search Committee*

Spring, 2019

Member, *Annual Contractual Faculty Search Committee*

Spring, 2019

#### **College and University Service (2019 - 2022)**

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Member, *Council on Faculty Research*

2019 - 2022

Member, *Student Impact Grants for Faculty Mentors Review Committee*

Fall, 2019  
Fall, 2020