

# Child & Family Life Education Center Flexible Daily Plan Older TODDLER Program

# **Arrival Period & Active Play**

9:00 am

Children use the indoor jumping mat, riding toys, and stair-tunnel-slide equipment.

# **<u>First Group Activity</u>** (quiet play)

9:25 am

Children gather at table for hands-on group activity planned by a teacher which may include stacking, sorting, rolling balls, constructing project and other sensory-focused fine motor skill development tasks.

# **Toileting and Diaper Changing**

9:35 am

Children are enrolled in our program with NO expectations regarding their toilet learning progress. We have all sizes of diapers available as well as a child-sized commode and handwashing sink.

### **Snack**

9:50

The daily menu features 2 food groups. Self-serving and fostering independence is a part of the snack time process for toddlers.

# **Active Play**

10:05 am

Children use the indoor jumping mat, riding toys, and stair-tunnel-slide equipment.

# **Second Group Activity** (quiet play)

10:20 am

Children gather at table for hands-on group activity planned by a teacher which may include stacking, sorting, rolling balls, constructing project and other sensory-focused fine motor skill development tasks.

# **Active/Outdoor Play**

10:35 am

We use outdoor play daily as an opportunity for physical and social activity that is unique to outdoor environment and equipment. Children's outerwear conforms to the type of weather. Outdoor play time may be brief on cold and snowy days.

### Goodbyes

10:50 am

<sup>\*</sup>This is a framework with a great deal of flexibility to accommodate developmental levels and daily circumstances. With the exception of arrival and departure, the times indicated provide guidelines and general sequencing.